NATIONAL FORMULARY OF UNANI MEDICINE

PART I

Government of India
Ministry of Health & Family Welfare
Department of AyUSH
New Delhi
www.hakeemkhalid.tk
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PREFACE

The Government of India in the Ministry of Health and Family Welfare constituted the Unani Pharmacopoeia Committee consisting of expert Hakims, Chemists, Botanists and Pharmacologists. One of the functions of this Committee was to prepare an Official Formulary in two parts viz.—

(i) single drugs whose identity and therapeutic value is not in doubt; and

(ii) compound preparations that are frequently used in Unani practice in the country.

The Committee issued questionnaires, set up sub-committees, met on several occasions, discussed all technical matters taking into consideration the replies received to the questionnaires and consulted various organisations, institutions, pharmacies and hakims in different parts of the country. The Committee considered a list of 588 formulations and from amongst them selected 440 formulations on the basis of popularity, frequency of use by Unani physicians, their large scale manufacture and sale by the Pharmaceutical firms. These 440 formulations constitute the First Volume of the National Formulary of Unani Medicine which is considered as a first step in securing uniformity based on authentic Unani literature. Every attempt has been made to include in this volume as many important formulations as are popular and widely used. The Formulary thus represents the consensus of opinion of experts in Unani medicine and hence, it is expected, will be acceptable to the profession, educational institutions, trade, etc.

The task has just begun and it is expected that the Second Volume of the Formulary covering further formulations will also be issued in as short a time as possible. The fact that a particular formulation is not included in the First
Volume does not mean that such a formulation is not considered essential. In making selection of formulations for the First Volume, naturally many had to be left out for some consideration or the other and such deficiency will carefully be looked into while preparing the Second Volume.

The monographs and appendices as approved by the Unani Pharmacopoeia Committee have been included in this Volume of the National Formulary of Unani Medicine. Changes, including deletion or addition of the ingredient drugs, and in the title of the formulae in the monographs of the compound formulations of this Formulary with those of the original texts, where warranted, have been made on the general recommendations of the Unani Pharmacopoeia Committee. Therefore, the Formulary represents the consensus of opinion of Unani medical profession as a whole and consequently the Committee hopes it will be acceptable to the profession at large. The Committee urges the Central and State Governments to recommend the adoption of this Formulary by all the Unani institutions maintained or aided by them and also other institutions managed by private or public voluntary organisations.

In the absence of adequate scientific standards of single drugs and compound formulations, a work which has only recently been started, the Committee has not been able to recommend standards for either of them. The Committee, while appreciating the efforts made by the Government to initiate work on standardisation, is aware of the fact that steps taken so far have been inadequate and need to be further accelerated. Therefore, the Committee very strongly recommends, the Government of India, to expedite the establishment of laboratories for standardisation work and setting up of drug farms where genuine and authentic drugs may be grown for this purpose. As Government is aware, the vast majority of the population in the country depends on drugs of indigenous origin. It is, therefore, necessary that standardisation of drugs should be taken up as a priority programme. In addition to the establishment of drug farms
for genuine and authentic drugs, the Committee recommends that a National Herbarium and a Drug Museum should be established in the Sixth Plan.

The Committee expresses its thanks and its appreciation to the Government of India, State Governments, Institutions and experts in Unani and other Sciences for their unstinted co-operation and help in completing this Formulary. The Committee also expresses its appreciation and thanks for the Secretarial staff who unsparingly gave of their best in this task.

DR. MOHAMMAD YUSUFUDDIN ANSARI
New Delhi,
Dated 25th August, 1981

CHAIRMAN
INTRODUCTION
INTRODUCTION

The Unani System of Medicine originated in Greece and was developed by Arabs into an elaborate medical science based on the framework of the teachings of Buqrat (Hippocrates) and Galen. Since then it has been known as Greco-Arab Medicine. This system also got enriched by imbibing what was the best in the contemporary systems of traditional medicine in Egypt, Syria, Iraq, Persia, India, China and other Middle Eastern countries. It also benefited from the native medical systems in vogue at the time in various parts of Central Asia. In India, Unani System of Medicine was introduced by the Arabs and soon it took firm roots in Indian soil and has ever since been serving vast sections of its people. It may be added that the Unani System, as practised in India today, is quite different from the original Greek Medicine. As already pointed out, the Unani System, wherever it went, absorbed what was best in the native systems in vogue, thereby adding to its vast repertory. This process of enrichment continues even today. The Unani physicians who settled in India were not content with borrowing known Indian drugs only. They subjected new drugs to clinical tests and as a result of their experimentation added numerous new drugs to their own system. It was because of its vast wealth of knowledge and experience that the system found immediate favour with the masses and soon spread all over the country and continued to hold unchallenged sway for centuries.

2. As already stated, the foundation of Unani System was laid by Buqrat (460 B.C.). He was the first to establish that disease was a natural process, that its symptoms were the reactions of the body to the disease and that the chief function of the physician was to aid the natural forces of the body. He freed medicine from superstition on the one hand, and from wild philosophic speculation on the other, and intelligently directed it towards its immediate and only goal — the cure of the patient. He was the first to lay the foundation of therapeutics on careful observation and experiment. He was also the first physician and the only one on record from antiquity to introduce the method of taking medical histories. The well-known humoral theory is also one of his chief contributions to the medical realm.

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3. Some of the other luminaries of Unani medicine are Avenzoar (1072-1162 A.D.), Rhazes (850-932 A.D.), Avicenna (980-1037 A.D.), Ibn-e-Nafis (1210-1288 A.D.), Ibn-e-Betar (1197-1248 A.D.), and Hunain (809-873 A.D.) whose work Ten Treatises on the Eye is the very earliest systematic text book on Ophthalmology. Avenzoar linked surgery, therapeutics and pharmacology into a homogeneous whole. In his treatise on ‘Small pox and Measles’ Rhazes gave a clear account of these two diseases for the first time. He was also the first physician, in the entire medical history, to introduce mercury ointment. His compilation ‘Al-Havi’, a work on clinics, is also praiseworthy and is still preserved. It runs in 25 volumes and deals with all aspects of disease. Avicenna’s Al-Qanoon (Canon of Medicine), has been the most famous book in the medical world. In fact it was an encyclopaedia of the medical knowledge of his day. It was the medical Bible for several Asian and European civilisations for more than six centuries.

4. Since remote past it has been the practice that the knowledge of identifying the drugs and manufacturing of the compound preparations was confined to the practising physicians alone. This was later on transferred from one generation to another by way of teacher-to-taught training system which resulted in the restriction of the system to a particular class of society. The physicians changed the formulations and used the drugs of their own choice according to the parameters suited to them. After a lapse of long period and break of continuity over the ages, the classical formulations got altered or aberrated, variation in composition became an established practice, preparations were named after the physicians and the same formulation got mingled with different compositions resulting in different therapeutic action of uncertainty. Similarly the original single drugs were either substituted or adulterated by way of wrong collection, identification, naming, etc., by untrained and unskilled hands. The drug yielding plants or parts thereof occurring in a particular formula have been attributed with a number of medicinal virtues and hence usage. The translations of the classical texts were also wrongly interpreted.

All these factors have contributed to a state of confusion and uncertainty about compound formulations, identity and use of the drugs, etc.

1. Ibn-e-Zohar.
2. Zakaria Razi.
5. Due to commercialisation in every sphere of life, the old methods of manufacturing the drugs, have now been taken over by the modern technological methods of the pharmaceutical industries, excepting in few cases of small scale preparations, particularly in rural areas, where the physician still identifies his drugs and makes the preparation according to his requirement. On account of increasing urbanization, the tendency is towards more and more dependence on ready-made preparations. The physician prescribes and the patient purchases from the manufacturer or retailer directly. The increasing needs of the population and the chronic shortage of authentic raw materials demand that some sort of uniformity in the manufacture of Unani medicines should be brought about. The need has also been felt for statutory control to ensure standards for Unani drugs. Evolution of standards for Unani drugs, in the modern sense, considering the vast number of such drugs and their formulations, is a time-and-money-consuming task, and will take considerable time for its achievement.

6. In view of the present trend of commercialisation in the preparation and marketing of Unani medicines and to ensure the interest of the profession and public, the Government of India considered it expedient to utilise the existing law which controls the manufacture for sale of allopathic drugs, namely the Drugs and Cosmetics Act, 1940, to also control, in a limited measure, the Unani, Ayurvedic and Siddha drugs by amending the Act.

7. The Act was accordingly amended in 1964, to ensure a limited control over the production and sale of these medicines, namely:

- (1) the manufacture should be carried under prescribed hygienic conditions, under the supervision of a person having prescribed qualifications;
- (2) the raw materials used in the preparation of drugs should be genuine and properly identified, and
- (3) the formula or the true list of all the ingredients contained in the drugs, should be displayed on the label of every container.

8. Development of standards for the identity, quality and purity of single drugs, to start with, and of formulations, at a later stage, assume importance for the effective enforcement of the provisions of the Drugs and Cosmetics Act. If the raw
materials to be used in a medicine, and the stage by stage processes of manufacture, are standardised, the final product, namely the compound formulation can be expected to conform to uniform standards. The requirement that the list of ingredients be displayed on the label will enable analysts to verify label claims and to that extent will bind the manufacturer. Arrangements to evolve and lay down physical, chemical and biological tests, wherever necessary, to identify the drugs and ascertain its quality, and to detect adulterants are an urgent necessity. Setting up of Drug Standardisation. Testing and Control Laboratories for Unani Medicines, both at Ali India and regional levels for this purpose is, therefore, essential. The several committees appointed by the Government of India to assess and evaluate the status and practice of Unani Medicine have stressed the importance of preparing an official Unani Pharmacopoeia.

9. Having regard to all these considerations, the Unani Advisory Committee recommended the constitution of Unani Pharmacopoeia Committee consisting of experts of Unani System of Medicine and other sciences.

10. The Government of India in the Ministry of Health accepted the recommendation of the Unani Advisory Committee and vide their letter No. F. 25/2/63-RISM dated 2nd March, 1964 constituted the first Unani Pharmacopoeia Committee consisting of the following experts for a period of three years with effect from the date of its first meeting:—

1. Col. Sir Ram Nath Chopra, Chairman
   Drug Research Laboratory, Srinagar.

2. Dr. C. G. Pandit, Member
   Director, Indian Council of Medical Research, New Delhi.

3. Dr. Sadgopal, Member
   Deputy Director (Chemicals), Indian Standards Institution, Manak Bhawan, 9, Bahadur Shah Zafar Marg, New Delhi.

4. Hakim Syed Mohd. Shibli, Member
   Senior Lecturer, Nizamia Tibbi College, Hyderabad.
5 Dr. S. Prasad, Head of the Pharmaceutical Deptt., Banaras Hindu University, Varanasi.

6 Dr. H. H. Siddiqui, Member
   Institute of History of Medicine and Medical Research, Hamdard Buildings, Delhi.

7 Hakim Abdul Hameed, Member
   Hamdard Buildings, Delhi.

8 Sufia-ul-Mulk Hakim Abdul Latif, Member
   Principal,
   Jamia Tibbia College,
   Qasimjan Street,
   Delhi.

9 Hakim Gurdev Singh Alag, Member
   Senior Lecturer,
   Ayurvedic and Unani Tibbia College,
   Karol Bagh,
   New Delhi.

10 Hakim Shakeel Ahmed Shamsi, Member
    Principal,
    Takmil-ut-Tibb College,
    Lucknow.

11 Hakim M. A. Razzack, Member
    Medical Superintendent,
    Hamdard Clinic,
    Hamdard Building,
    Delhi.

12 Dr. A. R. Kidwai, Member
    Head of the Department of Chemistry,
    Aligarh Muslim University,
    Aligarh.

13 Dr. C. Dwarkanath, Member-Secretary
    Adviser in I. S. M.
    Ministry of Health, New Delhi.

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11. The Committee was assigned the following functions:

1. To prepare an official formulary in two parts:—
   (a) single drugs whose identity and therapeutic value is not in doubt; and
   (b) compound preparations which are frequently used in Unani practice throughout the country.

2. As regards the preparation of a Standard Unani Pharmacopoeia, to provide standards for drugs and medicines of therapeutic usefulness or pharmaceutical necessity used in the Unani practice.

3. To lay down tests for identity, quality and purity.

4. To ensure as far as possible uniformity in physical properties and active constituents.

5. To provide all other information regarding the distinguishing characteristics, method of preparation, dosage, method of administration with various vehicles and their toxicity.

During the first term of the Committee's existence Dr. R.B. Arora, Professor of Pharmacology, All India Institute of Medical Sciences, New Delhi, and Hakim Abdul Haseeb, Reader, Tibbia College, Muslim University, Aligarh were nominated vide Health Ministry's letter No. F. 25-2/63-RISM dated 5th January, 1966 as members of the Unani Pharmacopoeia Committee in place of Dr. H. H. Siddiqui and Hakim M. A. Razack who had resigned their membership.

After completion of first three years, on 6th December, 1967, the term of the committee was extended by six months vide Health Ministry's letter No. F. 10-1/60-RISM dated 8th February, 1968. Dr. P.N.V. Kurup, Adviser in Indian Systems of Medicine, in the Ministry of Health and Family Welfare, became ex-officio Member-Secretary with effect from 6th February, 1967, as Dr. G. Dwarkanath retired.

12. The Unani Pharmacopoeia Committee was reconstituted vide Health Ministry's notification No. F. 10-1/68-R & ISM on 19th August, 1968 with Dr. Hussain Zaheer as Chairman. The Committee consisted of the following:—

1. Dr. Hussain Zaheer.  
   6-3-250, Banjara Hills, Hyderabad.
2. Dr. Sadgopal,
   7, Malka Ganj,
   Delhi.

3. Dr. P. N. Saxena,
   Head of the Department of Pharmacology,
   J.N. Medical College,
   Aligarh Muslim University,
   Aligarh.

4. Hakim Abdul Hameed,
   Hamdard Buildings,
   Delhi.

5. Hakim Jamil Mirza,
   Moosa Baoli,
   Hyderabad.

6. Dr. S. A. Subhan,
   Research Officer (Unani),
   Kilpauk Medical College & Hospital,
   Madras.

7. Shifa-ul-Mulk Hakim Abdul Latif,
   Jhawai Tola,
   Lucknow.

8. Hakim Abdul Ahad,
   Deputy Director Health,
   (Indian Medicine),
   Government of Bihar,
   Patna.

9. Dr. P. N. V. Kurup,
   Adviser in Indian Systems of Medicine,
   Department of Health and Urban Development,
   New Delhi.

10. Hakim M. A. Razzaq,
    Senior Research Officer (Unani),
    Department of Health and Urban Development,
    New Delhi.

On expiry of the tenure of three years in office of second committee, on 14th November, 1971, the Government of India
extended its term by another three years, vide their notification No. F. 6-2/72-APC dated 25th October, 1972 with effect from 15th November, 1971, Hakim Shakil Ahmed Shamsi, Hony. Secretary, Takmil-ut-Tibb College, Lucknow, was nominated as member of the committee in place of Late Shifa-ud-Mulk Hakim Abdul Latif. After the completion of the extended period of three years, the Government of India further extended the term of the Second Committee for one year more, vide notification No. F. 6-2/72-APC dated 19th November, 1974 which expired on 14th November, 1975.

The Third Unani Pharmacopoeia Committee was reconstituted by the Government of India vide their notification No. X. 11/01/17/76-APC dated 10th February, 1977, under the Chairmanship of Dr. Mohd. Yusufuddin Ansari, Professor and Head, Department of Pharmacology, M. R. Medical College, Gulbarga, Karnataka. The Committee consisted of the following:

1. Dr. Mohd. Yusufuddin Ansari, Chairman
   Prof. & Head, Department of Pharmacology, M. R. Medical College, Gulbarga, Karnataka.

2. Hakim Abdul Hameed, Member
   President, Institute of History of Medicine and Medical Research, Hamdard Buildings, Delhi.

3. Hakim Shakeel Ahmed Shamsi, Member
   Hakim Abdul Aziz Road, Lucknow.

4. Hakim S. M. Shibli, Member
   Hony. Director, Central Research Institute for Unani Medicine, 11-4-625, Dilkusha, A. C. Guards, Hyderabad.

5. Dr. H. M. Taiyab, Member
   Principal, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh.
6. Hakim Syed Khaleefathullah,  
75, Pycrofts Road,  
Madras.  

7. Hakim Faiyaz Alam,  
Director,  
Islahi Dawakhana,  
Fancy Mahal, Mohd. Ali Road,  
Bombay.  

8. Hakim Abdul Qawi,  
Kachchri Road,  
Lucknow.  

9. Prof. Bashir Ahmed Razi,  
22, East End Road,  
Basavangudi,  
Bangalore.  

10. Prof. M. M. Taqui Khan,  
Professor & Head,  
Department of Chemistry,  
Nizam College,  
Hyderabad.  

11. Dr. S. A. Mannan,  
Road No. 11,  
Banjara Hills,  
Hyderabad.  

12. Dr. S. S. Gotheskar,  
Drugs Controller (India),  
Directorate General of Health Services,  
New Delhi.  

13. Hakim M. A. Razzack,  
Deputy Adviser (Unani),  
Ministry of Health and Family Welfare,  
New Delhi.  

The Government of India appointed Dr. P. N. V. Kurup,  
Adviser, Indian Systems of Medicine, Department of Health,  
New Delhi, as Vice-Chairman of the Unani Pharmacopoeia Committee on 23rd May, 1977.  

The Government of India had set up the following three Sub-Committees consisting of some members of the Pharmacopoeia Committee and other experts to assist in the task of preparing the formulary, vide Department of Health Letter No. X. 19018/3/77-APC, dated 15th October, 1977.
I. FORMULARY SUB-COMMITTEE

Members of the Main Committee

1. Hakim Shakeel Ahmed Shamsi, Hakim Abdul Aziz Road, Lucknow.

2. Dr. H. M. Taiyab, Principal, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh.

3. Dr. S. A. Mannan, Road No. 11, Banjara Hills, Hyderabad.

4. Hakim Syed Khaleefathullah, 75, Pycrofts Road, Madras.

Coopted Experts

5. Hakim Alimuddin Sambhali, Pakki Mori, Ghaziabad.

6. Dr. (Mrs.) Ummul Fazal, Assistant Director (Unani), Central Council for Research in Indian Medicine & Homoeopathy, E-25, Defence Colony, New Delhi.


II. SINGLE DRUGS SUB-COMMITTEE

Members of the Main Committee

1. Prof. Bashir Ahmad Razi,
   B. 42/2, Dispensary Road,
   Khiasipalyam Extension,
   Bagalore.

2. Hakim Faiyaz Alam,
   Director,
   Islahi Dawakhana, Faacy Mahal,
   Bombay.

Coopted Experts

3. Dr. H. N. Rai Choudhry,
   Scientist,
   Botanical Survey of India,
   Sibpur,
   Hoowrah.

4. Hakim Mannohar Singh,
   C/o Shri B. L. Narasimhulu,
   Director,
   Indian Medicine & Homoeopathy,
   Chiraghi Ali Lane,
   Hyderabad.

5. Hakim Mufti Tahir,
   Assistant Director (Indian Medicine),
   Directorate of Health Services,
   Government of Jammu & Kashmir,
   Srinagar.

6. Hakim Mohd. Ibrahim Khan,
   Dawakhana Rafeeq-e-Aam,
   Chandpole Bazar,
   Jaipur.

7. Hakim Iqbal Ahmed,
   Director,
   Hamdam Dawakhana,
   Lal Kuan,
   Delhi.

8. Hakim Syed Masood Madani,
   Shifa Nursing Home,
   Quaid-e-Millat Road,
   Madras.
9. Hakim Noorul Haq, 
   Medical Officer,
   Indian Medicine Pharmacy,
   Charminar,
   Hyderabad.

III. DRUG STANDARDISATION SUB-COMMITTEE

   Member of the Main Committee

1. Prof. M. M. Taqui Khan, 
   Professor & Head,
   Department of Chemistry,
   Nizam College,
   Hyderabad.

2. Hakim Syed Khaleefathullah, 
   75, Pycrofts Road,
   Madras.

   Coopted Experts

3. Prof. G. M. Yahya, 
   Professor of Pharmacology,
   Ameer Mahal,
   Pycrofts Road,
   Madras.

4. Dr. Asif Uzzaman Siddiqui, 
   Department of Chemistry,
   Aligarh Muslim University,
   Aligarh.

5. Hakim Mohd. Iqbal Ali, 
   Assistant Director,
   Central Research Institute (Unani),
   114-625 “Dilkusha”,
   A. C. Guards,
   Hyderabad.

6. Dr. (Mrs.) Ummul Fazal, 
   Assistant Director (Unani),
   Central Council for Research in
   Indian Medicine & Homoeopathy,
   E-25, Defence Colony,
   New Delhi.

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7. Prof. Salkat Rama Rao, Member
   Department of Pharmacology,
   Gandhi Medical College,
   Bashir Bagh,
   Hyderabad.

   The Committee places on record its appreciation of the valuable services rendered by the Chairman and members of all the Committees. Thanks of the Committee are also due in no small measure to Dr. C. Dwarkanath, Member Secretary (from 1964 to August, 1968), Dr. P. N. V. Kurup, Member Secretary (from 1968 to 1977), Hakim M. A. Razzack, Member Secretary (from February, 1977 and onwards) and other staff of the Unani Pharmacopoeia Committee in the Ministry of Health and Family Welfare.
1. LEGAL NOTICES

1. In India there are laws dealing with certain substances which are the subject of monographs of compound formulations included in the First Part of the National Formulary of Unani Medicine. These monographs should be read subject to the restrictions imposed by those wherever they are applicable.

2. It is expedient that enquiry be made in each case in order to ensure that the provisions of any law are being complied with.

3. In general, the provisions of Chapter 1VA of the Drugs and Cosmetics Act, 1940 and the Rules framed thereunder which are applicable to Unani Drugs should be consulted.

4. Standards for the several single drugs of plant, animal and mineral origin included in the lists of single drugs included as an Appendix to the Unani Formulary have yet to be worked out. In the manufacture of medicines included in the Formulary it should be ensured that the Hakim-in-Charge of the Pharmacy has reasonably satisfied himself about the identity and purity of the drugs.

5. Use of substitute drugs (Badal-e-Adviya), wherever the original drugs are not available, is permissible in the Unani classics and practice. It must, however, be ensured that only the substitutes as are mentioned in the classical texts or included in the Formulary are used.

6. Formulations included in the National Formulary of Unani Medicine may also be manufactured as per formulae given in various Unani classics. The First Part of the National Formulary of Unani Medicine has, however, included the most commonly accepted formulae for the medicinal preparation included therein. It does not, however, preclude the Unani Pharmaceutical Industry and the practitioners from manufacturing medicines on the basis of other formulae. But should the medicines be prepared according to the references mentioned in the Formulary, deviation in the details of the ingredients or their quantities is not permissible.

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II. GENERAL NOTICES

TITLE:

"National Formulary of Unani Medicine" is the title and official name of the book including the supplementaries thereto. Wherever the word 'Formulary' comes in the text, it refers to the "National Formulary of Unani Medicine" and abbreviated as 'N.F.U.M.'

OFFICIAL:

The formulary contains six main chapters viz., Preface, Introduction, Notices, Compound Formulations, List of Single Drugs and Appendices with their sub-heads. All the names of drugs, method of preparation (general and special) of compound formulations, processes, text books mentioned in the Formulary will be considered classical and named 'Official'. This will also apply to any statement included in any of the chapters of the formulary mentioned in the list of contents, including General Notices, Monographs and Appendices of the Formulary.

SYNONYMS:

(Drugs, Preparations and other Substances):—

The Tibbi names coming as main titles in the Formulary will be employed in the preparation as a rule. The important and frequently used names, in the case of single drugs, coming under the formulary, are given as 'Synonyms' and have the same significance as main title.

METHODS OF PREPARATION:

The "General Methods of Preparation" has been included as a separate chapter. The manufacturing of the compound formulations should strictly be followed according to the methodology given under each chapter. Special Methods of Preparation and clarifications wherever needed have been included as 'Foot Note' under such formulation with a view to get the end product in compliance with Formulary requirements.

DOSE:

The doses mentioned in the Formulary have been chosen on average range basis, unless otherwise stated, regarded suitable for adults when administered orally per dose merely for general guidance of the prescriber. It may not be regarded binding on the part of the physician, as in many cases it is repeated 2-3 times in 24 hours. The frequency and the amount of the
therapeutic agent to be administered or prescribed, will be the responsibility of the medical practitioner to exercise judgement and act accordingly.

However, in cases where a large dose appears to have been prescribed the pharmacist or the dispenser will have to perform his duty to satisfy himself that the prescriber’s intention has been correctly interpreted. If in case of administration of the drug by a route other than oral, the single dose for such administration is mentioned.

Doses are expressed in the metric system of weights or measures. A conversion table is appended to the Formulary giving the classical weights and measures of the Unani System of Medicine with their metric equivalents.

It is to be noted that the relation between the doses in metric and the classical Unani System of Medicine set forth in the text is of only approximate equivalence. These equivalents are for the convenience of the prescriber and are sufficiently accurate for pharmaceutical or other purposes.

WEIGHTS AND MEASURES:

In the Formulary only the weights and measures of metric system have been indicated.

Fluid measures are given in multiples of or fraction of millilitre.

The term ‘ml’ is used as an abbreviation for the millilitre. Solid weights are given in multiples of or fraction of gram. The term ‘g’ is used as a short abbreviation for gram.

When the term ‘drop’ is used, the measurement is to be made by means of tube which delivers one gram of distilled water at 15°C in 20 drops.

Metric measures are required by the Formulary to be graduated at 25°C and all measurements involved in the analytical operation of the Formulary are intended, unless otherwise stated, to be made at that temperature.

CRUDE DRUGS:

Plant, animal and mineral drugs are required to be free from:

(i) Insects, foreign matter, animal excreta, fungus growth mould or other evidences of deterioration (toxic, injurious or harmful) and to show no abnormal substances, odour, colour or sliminess.
(ii) Any unnatural and unusual impurity for which the rational considerations require that it be absent and it should not be in the putrefied or decomposed form.

STORAGE:

The container and its cover must not interact physically or chemically with the substance which it holds so as to alter the strength, quality or purity of the substance. If interaction is unavoidable the alteration must not be so great as to bring the substance below formulary requirements. A tightly well closed container must protect the contents from contamination, moisture or extraneous solids, efflorescence, deliquescence or evaporation, loss of substance under ordinary or customary conditions of handling, shipment, storage or sale and shall be capable of tight reclosure. Where a tightly closed container is specified, it may be replaced by a hermetically closed container.
(4) COMPOUND FORMULATIONS
SECTION 1

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B—AQRAS
HUBOOB AND AQRAS

Definition

Huboob (pills) are small, round and uniformly shaped medicinal preparations, while aqras (tablets) are flat and circular in shape. Size and weight of huboob and aqras vary and weigh from one tenth of a gram to one gram.

Banadiq are bigger forms of huboob and weigh from one to three grammes.

Method of Preparation

There are two methods of preparation of huboob and aqras. These are (i) Manual Process and (ii) Mechanical Process. The details of the preparation may be seen in the chapter “General Methods of Preparation”.

General Precautions

(i) For powdering the drugs, heading ‘Dag-wa-Sahaq’ in the chapter on ‘General Methods of Preparation’ may be seen.

(ii) For making the lubdi (mass) a sufficient amount of water-dissolved adhesive like Samagh-e-Arabi is used in cases where the constituent drugs are not mucilaginous in nature.

(iii) To avoid the sticking of the lubdi during the rolling between the fingers lubricants like Raughan Zard or Raugban-e-Kunjad is applied.

(iv) The formulae wherein Para (Mercury) and Gandhak (Sulphur) are used together, the Kajli (See General Methods of Preparation) is made first and mixed with the powder of other drugs.

(v) Drugs like Darchikna, Raskapur, Halelajat, Aamla, Gul-e-Surkh, Post-e-Anar, etc., should be ground in porcelain mortar. The use of iron knife, spoon, etc., should be avoided.

Characteristics

The finished products (pills, tablets and banadiq) should neither be very hard nor very soft.

Preservation

The huboob, aqras and banadiq are preserved in well dried, clean glass jars, stoppered bottles, phials, etc., and stored in a cool and dry place to avoid contamination. Chalk or starch powder is sprinkled inside the containers before use.
1.1. Banadiq-ul-Buzoor

1. Maghz-e-Tukhm-e-Kharbuza .... 50 g.
3. Maghz-e-Tukhm-e-Kaddu .... 10 g.
4. Bazr-ul-Banj .... 10 g.
5. Tukhm-e-Khatmi .... 10 g.
6. Tukhm-e-Khurfa .... 10 g.
7. Maghz-e-Badam .... 10 g.
8. Kateer .... 10 g.
10. Rubb-us-Sooos .... 10 g.
11. Khashkhaash Safaaj .... 10 g.
12. Gil-e-Armani .... 10 g.
13. Tukhm-e-Karafs .... 10 g.
14. Loab-e-Behidana OR Aab .... Q.S.

ACTION:
Mussakkin, Mudir-e-Baul, Mudammil.

THERAPEUTIC USE:
Hirqat-ul Baul, Qurooh-e-Kulya, Qurooh-e-Masana.

Dose:
5 to 10 g.

1.2. Habb-e-Ahmar

1. Samm-ul-Far .... 10 g.
2. Shingraf .... 10 g.
3. Hartal Tabqi .... 10 g.
4. Aab-e-Lemu Kaghzi .... 100 ml.
5. Aab-e-Adrak .... 100 ml.

ACTION:
Muqawwi-e-Aam.

THERAPEUTIC USE:
Zof-e-Bah, Zof-e-Asab.

Dose:
125 to 250 mg.

1.3. Habb-e-Ambar

1. Paneer Maya Shrutur Arabi .... 15 g.
2. Ambar Ash-hab .... 10 g.
3. Khuyyat-us-Salab .... 10 g.
4. Khulanjan .... 10 g.
5. Mushk .... 5 g.
6. Mustagi  . . . . . . . . 5 g.
7. Qareeful  . . . . . . . . 5 g.

**ACTION:**

**THERAPEUTIC USE:**
Bakhr-ul-Fam.

**Dose:**
125 to 250 mg.

1.4. **Habb-e-Ambar Mommyo**

1. Monyaee  . . . . . . . . 5 g.
2. Mastagi  . . . . . . . . 5 g.
3. Ambar Ash-hab  . . . . . . 10 g.
4. Raughan-e-Pista  . . . . . . 30 ml.
5. Zahar Mohra  . . . . . . . 10 g.
6. Mushik  . . . . . . . . 10 g.
7. Marwareed  . . . . . . . . 5 g.
8. Tabasher  . . . . . . . . 5 g.
9. Qaranful  . . . . . . . . 5 g.
10. Bisbasa  . . . . . . . . 5 g.
11. Jauzuwa  . . . . . . . . 5 g.
12. Behman Safaid  . . . . . . 5 g.
13. Behman Surkh  . . . . . . 5 g.
14. Darchini  . . . . . . . . 5 g.
15. Shaqaq-ul-Misri  . . . . . . 5 g.
16. Zanjabeel  . . . . . . . . 5 g.
17. Darunaj Aqrabi  . . . . . . 5 g.
18. Ood Hindi  . . . . . . . . 5 g.
19. Ood-e-Saleeb  . . . . . . 5 g.
20. Khusyaat-us-Salab  . . . . . . 5 g.
21. Jadwar  . . . . . . . . 5 g.

**ACTION:**
Muqawwi-e-Aam.

**THERAPEUTIC USE:**

**Dose:**
250 to 500 mg.

---

**Note:** In this formula, the original ingredients Araq-e-Gulab and Araq-e-Bahar Naranj have been deleted.

**Special Method of Preparation:**

In this formulation Raughan-e-Pista is first heated in boiling water then ingredients No. 1-3 are added and stirred well till dissolved. Thereafter, it is mixed with the powder of other ingredients.
1.5. Habb-e-Azraqi

1. Azaraqi Mudabbar .... 20 g.
2. Filfil Siyah .... 15 g.
3. Filfil Daraz .... 10 g.
4. Araq-e-Ajwayin .... 10 g.
OR
Aab-e-Barg-e-Tambol .... Q.S.

ACTION:
Muqawwi-e-Asab, Moharrrik-e-Asab.

THERAPEUTIC USE:
Falij, Laqwa, Khadar.

DOSE:
250 to 500 mg.

1.6. Habb-e-Bawaseer Amya

1. Halela Kabli Biryani .... 100 g.
2. Rasaut .... 100 g.
3. Raughan Zard .... Q.S.

ACTION:
Mulaiyin.

THERAPEUTIC USE:
Bawaseer-Amya, Qabz.

DOSE:
250 to 500 mg.

Note: Amya has been suffixed to the title of the formula.

1.7. Habb-e-Bawaseer Damiya

1. Muqil .... 20 g.
2. Rasaut .... 10 g.
3. Kahruba .... 5 g.
4. Dana Heel Khurd .... 5 g.
5. Gil-e-Arman .... 5 g.
6. Dumm-ul-Akhwain .... 5 g.
7. Halela Siyah Biryani .... 5 g.
8. Aamla Khushk .... 5 g.
9. Tabasheer .... 5 g.
10. Raughan Zard .... Q.S.
11. Aab-e-Gandaan .... Q.S.
ACTION:
Habis-ud-Dam, Mulaiyin.

THERAPEUTIC USE:
Bawaseer Damiya, Qabz.

DOSE:
250 to 500 mg.

NOTE: Damiya has been suffixed to the title of the formula.

Special Method of Preparation:
1. Muqil is used as Rabeta after mixing with Aab-e-Gandana.
2. Halela Siyah is fried in Raughan Zard.

1.8. Habb-e-Bohat-us-Saut Haad

1. Kateera ...... 60 g.
2. Nishasta-e-Gandum ...... 60 g.
3. Samagh-e-Khati ...... 60 g.
4. Rubb-us-Soos ...... 60 g.
5. Maghz-e-Tukhm-e-Kaddu ...... 60 g.
6. Maghz-e-Tukhm-e-Khiyarsin ...... 60 g.
7. Misri OR Qand-Safaid ...... 60 g.

ACTION:
Mulatif.
THERAPEUTIC USE:
Bohat-us-Saut Haad, Sual.

DOSE:
250 to 500 mg.

NOTE: Haad has been suffixed to the title of the formula.

1.9. Habb-e-Bohat-us-Saut Muzmin

1. Rubb-us-Soos ...... 5 g.
2. Samagh-e-Khati ...... 10 g.
3. Kateera ...... 10 g.
4. Bekhe-Sausan ...... 20 g.
5. Maghz-e-Chilghoza ...... 20 g.
6. Tukhm-e-Katn Biryan ...... 20 g.
7. Maghz-e-Badam ...... 20 g.
8. Asal ...... 20 g.
9. Nabat Safaid OR Qand-Safaid ...... 40 g.
10. Araq-e-Badiyan ...... Q.S.

ACTION:
Munafis-e-Balgham.
THERAPEUTIC USE:
Bohat-us-Saut Muzmin, Sual-e-Muzmin,
Zeeq-un-Nafas.

DOSE:
250 to 500 mg.

NOTE: Muzmin has been suffixed to the title of the formula.
1.10. Habb-e-Bukhar

1. Tabasheer .......................... 20 g.
2. Kanakana .......................... 10 g.
4. Samagh-e-Arabi .................. Q. S.

ACTION:
Daf-e-Humma, Moarriq.

THERAPEUTIC USE:
Humma-e-Hadda.

Dose:
250 to 500 mg.

1.11. Habb-e-Dabba Atfal

1. Habb-us-Sallateen Mudabbar .......................... 10 g.
2. Sibr .......................... 10 g.
3. Kaleera .......................... 10 g.
4. Aab-e-Barg-e-Kanghi .................. 50 g.

ACTION:
Mus-hil.

THERAPEUTIC USE:
Dabba Atfal, Qabz.

Dose:
125 to 250 mg.

1.12. Habb-e-Falij

1. Kath Safaid .......................... 2 g.
2. Tabasheer .......................... 1 g.
3. Samm-ul-Far .......................... 1 g.
4. Aab-e-Adrak .................. Q. S.

ACTION:
Moharrak-e-Asab.

THERAPEUTIC USE:
Falij, Laqwa, Rasha.

Dose:
125 to 250 mg.

1.13. Habb-e-Falij Mulaiyin

1. Turbud .......................... 60 g.
2. Iyarij Faiqra .......................... 60 g.
3. Suranjan .......................... 30 g.
5. Shahm-e-Hanzal .................. 20 g.
6. Sheetraj Hindi .................. 20 g.
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7. Sakbeenaj          . . . . .                  20 g.
8. Jaosheer           . . . . .                  20 g.
9. Muqil              . . . . .                  20 g.
10. Farfiyun           . . . . .                  20 g.
11. Jund Bedastar     . . . . .                  20 g.
12. Buzidan           . . . . .                  15 g.
13. Waje-Turki        . . . . .                  15 g.
14. Aaqarqarha        . . . . .                  15 g.
15. Filfil Daraz      . . . . .                  15 g.
16. Aab-e-Gandana     . . . . .                  Q.S.

**ACTION:**
Mus-hil, Muqawwi-e-Asab.

**THERAPEUTIC USE:**
Falij, Laqwa, Qabz, Zof-e-Asab.

**DOSE:**
5 to 10 g.

**NOTE:**
1. Mulaiyin has been suffixed to the title of the formula.
2. For fyarij Pajiqa, refer to Section (X) on Sufoof.


1. Sibr               . . . . .                  50 g.
2. Usara-e-Ghafis     . . . . .                  50 g.
3. Post-e-Halela Zard . . . . .                  100 g.
4. Aab-e-Karafs       . . . . .                  Q.S.

**ACTION:**
Mudin-e-Baul, Mufatleh Sudad.

**THERAPEUTIC USE:**
Waj-ul-Kabid, Yarqan, Hummiyat.

**DOSE:**
5 to 10 g.

1.15. Habb-e-Ghariqoon

1. Ghariqoon          . . . . .                  30 g.
2. Turbud             . . . . .                  20 g.
3. Shahze-Hanzal      . . . . .                  10 g.
4. Farasiyun          . . . . .                  10 g.
5. Anzaroot           . . . . .                  10 g.
6. Askus-Sees         . . . . .                  10 g.
7. Banafsha           . . . . .                  10 g.
8. Badiyun            . . . . .                  10 g.
9. Zufa Khushk 10 g.
10. Zarawand Madahraj 5 g.
11. Khesanda-e-Anjeer Q.S.

**ACTION:**
Munafis-e-Balgham, Musakkin-e-Sual.

**THERAPEUTIC USE:**
Zeeq-un-Nafas.

**DOSAGE:**
5 to 10 g.

### 1.16. Habb-e-Hamal

1. Fufal 30 g.
2. Jauzbuwa 10 g.
3. Qand Siyah Kehna 5 g.
4. Barg-e-Qinnab 2 g.
5. Zafran 1 g.
6. Qaranful 500 mg.
7. Mushk 250 mg.
8. Afyun 125 mg.

**ACTION:**
Muqawwi-e-Rahem.

**THERAPEUTIC USE:**
Uqr, Zof-e-Rahem.

**DOSAGE:**
250 to 500 mg.

### 1.17. Habb-e-Hilteet

1. Hilteet 1 part
2. Zanjabeel 1 part
3. Tankar Biryani 1 part
4. Namak-e-Sang 1 part

**ACTION:**

**THERAPEUTIC USE:**

**DOSAGE:**
500 mg. to 1 g.

### 1.18. Habb-e-Hindi Chashm

1. Maghz-e-Samander Phal 10 g.
2. Maghz-e-Tukhm-e-Reetha 10 g.
4. Maghz-e-Tukhm-e-Balela 10 g.
5. Halela Siyah .......................................................... 10 g.
6. Aab-e-Lemu ........................................................... Q.S.

**ACTION:**
Jali.

**THERAPEUTIC USE:**
Sabal, Sulaq, Nuzool-ul-ma.

**DOSE:** Q.S.

For Ophthalmic use.

---

**Note:** Chashm has been suffixed to the title of the lormuta.

### 1.19. Habb-e-Hindi Mohallil

1. Heel Khurd ............................................................ 250 g.
2. Zanjabooel ............................................................. 250 g.
3. Filfil Siyah ............................................................ 250 g.
4. Filfil Daraz ............................................................ 250 g.
5. Halela Zard ............................................................. 250 g.
6. Balela ................................................................. 250 g.
7. Aamla ................................................................. 250 g.
8. Halela Zard ............................................................. 50 g.
9. Balela ................................................................. 50 g.
10. Aamla ............................................................... 50 g.
11. Turbud ................................................................. 50 g.
12. Maghz-e-Amaltas .................................................... 50 g.
13. Muqil ................................................................. 600 g.

**ACTION:**
Mohallil-e-Waram.

**THERAPEUTIC USE:**
Khanazeer.

**DOSE:**
3 to 5 g.

---

**Note:** Mohallil has been suffixed to the title of the formula.

**Special Method of Preparation:**
Ingredients No. 8 to 12 are soaked in 5 litres of water for a night. It is boiled next morning to obtain 1700 ml. (one third) of decoction. Ingredient No. 13 is boiled with decoction till it becomes thick. To it, powder of ingredients No. 1 to 7 is then added and pills are prepared.

### 1.20. Habb-e-Hindi Mumsik

1. Ispand Sokhtani Kham ........................................... 25 g.
2. Ispand Sokhtani Biryan ........................................... 25 g.
3. Post-e-Khashkhaash ............................................... 25 g.
4. Kunjad Siyah ........................................ 20 g.
5. Qand Siyah Kohna ........................................ 200 g.

**ACTION:**
Mumsik.

**THERAPEUTIC USE:**
Surat-e-Inzal.

**Dose:**
1 to 2 g.

1.21. Habb-e-Hindi Qabiz

1. Tankar Biryan ........................................ 1 part
2. Shingraf ........................................ 2 parts
3. Afyun ........................................ 4 parts
4. Aad-e-Barg-e-Dhatura ........................................ O.S.

**ACTION:**
Musakkin, Qabiz.

**THERAPEUTIC USE:**
Is-hai, Zaheer, Sahej-e-Ama.

**Dose:**
150 mg. for Children.
250 mg. for Adults.

---

**Note:** Qabiz has been suffixed to the title of the formula.

1.22. Habb-e-Hindi Sual

1. Anardana ........................................ 120 g.
2. Filfil Daraz ........................................ 60 g.
3. Filfil Siyah ........................................ 30 g.
4. Jawa Khar ........................................ 15 g.
5. Qand Siyah Kohna ........................................ 240 g.

**ACTION:**
Musakkin-e-Sual, Munaffis-e-Balgham.

**THERAPEUTIC USE:**
Shaheeqa, Sual.

**Dose:**
1 to 3 g.

---

**Note:** Sual has been suffixed to the title of the formula.

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1.23. Habb-e-Hindi Zeeqi

1. Beesh Mudabbar . . . . . . . 15 g
2. Post-e-Peh-e-Madar . . . . . 30 g
3. Aab-e-Adrak . . . . . . . 3 lit

ACTION:
Munaffis-e-Balgham, Daf-e-Tashannuj

Therapeutic use:
Zeeq-un-Nafas.

Dose:
125 to 250 mg.

Note: Zeeqi has been suffixed to the title of the formula.

1.24. Habb-e-Iyarij

1. Iyarij-e-Faiqra . . . . . . . 30 g.
2. Turbudd . . . . . . . . . . 30 g.
3. Habb-ul-Neel . . . . . . . . 15 g.
4. Ghariqoon . . . . . . . . . . 15 g.
5. Anisoon . . . . . . . . . . 15 g.
6. Shahm-e-Hanzal . . . . . . . 10 g.
7. Namak-e-Hindi . . . . . . . 10 g.
8. Aab-e-Badiyarr . . . . . . . Q.S.

ACTION:

Therapeutic use:
Falij, Laqwa, Sara, Malikhuliya, Qabz.

Dose:
250 to 500 mg. for daily use
7 to 12 g. as munaqqi (purgative)

Note: For Iyarij-e-Faiqra, refer to Section (X) on Sufoof.
1.25. Habib-e-Jadwar

1. Afyun ............... 50 g.
2. Jadwar ............... 10 g.
3. Zafran ............... 5 g.
4. Narjeel Musallam .... 250 g.
5. Sheer-e-Gao .......... 10 g.
6. Raughan Zard .......... Q.S.
7. Qand Safaid ........... 30 g.
8. Maghaz-e-Badam ...... 25 g.
9. Maghaz-e-Chilghoza ... 25 g.
10. Tukhm-e-Khurfa ...... 25 g.
11. Bisbasa .............. 25 g.
12. Behman Surkh ........ 15 g.
13. Behman Safaid ........ 15 g.
15. Tabasheer ............ 7 g.
16. Samagh-e-Arabi ...... 7 g.
17. Kateera ............... 7 g.
20. Jauzbuwa ............. 7 g.
21. Raughan-e-Balsan .... 30 g.
22. Araq-e-Gulab ........ Q.S.

ACTION:

Therapeutic USE:

DOSE:
250 to 500 mg.

Special Method of Preparation:
A piece of pulp from the Coconut fruit (narjeel) is removed and filled with ingredients No. 1 to 3. The removed piece is again inserted and the whole Coconut is sealed with gram flour paste. The whole fruit is then boiled in the milk in a vessel till the milk gets dense. After some time the fruit is taken out of the vessel and allowed to cool and fried in Raughan Zard till the paste all round the fruit becomes brown-red. It is again removed from the frying-pan and allowed to cool. After removing the brown-red paste the Coconut fruit along with all inner contents is ground into a fine paste. This paste is then mixed with other ingredients of the formula, (already treated with Raughan-e-Balsan) and the tablets of 250 mg. are prepared with the help of Araq-e-Gulab.
### 1. 26. Habb-e-Jalnoos

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Maghz-e-Kunjashk Nar</td>
<td>10 g.</td>
</tr>
<tr>
<td>2</td>
<td>Shaqaq-ul-Misti</td>
<td>10 g.</td>
</tr>
<tr>
<td>3</td>
<td>Tukhm-e-Piyaz</td>
<td>10 g.</td>
</tr>
<tr>
<td>4</td>
<td>Khurma Khushk</td>
<td>10 g.</td>
</tr>
<tr>
<td>5</td>
<td>Tukhm-e-Gandana</td>
<td>10 g.</td>
</tr>
<tr>
<td>6</td>
<td>Khusyat-us-Salab</td>
<td>10 g.</td>
</tr>
<tr>
<td>7</td>
<td>Tukhm-e-Gazar</td>
<td>10 g.</td>
</tr>
<tr>
<td>8</td>
<td>Samak-e-Saida</td>
<td>10 g.</td>
</tr>
<tr>
<td>9</td>
<td>Mushk</td>
<td>100 mg.</td>
</tr>
<tr>
<td>10</td>
<td>Asal OR Qand Safaid</td>
<td>Q.S.</td>
</tr>
<tr>
<td>11</td>
<td>Aab-e-Jirjir</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Asab, Muqawwi-e-Bah, Moharrik.

**Therapeutic Use:**
Zof-e-Bah, Zof-e-Asab.

**Dose:**
500 mg. to 1 g.

### 1. 27. Habb-e-Jawahir

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Zahar Mohra</td>
<td>70 g.</td>
</tr>
<tr>
<td>2</td>
<td>Marwareed</td>
<td>60 g.</td>
</tr>
<tr>
<td>3</td>
<td>Waraq-e-Nuqra</td>
<td>60 g.</td>
</tr>
<tr>
<td>4</td>
<td>Busud</td>
<td>50 g.</td>
</tr>
<tr>
<td>5</td>
<td>Yaqoot Surkh</td>
<td>45 g.</td>
</tr>
<tr>
<td>6</td>
<td>Yaqoot Zard</td>
<td>45 g.</td>
</tr>
<tr>
<td>7</td>
<td>Feroza</td>
<td>45 g.</td>
</tr>
<tr>
<td>8</td>
<td>Yashab Sabz</td>
<td>30 g.</td>
</tr>
<tr>
<td>9</td>
<td>Aqeeq Surkh</td>
<td>30 g.</td>
</tr>
<tr>
<td>10</td>
<td>Narjeel Daryace</td>
<td>20 g.</td>
</tr>
<tr>
<td>11</td>
<td>Zafran</td>
<td>20 g.</td>
</tr>
<tr>
<td>12</td>
<td>Araq-e-Gulab</td>
<td>5 Lit.</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Aza-e-Raesaa.

**Therapeutic Use:**

**Dose:**
125 to 250 mg.
### 1.28. Habb-e-Jund

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
<th>Action</th>
<th>Therapeutic Use</th>
<th>Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jund Bedaster</td>
<td>1 part</td>
<td>Muqawwi-e-Asab</td>
<td>Umm-us-Sibyan, Sara, Falij</td>
<td>125 to 500 mg</td>
</tr>
<tr>
<td>Satar Farsi</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Zeera Siyah</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 1.29. Habb-e-Kabid Naushadari

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
<th>Action</th>
<th>Therapeutic Use</th>
<th>Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Naushadar</td>
<td>1 part</td>
<td>Hazim, Muqawwi-e-Meda, Muqawwi-e-Kabid</td>
<td>Zof-e-Hazim, Waram-e-Kabid</td>
<td>500 mg to 1 g</td>
</tr>
<tr>
<td>Namak-e-Toam</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Namak Siyah</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Namak-e-Sang</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tankar Biryan</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Narkachoor</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Halela Siyah</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Post-e-Halela Kabli</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Baobarang</td>
<td>1 part</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Filfil Siyah</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Zanjabeel</td>
<td>1 part</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Araq-e-Gulab</td>
<td>O.S.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 1.30. Habb-e-Kattha

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
<th>Action</th>
<th>Therapeutic Use</th>
<th>Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kafoor</td>
<td>10 g.</td>
<td>Mubarrid, Daf-e-Taffun, Musaff-i-e-Dam</td>
<td>Aatisbak</td>
<td></td>
</tr>
<tr>
<td>Raskapoor</td>
<td>10 g.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kath Safaid</td>
<td>10 g.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Musli Safaid</td>
<td>20 g.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aab-e-Barg-e-Tambol</td>
<td>50 ml.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Action:
Mubarrid, Daf-e-Taffun, Musaff-i-e-Dam.

Therapeutic Use:
Aatisbak.

Dose:
250 to 500 mg.
1. **Habb-ul-Rashad** .... 80 g.
2. **Tukhm-e-Gandana** .... 10 g.
3. **Tukhm-e-Jirjir** .... 10 g.
4. **Tukhm-e-Karafs** .... 10 g.
5. **Tukhm-e-Gazar** .... 10 g.
6. **Tukhm-e-Turb** .... 10 g.
7. **Tukhm-e-Halba** .... 10 g.
8. **Tukhm-e-Piyaz** .... 10 g.
9. **Hed Khurd** .... 10 g.
10. **Aab-e-Gandana** .... Q.S.

**ACTION:**
- Mudirr-e-Baul, Habis-ud-Dam.

**THERAPEUTIC USE:**
- Bawaseer-e-Damiya, Faqr-ud-Dam, Istisqa.

**DOSE:**
- 150 to 500 mg.

---

**Special Method of Preparation:**

Khabz-ul-Hadeed is soaked in Aab-e-Gandana for seven days, changing Aab-e-Gandana daily. Then dried Khabz-ul-Hadeed is roasted in an iron pan.

---

1. **Habb-e-Kibreet**

1. **Kibreet Mafhool** .... 50 g.
2. **Fifil Siyan** .... 50 g.
3. **Baabarang** .... 25 g.
4. **Fifil Duraz** .... 25 g.
5. **Namak-e-Toam** .... 25 g.
6. **Namak Siyah** .... 25 g.
7. **Aab-e-Lema Kaghzi** .... Q.S.

**ACTION:**

**THERAPEUTIC USE:**

**DOSE:**
- 250 to 500 mg.
1.33. Habb-e-Marwareed

1. Mistagi ........... 60 g.
2. Tankar Neem Biryani ....... 60 g.
3. Mazu Mohraq ........... 60 g.
4. Azaraqi Mudabbar ........... 60 g.
5. Marwareed ........... 15 g.
6. Ambar Ash-hab ........... 15 g.
    Arq-e-Gulab ........... Q.S.

ACTION:
Qabiz, Mohallil-e-Waram, Muqawwi-e-Aam.

THERAPEUTIC USE:
Zof-e-Rahem, Sallan-ur-Rahem.

Dose:
250 to 500 mg.

Caution:
This formulation should not be used during pregnancy.

1.34. Habb-e-Miskeen Nawaz

1. Seemab Musaffa ........... 10 g.
2. Kibreet Mudabbar ........... 10 g.
3. Halela Zard ........... 10 g.
4. Balala ........... 10 g.
5. Aumla ........... 10 g.
6. Zanjabeel ........... 10 g.
7. Filfil Daraz ........... 10 g.
8. Filfil Siyah ........... 10 g.
9. Tankar Biryani ........... 10 g.
10. Sajji Buti ........... 10 g.
11. Rewand Chini ........... 10 g.
12. Beesh Mudabbar ........... 10 g.
13. Hartal Warqi ........... 10 g.
14. Habb-us-Salateen Mudabbar ........... 10 g.

ACTION:
Mus-hil.

THERAPEUTIC USE:
Saman-e-Mufri, 1stisqa.

Dose:
125 to 250 mg.
### 1.35. Habb-e-Momyee Sada

1. Momyee ...................... 30 g.
2. Samagh-e-Arabi ................. 10 g.
3. Misri .......................... 40 g.

**Action:**
Muqawwi-e-Aam, Mudammil.

**Therapeutic use:**
Zof-e-Qaib, Zof-e-Dimagh,
Zof-e-Badan, Kasr-e-Itzam.

**Dose:**
250 to 500 mg.

### 1.36. Habb-e-Mubarak

1. Krivali ......................... 1 part
2. Maghz-e-Karanjwa ............... 2 parts

**Action:**
Daf-e-Tap.

**Therapeutic use:**
Humma-e-Ajamiya.

**Dose:**
1 to 2 g.

### 1.37. Hab)e-Mudirr

1. Sibr ........................... 2 g.
2. Hira Kasees ................... 1 g.
3. Zafiran ........................ 1 g.

**Action:**
Mudirr-e-Haiz.

**Therapeutic use:**
Ehtebas-e-Tams.

**Dose:**
2 to 4 g.

### 1.38. Habb-e-Mumsik

1. Jauzbuwa ...................... 20 g.
2. Khulanjan ..................... 20 g.
3. Khusyat-us-Salab ............. 20 g.
4. Bisbasa ........................ 10 g.
5. Jadwar ........................ 10 g.
6. Alyun .......................... 5 g.
ACTION : Mumsik.

THERAPEUTIC USE : Kasrat-e-Ehtelam, Surat-e-Inzal.

DOSE : 250 to 500 mg.

1.39. Habb-e-Mumsik Qawi

1. Afyun 10 g.
2. Shingraf 10 g.
3. Kafoor 10 g.
4. Aaqarqarha 10 g.
5. Jauzbuwa 10 g.
6. Nabat Safaid OR Qand Safaid 10 g.
7. Zafran 5 g.
8. Jund Bedastar 5 g.
9. Beerbahuti 5 g.

ACTION : Muqawwi-e-Bah, Mumsik.

THERAPEUTIC USE : Zof-e-Bah, Surat-e-Inzal.

DOSE : 125 to 250 mg.

Note: Qawi has been suffixed to the title of the formula.

1.40. Habb-e-Munaish

1. Kaifal 70 g.
2. Darchini 70 g.
3. Waraq-e-Nuqra 70 g.
4. Regmahi 40 g.
5. Shingraf 40 g.
6. Mazu 40 g.
7. Qaranful 40 g.
8. Nakchikni 30 g.
9. Zafran 10 g.
10. Afyun 10 g.

ACTION : Muqawwi-e-Bah, Muqawwi-e-Asab.

THERAPEUTIC USE : Zof-e-Bah, Surat-e-Inzal.
Zof-e-Asab.
Dose:
250 to 500 mg.

Note: The original ingredients Waraq-e-Tila and Mushk have been deleted from the formula.

1.41. Habb-e-Muntin Akbar

1. Muqil . . . . . . . . . . . . . . . . . . . . . . 50 g.
2. Sakbeenaj . . . . . . . . . . . . . . . . . . . . 50 g.
3. Ushaq . . . . . . . . . . . . . . . . . . . . . . 50 g.
4. Tukhm-e-Hanzal . . . . . . . . . . . . . . . . . . 50 g.
5. Jaosheer . . . . . . . . . . . . . . . . . . . . . . 50 g.
6. Ispand . . . . . . . . . . . . . . . . . . . . . . 50 g.
7. Sibr . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
8. Aftimoon . . . . . . . . . . . . . . . . . . . . . . 50 g.
9. Saqmonia . . . . . . . . . . . . . . . . . . . . . . 30 g.
10. Darchini . . . . . . . . . . . . . . . . . . . . . . 10 g.
11. Sumbul-ut-Teeb . . . . . . . . . . . . . . . . . 10 g.
12. Zafran . . . . . . . . . . . . . . . . . . . . . . 10 g.
13. Jund Bedastar . . . . . . . . . . . . . . . . . . . 10 g.
14. Farfiyun . . . . . . . . . . . . . . . . . . . . . . 5 g.
15. Samagh-e-Arabi . . . . . . . . . . . . . . . . . Q.S.
16. Aab-e-Gandana . . . . . . . . . . . . . . . . . Q.S.

ACTION:
Mus-hil.

THERAPEUTIC USE:
Dose:
5 to 10 g.

1.42. Habb-e-Muqil

1. Muqil . . . . . . . . . . . . . . . . . . . . . . 85 g.
2. Post-e-Haela Zard . . . . . . . . . . . . . . . . . 60 g.
3. Post-e-Haela Kabli . . . . . . . . . . . . . . . . . 60 g.
4. Halela Siyah . . . . . . . . . . . . . . . . . . . . . 60 g.
5. Aamla Khushk ........................................ 60 g.
6. Sakheenaj ........................................... 20 g.
7. Khardal ............................................. 10 g.
8. Raughan-e-Badam ................................. 20 ml.
9. Aab-e-Gandana .................................... 100 ml.

**ACTION:**
Mualiin, Mohallil-e-Waram.

**Therapeutic Use:**
Bawaseer Amya, Qabz, Waj-ul-Mafasik

**Dose:**
- 500 mg. to 1 g.

**Special Method of Preparation:**
1. Muqli and Sakheenaj are soaked in Aab-e-Gandana for 12 hours, rubbed with hands and then strained.
2. The powder of the remaining ingredients is mixed with Raughan-e-Badam.
3. 1 & 2 above are mixed well and pills are prepared.

**1.43. Habb-e-Mushil**
1. Habb-us-Salateen Mudabbar ...................... 10 g.
2. Halela Siyah. ..................................... 10 g.
3. Biranj Sathi ...................................... Q.S.

**Action:**
Mushil.

**Therapeutic Use:**
Qabz.

**Dose:**
- 250 to 500 mg.

**1.44. Habb-e-Mushil Dimaghi**
1. Habb-us-Salateen Mudabbar ...................... 30 g.
2. Turbud ........................................... 20 g.
3. Ustakhuddus ...................................... 20 g.
4. Maghz-e-Badam Shireen .......................... 20 g.
5. Zanjabeel ......................................... 10 g.
6. Ood-e-Sakeeb ..................................... 10 g.
7. Filfil Siyah ....................................... 10 g.
8. Kateera .......................................... 10 g.

**Action:**
Mushil.

**Therapeutic Use:**
Sara, Falij, Ikhtenaq-ur-Rahem.

**Dose:**
- 750 mg. (to be taken with luke warm water at bed time).
- 500 mg. (to be taken next morning with luke warm water).

**Note:**
1. Dimaghi has been suffixed to the title of the formula.
2. Habb-us-Salateen may be treated in Aab-e-Barg-e-Angoor Sabz.
1.45. Habb-e-Mus-hil Istisqaee

1. Turbud .......................... 50 g.
2. Iyarij-e-Faiqra .................. 40 g.
3. Sakbeenaj ......................... 40 g.
4. Ghariqoon ......................... 30 g.
5. Irsa ............................... 30 g.
6. Namak Siyah ...................... 20 g.
7. Luk Maghsool ...................... 15 g.
8. Rewand Chini ..................... 15 g.
9. Shagoofa-e-Izkhar ............... 15 g.
11. Saleekha .......................... 15 g.
12. Farfiyun .......................... 10 g.

ACTION:
Mus-hil.

THERAPEUTIC USE:
Istisqa-e-Ziqqi.

DOSE:
3 to 6 g.

NOTE:
1. Istisqaee has been suffixed to the title of the formula.
2. For Iyarij-e-Faiqra, refer to Section (X) on Sufoof.
3. Aab-e-Badiyan has been substituted by Araq-e-Badiyan

1.46. Habb-e-Nishat

1. Zafran .............................. 20 g.
2. Bishasa ............................. 20 g.
3. Regmahi ........................... 20 g.
4. Jauzbuwa ........................... 10 g.
5. Samandar Sokh ..................... 10 g.
7. Mushk .............................. 1 g.
8. Zahar Mohra ....................... 1 g.
9. Aab-e-Barg-e-Tambol ............. Q.S.

ACTION:
Muqawwi-e-Bah, Moharruk.

THERAPEUTIC USE:
Zof-e-Bah, Surat-e-Inzai, Izmeblal.

DOSE:
250 to 500 mg.
1.47. Habb-e-Pachlona

1. Nankhwah 250 g.
2. Badiyan 250 g.
3. Kishneez Khushk 125 g.
4. Zeera Safaid 40 g.
5. Zeera Siyah 40 g.
6. Waj-e-Turki 40 g.
7. Zanjabeel 40 g.
8. Filfil Daraz 40 g.
9. Filfil Siyah 40 g.
10. Aamlia 40 g.
11. Post-e-Baleia 40 g.
13. Zernmbed 25 g.
14. Pudina 25 g.
15. Namak-e-Sang 10 g.
16. Namak Siyah 10 g.
17. Namak-e-Sanbhar 10 g.
18. Aab-e-Lemu Kaghzi Q.S.
19. Aab-e-Aamlia Taza Q.S.

**ACTION:**
Hazim, Kasir-e-Riyah, Mushahi.

**THERAPEUTIC USE:**

**Dose:**
500 mg. to 1 g.

**Special Method of Preparation:**
The powder of all the ingredient drugs is soaked in Aab-e-Lemu Kaghzi till fermentation takes place. It is again soaked in Aab-e-Aamlia Taza or in decoction of Aamlia Khushk and dried to make the pills with the help of Aab-e-Lemu Kaghzi.

1.48. Habb-e-Papita Desi

1. Papita Desi Khushk 50 g.
2. Zanjabeel 10 g.
3. Naushadar 10 g.
4. Namak-e-Sang 10 g.
5. Filfil Siyah 10 g.

**ACTION:**

**THERAPEUTIC USE:**
Qabz, Waj-ul-Meda, Nafkh-e-Shikam.

**Dose:**
500 mg. to 1 g.

**NOTE:** Desi has been suffixed to the title of the formula.
1.49. Habb-e-Papita Wilayati

1. Papita Wilayati .......................... 5 g.
2. Zanjabeel .................................. 10 g.
3. Filfil Siyah .................................. 10 g.
4. Pudina Khushk ............................. 10 g.
5. Gul-e-Madar .................................. 10 g.
7. Namak Siyah .................................. 10 g.
8. Aab-e-Lemu .................................. Q. S.

**ACTION:**
Muqawwi-e-Meda, Hazim.

**Therapeutic use:**

**Dose:**
250 to 500 mg.

**Note:** Wilayati has been suffixed to the title of the formula.

1.50. Habb-e-Pechish

1. Mazu ....................................... 20 g.
2. Maycen Khurd ............................... 20 g.
3. Samagh-e-Arabi ............................. 8 g.
4. Afyun ....................................... 4 g.

**ACTION:**
Qabiz, Habis-ud-Dam.

**Therapeutic use:**
Zahcer, Nazf-ud-Dam, Is-hal.

**Dose:**
125 to 250 mg.

1.51. Habb-e-Raal

1. Raal ....................................... 100 g.
2. Samagh-e-Arabi ............................. 100 g.

**ACTION:**
Qabiz, Mudammil.

**Therapeutic use:**
Is-hal, Maghs, Qurooh-e-Meda, Qurooh-e-Ishna Ashri.

**Dose:**
500 mg. to 1 g.
1.52. Habb-e-Rasaut

1. Kaseer  ....  ....  ....  ....  ....  50 g.
2. Mau ... ... ... ... ... ... ... 20 g.
3. Musa ... ... ... ... ... ... 10 g.
4. Mage-e-Jarahat ... ... ... ... ... 10 g.
5. Geru ... ... ... ... ... ... 10 g.

ACTION:
Habis-ud-Dam, Mohallil-e-Waram.

THERAPEUTIC USE:
Bawaseer Damia, Zaheer-e-Muzmin.

Dose:
3 to 5 g.

1.53. Habb-e-Shabyar

1. Post-e-Hakeela Kabli ... ... ... ... ... ... ... 85 g.
2. Post-e-Balchla ... ... ... ... ... ... ... 85 g.
3. Sana ... ... ... ... ... ... ... 85 g.
4. Gul-e-Surkh ... ... ... ... ... ... ... 60 g.
5. Habb-ul-Neel ... ... ... ... ... ... ... 60 g.
6. Sibr ... ... ... ... ... ... ... 35 g.
7. Kundur ... ... ... ... ... ... ... 35 g.
8. Kateera ... ... ... ... ... ... ... 15 g.
9. Muqil ... ... ... ... ... ... ... 5 g.
10. Mastagi ... ... ... ... ... ... ... 5 g.
11. Usara-e-Rewand Chini... ... ... ... ... ... ... 5 g.

ACTION:
Mus-hil.

THERAPEUTIC USE:
Suda, Qabz.

Dose:
5 to 10 g.

1.54. Habb-e-Shifa

1. Tukhn-e-Jauzmasil ... ... ... ... ... ... ... 6 Parts
2. Reward Chini ... ... ... ... ... ... ... 4 parts
3. Zanjabeel ... ... ... ... ... ... ... 2 parts
4. Samagh-e-Arabi ... ... ... ... ... ... ... 2 parts

ACTION:
Daf-e-Tap, Daf-e-Tashannuj.

THERAPEUTIC USE:
Humma, Iya, Tashannuj-e-Rewi, Zecq-un-Nafas.

Dose:
250 to 500 mg.
1.55. Habb-e-S h aLtc^a

1. Nishasta-e-Gandum ........................................ 1 part
2. Samagh-e-Arabi ............................................... 1 part
3. Rubb-us-Sooos .................................................. 1 part
4. Khashkhaash Safaid ........................................... 1 part
5. Afyun ............................................................ 1 part
6. Loab-e-Behidana ............................................... Q. S.

ACTION :
Munaffis-e-Balgham, Musakkin-e-Sual.

THERAPEUTIC USE :
Shaheeqa, Sual-e-Yabis, Nazla Haad.

DOSE :
125 to 250 mg.

1.56. Habb-e-Sil

1. Sang-e-Jarahat ................................................. 100 g.
2. Rubb-us-Soos ................................................... 40 g.
3. Afyun ............................................................ 40 g.
4. Maghz-e-Badam Shireen ...................................... 40 g.
5. Samagh-e-Arabi ................................................ 30 g.
7. Kateera .......................................................... 30 g.
8. Tukhm-e-Khurfa ............................................... 30 g.
9. Khashkaash Safaid ............................................. 30 g.
10. Gil-e-Daghistani ............................................... 30 g.
11. Busud ............................................................ 30 g.
12. Maghz-e-Behidana ............................................ 20 g.
14. Damma-ul-Akhiwain ......................................... 20 g.
15. Gil-e-Armani ................................................... 20 g.
17. Gul-e-Banafsha ............................................... 40 g.
18. Gul-e-Nilofar .................................................. 63 g.
19. Tukhm-e-Khatmi ............................................... 63 g.
20. Tukhm-e-Khubazi ............................................. 63 g.
21. Sapistan ........................................................ 20 g.
22. Koknar .......................................................... 20 g.
23. Aspaghol ........................................................ 20 g.
24. Parsiaoshan .................................................... 20 g.
25. Zufa Khushk .................................................... 30 g.
26. Sheera-e-Jao Muqashshar ................................... 60 g.
27. Nabat Safaid OR Qand Safaid ............................... 93 g.
ACTION:
Habis-ud-Dam, Musakkin-e-Sual.

THERAPEUTIC USE:
Sil.

DOSE:
250 to 500 mg.

Special Method of Preparation:
Ingredients No. 16-25 are boiled in 3750 ml. of water to get 1250 ml. of decoction. Ingredients No. 26 & 27 are then added to the decoction and then boiled till it becomes viscid. Fine powder of other ingredients is then added and pills are made.

1. 57. Habb-e-Siyah Chashm

1. Rasaut . . . . 50 g.
2. Phitakari Biryani . . . 25 g.
3. Alyun . . . . 16 g.
4. Barg-e-Neem Sabz . . . 5 g.
5. Zafran . . . . 800 mg.

ACTION:

THERAPEUTIC USE:
Ramad, Hurqat-e-Chashm.

Note: Chashm has been suffixed to the title of the formula.

Special Method of Preparation:
All the ingredients are kept in an iron pan and ground with a little water to form a homogenous mass. Then the iron pan is placed on a low fire till the required consistency is obtained for making pills.

Method of Application:
The pill is made into a paste by adding a few drops of water and then applied on the outer eye-lids.

1. 58. Habb-e-Suranjan

1. Suranjan . . . . 1 part
2. Post-e-Haleia Zard . . . . 1 part
3. Shahm-e-Hanzal . . . . 1 part
4. Muqil . . . . 1 part
5. Turbud . . . . 1 part

ACTION:
Mus-hil, Mohallil-e-Waram, Musakkin-e-Alam.

THERAPEUTIC USE:

DOSE:
5 to 7 g.

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1.59. Habb-e-Surfa

1. Asl-us-Soo\[\ldots\]
   20 g.
2. Tukhm-e-Khubhazi
   20 g.
3. Maghz-e-Tukhm-e-Kaddu Shireen
   20 g.
4. Samagh-e-Arabi Biry\[\ldots\]
   15 g.
5. Kateera
   15 g.
6. Nishasta-e-Gandum
   15 g.
7. Zafran
   5 g.

**ACTION:**
Musakkin-e-Sual.

**THERAPEUTIC USE:**
Sual.

**DOSE:**
125 to 250 mg.

**NOTE:** The original name Habb-e-Sual has been substituted by Habb-e-Surfa.

1.60. Habb-e-Surfa Qawi

1. Samagh-e-Arabi
   15 g.
2. Kateera
   15 g.
3. Nishasta-e-Gandum
   15 g.
4. Asl-us-Soo\[\ldots\]
   15 g.
5. Afyun
   10 g.
6. Khushahaash Safaid
   10 g.
7. Maghz-e-Behidana
   10 g.
8. Maghz-e-Badam
   10 g.
9. Zafran
   5 g.
10. Loab-e-Behidana
    Q. S.

**ACTION:**
Musakkin-e-Sual.

**THERAPEUTIC USE:**
Sual.

**DOSE:**
125 to 250 mg.

**NOTE:** Qawi has been suffixed to the title of the formula.

1.61. Habb-e-Surkhbada

1. Post-e-Halela Zard
   30 g.
2. Sarphuka
   30 g.
3. Gul-e-Surkh
   30 g.
4. Barg-e-Shahtara
   30 g.
5. Kishneez
   30 g.
   30 g.
7. Dhamaya
   30 g.
8. Sandal Surkh    . . . . . . . . 30 g.
9. Brahmdandi     . . . . . . . . 30 g.
10. Neel Kanthi    . . . . . . . . 30 g.
11. Zeera Safaid   . . . . . . . . 10 g.
12. Filfil Siyah   . . . . . . . . 10 g.
13. Gul-e-Kachnal  . . . . . . . . 10 g.
14. Barg-e-Neem    . . . . . . . . 10 g.
15. Barg-e-Bakayin . . . . . . . . 10 g.

ACTION:
Musaffi-e-Dam, Mulaiyin.
THERAPEUTIC USE:
Surkhbada.
DOSE:
250 to 500 mg.

1.62. Habb-e-Tabasheer

1. Tabasheer      . . . . . . . . 90 g.
2. Tukhm-e-Gaozaban    . . . . . . 60 g.
3. Satt-e-Gilo      . . . . . . . . 60 g.
4. Dana Heel Khurd  . . . . . . . . 60 g.
5. Zahar Mohra     . . . . . . . . 40 g.

ACTION:
THERAPEUTIC USE:
DOSE:
750 mg. to 1.5 g.

1.63. Habb-e-Tankar

1. Sibr Zard       . . . . . . . . 100 g.
2. Filfil Siyah    . . . . . . . . 75 g.
3. Bazr-ul-Banj   . . . . . . . . 15 g.
4. Tankar Biryani . . . . . . . . 10 g.
5. Lobab-e-Gheekawar  . . . . . 10 g.

ACTION:
Kasir-e-Riyah, Mulaiyin.
THERAPEUTIC USE:
Zof-e-Ishetea, Nafkh-e-Shikam, Qabz-e-Muzmin.
DOSE:
500 to 750 mg.

1.64. Habb-e-Tap-e-Balghami

1. Maghaz-e-Karanjwa . . . . . . . 500 g.
2. Filfil Daraz     . . . . . . . . 500 g.
3. Zcrda Safaid 250 g.
4. Barg-c-Babool 250 g.

**ACTION:**
Daf-e-Tap.

**THERAPEUTIC USE:**
Hummiyat.

**DOSE:**
250 to 500 mg.

1.65. Habb-e-Tursh Mushtahi

1. Zanjabeel 1 kg.
2. Namak Siyah 250 g.
3. Namak-e-Sang 250 g.
4. Qaranful 20 g.
5. Filfil Daraz 20 g.
6. Kibreet Maghsool 20 g.
7. Heel Khurd 15 g.
8. Aab-e-Lemu Kaghzi Q.S.

**ACTION:**
Muslihii, Kasir-e-Riyah, Hazim.

**THERAPEUTIC USE:**

**DOSE:**
500 mg to 1 g.

**Special Method of Preparation:**
All the ingredients are soaked in Aab-e-Lemu Kaghzi and dried. This process is repeated seven times.

1.66. Habb-e-Usara

1. Sibr Zard 1 part
2. Mastagi 1 part
3. Usara-e-Rewand 1 part

**ACTION:**
Mulaiyin, Mudirr-e-Baul.

**THERAPEUTIC USE:**
Qabz-e-Atfal, Dabba Atfal.

**DOSE:**
125 to 250 mg.

1.67. Habb-e-Zahar Mohra

1. Zarambad 200 g.
2. Zahar Mohra 50 g.
3. Samagh-e-Arabi 20 g.
ACTION:
Qabiz.

THERAPEUTIC USE:
Is-hal-e-Atfal, Atash-e-Mufrit.

DOSE:
250 to 500 mg.

1.68. Qurs-e-Anjabar.

1. Behk-e-Anjabar . . . . . . . . . . . . 40 g.
2. Gul-e-Surkh . . . . . . . . . . . . . . . 30 g.
3. Samagh-e-Arabi . . . . . . . . . . . . . 30 g.
4. Tukhm-e-Khurfa . . . . . . . . . . . . . 30 g.
5. Kahruba . . . . . . . . . . . . . . . . . . 30 g.
6. Gulnar Farsi . . . . . . . . . . . . . . . 20 g.
7. Nishasta-e-Gandum . . . . . . . . . . . . . 20 g.
8. Gil-e-Armani . . . . . . . . . . . . . . . . . 20 g.
9. Behk-e-Marjan . . . . . . . . . . . . . . . . 20 g.
10. Tabasheer . . . . . . . . . . . . . . . . . 20 g.
11. Rubb-us-Soos . . . . . . . . . . . . . . . . . 20 g.
12. Aqqaia . . . . . . . . . . . . . . . . . . 15 g.
13. Aab-e-Kela . . . . . . . . . . . . . . . . . . . . Q. S.

ACTION:
Habis-ud-Dam.

THERAPEUTIC USE:
Is-hal-e-Damwi, Qai-ud-Dam, Kasrat-e-Tams, Nafs-ud-Dam.

DOSE:
3 to 5 g.

1.69. Qurs-e-Deedan.

1. Palaspapra Muqashshar . . . . . . . . . . . 1 part
2. Maghz-e-Tukhm-e-Karanj . . . . . . . . . . 1 part
3. Nankhwah . . . . . . . . . . . . . . . . . . . 1 part
4. Qimbeel . . . . . . . . . . . . . . . . . . . . 1 part
5. Baobarang . . . . . . . . . . . . . . . . . . . 1 part
6. Turbud . . . . . . . . . . . . . . . . . . . . . . 1 part
7. Qand Siyah . . . . . . . . . . . . . . . . . . . 1 part

ACTION:

THERAPEUTIC USE:
Deedan-e-Ama.

DOSE:
250 to 500 mg.
1.70. Qurs-e-Ghafis

1. Usara-e-Ghafis . . . . . . . . . 150 g.
2. Turanjabeen . . . . . . . . . 150 g.
3. Waraq-e-Gul-e-Surkh . . . . . 50 g.
4. Sumbul-ut-Teeb . . . . . . . . 50 g.
5. Tabasheer . . . . . . . . . 25 g.

ACTION:
Mohallil-e-Waram, Mufatteh Sudad.

THERAPEUTIC USE:

Dose:
5 to 10 g.

1.71. Qurs-e-Gulnar

1. Gulnar . . . . . . . . . 40 g.
2. Gil-e-Armani . . . . . . . . . 40 g.
3. Samagh-e-Arabi . . . . . . . . . 40 g.
4. Gul-e-Surkh . . . . . . . . . 30 g.
5. Aqaqia . . . . . . . . . 30 g.
6. Kateera . . . . . . . . . 20 g.
7. Aab-e-Gulnar . . . . . . . . . Q.S.

ACTION:
Habis, Qabiz.

THERAPEUTIC USE:
Ish-hal-e-Muzmin, Ish-hal-e-Damwi, Nazf-ud-Dam.

Dose:
5 to 10 g.

1.72. Qurs-e-Gulnar Farsi

1. Gulnar Farsi . . . . . . . . . 10 g.
2. Aqaqia . . . . . . . . . 10 g.
3. Habb-ul-Aas . . . . . . . . . 10 g.
4. Gil-e-Armani . . . . . . . . . 10 g.
5. Sandal Safaid . . . . . . . . . 5 g.
6. Samagh-e-Arabi . . . . . . . . . 20 g.
7. Kundur . . . . . . . . . 20 g.
8. Aab-e-Sele . . . . . . . . . Q.S.

ACTION:
Qabiz-e-Azlat.

THERAPEUTIC USE:
Izyot.

Dose:
5 to 10 g.
1.73. Qurs-e-Habis

1. Inderjao Shireen ....... 1 part
2. Narmushk ....... 1 part
3. Sadaf Sokhta ....... 1 part

**ACTION:**
Habis-ud-Dam;
**THERAPEUTIC USE:**
Istehaza, Zaheer, Nazf-ud-Dam, Ruaf.
**Dose:**
1 to 2 g.

1.74. Qurs-e-Isqeel

1. Isqeel ....... One
2. Aarad-e-Karsana ....... Q.S.
3. Sharab (Brandy) ....... Q.S.

**ACTION:**
Daf-e-Sumoom, Mudirr-e-Baul.
**THERAPEUTIC USE:**
Tasammum, Kasr-e-Izam, Usr-e-Tanaffus, Istisqa-e-Ziqqi.
**Dose:**
3 to 5 g.

**Special Method of Preparation:**
Isqeel is pasted with any specified flour and roasted. When cooled the Isqeel is ground with equal quantity of Aarad-e-Karsana, Brandy is added to it in little quantity and pills are prepared as usual.

1.75. Qurs-e-Kafoor

1. Tabasheer ....... 50 g.
2. Gui-e-Surkh ....... 25 g.
3. Kafoor ....... 5 g.
4. Sandal Safaids ....... 5 g.
5. Tukhm-e-Khurfa ....... 5 g.
6. Tukhm-e-Kasni ....... 5 g.
7. Tukhm-e-Kahu ....... 5 g.
8. Maghz-e-Tukhm-e-Kaddu ....... 5 g.
9. Loab-e-Aspaghol ....... Q.S.

**ACTION:**
Mubarrid, Daf-e-Tap.
**THERAPEUTIC USE:**
**Dose:**
5 to 10 g.
1.76. Qurs-e-Kahruba

1. Kahruba ........ 20 g.
2. Tukhm-e-Khurfa .... 20 g.
3. Shakh-e-Gauzan Sokhta .... 10 g.
4. Kateera .... 10 g.
5. Samagh-e-Arabi .... 10 g.
6. Kishmez Khushk Biryan .... 10 g.
7. Khashkhaash Safaid .... 10 g.
8. Nishasta-e-Gandum .... 15 g.
9. Aab-e-Bartang .... Q.S.

ACTION:
Habis-ud-Dam.

THERAPEUTIC USE:
Nafs-ud-Dam, Bewaseer Damiya.
Dose:
3 to 5 g.

1.77. Qurs-e-Kaknaj

1. Maghz-e-Tukhm-e-Khiyarain .... 4 g.
3. Tukhm-e-Khurfa .... 4 g.
4. Gul-e-Surkh .... 3 g.
5. Tabasheer .... 3 g.
6. Gil-e-Armani .... 3 g.
7. Samagh-e-Arabi .... 3 g.
8. Nishasta-e-Gandum .... 3 g.
9. Damm-ul-Akhwain .... 3 g.
10. Khashkhaash Siyah .... 3 g.
11. Maghz-e-Badam .... 10 g.
12. Maghz-e-Chilghoza .... 10 g.
13. Kaknaj .... 12 g.
14. Loab-e-Rehidana .... Q.S.

ACTION:
Mudirr-e-Baul, Mubarrid, Musakkin.

THERAPEUTIC USE:
Dose:
3 to 6 g.
1.78 Qurs-e-Mukhaddir

1. Farfiyun 10 g.
2. Bazr-ul-Banj 10 g.
3. Afyun 10 g.
4. Zafran 10 g.
5. Mur Makki 20 g.
6. Ushaq 20 g.
7. Darchini 20 g.
8. Kundur 20 g.
10. Kafoor 5 g.
11. Aab-e-Kishneez Sabz Q.S.
12. Aab-e-Kahu Sabz Q.S.

ACTION:
Musakkin-e-Alam.

THERAPEUTIC USE:
Suda.

DOSE: Q.S.

For external use.

Method of Application:
To be applied on the forehead.

1.79 Qurs-e-Mulaiyin

1. Badiyan 50 g.
2. Mastagi 50 g.
3. Ustukhuddus 50 g.
4. Saqmonia 50 g.
5. Rewand Chini 50 g.
6. Post-e-Halela Kabli 20 g.
7. Post-e-Balela 20 g.
8. Aamla 20 g.
9. Halela Siyah 20 g.
10. Turbud 20 g.

ACTION:
Mulaiyin.

THERAPEUTIC USE:
Qabz, Qulanj Suddi, Suda-e-Muzmin.

DOSE:
1 to 2 g.
1.80. Qurs-e-Munawwim Barid

1. Tukhm-e-Kahu . . . . . . . 5 g.
2. Khaskhaash . . . . . . . 5 g.
3. Baqla . . . . . . . 5 g.
4. Tukhm-e-Kburfa . . . . . 5 g.
5. Kaknaj . . . . . . . 5 g.
6. Afyun . . . . . . . 5 g.
7. Loab-e-Aspaghol . . . . . Q.S.

**ACTION:**
Musakkin-e-Alam.

**THERAPEUTIC USE:**
Sahar.

**DOSE:** Q.S.
For external use

**Method of Application:**
One tablet mixed with little water is applied on temporal region.

1.81. Qurs-e-Musallas

1. Afyun . . . . . . . 1 part
2. Mur Makki . . . . . . . 1 part
3. Bazr-ul-Banj . . . . . . . 1 part
4. Bekh-e-Luffah . . . . . . . 1 part
5. Zafraan . . . . . . . 1 part
6. Tukhm-e-Kahu . . . . . . . 1 part
7. Kishneez Khushk . . . . . . . 1 part
8. Samagh-e-Arabi . . . . . . . 1/2 part

**ACTION:**
Musakkin-e-Alam.

**THERAPEUTIC USE:**
Suda, Shaqeeqa.

**DOSE:** Q.S.
For external use.

**Method of Application:**
One tablet mixed with little water is applied on forehead.

1.82. Qurs-e-Nuqra

1. Beesh Mudabbar . . . . . . . 100 g.
2. Shingraf . . . . . . . 100 g.
3. Filfil Daraz . . . . . . . 100 g.
4. Tankar Telia Biryani . . . . . . . 100 g.
5. Filili Siyah .......................... 100 g.
6. Aab-e-Lemu .......................... 750 ml.
   ACTION :
   Muqawwi-e-Asab, Qabiz.
   THERAPEUTIC USE :
   Laqwa, Zaheer, Is-hal, Nazla, Sual, Zukam.
   DOSE :
   250 to 500 mg.

1.83. Qurs-e-Sartan

1. Sartan Mohraq .......................... 10 g.
3. Khashkhaash Safaid .................. 2 g.
4. Khashkhaash Siyah .................. 2 g.
5. Rubb-us-Sees ......................... 2 g.
6. Tukhm-e-Khurfa ...................... 3 g.
7. Tukhm-e-Khatmi ...................... 3 g.
8. Tabasheer .............................. 3 g.
9. Gil-e-Armani .......................... 1 g.
10. Samagh-e-Arabi ...................... 1 g.
11. Kafeera ................................ 1 g.
12. Loab-e-Aspaghol ..................... Q.S
   ACTION :
   Habis-ud-Dam, Daf-e-Tap.
   THERAPEUTIC USE :
   Sil, Nafs-ud-Dam, Humma-e-Diq.
   DOSE :
   2 to 4 g.

1.84. Qurs-e-Shadnaj

1. Shadnaj Maghsool ...................... 25 g.
2. Tukhm-e-Khurfa ....................... 25 g.
3. Kishneez Khushk ..................... 25 g.
4. Tukhm-e-Khashkhaash Safaid ........ 25 g.
5. Gul-e-Surkh ............................ 25 g.
6. Tabasheer .............................. 25 g.
8. Teen-e-Rumi (Geru) ................... 25 g.
9. Loab-e-Aspaghol ...................... Q.S.
   ACTION :
   Habis, Qabiz.
   THERAPEUTIC USE :
   Nazf-ud-Dam, Sual, Sil, Humma-e-Diq, Is-hal Safravi.
Dose:
3 to 5 g.

1.85. Qurs-e-Tabasheer Kafoori Lului

1. Marwareed .......................... 10.5 g.
2. Tabasheer .................................. 10.5 g.
3. Sartan Mohraq .......................... 10.5 g.
4. Tukhm-e-Khashkhas Safaid .......... 10.5 g.
5. Tukhm-e-Kabu ..... .................. 10.5 g.
6. Tukhm-e-Khurfa .......................... 10.5 g.
7. Kateera .................................. 10.5 g.
8. Kahruba .................................. 9 g.
9. Rubb-us-Soos ............................. 9 g.
10. Gul-e-Surkh .............................. 9 g.
11. Maghz-e-Tukhm-e-Khiyarain ...... 22.5 g.
12. Samagh-e-Arabi ......................... 4.5 g.
13. Busud Mohraq ............................ 4.5 g.
14. Kafoor .................................. 3.4 g.
15. Zafran .................................. 1 g.
16. Abresham ................................ Q.S.

Action:
Mubarrid, Murattib, Mufarreh, Musakkin, Qabiz, Habis.
Therapeutic Use:
Humma-e-Diq, Sil, Khafqan, Tap-e-Mohraqa.
Dose:
3 to 5 g.

1.86. Qurs-e-Tabasheer Mulaiyin

1. Tabasheer ................................. 4 parts
2. Turanjabeen ............................... 3 parts
3. Maghz-e-Tukhm-e-Khiyarain ........ 1 part
4. Maghz-e-Tukhm-e-Kaddu ............... 1 part
5. Nishasta-e-Gandum ...................... 1 part
6. Samagh-e-Arabi ......................... 1 part
7. Kateera .................................. 1 part
8. Khashkhaash Safaid ..................... 1 part
9. Loab-e-Aspaghol ......................... Q.S.

Action:
Mulaiyin, Mulattif, Daf-e-Tap.
Therapeutic Use:
Qabz, Hummiyat, Khushunat-e-Halaq, Sil.
Dose:
3 to 5 g.
1.87. Qurs-e-Tabasheer Qabiz

1. Gul-e-Surkh ........................................... 30 g.
2. Zarishk Munaqqa ........................................ 25 g.
3. Samaq Munaqqa .......................................... 25 g.
4. Kateera .................................................... 15 g.
5. Tabasheer ................................................ 10 g.
6. Sandal Safaid ............................................ 10 g.
7. Samagh-e-Arabi .......................................... 10 g.
8. Nishasta-e-Gandum ...................................... 10 g.
9. Baloot ...................................................... 10 g.
10. Rubb-us-Soos ........................................... 10 g.
11. Tukim-e-Hummaz ...................................... 10 g.
12. Gulnar Farsi ............................................ 5 g.
13. Aqaqia ..................................................... 5 g.
14. Aab-e-Zarishk .......................................... Q.S.

ACTION:
Muqawwi-e-Meda, Daf-e-Tap, Qabiz.

THERAPEUTIC USE:
Zof-e-Meda, Is-hal, Hummiyat.

DOSE:
3 to 5 g.

1.88. Qurs-e-Tutiya-e-Kabir

1. Qaranful ................................................ 40 g.
2. Filfil Siyah ............................................. 40 g.
3. Waraq-e-Tila .......................................... 20 g.
4. Sang-e-Basri .......................................... 10 g.
5. Shingraf ............................................... 10 g.
6. Marwareed .......................................... 5 g.
7. Maska ................................................... 15 g.
8. Aab-e-Lemu Kaghzi .................................. Q.S.

ACTION:
Muqawwi-e-Aam.

THERAPEUTIC USE:

DOSE:
15 to 30 mg.

NOTE: Qurs has been prefixed to the title of the formula.

Special Method of Preparation:
Ingredients No. 1 to 6 are ground with Araq-e-Gulab and the butter (Maska) is added to it and then again ground with Aab-e-Lemu Kaghzi till the greasiness of maska has totally disappeared.
1.89. Qurs-e-Zarishk

<table>
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<tr>
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<th>Quantity</th>
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<tr>
<td>1.</td>
<td>Zarishk</td>
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<tr>
<td>2.</td>
<td>Rewand Chini</td>
<td>10 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Gul-e-Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Maghz-e-Tukhm-e-Khiyarain</td>
<td>10 g.</td>
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<tr>
<td>5.</td>
<td>Sandal Safaid</td>
<td>10 g.</td>
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<tr>
<td>6.</td>
<td>Tukhm-e-Kasni</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Luk Maghsool</td>
<td>5 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Asl-us-Soos</td>
<td>5 g.</td>
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<tr>
<td>9.</td>
<td>Gul-e-Nilofar</td>
<td>5 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Tabasheer</td>
<td>5 g.</td>
</tr>
</tbody>
</table>

**Action:**

**Therapeutic Use:**
Zof-e-Kabid, Su-ul-Qinya.

**Dose:**
5 to 10 g.

1.90. Qurs-e-Ziabetus Khaas

<table>
<thead>
<tr>
<th>No.</th>
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</tr>
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<tbody>
<tr>
<td>1.</td>
<td>Tabasheer</td>
<td>25 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Satt-e-Gilo</td>
<td>25 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Gurmar Buti</td>
<td>50 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Kushta-e-Zumurrud</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Loab-e-Aspaghol</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

**Action:**
Daf-e-Ziabetus.

**Therapeutic Use:**
Ziabetus Sadiq.

**Dose:**
1 to 2 g.

1.91. Qurs-e-Ziabetus Sada

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
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<tbody>
<tr>
<td>1.</td>
<td>Tukhm-e-Khurfa</td>
<td>1000 g.</td>
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<tr>
<td>2.</td>
<td>Tukhm-e-Kahu</td>
<td>400 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Rubb-us-Soos</td>
<td>200 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Tabasheer</td>
<td>200 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Gil-e-Armani</td>
<td>100 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Gul-e-Surkh</td>
<td>100 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Kishmeez Khushk</td>
<td>100 g.</td>
</tr>
</tbody>
</table>
8. Aqaqia  .  .  .  .  .  .  .  . 40 g.
9. Samagh-e-Arabi  .  .  .  .  .  .  .  . 40 g.
10. Sandal Safaid  .  .  .  .  .  .  .  . 40 g.
11. Sandal Surkh  .  .  .  .  .  .  .  . 40 g.
12. Gulnar  .  .  .  .  .  .  .  . 40 g.
13. Kafoor  .  .  .  .  .  .  .  . 10 g.

ACTION:
Moaddil.

THERAPEUTIC USE:
Ziabetus Ghair Shakri.

Dose:
5 to 10 g.
SECTION II

JAUHAR
<table>
<thead>
<tr>
<th>S.No.</th>
<th>Formulations</th>
<th>References</th>
<th>Page No</th>
<th>Book</th>
<th>Vol.</th>
<th>Page No</th>
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<tr>
<td>2.1.</td>
<td>Jauhar-e-Munaqqa</td>
<td>53 B.K. II 30</td>
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<td>2.2.</td>
<td>Jauhar-e-Seen</td>
<td>53 B.K. II 30</td>
<td></td>
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</table>
JAUHAR

Definition
The process of sublimation is called Tas-eed. When the drugs like Kafeer, Sanam-ul-Far, Gandhak and Raskapoor, etc., are sublimated, therapeutically efficacious products for medicinal uses are produced. These products are called Jauhar and the process of Tas-eed in Urdu is called Jauhar-ka-Udaw. The drugs having this property are called Zawi Arwah.

Method of Preparation
The drugs are ground to a fine powder with Sharab (Brandy). The powder is then put in one of the earthen discs having smooth edge and covered with the other disc (apparatus). Thereafter, the discs are sealed airtight with the process of Gil-e-Hikmat. The whole apparatus (discs) is then put on a low fire and at intervals it is moistened with water-soaked cloth in order to condense the material deposited inside the upper disc. During this process of heating, the powder drug kept in the lower disc gradually transforms into fumes and accumulates at the upper disc. The apparatus is then taken off the fire and allowed to cool. The process of condensation of 72 g. of the powder drug takes 4 hours. After complete cooling, the apparatus is opened and the sublimate (Jauhar) sticking inside the upper disc is scraped and collected.

General Precautions
The earthen discs should be airtight and the drugs should always be sublimated on low fire. Before opening the apparatus it should be allowed to cool completely.

Characteristics
The sublimate retains the colour of the original drug.

Preservation
The sublimates (Jauhar) are preserved indefinitely. They are stored in glass phials, well stoppered bottles or glass jars in cool, dry and clean places.
2.1. Jauhar-e-Munaqqqa

1. Raskapoor  . . . . . . . . 10 g.
2. Darchikna  . . . . . . . . 10 g.
3. Samm-ul-Far  . . . . . . . . 10 g.
4. Sharab (Brandy)  . . . . . . . . 50 ml.

ACTION:
Musaffi-e-Dam, Mudammil.

THERAPEUTIC USE:
Aatishak.

Dose:
15 to 30 mg.

2.2. Jauhar-e-Seen

1. Samm-ul-Far  . . . . . . . . 25 g.
2. Sharab (Brandy)  . . . . . . . . Q.S.

ACTION:
Muqawwi-e-Asab, Musaffi-e-Dam.

THERAPEUTIC USE:

Dose:
15 to 30 mg.
SECTION III

KOHAL
## KOHAL

<table>
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<td>Barood Kafoori</td>
<td>59</td>
<td>Q.S.</td>
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<td>Kohal-e-Bayaz</td>
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<td>Kohal Chikni Dawa</td>
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<td>151</td>
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<td>3.5.</td>
<td>Kohal-ul-Jawahir</td>
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<td>3.6.</td>
<td>Kohal-e-Roshnai</td>
<td>61</td>
<td>B.K.</td>
<td>II</td>
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<td>3.7.</td>
<td>Kohal-e-Sadaf</td>
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<td>B.K.</td>
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<td>3.9.</td>
<td>Shiyaf-e-Abyaz</td>
<td>62</td>
<td>O.A.A.</td>
<td>483</td>
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</table>
KOHAL.

**Definition**

Kohal (Surma) is the finest powder form of the medicinal preparations used externally to strengthen the eye sight and cure other eye ailments.

**Method of Preparation**

For the preparation of Surma the heading 'Sang-e-Surma under 'General Methods of Preparation' may be seen.

**General Precautions**

Kohal (Surma) should be ground to the finest degree of powder form.

**Characteristics**

When touched with fingers, Kohal (Surma) should not give the feel of coarseness.

**Preservation**

Kohal (Surma) is preserved in well stoppered glass bottles, phials and other glass containers in neat, clean and dry places. It can also be preserved for a longer period under hygienic conditions.
3.1. Aksireen

1. Shadnaj Maghsool 10 g.
2. Marwareed 10 g.
3. Basad 5 g.
4. Tubal Nohas Mohraq 10 g.
5. Aqleemiya-e-Zahab 10 g.
6. Kohal Isfahani 5 g.
7. Marqasheeda 5 g.
8. Zubal-ul-Bahr 5 g.

**ACTION:** Mudammil.
**THERAPEUTIC USE:** Quroo-e-Chashm.
**DOSE:** Q.S.
For Ophthalmic use.

3.2. Barood Kafoon

1. Sang-e-Basti 140 g.
2. Aab-e-Angoor Kham Q.S.
3. Kafoon 1 g.

**ACTION:** Mohallil-e-Waram. Mubarrid.
**THERAPEUTIC USE:** Waram-e-Keesa-e-Damace. Waram-e-Qarnia.
**DOSE:** Q.S.
For Ophthalmic use.

**Special Method of Preparation:**
Sang-e-Basti is immersed in Aab-e-Angoor Kham for 8 hours, then Kafoon is added to it and ground till it is mixed thoroughly. This is then strained through a piece of silk-cloth and dried in shade.

3.3. Kohal-e-Bayaz

1. Nohas Mohraq 25 g.
2. Shadnaj Maghsool 25 g.
3. Aqleemiya-e-Fizza 20 g.
4. Zangar 10 g.
5. Sibr 10 g.
7. Filfil Siyah 5 g.
8. Filfil Daraz 5 g.
9. Zafran 5 g.
AcxON :
JaJi
Therapeutic USE :
Sabul, Bayaz-ul-Ain, Zufrah.
Dose : Q.S.
For Ophthalmic use.

3.4. Kohal Chikni Dawa
1. Sabul .............................. 60 g.
2. Fatay-e-Kabood ................. 3 g.
3. Raal ................................ 3 g.

Action :
Kawi.
Therapeutic USE :
Nuzool-ul-Ma, Bayaz-ul-Qarnia, Sabul.
Dose : Q.S.
For Ophthalmic use.

Special Method of Preparation :
Soap is cut into fine chips, placed in an iron vessel and heated over a low fire till it melts. Fine powder of Fatay-e-Kabood is then added and stirred vigorously with an iron rod. When it turns into liquid form, fine powder of Raal is added to it and again stirred well with an iron rod by increasing the heat. When the contents become black, the vessel is removed from the fire and allowed to cool.

Method of Application :
A very small quantity of the Kohal is dissolved in water and applied to inner eye-lids.

3.5. Kohal-ul-Jawahir

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>1. Lal</td>
<td>7 g.</td>
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<tr>
<td>2. Firoza</td>
<td>7 g.</td>
</tr>
<tr>
<td>3. Marqasheesa</td>
<td>7 g.</td>
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<tr>
<td>4. Astlaj</td>
<td>7 g.</td>
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<tr>
<td>5. Nishasta-e-Gandum</td>
<td>7 g.</td>
</tr>
<tr>
<td>6. Marwareed</td>
<td>10.5 g.</td>
</tr>
<tr>
<td>7. Buzul</td>
<td>10.5 g.</td>
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<tr>
<td>8. Halela Zard</td>
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<td>9. Shudaaj Magsool</td>
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<tr>
<td>10. Rasau</td>
<td>3.5 g.</td>
</tr>
<tr>
<td>11. Shiyafe-Manceesa</td>
<td>3.5 g.</td>
</tr>
<tr>
<td>12. Sartan Mohraq</td>
<td>3.5 g.</td>
</tr>
<tr>
<td>13. Aqleemiya</td>
<td>3.5 g.</td>
</tr>
<tr>
<td>14. Tuliya</td>
<td>4.5 g.</td>
</tr>
<tr>
<td>15. Taba-Theer</td>
<td>4.5 g.</td>
</tr>
</tbody>
</table>
16. Dohnaj 4.5 g.
17. Aab-e-Aangoor Kham 17.5 ml.
18. Anzaroot 14.5 g.
19. Sang-e-Surma Siyah 70 g.
20. Kafoor 500 mg.

**ACTION:**
Muqawwi-e-Basar.

**THERAPEUTIC USE:**
Zof-e-Basarat, Sabal, Bayaz-ul-Qarnia, Sulaq.

**Dose:** Q.S.

For Ophthalmic use.

### 3.6 Kohal-e-Roshni

1. Filfil Daraz 25 g.
2. Sibr 25 g.
4. Qaranfu! 25 g.
5. Shadnaj Maghsool 25 g.
6. Tobal-e-Miss 25 g.
7. Sonamukhi 20 g.
8. Sazaj Hindi 20 g.
10. Filfil Siyah 15 g.
11. Filfil Safaid 15 g.
12. Zubd-ul-Bahr 15 g.
13. Zanjabeel 10 g.
15. Zafran 5 g.
16. Naushadar 5 g.

**ACTION:**
Jali.

**THERAPEUTIC USE:**
Zof-e-Basarat, Zufrah.

**Dose:** Q.S.

For Ophthalmic use.

### 3.7 Kohal-e-Sadar

1. Sadaf Sokhta 25 g.
2. Tutiya Biryani 12 g.
3. Nabat Safaid 10 g.
**ACTION:**

Mohalil-e-Waram, **Musaikkir.**

**THERAPEUTIC USE:**
Ramad, Jarab-ul-Ajfan.

**DOSE:** Q.S.

For Ophthalmic use.

---

### 3.8. Kohal-e-Yasmeen

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Gul-e-Yasmeen</td>
<td>500 Nos.</td>
</tr>
<tr>
<td>3. Filfil Siyah</td>
<td>500 Nos.</td>
</tr>
<tr>
<td>4. Shibb-e-Yamani Biryani</td>
<td>50 g.</td>
</tr>
</tbody>
</table>

**ACTION:**
Jali.

**THERAPEUTIC USE:**
Sabal, Bayaz-ul-Ain, Zufrah.

**DOSE:** Q.S.

For Ophthalmic use.

---

### 3.9. Shiya St-e-Abyaz

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Safaida Arzeez</td>
<td>30 g.</td>
</tr>
<tr>
<td>2. Samagh-e-Arabi</td>
<td>30 g.</td>
</tr>
<tr>
<td>3. Katcera</td>
<td>30 g.</td>
</tr>
<tr>
<td>4. Nishasta-e-Gandum</td>
<td>10 g.</td>
</tr>
<tr>
<td>5. Loab-e-Aspaghol OR</td>
<td>30 g.</td>
</tr>
<tr>
<td>Safidi-e-Baize-e-Murgh</td>
<td></td>
</tr>
</tbody>
</table>

**ACTION:**
Mohalil-e-Waram.

**THERAPEUTIC USE:**
Ramad, Shaeera.

**DOSE:** Q.S.

For Ophthalmic use.

---

**Method of Application:**
Shiya St is rubbed with Araq-o-Gulab and the pasts thus obtained is applied to the eyes.
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
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<th></th>
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</thead>
<tbody>
<tr>
<td>4.1</td>
<td>Kushta-e-Abrak Safaid</td>
<td>63</td>
<td>U.P.M.</td>
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<td>95</td>
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<tr>
<td>4.2</td>
<td>Kushta-e-Abrak Siyah</td>
<td>68</td>
<td>M.Kh.</td>
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<td>453</td>
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<tr>
<td>4.3</td>
<td>Kushta-e-Aqccq</td>
<td>68</td>
<td>M.Kh.</td>
<td></td>
<td>414</td>
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<tr>
<td>4.4</td>
<td>Kushta-e-Baiza-e-Murgh</td>
<td>69</td>
<td>B.K.</td>
<td>II</td>
<td>154</td>
</tr>
<tr>
<td>4.5</td>
<td>Kushta-e-Busud</td>
<td>69</td>
<td>U.P.M.</td>
<td></td>
<td>97</td>
</tr>
<tr>
<td>4.6</td>
<td>Kushta-e-Fanjad</td>
<td>70</td>
<td>M.Kh.</td>
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<tr>
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<td>Kushta-e-Gaudanti</td>
<td>70</td>
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<td>421</td>
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<tr>
<td>4.8</td>
<td>Kushta-e-Haj-ul-Yahud</td>
<td>71</td>
<td>M.Kh.</td>
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<td>426</td>
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<tr>
<td>4.9</td>
<td>Kushta-e-Jasi</td>
<td>71</td>
<td>M.Kh.</td>
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<td>4.10</td>
<td>Kushta-e-Khab-ul-Hadeed</td>
<td>71</td>
<td>B.K.</td>
<td>II</td>
<td>155</td>
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<tr>
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<td>Kushta-e-Kharmohra</td>
<td>72</td>
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<tr>
<td>4.12</td>
<td>Kushta-e-Marjan Jawahirwala</td>
<td>72</td>
<td>B.K.</td>
<td>II</td>
<td>161</td>
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<tr>
<td>4.13</td>
<td>Kushta-e-Marjan Sada</td>
<td>72</td>
<td>R.A.</td>
<td>II</td>
<td>144</td>
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<tr>
<td>4.14</td>
<td>Kushta-e-Marwarced</td>
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<tr>
<td>4.15</td>
<td>Kushta-e-Mirgang</td>
<td>74</td>
<td>B.K.</td>
<td>II</td>
<td>161</td>
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<tr>
<td>4.16</td>
<td>Kushta-e-Musallas</td>
<td>74</td>
<td>U.P.M.</td>
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<tr>
<td>4.17</td>
<td>Kushta-e-Nuqrah</td>
<td>74</td>
<td>B.K.</td>
<td>II</td>
<td>159</td>
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<tr>
<td>4.18</td>
<td>Kushta-e-Qalai</td>
<td>75</td>
<td>B.K.</td>
<td>II</td>
<td>153</td>
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<tr>
<td>4.19</td>
<td>Kushta-e-Qarn-ul-Aiyai</td>
<td>75</td>
<td>B.K.</td>
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<td>153</td>
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<tr>
<td>4.20</td>
<td>Kushta-e-Sadam</td>
<td>75</td>
<td>M.Kh.</td>
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<td>466</td>
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<tr>
<td>4.21</td>
<td>Kushta-e-Samm-ul-Far Antishaki</td>
<td>76</td>
<td>M.Kh.</td>
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<td>145</td>
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<tr>
<td>4.22</td>
<td>Kushta-e-Samm-ul-Far Qawi</td>
<td>76</td>
<td>M.Kh.</td>
<td></td>
<td>147</td>
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<tr>
<td>4.23</td>
<td>Kushta-e-Sang-e-Sar-e-Mahi</td>
<td>76</td>
<td>Q.M.</td>
<td></td>
<td>258</td>
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<tr>
<td>4.24</td>
<td>Kushta-e-Sankh</td>
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<td>M.Kh.</td>
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<tr>
<td>4.25</td>
<td>Kushta-e-Seeamab</td>
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<td>M.Kh.</td>
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<tr>
<td>4.26</td>
<td>Kushta-e-Tilai</td>
<td>77</td>
<td>B.K.</td>
<td>II</td>
<td>157</td>
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<tr>
<td>4.27</td>
<td>Kushta-e-Zumurrud</td>
<td>78</td>
<td>Q.S.</td>
<td>II</td>
<td>157</td>
</tr>
</tbody>
</table>
KUSHTAJAT

Definition

Kushta is the finest powder form of the medicinal preparations obtained by the calcination of metal, mineral and animal drugs. These drugs, by special process are calcinated in closed crucibles and in pits of different sizes, having varying number of cowdung cakes and with different intensity of heat.

Kushta (Calcined product) is easily absorbed in the human body and is highly efficacious in action.

Method of Preparation

Before making the Kushta, the metal, mineral and animal drugs are cleaned and purified (see General Methods of Preparation). After this the drugs are ground in pestle and mortar (kharal) with the specified juice of the known drugs as mentioned in the classical texts for a specified period of time. Thereafter, small cakes of varying sizes and thickness are made depending on the heaviness of the drug. These cakes are well dried in the shade and are put in earthen discs and the process of Gil-e-Hikmat is followed and the whole apparatus is dried. After this a pit is dug in an open space. The diameter and the depth of the pit depends on the metals and the minerals to be calcined. Half the pit is filled with the cowdung cakes. The apparatus (sealed earthen discs) is now placed in the pit and the remaining space is filled with more cowdung cakes which are then ignited. After the calcination is over, the pit is allowed to cool completely. The apparatus is removed and the contents thereafter taken out. These contents, thus obtained, are again powdered with specified juice as many times as prescribed in the text, till the proper fineness and the quality is obtained.

Characteristics

The tests for properly prepared Kushtajat are:

1. There should be no metallic lustre.
2. When taken between the index finger and thumb and spread, it should be so fine as to get easily into finger lines.

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(3) When a small quantity is spread on cold and still water, it should float on the surface.

(4) The Kushta should not revert to the original state.

Kushtajat, unless otherwise specified in individual formulations, are generally yellowish, black, dark white, grey, reddish black and red coloured, depending upon the predominant drugs as well as the other drugs used in the process of preparation.

**Preservation**

Kushtajat are preserved in airtight glass or metallic containers and not in paper. They maintain their potency indefinitely. The older the Kushtajat the better the effect. They have no characteristic taste.

**General Precautions**

(1) The products used for the preparation of Kushta should be of the best quality.

(2) While making the Kushtajat, any addition or deletion of any of the item, duration and mode of mortaring, the quantity of fire to which it is to be subjected, should strictly be followed according to the text.

(3) When the fresh juice of any particular plant is to be added it should be either Muqattar or Muravvaq and it should be strictly followed according to the text.

(4) When any dry ingredient of the plant origin drug is to be added, it should not be more than one year old. It should be dried and well preserved.

(5) Highest precautions should be taken in subjecting the Buta to the fire:—

(a) Fluctuation in the intensity of the heat (fire) should be avoided.

(b) The ‘Buta’ should be subjected to the fire of cowdung cakes or charcoal according to the method given in the text.

(c) When more heat is required to be given, old cowdung cakes are used and when less heat is required new cowdung cakes are used.
4.1. Kushta-e-Abrak Safaid

1. Abrak Safaid Mahloob . . . . . 120 g.
2. Aab-e-Kakronda . . . . . . 1 Ltr.

ACTION:
Daf-e-Tashannuj, Munaffis-e-Balgham.

THERAPEUTIC USE:
Zeec-q-un-Nafas, Sual.

Dose:
60 to 120 mg.

Special Method of Preparation:
Both the above ingredients are ground in a Kharal till the juice is absorbed. The cakes are made and kept in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 50 cowdung cakes. Thereafter, the discs are removed from the fire, allowed to cool and the cakes are taken out and ground again into a fine powder. The process is repeated three times or more till the shine of Abrak disappears.

4.2. Kushta-e-Abrak Siyah

1. Abrak Siyah Mahloob 100 g.
2. Sheer-e-Madar . . . . . . Q. S.
3. Sheera-e-Reesh-e-Bargad . . . . . . Q. S.
4. Raughan Zard . . . . . . Q. S.

ACTION:
Munaffis-e-Balgham, Qabiz.

THERAPEUTIC USE:
Ziabetus Kazib, Sual.

Dose:
60 to 120 mg.

Special Method of Preparation:
The powder of Abrak Siyah is ground in a Kharal with a sufficient quantity of Sheer-e-Madar for 12 hours and cakes are made and dried. These cakes, thereafter, are kept in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 2 kg. of cowdung cakes. This process is repeated 7 times, using Sheera-e-Reesh-e-Bargad, and decreasing the number of cowdung cakes every time. The Abrak Siyah thus obtained is mixed with the equal quantity of Raughan Zard in an iron vessel and put on fire till the oil is completely absorbed. The Abrak Siyah is now ground to fine powder and preserved in glass bottles.

4.3. Kushta-e-Aqeeq

1. Aqeeq . . . . . . 10 g.
2. Gul-e-Nilofar . . . . . . Q. S.
3. Barg-e-Bartang Taza . . . . . . Q. S.
ACTION:
Mugawwi-e-Qalb, Habis-ud-Dam

THERAPEUTIC USE:
Zof-e-Qalb, Kasrat-e-Tams.

Dose:
50 to 125 mg.


1. Post-e-Baiza-e-Murgh Musaffa . . . . . 100 g.
2. Aab-e-Lemu . . . . . . . . . . . Q. S.

ACTION:
Mughalliz-e-Mani, Habis.

THERAPEUTIC USE:

Dose:
125 to 500 mg.

Special Method of Preparation:
Post-e-Baiza-e-Murgh is soaked in sufficient quantity of Aab-e-Lemu in a porcelain pot till dried. It is then kept in earthen discs and sealed with the process of Gil-e-Hikma£ and subjected to a fire of 70×70×70 cm. pit. The process is repeated twice.

4.5. Kushta-e-Busud

1. Busud . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 100 g.
2. Maghz-e-Gheekawar . . . . . . . . . . Q. S.
3. Araq-e-Gulab . . . . . . . . . . . . . . . . . . Q. S.

ACTION:
Habis-ud-Dam, Mchallil-e-Waram.

THERAPEUTIC USE:

Dose:
250 to 500 mg.

Special Method of Preparation:
Two or three big pieces of Busud are wrapped in the pulp of Gheekawar and kept in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 50 cowdung cakes. Thereafter, the discs are removed from the fire, allowed to cool and opened. The drug Busud thus calcined is ground in kharal with Araq-e-Gulab and tablets are made. The process is repeated till the calcination of the drug Busud takes place completely.
4.6. Kushta-e-Faulad

1. Faulad ... ... ... ... ... ... 25 g.
2. Sheer-e-Madar ... ... ... ... ... ... 25 g.
3. Lofc-e-Gheekawar ... ... ... ... ... ... Q. S.
4. Raughan Zard ... ... ... ... ... ... Q. S.

ACTION:
Muwallid-e-Dam.

THERAPEUTIC USE:

DOSE:
15 to 30 mg.

Special Method of Preparation:

Thin sheets of Faulad are cut into small pieces and heated red hot and then immersed in water. The process of immersion is repeated till the Faulad gets brittle enough to be powdered. The powder is now ground with Sheer-e-Madar and cakes are made. These cakes are then put in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 1-5 kg. of cowdung cakes. The process is repeated three times each with Loab-e-Gheekawar and Raughan Zard.

4.7. Kushta-e-Gaodanti

1. Gaodanti ... ... ... ... ... ... 100 g.
2. Joshanda-e-Asgand Nagori ... ... ... ... ... ... 100 ml.

ACTION:
Daf-e-Tap, Mohallil-e-Waram.

THERAPEUTIC USE:

DOSE:
60 to 120 mg.

Special Method of Preparation:

Gaodanti is ground with the decoction of Asgand Nagori and cakes are made. These cakes are then put in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 25 kg. cowdung cakes to complete the process of calcination.


1. Hajr-ul-Yahood ... ... ... ... ... ... 100 g.
2. Kulthi ... ... ... ... ... ... ... 400 g.
3. Aab-e-Turb ... ... ... ... ... ... ... 1.5 Lit.
ACTION:
Mutafit-e-Hasat, Mudirr-e-Baul.

THERAPEUTIC USE:
Hasat-e-Masana, Hasat-e-Kulya.

DOSE:
125 to 250 mg.

Special Method of Preparation:
Hajr-ul-Yahood is ground with Aab-e-Turb and cakes are made, while Kulthi is soaked overnight in water to make the paste and wrapped round the cakes. These cakes are then put in the earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 7 kg. of cow dung cakes for calcination of the drug.

4.9. Kushta-e-Jast

1. Jast . . . . . . . . . . 10 g.
2. Bukun Buti . . . . . . . . 60 g.

ACTION:
Habis.

THERAPEUTIC USE:
Jiryan, Suzak.

DOSE:
50 to 125 mg.

Special Method of Preparation:
Thin sheets of Jast are cut into small pieces, pasted with Bukun Buti (paste already made), wrapped with 250 g. of cotton and put in the earthen discs and sealed with the process of Gil-e-Hikmat. Lastly, the discs are subjected to a fire of 10 kg. cow dung cakes for calcining the drug.

4.10. Kushta-e-Khabs-ul-Hadeed

1. Khabs-ul-Hadeed . . . . . 100 g.
2. Chhaach . . . . . . . . . Q. S.
3. Sirka Naishakar . . . . . Q. S.
4. Maghz-e-Gheekawar . . . . Q. S.

ACTION:
Muqawwi-e-Kabid, Qabiz.

THERAPEUTIC USE:
Zof-e-Kabid, Su-ul-Qinya.

DOSE:
125 to 250 mg.

Special Method of Preparation:
Khabs-ul-Hadeed is heated red hot and immersed 21 times each in ingredients 2 and 3 respectively and wrapped between Maghz-e-Gheekawar and then put in earthen discs and sealed with the process of Gil-e-Hikmat. Lastly, the discs are subjected to a fire of 70 x 70 x 70 cm. pit for calcination.
4.11. Kushta-e-Kharmohra

1. Kharmohra  . . . . . . . . 1 kg.

**ACTION:**
Habb-e-Dam, Muqawwi-e-Asab, Qabiz.

**THERAPEUTIC USE:**
Qile-e-Kils. Sangrahni, Jiryan.

**Dose:**
300 mg to 1 g.

**Special Method of Preparation:**
Kharmohra is kept in earthen discs, sealed with the process of Gil-e-Hikmat and subjected to a fire of 20 kg. of cowdung cakes.


1. Marjan  . . . . . . . . . . 60 g.
2. Ambar  . . . . . . . . . . 25 g.
3. Yaqon  . . . . . . . . . . 15 g.
4. Waraq-e-Nuqra  . . . . . . 15 g.
5. Ambar Ash-hab  . . . . . . 5 g.
6. Waraq-e-Tila  . . . . . . 5 g.
7. Araq-e-Keora  . . . . . . Q. S.

**ACTION:**
Muqawwi-e-Ummati.

**THERAPEUTIC USE:**
Zof-e-Dinagh, Zof-e-Qalb, Nazla Muzmin, Karb.

**Dose:**
60 to 120 mg.

**Special Method of Preparation:**
All the ingredients except Ambar are ground in Araq-e-Keora and cakes are made. These cakes are put in earthen discs, sealed with the process of Gil-e-Hikmat and subjected to a fire of 10 kg. cowdung cakes. Lastly, Ambar is added and ground with the Kushta.


1. Marjan  . . . . . . . . . . 10 g.
2. Gul-e-Surkh Taza  . . . . . . 50 g.

**ACTION:**
Habb-e-Dam, Muqawwi-e-Aam.

**THERAPEUTIC USE:**
Saaf, Zof-e-Qalb, Nazla Muzmin, Jiryan.

**Dose:**
125 to 250 mg.

**Special Method of Preparation:**
Marjan is wrapped with the paste of rose petals (Gul-e-Surkh), kept in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 5 kg. cowdung cakes.

**Note:**
1. Sada has been suffixed to the title of the formula.
2. When fresh flowers are not available, dry flowers moistened with Araq-e-Gulab may be used.

1. Marwareed  .  .  .  .  .  .  .  .  .  .  10 g.
2. Sheer-e-Gao  .  .  .  .  .  .  .  .  .  .  Q. S.
3. Gul-e-Gaozaban  .  .  .  .  .  .  .  .  .  .  100 g.

ACTION:
Muqawwi-e-Aam, Moharrir.

THEORETICAL USE:

Dose:
60 to 120 mg.

Special Method of Preparation:

Marwareed is ground with Sheer-e-Gao for a day and kept between Nughda of Gul-e-Gaozaban in earthen discs, scaled with the process of Gil-e-Hikmat and subjected to a fire of 7 kg. of cowdung cakes. The process is repeated three times till the complete calcination of Marwareed takes place.

4.15. Kushta-e-Mirgang

1. Kibreet  .  .  .  .  .  .  .  .  .  .  1 part
2. Naushadar  .  .  .  .  .  .  .  .  .  .  1 part
3. Qalai  .  .  .  .  .  .  .  .  .  .  1 part
4. Seemab  .  .  .  .  .  .  .  .  .  .  1 part

ACTION:

THEORETICAL USE:

Dose:
30 to 60 mg.

Special Method of Preparation:

First Qalai and Seemab are ground together and then powder of Kibreet and Naushadar is added to it and mixed well. This mixture is now put in a fire-proof bottle, fitted with an iron rod in the open end. Continuous stirring is done, without touching the ingredients, in order to check the blocking of the mouth of the bottle. The other end of the bottle is sealed with the process of Gil-e-Hikmat and placed over a charcoal fire. When the yellowish fumes are produced, the glass bottle is removed from the fire and allowed to cool.

The yellowish deposit on the upper part of the bottle is Namak-e-Mirgang. The residue at the bottom is Kushta-e-Mirgang.
4.16. Kushta-e-Musallas

1. Qalai . . . . . . . . . . . . 10 g.
2. Jast . . . . . . . . . . . . 10 g.
3. Sisa . . . . . . . . . . . . 10 g.
4. Post-e-Khashkhaash * * * * * * 250 g.
5. Raughan Zard * * * * * * Q. S.
6. Dahi . . . . . . . . . . . . Q. S.

ACTION :
Mughalliz-e-Mani, Mumsik.

THERAPEUTIC USE :

DOSE :
60 to 125 mg.

Special Method of Preparation :
All the three metals at Nos. 1 to 3 are heated together in an iron pan and soaked in Raughan Zard. The process of heating and soaking is repeated seven times. These metals are again heated and 250 g. of the powder of Post-e-Khashkhaash is sprinkled slowly on these metals and stirred with an iron rod. The ash of Khashkhaash and metals thus obtained is ground with sour curd for four hours, cakes are made and dried. These cakes are now put in earthen discs, sealed with the process of Gil-e-Hikmat and subjected to a fire of 15 kg. of cowdung cakes. The whole process is repeated five times in order to get a yellow coloured calx (Kushta).

4.17. Kushta-e-Nuqra

1. Waraq-e-Nuqra . . . . . . . . . 10 g.
2. Sheer-e-Madar . . . . . . . . . Q. S.

ACTION :
Mughalliz-e-Mani, Muqawwi-e-Aam.

THERAPEUTIC USE :

DOSE :
125 to 250 mg.

Special Method of Preparation :
Waraq-e-Nuqra is ground with Sheer-e-Madar for two hours and small cakes are made, put in earthen discs, sealed with the process of Gil-e-Hikmat and subjected to a fire of 25 cowdung cakes.
4.18. Kushta-e-Qalai

1. Qalai . . . . . . . 10 g.
2. Barg-e-Qinnab . . . . . . 100 g.

**ACTION :**
Mughalliz-e-Mani.

**THERAPEUTIC USE :**

**DOSE :**
125 to 250 mg.

**Special Method of Preparation :**

Thin sheets of Qalai are made and cut into small pieces. Half of the Barg-e-Qinnab is spread over a big cowdung cake and small pieces of Qalai are kept over it. The remaining half of the Barg-e-Qinnab is placed over the Qalai and covered with another cowdung cake. This is then subjected to a fire of 10 kg. cowdung cakes. Then allowed to cool and the pieces of Qalai are collected and ground.


1. Sufuof-e-Qarn-ul-Aiyai . . . . Q. S.
2. Loab-e-Gheekawar . . . . Q. S.

**ACTION :**
Munaffic-e-Balgham, Muhallil-e-Waram.

**THERAPEUTIC USE :**

**DOSE :**
30 to 60 mg.

**Special Method of Preparation :**

Ingredients 1 and 2 are ground together, small cakes are made and dried. They are kept in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 7 kg. cowdung cakes. After 2-3 days the discs are opened. The cakes, which after the calcination have become white in colour, are ground to fine powder.

4.20. Kushta-e-Sadaf

1. Sadaf Kalan . . . . 250 g.
2. Sheer-e-Madar . . . . Q. S.

**ACTION :**
Mughalliz-e-Mani, Muqawwi-e-Qalb, Habis.

**THERAPEUTIC USE :**
Sailan-ur-Rahem, Jiryan, Nazf-ud-Dam, Zof-e-Qalb, Qillat-e-Kils.

**DOSE :**
300 to 400 mg.

**Special Method of Preparation :**

Sadaf is soaked in Sheer-e-Madar and dried, and after completing the process of Gil-e-Hikmat subjected to a fire of 10 to 15 kg. cowdung cakes, the rest of the process being same as described for others earlier.

1. Samm-ul-Far .......... 10 g.
2. Shibb-e-Yamani .......... 20 g.

Action:
Musaff-e-Dam.
Therapeutic use:
Aatishak.
Dose:
10 to 15 mg.

Special Method of Preparation:
Half of the finely powdered Shibb-e-Yamani is spread in an earthen pot and Samm-ul-Far is placed over it, then covered with the remaining half of the powder. Afterwards, it is kept in the earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 5 kg. cowdung cakes.

4.22. Kushta-e-Samm-ul-Far Qawi

1. Samm-ul-Far .......... 10 g.

Action:
Muqawwi-e-Bah, Muqawwi-e-Asab, Moharrik-e-Asab.
Therapeutic use:
Dose:
10 to 15 mg.

Special Method of Preparation:
Samm-ul-Far is soaked in Sheer-e-Madar, kept in the earthen discs and sealed with the process of Gil-e-Hikmat. Thereafter, it is kept buried underground for 21 days. Samm-ul-Far is then removed from the discs and again kept in between Khakistar-e-Chirchatta and fried in an iron pan till it gets brittle.


1. Sang-e-Sar-e-Mahi .......... 100 g.

Action:
Mufattit-e-Hasat.
Therapeutic use:
Hasat-e-Kulya, Hasat-e-Masana.
Dose:
250 to 500 mg.

Special Method of Preparation:
This Kushta is prepared in the fire of 20 kg. of cowdung cakes, the rest of the process being the same.
4.24. Kushta-e-Sankh

1. Sankh
2. Sirka

**ACTION:**

**THERAPEUTIC USE:**
Zeeq-un-Nafas, Sual-e-Muzmin, Humna-e-Diq, Nafs-ud-Dam,
Sil, Diq.

**Dose:**
500 mg. to 1 g.

**Note:** In cases of fevers it is administered with luke warm water. The patient is made to lie down and wrapped with a blanket.

**Special Method of Preparation:**
Sankh is soaked in Sirka for 12 hours and then washed. 20 kg. of cowdung cakes are used in the preparation of the Kushta, the rest of the process being the same as in others.

4.25. Kushta-e-Seemab

1. Seemab Musaffa
2. Aab-e-Ghuncha-e-Chameli

**ACTION:**
Muqawwi-e-Asab, Musaffi-e-Dam.

**THERAPEUTIC USE:**
Aatishak, Zof-e-Bah, Salas-ul-Baul.

**Dose:**
10 to 15 mg.

**Special Method of Preparation:**
Seemab is ground with Aab-e-Ghuncha-e-Chameli and then cakes are made. These cakes are enclosed in a silver capsule and sealed with the process of Gil-e-Hikmat. When dried it is subjected to a fire of 2-3 cowdung cakes.


1. Burada-e-Tila
2. Aab-e-Raihan

**ACTION:**
Muqawwi-e-Aam, Mughaliz-e-Mani.

**THERAPEUTIC USE:**

**Dose:**
15 to 30 mg.

**Special Method of Preparation:**
Burada-e-Tila is ground with Aab-e-Raihan and the cakes are prepared and dried. These cakes are then kept in earthen discs and sealed with the process of Gil-e-Hikmat and subjected to a fire of 7 kg. of cowdung cakes. The rest of the process is same as for others.
4.27. Kushta-e-Zumurrud

1. Zumurrud . . . . 10 g.
2. Aab-e-Anar . . . Q.S.
3. Afshurd-e-Guiab . . Q.S.
4. Gul-e-Surkh Taza . . Q.S.

**Action:**
Muqawwi-e-Qalb.

**Therapeutic Use:**

**Dose:**
60 to 125 mg.

**Special Method of Preparation:**
Zumurrud is heated and immersed in ingredients Nos. 2 and 3, three times each, turn-wise. Then it is covered by the paste of Gul-e-Surkh Taza and dried. Gil-e-Hikmat is done and subjected to a fire of 50 cowdung cakes.
SECTION V

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<td>I. A.</td>
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<td>Majoon-e-Masik-ul-Baul</td>
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<p>| | | | | | |</p>
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<td>5.115.</td>
<td>Mufarregh Barid Jawahirwali</td>
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<tr>
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<td>Q. S.</td>
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<td>5.122.</td>
<td>Tiryaq-e-Afayce</td>
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<tr>
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<td>Tiryaq-e-Arba</td>
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<td>5.124.</td>
<td>Tiryaq-e-Nazla</td>
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<td>5.125.</td>
<td>Tiryaq-e-Samaniya</td>
<td>.</td>
<td>.</td>
<td>155</td>
<td>B. K.</td>
</tr>
</tbody>
</table>

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MAJOON

Definition

Majoon is a semi solid medicinal preparation where one or more single drugs of plant, animal or mineral origin are mixed in powder or liquid forms in the base (Qiwam) made of purified honey, sugar, candy or jaggery. These include preparations like Jawarish, Itrifal, Barshasha, Dawa-ul-Misk, Dabeed-ul-Ward, Muffarehat, Luboob, Khamira and Laoq, etc.

Method of Preparation

For making Majoon or any of the above categories of preparations refer to “General Methods of Preparation”

General Precautions

(1) For making the powder of ingredient drugs to be used in Majoon, the methodology described in “General Methods of Preparation” is to be followed.

(2) Utmost care should be taken to avoid moisture coming in contact with the Majoon.

(3) During the preparation of Majoon the ingredient drugs should always be mixed one after the other and stirred constantly to ensure uniform mixing.

(4) Majoon should be according to the required consistency.

Characteristics

(1) During preservation, if Majoon gets dry, it can be brought to normal consistency by adding purified honey or Qiwam made of sugar.

Preservation

(1) Majoon (or any of its categories) is preserved in dried and clean glass, china clay or tin-coated metallic containers.

(2) The Majoon containing Triphala (Three Myrobalan fruits) as main ingredients, should not be preserved in metallic containers.

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5.1. Anoshdaru

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
<th>Total Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Aamla</td>
<td>700 g.</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Gul-e-Surkh</td>
<td>50 g.</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Sad Kufi</td>
<td>25 g.</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Qaranful</td>
<td>15 g.</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Mastagi</td>
<td>15 g.</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Sumbul-ul-Teeb</td>
<td>15 g.</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Asaroon</td>
<td>15 g.</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Sabeekha</td>
<td>10 g.</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Zarnab</td>
<td>10 g.</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Zafran</td>
<td>10 g.</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Bisbasa</td>
<td>10 g.</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Heel Kalan</td>
<td>10 g.</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Heel Khurd</td>
<td>10 g.</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Jauzbawa</td>
<td>10 g.</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Qand Safaid</td>
<td>10 g.</td>
<td></td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Aam, Mufatteh Sudad, Qabiz.

**Therapeutic Use:**

**Dose:**
5 to 10 g.

**Special Method of Preparation:**
700 g. of Aamla is soaked overnight in 4 lit. of water and boiled till 1.3 lit. of decoction is obtained. Then Qand Safaid is added to it and boiled to the required consistency. Anoshdaru is prepared as usual.

5.2. Anoshdaru Lului

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
<th>Total Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ambal Ash-hab</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Sad Kufi</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Zarnab</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Heel Khurd</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Asaroon</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Darunaj Aqubi</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Sumbul-ul-Teeb</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Behman Surkh</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Behman Safaid</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Qaranful</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Waraq-e-Nuqra</td>
<td>5 g.</td>
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</tr>
<tr>
<td>12</td>
<td>Marwarced</td>
<td>5 g.</td>
<td></td>
</tr>
</tbody>
</table>
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13. Sandal Saffa’d  
14. Tabasheer  
15. Post-e-Turanj  
16. Mastagi  
17. Gul-e-Surkh  
18. Kishneez Muqashshar  
19. Sheer-e-Annabi  
20. Sharbat-e-Fawakeh  
21. Asal OR Qand Safaid

**ACTION:**

**THERAPEUTIC USE:**

**Dose:**
5 to 10 g.

5.3. Angaraya-e-Kabir

1. Aagalarraha  
2. Kulonji  
3. Qusht  
4. Filaliyah  
5. Filal Daraz  
6. Waj-e-Turki  
7. Sudah  
8. Jumiyana  
9. Hilceet  
10. Zarawand Mudahraj  
11. Habb-al-Ghaar  
12. Jumu Badastar  
13. Khardel  
14. Sheeraj Hindi  
15. Asal-e-Baladar  
16. Raughan-e-Akhri  
17. Asal OR Qand Safaid

**ACTION:**
Muqawwi-e-Asab, Moharrir-e-Asab, Muftaiyya Sudah.

**THERAPEUTIC USE:**
Laqwa, Falij, Sar, Zof-e-Hazm.

**Dose:**
5 to 10 g.
5.4. Barshasha

1. Filfi Siyab .................................. 100 g.
2. Filfi Safaid .................................. 100 g.
3. Haraat-Bani .................................. 100 g.
4. Ayun .......................................... 50 g.
5. Zakam ........................................ 25 g
6. Sunbul-on-Fezah .................................. 5 g.
7. Ayun-Qubah .................................. 5 g.
8. Qat ............ .................................. 5 g.
9. Avel OR Qadi Safad ......................... 1.5 kg.

Action:
Munawwim, Musakkin-e-Alam, Janaazah
Therapeutic Uses:
Saheb-e-Muzammil, Nazia Muzam, Waj-ul-Haaj, Sahar, Zukain
Dose:
1 to 3 g.

5.5. Dawa-ul-Karkam

1. Sunbul-on-Fezah ....................... 1 part
2. Mur-Makki ....................... 1 part
3. Sama ....................... 1 part
4. Qat ....................... 1 part
5. Sunbul-on-Izkher ............. 1 part
6. Doodkhar ............... 1 part
7. Zakam ............... 1 part
8. Sharabi-Musallas ............ 1 part
9. Avel OR Qadi Safad ............ 0.5 part

Action:
Muqaddas-Baud, Muqaddas-e-Kabid, Doodkhar, Qat
Therapeutic Uses:
Dose:
5 to 10 g.

Special Method of Preparation:

All the ingredients except Mur-Makki is ground into a fine powder. Mur-Makki is soaked in Sharab-e-Musallas (one part Brandy mixed with three parts of water) for 24 hours. Then the suspension of Mus-Makki and Sharab-e-Musallas is mixed with Asal Musalla, the powder of other ingredients are added to it and Majoone is prepared as usual.

5.6. Dawa-ul-Luk

1. Luk Marghool ................... 30 g.
2. Qast Talkh ................... 30 g.
3. Shagufa-e-Izkhar ......... 30 g.
<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
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<td>4</td>
<td>Tunrus</td>
<td>30 g.</td>
</tr>
<tr>
<td>5</td>
<td>Fabb-ul-Ghaar</td>
<td>30 g.</td>
</tr>
<tr>
<td>6</td>
<td>Tukhm-e-Hulba</td>
<td>30 g.</td>
</tr>
<tr>
<td>7</td>
<td>Filsi Siyah</td>
<td>30 g.</td>
</tr>
<tr>
<td>8</td>
<td>Rewand Chini</td>
<td>45 g.</td>
</tr>
<tr>
<td>9</td>
<td>Asal OR Qand Safaid</td>
<td>1 kg.</td>
</tr>
</tbody>
</table>

**ACTION:**
Mohallil-e-Waram, Mufatteh Sudad.

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

### 5.7. Dawa-ul-Misk Motadli Jawahirwalli

<table>
<thead>
<tr>
<th>No.</th>
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<th>Quantity</th>
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<tr>
<td>1</td>
<td>Zarnishk</td>
<td>20 g.</td>
</tr>
<tr>
<td>2</td>
<td>Tabeshri</td>
<td>15 g.</td>
</tr>
<tr>
<td>3</td>
<td>Sandal Safaid</td>
<td>15 g.</td>
</tr>
<tr>
<td>4</td>
<td>Sandal Surkh</td>
<td>15 g.</td>
</tr>
<tr>
<td>5</td>
<td>Kishneez Khushk</td>
<td>15 g.</td>
</tr>
<tr>
<td>6</td>
<td>Gul-e-Geezaban</td>
<td>15 g.</td>
</tr>
<tr>
<td>7</td>
<td>Aamla</td>
<td>15 g.</td>
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<tr>
<td>8</td>
<td>Tukhm-e-Khurfa</td>
<td>10 g.</td>
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<tr>
<td>9</td>
<td>Gul-e-Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>10</td>
<td>Abreshem</td>
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</tr>
<tr>
<td>11</td>
<td>Darchini</td>
<td>10 g.</td>
</tr>
<tr>
<td>12</td>
<td>Behman Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>13</td>
<td>Behman Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>14</td>
<td>Darunn j Aqrabi</td>
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</tr>
<tr>
<td>15</td>
<td>God Hindi</td>
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<tr>
<td>16</td>
<td>Badranjboya</td>
<td>5 g.</td>
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<tr>
<td>17</td>
<td>Mastagi</td>
<td>5 g.</td>
</tr>
<tr>
<td>18</td>
<td>Ushna</td>
<td>5 g.</td>
</tr>
<tr>
<td>19</td>
<td>Dana Heel Khurd</td>
<td>5 g.</td>
</tr>
<tr>
<td>20</td>
<td>Aab-e-Shb-Shireen</td>
<td>100 ml</td>
</tr>
<tr>
<td>21</td>
<td>Qand Safaid</td>
<td>425 g.</td>
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<tr>
<td>22</td>
<td>Asal</td>
<td>160 g.</td>
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<tr>
<td>23</td>
<td>Marwareed</td>
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</tr>
<tr>
<td>24</td>
<td>Kahruba</td>
<td>10 g.</td>
</tr>
<tr>
<td>25</td>
<td>Araq-e-Koora</td>
<td>10 ml.</td>
</tr>
<tr>
<td>26</td>
<td>Musli</td>
<td>2 g.</td>
</tr>
<tr>
<td>27</td>
<td>Amber Ash-hab</td>
<td>2 g.</td>
</tr>
</tbody>
</table>
28. Zafran .......................... 7 g
29. Waraq-e-Nuqra .................. 10 g

**ACTION:**
Muqawwi-e-Meda, Muqawwi-e-Qalb.

**THERAPEUTIC USE:**
Khafqan, Zof-e-Kabid.

**Dose:**
3 to 5 g.

---

5.8. Dawa-ul-Misk Motadil Sada

1. Zarishk .......................... 50 g.
2. Tabasheer ........................ 30 g.
3. Sandal Safaid ................. 30 g.
4. Sandal Surkh ..................... 30 g.
5. Kishneez Khushk Muqashshun  .. 30 g.
7. Aamla ............................. 30 g.
8. Tukhm-e-Khurfa ................. 30 g.
10. Abresham ....................... 20 g.
11. Darchini ....................... 20 g.
12. Behman Safaid ................. 20 g.
13. Behman Surkh .................... 20 g.
14. Darunaj Aqrabi ............... 20 g.
15. Ood Hindi ....................... 15 g.
16. Badranjibya .................... 15 g.
17. Mastagi ......................... 10 g.
18. Ushma .......................... 10 g.
19. Dana Heel Khurd ............... 10 g.
20. Qand Safaid .................... 900 g.
21. Asal ............................. 450 g.
22. Aash-e-Sab Shircoen ........... 450 g.
23. Zafran ........................... 10 g.
24. Mushk ...........................  2 g.
25. Ambar Ash-hab ..................  5 g.

**ACTION:**
Muqawwi-e-Aam.

**THERAPEUTIC USE:**

**Dose:**
5 to 10 g.

*Note: Sada has been suffixed to the title of the formula.*
5.9. Dayaqooza

5. Gaozaban .......... 15 g.
6. Unnab .......... 15 g.
7. Sapisian .......... 10 g.
8. Qand Safaid .......... 500 g.

ACTION:

THERAPEUTIC USE:
Nazla, Zukam, Sual.

Dose:
10 to 20 g.

5.10. Halwa-e-Baiza-e-Murgh

2. Raughan Zard .......... 300 g.
3. Qand Safaid .......... 500 g.
4. Darchini .......... 5 g.
5. Bisbasa .......... 5 g.
6. Zafran .......... 5 g.
7. Dana Heel Khurd .......... 5 g.
8. Shaqaq-ul-Misri .......... 10 g.

ACTION:
Muqawwi-e-Bah, Muqawwi-e-Asab.

THERAPEUTIC USE:

Dose:
20 to 30 g.

Note: "Halwa-e-Tukhm-e-Murgh" given in the text has been changed to "Halwa-e-Baiza-e-Murgh".

5.11. Halwa-e-Gazar

1. Gajar Surkh .......... 1.5 kg.
2. Khurma .......... 750 g.
4. Aarad-e-Nakhud Biryani .......... 75 g.
5. Maida-e-Gandum .......... 75 g.
6. Raughan Zard .......... Q.S.
7. Qand Safaid . . . . . . . . . . . . . . 125 g.
9. Maghz-e-Funduq . . . . . . . . . . . . . . 50 g.
10. Maghz-e-Badam Shireen . . . . . . . . . . . . . . . 50 g.
11. Maghz-e-Pista . . . . . . . . . . . . . . . 50 g.
12. Maghz-e-Akhrot . . . . . . . . . . . . . . . 50 g.
13. Maghz-e-Chilghoza . . . . . . . . . . . . . . . 50 g.
14. Maghz-e-Narjeel . . . . . . . . . . . . . . . 50 g.
15. Khusyat-us-Salab . . . . . . . . . . . . . . . 50 g.
16. Khurma . . . . . . . . . . . . . . . . . . . 15 g.
17. Khar-e-Khasak . . . . . . . . . . . . . . . 15 g.
18. Darchini . . . . . . . . . . . . . . . . . . . 15 g.
19. Zanjabeel . . . . . . . . . . . . . . . . . . 15 g.
20. Khulanjan . . . . . . . . . . . . . . . . . . . 15 g.
21. Zafran . . . . . . . . . . . . . . . . . . . . . 15 g.

**ACTION:**

**THERAPEUTIC USE:**

**Dose:**
20 to 30 g.

**Note:** The ingredients Mushk and Asal occurring in the text have been deleted.

5.12. Itrifal-e-Deedan

1. Baobarang . . . . . . . . . . . . . . . . . . . . . . . . . . . 125 g.
2. Post-e-Halela Zard . . . . . . . . . . . . . . . . . . . . . . 50 g.
3. Post-e-Halela Kabli . . . . . . . . . . . . . . . . . . . . . . 50 g.
4. Halela Siyah . . . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
5. Post-e-Balela . . . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
6. Aamla . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
7. Turbud . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 25 g.
8. Habb-ul-Neel . . . . . . . . . . . . . . . . . . . . . . . . . . 25 g.
9. Qust Talkh . . . . . . . . . . . . . . . . . . . . . . . . . . . 25 g.
10. Qimbeel . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 15 g.
11. Palaspapra . . . . . . . . . . . . . . . . . . . . . . . . . . . 15 g.
12. Afsanteen . . . . . . . . . . . . . . . . . . . . . . . . . . . . 15 g.
13. Dirmana Turki . . . . . . . . . . . . . . . . . . . . . . . . . 15 g.
14. Aftimoon . . . . . . . . . . . . . . . . . . . . . . . . . . . . 15 g.
15. Khurdal
16. Namak Siyah
17. Shahm-e-Hanzal
18. Sad Kufi
19. Asal OR Qand Safaid
20. Raughan-e-Badam Shireen

**ACTION:**

**THERAPEUTIC USE:**
Deedan-e-Ama.

**DOSE:**
10 to 15 g.

---

1.Terminal Shami occurring in the text has been substituted by pala papra.

**5.13. Itrifal Ghudadi**

1. Halela Siyah
2. Aftimoon
3. Post-e-Balela
4. Aamla
5. Turbad
6. Bisfayej
7. Usukhuddus
8. Ghudad-e-Glue-e-Gospand Khushk
9. Sana
10. Ghariqoon
11. Zarambad
12. Sheeraj
13. Naushadar
14. Anisoon
15. Qirfa
16. Sumbul-ut-Tech
17. Qaranful
18. Heel Khurd
19. Jauzbwa
20. Mastagi
21. Raughan Zard OR Raughan-e-Badam
22. Asal OR Qand Safaid

**ACTION:**
Mokhalil-e-Waram.

**THERAPEUTIC USE:**
Kranazeer, Waram-e-Ghudad.

**DOSE:**
10 to 20 g.
### 5.14. Itrifal-e-Kabir

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Halela</td>
<td>20 g.</td>
</tr>
<tr>
<td>2</td>
<td>Balela</td>
<td>20 g.</td>
</tr>
<tr>
<td>3</td>
<td>Aamla</td>
<td>20 g.</td>
</tr>
<tr>
<td>4</td>
<td>Buzidan</td>
<td>20 g.</td>
</tr>
<tr>
<td>5</td>
<td>Bisbasa</td>
<td>20 g.</td>
</tr>
<tr>
<td>6</td>
<td>Sheetraj Hindi</td>
<td>20 g.</td>
</tr>
<tr>
<td>7</td>
<td>Shaqaq-ul-Misri</td>
<td>20 g.</td>
</tr>
<tr>
<td>8</td>
<td>Tuddri Surkh</td>
<td>20 g.</td>
</tr>
<tr>
<td>9</td>
<td>Tuddri Zard</td>
<td>20 g.</td>
</tr>
<tr>
<td>10</td>
<td>Inderjao Shireen</td>
<td>20 g.</td>
</tr>
<tr>
<td>11</td>
<td>Behman Safai</td>
<td>20 g.</td>
</tr>
<tr>
<td>12</td>
<td>Behman Surkh</td>
<td>20 g.</td>
</tr>
<tr>
<td>13</td>
<td>Raughan Zard</td>
<td>20 g.</td>
</tr>
<tr>
<td>14</td>
<td>Asal OR Qand Safaid</td>
<td>300 g.</td>
</tr>
</tbody>
</table>

**Action:**
- Muqawwi-e-Dimagh, Munaqqi-e-Dimagh.

**Therapeutic Use:**
- Zof-e-Dimagh, Nazla Muzmin.

**Dose:**
- 5 to 10 g.

### 5.15. Itrifal Kishneez

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Post-e-Halela Zard</td>
<td>100 g.</td>
</tr>
<tr>
<td>2</td>
<td>Post-e-Halela Kabli</td>
<td>100 g.</td>
</tr>
<tr>
<td>3</td>
<td>Halela Siyah</td>
<td>100 g.</td>
</tr>
<tr>
<td>4</td>
<td>Aamla</td>
<td>100 g.</td>
</tr>
<tr>
<td>5</td>
<td>Post-e-Balela</td>
<td>100 g.</td>
</tr>
<tr>
<td>6</td>
<td>Kishneez Khaosh</td>
<td>100 g.</td>
</tr>
<tr>
<td>7</td>
<td>Asal OR Qand Safaid</td>
<td>1-8 kg</td>
</tr>
<tr>
<td>8</td>
<td>Raughan-e-Badam OR Raughan Zard</td>
<td>Q. S.</td>
</tr>
</tbody>
</table>

**Action:**
- Kasir-e-Riyah, Muqawwi-e-Meda, Mulaiyin.

**Therapeutic Use:**

**Dose:**
- 10 to 30 g.

### 5.16. Itrifal Mulaiyin

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Post-e-Halela Kabli</td>
<td>10 g.</td>
</tr>
<tr>
<td>2</td>
<td>Post-e-Balela</td>
<td>10 g.</td>
</tr>
<tr>
<td>3</td>
<td>Halela Siyah</td>
<td>10 g.</td>
</tr>
<tr>
<td>4</td>
<td>Aamla</td>
<td>10 g.</td>
</tr>
</tbody>
</table>
5. Turbud .......... 10 g.
7. Mastagi .......... 25 g.
8. Ustukhuddus .......... 25 g.
10. Rewand Chini .......... 25 g.
11. Asal OR Qand Safaid .......... 525 g.

**ACTION:**
Mulaiyin.

**THERAPEUTIC USE:**
Suda-e-Muzmin, Qabz, Nazla, Zukam.

**Dose:**
5 to 10 g.

<table>
<thead>
<tr>
<th>5.17. Itrifal-e-Muqil Mulaiyin</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Muqil</strong> .......... 350 g.</td>
</tr>
<tr>
<td><strong>2. Turbud Safaid</strong> .......... 120 g.</td>
</tr>
<tr>
<td><strong>5. Post-e-Balela</strong> .......... 90 g.</td>
</tr>
<tr>
<td><strong>6. Halela Siyah</strong> .......... 90 g.</td>
</tr>
<tr>
<td><strong>7. Aamla</strong> .......... 90 g.</td>
</tr>
<tr>
<td><strong>8. Mastagi</strong> .......... 50 g.</td>
</tr>
<tr>
<td><strong>9. Raughan-e-Badam Shireen OR Raughan Zard</strong> .......... 150 g.</td>
</tr>
<tr>
<td><strong>10. Asal OR Qand Safaid</strong> .......... 3.5 kg.</td>
</tr>
<tr>
<td><strong>11. Aab-e-Gandana</strong> .......... Q.S.</td>
</tr>
</tbody>
</table>

**ACTION:**
Mohali-e-Varam.

**THERAPEUTIC USE:**
Waj-ul-Mafasil, Niqras, Bawaseer Amya.

**Dose:**
5 to 10 g.

**Note:** Suspension of Muqil is prepared in Aab-e-Gandana.

<table>
<thead>
<tr>
<th>5.18. Itrifal-e-Sagheer</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Post-e-Halela Zard</strong> .......... 20 g.</td>
</tr>
<tr>
<td><strong>2. Post-e-Halela Kabli</strong> .......... 20 g.</td>
</tr>
<tr>
<td><strong>3. Halela Siyah</strong> .......... 20 g.</td>
</tr>
<tr>
<td><strong>4. Post-e-Balela</strong> .......... 20 g.</td>
</tr>
<tr>
<td><strong>5. Aamla</strong> .......... 20 g.</td>
</tr>
<tr>
<td><strong>6. Raughan Zard OR Raughan-e-Badam</strong> .......... Q.S.</td>
</tr>
<tr>
<td><strong>7. Asal OR Qand Safaid</strong> .......... 3 kg.</td>
</tr>
</tbody>
</table>
Action:
Muqawwi-e-Dimagh, Mulaiyin.
Therapeutic use:
Zof-e-Dimagh, Nisyan, Bawaseer.
Dose:
10 to 15 g.

5.19. Itrifal-e-Shahtara

1. Shahtara ........................................ 50 g.
2. Post-e-Halela Zard ............................ 50 g.
4. Post-e-Balela .................................. 20 g.
5. Sana ............................................. 10 g.
6. Gul-e-Surkh .................................... 5 g.
7. Maweez Munaqqa ............................... 350 g.

Action:
Musaffi-e-Dam, Mulaiyin.
Therapeutic use:
Fasad-ud-Dam, Aatishak, Suda, Dawar, Kharish.
Dose:
5 to 10 g.

5.20. Itrifal-e-Ustukhuddus

1. Post-e-Halela Zard ............................ 100 g.
2. Post-e-Halela Kabli .......................... 100 g.
3. Halela Siyah .................................. 100 g.
4. Post-e-Balela .................................. 100 g.
5. Aamla ........................................... 100 g.
6. Gul-e-Surkh .................................... 100 g.
7. Ustukhuddus .................................. 100 g.
8. Bisfayej ....................................... 100 g.
9. Aftimoon ...................................... 100 g.
10. Kishmish ...................................... 100 g.
11. Raughan-e-Badam OR Raughan Zard ....... Q.S.
12. Asal OR Qand Safaid ......................... 3 kg.

Action:
Muqawwi-e-Asab.
Therapeutic use:
Suda, Falij, Laqwa, Nazla Muzmin, Sara.
Dose:
5 to 10 g.
5.21. Ittrifal Zamaani

<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pusa-e-Halela Zard</td>
<td>50 g</td>
</tr>
<tr>
<td>2</td>
<td>Pusa-e-Halela Kuhli</td>
<td>50 g</td>
</tr>
<tr>
<td>3</td>
<td>Hakefa Siyahi</td>
<td>50 g</td>
</tr>
<tr>
<td>4</td>
<td>Gaba-e-Banafsha</td>
<td>50 g</td>
</tr>
<tr>
<td>5</td>
<td>Sagdollia</td>
<td>50 g</td>
</tr>
<tr>
<td>6</td>
<td>Turqi</td>
<td>100 g</td>
</tr>
<tr>
<td>7</td>
<td>Khedake Khumk</td>
<td>100 g</td>
</tr>
<tr>
<td>8</td>
<td>Pusa-e-Rjkla</td>
<td>25 g</td>
</tr>
<tr>
<td>9</td>
<td>Aamla</td>
<td>25 g</td>
</tr>
<tr>
<td>10</td>
<td>Gaba-e-Srlh</td>
<td>25 g</td>
</tr>
<tr>
<td>11</td>
<td>Tabasheer</td>
<td>25 g</td>
</tr>
<tr>
<td>12</td>
<td>Gaba-e-Nhiyar</td>
<td>25 g</td>
</tr>
<tr>
<td>13</td>
<td>Sndal Safaid</td>
<td>15 g</td>
</tr>
<tr>
<td>14</td>
<td>Kardcin</td>
<td>15 g</td>
</tr>
<tr>
<td>15</td>
<td>Raughban-e-Badam OR Raughban Zard</td>
<td>150 g</td>
</tr>
<tr>
<td>16</td>
<td>Umrah</td>
<td>150 g</td>
</tr>
<tr>
<td>17</td>
<td>Sapttan</td>
<td>100 g</td>
</tr>
<tr>
<td>18</td>
<td>Gaba-e-Banafsha</td>
<td>50 g</td>
</tr>
<tr>
<td>19</td>
<td>Sheema-e-Marabba-e-Halela</td>
<td>1 kg</td>
</tr>
<tr>
<td>20</td>
<td>Aatl OR Quad Safaid</td>
<td>1 kg</td>
</tr>
</tbody>
</table>

**Action:**
Malaiyin.

**Therapeutic Use:**
Malikhuliya, Nizla, Zukum, Qulanj, Sula, Qabz.

**Dose:**
5 to 10 g.

**Special Method of Preparation:**
Ingredients 1-14 are ground to fine powder and mixed with Raughban-e-Badam or Raughban Zard. The decoction of ingredients 16, 17 and 18 is prepared. The boiled ingredients are rubbed well with pain before straining. This decoction is mixed with ingredients 19 and 20 and boiled till the required consistency is obtained. Thereafter, the Ittrifal is prepared as usual.

5.22. Jawarish-e-Aamla Sada

<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Aamla Khushk</td>
<td>50 g</td>
</tr>
<tr>
<td>2</td>
<td>Post-e-Turanj</td>
<td>10 g</td>
</tr>
<tr>
<td>3</td>
<td>Sandal Safaid</td>
<td>10 g</td>
</tr>
<tr>
<td>4</td>
<td>Mastagi</td>
<td>5 g</td>
</tr>
<tr>
<td>5</td>
<td>Dana Heel Khurd</td>
<td>5 g</td>
</tr>
<tr>
<td>6</td>
<td>Post Beroon-e-Pista OR Gulnar Farsi</td>
<td>5 g</td>
</tr>
<tr>
<td>7</td>
<td>Quad Safaid</td>
<td>1.5 kg</td>
</tr>
</tbody>
</table>

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**Action:**
Muqawwi-e-Aam, Kasir-e-Riyah, Qabiz.

**Therapeutic Use:**

**Dose:**
5 to 10 g.

### 5.23. Jawarish-e-Anarain

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Aab-e-Anar Shireen</td>
<td>1 lit.</td>
</tr>
<tr>
<td>2</td>
<td>Aab-e-Anar Tursh</td>
<td>1 lit.</td>
</tr>
<tr>
<td>3</td>
<td>Qand Safaid</td>
<td>1 kg.</td>
</tr>
<tr>
<td>4</td>
<td>Aab-e-Nana Sabz</td>
<td>150 ml.</td>
</tr>
<tr>
<td>5</td>
<td>Arqa-e-Gulab</td>
<td>150 ml.</td>
</tr>
<tr>
<td>6</td>
<td>Sumbul-ut-Teeb</td>
<td>50 g.</td>
</tr>
<tr>
<td>7</td>
<td>Mastagi</td>
<td>50 g.</td>
</tr>
<tr>
<td>8</td>
<td>Dana Heel Kalan</td>
<td>5 g.</td>
</tr>
<tr>
<td>9</td>
<td>Post-e-Turanj</td>
<td>5 g.</td>
</tr>
<tr>
<td>10</td>
<td>Post Beroon-e-Pista OR Gulnar Farsi</td>
<td>5 g.</td>
</tr>
<tr>
<td>11</td>
<td>Dana Heel Khurd</td>
<td>5 g.</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Meda, Qabiz.

**Therapeutic Use:**

**Dose:**
5 to 10 g.

### 5.24. Jawarish-e-Bisbasa

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Heel Kalan</td>
<td>50 g.</td>
</tr>
<tr>
<td>2</td>
<td>Bisbasa</td>
<td>50 g.</td>
</tr>
<tr>
<td>3</td>
<td>Saleekha</td>
<td>30 g.</td>
</tr>
<tr>
<td>4</td>
<td>Heel Khurd</td>
<td>30 g.</td>
</tr>
<tr>
<td>5</td>
<td>Zanjabeel</td>
<td>30 g.</td>
</tr>
<tr>
<td>6</td>
<td>Darchini</td>
<td>30 g.</td>
</tr>
<tr>
<td>7</td>
<td>Asaroon</td>
<td>30 g.</td>
</tr>
<tr>
<td>8</td>
<td>Filfil Siyah</td>
<td>20 g.</td>
</tr>
<tr>
<td>9</td>
<td>Qaranful</td>
<td>15 g.</td>
</tr>
<tr>
<td>10</td>
<td>Nabat Safaid</td>
<td>200 g.</td>
</tr>
<tr>
<td>11</td>
<td>Asal OR Qand Safaid</td>
<td>800 g.</td>
</tr>
</tbody>
</table>

**Action:**

**Hakeem Khalid**

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**THERAPEUTIC USE:**
**Dose:**
5 to 10 g.

### 5.25. Jawarish-e-Palaili

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Filfil Siyah</td>
<td>200 g</td>
</tr>
<tr>
<td>2. Filfil Safaid</td>
<td>200 g</td>
</tr>
<tr>
<td>3. Filfil Daraz</td>
<td>200 g</td>
</tr>
<tr>
<td>4. Zanjabeel</td>
<td>10 g</td>
</tr>
<tr>
<td>5. Ood-e-Balsan</td>
<td>10 g</td>
</tr>
<tr>
<td>6. Tukhm-e-Karafs</td>
<td>10 g</td>
</tr>
<tr>
<td>7. Saleckha</td>
<td>10 g</td>
</tr>
<tr>
<td>8. Asaroon</td>
<td>10 g</td>
</tr>
<tr>
<td>9. Asal OR Qand Safaid</td>
<td>2 kg</td>
</tr>
</tbody>
</table>

**Action:**
Moharrik-e-Rutubat-e-Meda, Mulaiyin.

**THERAPEUTIC USE:**
Su-e-Hazm, Waj-ul-Meda, Qabz.
**Dose:**
5 to 10 g.

### 5.26. Jawarish-e-Fanjnosh

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Post-e-Halela Kabli</td>
<td>40 g</td>
</tr>
<tr>
<td>2. Post-e-Balela</td>
<td>40 g</td>
</tr>
<tr>
<td>3. Aamla</td>
<td>40 g</td>
</tr>
<tr>
<td>4. Filfil Siyah</td>
<td>40 g</td>
</tr>
<tr>
<td>5. Filfil Daraz Khurd</td>
<td>40 g</td>
</tr>
<tr>
<td>6. Zanjabeel</td>
<td>40 g</td>
</tr>
<tr>
<td>7. Sad Kufi</td>
<td>40 g</td>
</tr>
<tr>
<td>8. Sheetraj</td>
<td>40 g</td>
</tr>
<tr>
<td>9. Sumbul-ut-Teeb</td>
<td>40 g</td>
</tr>
<tr>
<td>10. Tukhm-e-Shibt</td>
<td>15 g</td>
</tr>
<tr>
<td>11. Tukhm-e-Gandana</td>
<td>15 g</td>
</tr>
<tr>
<td>12. Khabs-ul-Hadeed Mudabbar</td>
<td>400 g</td>
</tr>
<tr>
<td>13. Raughan Zard</td>
<td>Q.S.</td>
</tr>
<tr>
<td>14. Asal OR Qand Safaid</td>
<td>2.5 kg</td>
</tr>
</tbody>
</table>

**Action:**
Musaffi-e-Dam, Hazim, Kasir-e-Riyah.

**THERAPEUTIC USE:**
Fasad-ud-Dam, Nafkh-e-Shikam, Zof-e-Hazm
**Dose:**
5 to 10 g.
5.27. Jawarish-e-Jalinoos

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.  Muqawwi-e-Kabid</td>
<td>25 g.</td>
</tr>
<tr>
<td>2.  Muqawwi-e-Aam</td>
<td>10 g.</td>
</tr>
<tr>
<td>4.  Zalmar</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.  Daraz</td>
<td>10 g.</td>
</tr>
<tr>
<td>6.  Khafqan</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.  Quramful</td>
<td>10 g.</td>
</tr>
<tr>
<td>8.  Sad Kuf</td>
<td>10 g.</td>
</tr>
<tr>
<td>9.  Zanjabeel</td>
<td>10 g.</td>
</tr>
<tr>
<td>10. Filfil Daraz</td>
<td>10 g.</td>
</tr>
<tr>
<td>11. Filfil Siyah</td>
<td>10 g.</td>
</tr>
<tr>
<td>12. Quit Shireen</td>
<td>10 g.</td>
</tr>
<tr>
<td>13. Qad-e-Balsam</td>
<td>10 g.</td>
</tr>
<tr>
<td>14. Asaroon</td>
<td>10 g.</td>
</tr>
<tr>
<td>15. Rabbaat-Aas</td>
<td>10 g.</td>
</tr>
<tr>
<td>16. Chunaru Shireen</td>
<td>10 g.</td>
</tr>
<tr>
<td>17. Zafrean</td>
<td>10 g.</td>
</tr>
<tr>
<td>18. Aasi OR Qand Safaid</td>
<td>600 g.</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Kabid, Muqawwi-e-Aam, Kasir-e-Riyah, Hazira.

**Therapeutic Use:**

**Dose:**
5 to 15 g.

5.28. Jawarish Kamooni

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.  Zulm Siyeh Mudabber</td>
<td>350 g.</td>
</tr>
<tr>
<td>2.  Bara-e-Sudab</td>
<td>350 g.</td>
</tr>
<tr>
<td>3.  Filfil Siyeh</td>
<td>350 g.</td>
</tr>
<tr>
<td>4.  Zanjabeel</td>
<td>350 g.</td>
</tr>
<tr>
<td>5.  Bara-e-Ammari</td>
<td>100 g.</td>
</tr>
<tr>
<td>6.  Aasi OR Qand Safaid</td>
<td>5 kg.</td>
</tr>
</tbody>
</table>

**Action:**
Mujaffil, Jazib, Kasir-e-Riyah.

**Therapeutic Use:**
Humuzat-e-Meda, Fuwaq, Qeela Maceya, Nafkh-e-Shikam, Fataq-e-Urbi, Qabz.

**Dose:**
10 to 15 g.

**Note:** The word Saghir occurring in the text has been deleted from the name of this formula.
### 5.29. Jawarish-e-Kundur

<table>
<thead>
<tr>
<th>1. Darchini</th>
<th></th>
<th></th>
<th></th>
<th>20 g.</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Kundur</td>
<td></td>
<td></td>
<td></td>
<td>10 g.</td>
</tr>
<tr>
<td>3. Khulanjan</td>
<td></td>
<td></td>
<td></td>
<td>30 g.</td>
</tr>
<tr>
<td>4. Qirfa</td>
<td></td>
<td></td>
<td></td>
<td>10 g.</td>
</tr>
<tr>
<td>5. Heel Khurd</td>
<td></td>
<td></td>
<td></td>
<td>40 g.</td>
</tr>
<tr>
<td>6. Qaranful</td>
<td></td>
<td></td>
<td></td>
<td>50 g.</td>
</tr>
<tr>
<td>7. Jamdawa</td>
<td></td>
<td></td>
<td></td>
<td>50 g.</td>
</tr>
<tr>
<td>8. Bisbasa</td>
<td></td>
<td></td>
<td></td>
<td>50 g.</td>
</tr>
<tr>
<td>9. Heel Kalan</td>
<td></td>
<td></td>
<td></td>
<td>60 g.</td>
</tr>
<tr>
<td>10. Sumbal-ut-Teeb</td>
<td></td>
<td></td>
<td></td>
<td>60 g.</td>
</tr>
<tr>
<td>11. Masagi</td>
<td></td>
<td></td>
<td></td>
<td>1 kg.</td>
</tr>
<tr>
<td>12. As: OR Qand Saffaid</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Action:**

**Therapeutic Use:**
Kasrat-e-Baul.

**Dose:**
5 to 10 g.

### 5.30. Jawarish-e-Masagi

| 1. Masagi         |   |   |   | 30 g. |
| 3. Qand Saffaid   |   |   |   | 500 g. |

**Action:**
Muqawwi-e-Meda, Kasic-e-Riyah.

**Therapeutic Use:**

**Dose:**
5 to 10 g.

**Note:** The word Sada occurring in the text has been deleted from the name of the formula.

### 5.31. Jawarish-e-Narmushk

| 1. Narmushk      |   |   |   | 30 g. |
| 2. Sheetraj Hindi|   |   |   | 50 g. |
| 3. Zanjabeel     |   |   |   | 30 g. |
| 4. Fair-Fiyaab   |   |   |   | 30 g. |
| 5. Fiti-Duraz    |   |   |   | 30 g. |
| 6. Darchini      |   |   |   | 30 g. |
| 7. Heel Khurd    |   |   |   | 30 g. |
| 8. Heel Kalan    |   |   |   | 30 g. |
| 9. Qaranful      |   |   |   | 30 g. |
10. Sazaj Hindi 30 g.
11. Bisbasa 30 g.
12. Khulanjun 30 g.
13. Mastagi 30 g.
15. Kababchini 30 g.
16. Saleckha 30 g.
17. Telhm-e-Karafs 30 g.
18. Nankhwhah 30 g.
20. Buzidan 30 g.
21. Anisoon 30 g.
22. Aftimoon 30 g.
23. Rewand Chini 5 g.
24. Zafran 5 g.
25. Turbud Safaid 60 g.
26. Asal OR Qand Safaid 1-5 kg.

ACTION:
Muqawwi-e-Kabid, Dof-e-Taffun, Hazim.

THERAPEUTIC USE:

Dose:
10 to 15 g.

5.32. Jawarish-e-Ood Shireen

1. Ood Hindi 25 g.
2. Darchini 25 g.
3. Jauzbvna 25 g.
4. Saleckha 25 g.
5. Heel Khurd 25 g.
6. Filif Daraz 25 g.
7. Khulanjun 25 g.
8. Asaicoon 10 g.
9. Zafran 10 g.
10. Asal OR Qand Safaid 1 kg.

ACTION:
Qabiz, Muqawwi-e-Meda.

THERAPEUTIC USE:

Dose:
5 to 10 g.
5.33. Jawarish-e-Ood Tursb

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ood Hindi</td>
<td>60 g</td>
</tr>
<tr>
<td>2</td>
<td>Sumbul-at-Teab</td>
<td>6 g</td>
</tr>
<tr>
<td>3</td>
<td>Heel Khurd</td>
<td>6 g</td>
</tr>
<tr>
<td>4</td>
<td>Zafran</td>
<td>6 g</td>
</tr>
<tr>
<td>5</td>
<td>Post-e-Turanj</td>
<td>6 g</td>
</tr>
<tr>
<td>6</td>
<td>Qaranfid</td>
<td>6 g</td>
</tr>
<tr>
<td>7</td>
<td>Darchini</td>
<td>6 g</td>
</tr>
<tr>
<td>8</td>
<td>Badranjboya</td>
<td>6 g</td>
</tr>
<tr>
<td>9</td>
<td>Mastagi</td>
<td>6 g</td>
</tr>
<tr>
<td>10</td>
<td>Tabasheer</td>
<td>6 g</td>
</tr>
<tr>
<td>11</td>
<td>Aab-e-Seh Tursb</td>
<td>400 ml</td>
</tr>
<tr>
<td>12</td>
<td>Araq-e-Gulab</td>
<td>400 ml</td>
</tr>
<tr>
<td>13</td>
<td>Aab-e-Lenu Khazni</td>
<td>700 ml</td>
</tr>
<tr>
<td>14</td>
<td>Asal OR Qand Safaid</td>
<td>1 kg</td>
</tr>
</tbody>
</table>

**ACTION:**

**THERAPEUTIC USE:**
- Zof-e-Meda, Qai, Ghasiyan.

**Dose:**
- 5 to 10 g.

5.34. Jawarish-e-Pudina

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pudina Khushk</td>
<td>250 g</td>
</tr>
<tr>
<td>2</td>
<td>Sad Kali</td>
<td>250 g</td>
</tr>
<tr>
<td>3</td>
<td>Anar Dana</td>
<td>250 g</td>
</tr>
<tr>
<td>4</td>
<td>Darchini</td>
<td>250 g</td>
</tr>
<tr>
<td>5</td>
<td>Mastagi</td>
<td>250 g</td>
</tr>
<tr>
<td>6</td>
<td>Dana Heel Khurd</td>
<td>250 g</td>
</tr>
<tr>
<td>7</td>
<td>Qand Safaid</td>
<td>5 kg</td>
</tr>
</tbody>
</table>

**ACTION:**
- Qabiz, Mushahhi, Hazim, Daf-e-Safra.

**THERAPEUTIC USE:**

**Dose:**
- 5 to 10 g.

5.35. Jawarish Safarjali Qabiz

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Behi</td>
<td>500 g</td>
</tr>
<tr>
<td>2</td>
<td>Sirka Naishaker</td>
<td>75 ml</td>
</tr>
<tr>
<td>3</td>
<td>Asal OR Qand Safaid</td>
<td>500 g</td>
</tr>
<tr>
<td>4</td>
<td>Zanjabeel</td>
<td>15 g</td>
</tr>
<tr>
<td>5</td>
<td>Filhi Slyah</td>
<td>15 g</td>
</tr>
</tbody>
</table>
6. Tukhm-e-Karafs .......................... 15 g.
7. Tukhm-e-Karafs .......................... 10 g.
8. Nankhwal ................................. 10 g.
9. Zafran .................................. 5 g.

**Action:**

**Therapeutic Use:**
Zof-e-Meda, Is-hal, Qai.

**Dose:**
5 to 10 g.

5.36. Jawarish Shahi

1. Murshbia-o-Halela .................... 100 g.
2. Murshbia-o-Hamla .................... 100 g.
3. Araq-e-Bednasht OR Araq-e-Gaazaban 100 g.
4. Kishneez .............................. 20 g.
5. Heel Khurd ............................ 5 g.

**Action:**
Kasir-e-Riyah.

**Therapeutic Use:**
Khafqan, Nafsh-e-Shikani, Waswas.

**Dose:**
5 to 10 g.

**Special Method of Preparation:**
Murahbajat 1 and 2 are soaked in water for 24 hours and washed
again with water and ground with Araq-e-Bednasht. This is then mixed
with Qand Safaid and brought to the required consistency. Fine
powder of other ingredients is then added and mixed well to prepare
Jawarish.

5.37. Jawarish-e-Shahrevaran

1. Zanibshel .............................. 30 g.
2. Qina ................................. 10 g.
3. Dusshin ............................... 10 g.
4. Qaranful .............................. 30 g.
5. Saleekhe ............................... 30 g.
7. Dana Heel Kalan ...................... 30 g.
8. Dana Heel Khurd ..................... 30 g.
9. Mastagi ............................... 30 g.
10. Namishik ............................. 30 g.
11. Srizaj Hindi ......................... 30 g.
12. Tukhm-e-Karafs ..................... 30 g.
13. Nankhwañ 30 g.
14. Atoon 30 g.
15. Shakaratul-Hadi 20 g.
16. Zafir 25 g.
17. Ziyamot 40 g.
18. Taqir 40 g.
19. Raouan-e-Badnam OR Raouan Zard 15 g.
20. Althoom 40 g.
21. Habib-ul-Neel 40 g.
22. Washiyar 25 g.
23. Namak Hindi 15 g.

Action:
Mulaiyin, Mualatet Sudad

Indications Use:

Dose:
5 to 10 g.

5.38. Jawarish-e-Tamar Hindi

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gulo-e-Surkh</td>
<td>20 g.</td>
</tr>
<tr>
<td>Kishmez</td>
<td>20 g.</td>
</tr>
<tr>
<td>Massaj</td>
<td>10 g.</td>
</tr>
<tr>
<td>Tana Heel Khurd</td>
<td>10 g.</td>
</tr>
<tr>
<td>Zafirsh</td>
<td>10 g.</td>
</tr>
<tr>
<td>Kabusheer</td>
<td>10 g.</td>
</tr>
<tr>
<td>Zsfi Hindi</td>
<td>10 g.</td>
</tr>
<tr>
<td>Post-e-Subai</td>
<td>10 g.</td>
</tr>
<tr>
<td>Budin</td>
<td>10 g.</td>
</tr>
<tr>
<td>Sandal Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>Ash-e-Amar</td>
<td>160 ml.</td>
</tr>
<tr>
<td>Ash-e-Tamar Hindi</td>
<td>150 ml.</td>
</tr>
<tr>
<td>Murabba-e-Aamla</td>
<td>120 g</td>
</tr>
<tr>
<td>Qaad Safaid</td>
<td>600 g.</td>
</tr>
</tbody>
</table>

Action:

Therapeutic Use:
Qai, Zof-e-Meda, Karb, Khafqan.

Dose:
5 to 10 g.

Note: Ash-e-Tamar Hindi is prepared by soaking Tamar Hindi in Aam-e-Gulab and strained through a thin cloth.
### 5.39. Jawarish-e-Utraj

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Murabba e-Turanj</td>
<td>1.5 kg</td>
</tr>
<tr>
<td>2</td>
<td>Zanjabeel</td>
<td>35 g</td>
</tr>
<tr>
<td>3</td>
<td>Filfil Daraz</td>
<td>35 g</td>
</tr>
<tr>
<td>4</td>
<td>Darchini</td>
<td>35 g</td>
</tr>
<tr>
<td>5</td>
<td>Mastagi</td>
<td>35 g</td>
</tr>
<tr>
<td>6</td>
<td>Bisbasa</td>
<td>15 g</td>
</tr>
<tr>
<td>7</td>
<td>Barg-e-Tambol</td>
<td>15 g</td>
</tr>
<tr>
<td>8</td>
<td>Jauzbuwa</td>
<td>15 g</td>
</tr>
<tr>
<td>9</td>
<td>Qaranful</td>
<td>15 g</td>
</tr>
<tr>
<td>10</td>
<td>Ood Hindi</td>
<td>15 g</td>
</tr>
<tr>
<td>11</td>
<td>Sumbul-ut-Tecb</td>
<td>15 g</td>
</tr>
<tr>
<td>12</td>
<td>Qand Safaid</td>
<td>5 kg</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Meda, Daf-e-Safra.

**Therapeutic Use:**

**Dose:**
5 to 10 g.

---

**Note:** The ingredient Zafran occurring in the text has been deleted.

### 5.40. Jawarish-e-Zanjabeel

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Zanjabeel</td>
<td>100 g</td>
</tr>
<tr>
<td>2</td>
<td>Samagh-e-Arabi</td>
<td>50 g</td>
</tr>
<tr>
<td>3</td>
<td>Dana Heel Khurd</td>
<td>50 g</td>
</tr>
<tr>
<td>4</td>
<td>Belgiti</td>
<td>50 g</td>
</tr>
<tr>
<td>5</td>
<td>Saleekha</td>
<td>25 g</td>
</tr>
<tr>
<td>6</td>
<td>Zarambad</td>
<td>10 g</td>
</tr>
<tr>
<td>7</td>
<td>Nisheshta-e-Gandum</td>
<td>200 g</td>
</tr>
<tr>
<td>8</td>
<td>Qand Safaid</td>
<td>450 g</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Ama, Muqawwi-e-Meda, Qabiz.

**Therapeutic Use:**
Is-hal, Zof-e-Ishteha, Nafkh-e-Shikam.

**Dose:**
5 to 10 g.

### 5.41. Jawarish Zarooni Sada

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Tukhm-e-Gazar</td>
<td>30 g</td>
</tr>
<tr>
<td>2</td>
<td>Tukhm-e-Karafs</td>
<td>30 g</td>
</tr>
</tbody>
</table>
3. Tukhm-e-Ispast  ...  30 g.
4. Nankhwah ...  30 g.
5. Badiyan ...  30 g.
6. Maghz-e-Tukhm-e-Kharbuza ...  30 g.
7. Maghz-e-Tukhm-e-Khiyarain ...  30 g.
8. Post-e-Bekh-e-Karafs ...  30 g.
9. Qaranful ...  30 g.
10. Filfil Siyah ...  30 g.
11. Aaqarqarha ...  10 g.
12. Darchini ...  10 g.
13. Zefran ...  10 g.
14. Mastagi ...  10 g.
15. Ood Hindi ...  10 g.
16. Bisbasa ...  10 g.
17. Asal OR Qand Safaid ...  1 kg.

**ACTION:**

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

---

5.42. Jawarish-e-Zarishk

1. Zarishk Munaqqa ...  40 g.
2. Gul-e-Surkh ...  20 g.
3. Sumbul-ut-Teeb ...  10 g.
4. Pudina ...  10 g.
5. Ood Hindi ...  10 g.
6. Post-e-Turanj ...  10 g.
7. Qaranful ...  10 g.
8. Mastagi ...  10 g.
9. Dana Heel Khurd ...  10 g.
10. Dana Heel Kalan ...  10 g.
11. Sandal Safaid ...  10 g.
12. Sazaj Hindi ...  10 g.
13. Qand Safaid ...  500 g.

**ACTION:**

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.
84-85. Khamira-e-Shresham Ashadwala

1. Abraham
2. Sumdun-e-Roh
3. Peer-e-Turqii
4. Musa
5. Quraish
6. Dan-e-Heel Khursad
7. Saeed Bin
8. Bun-e-Saafa Sanay Sid
9. Qadi Bin
10. Ansa-e-Ghaybbin
11. Ansa-e-Gulab
12. Ansa-e-Badmanlik
13. Ansa-e-Sab Shireen
14. Ansa-e-Asar Shireen
15. Ansa-e-Bagh Shireen
16. Ansa-e-Bgar
17. Aqil
18. Qaas Saif
19. Amber Ash-Tab
20. Wazaq-e-Tika
21. Waraq-e-Naara
22. Mawwaleed
23. Yaqoot
24. Yashab Shab
25. Kuram
26. Maryam
27. Masik
28. Zafeen

Action:
Mulaqi-e-Umumi.
Therapeutic use:
Dose:
3 to 6 g.

Special Method of Preparation:

Ingredients 1-9 are tied in a fine piece of cloth and soaked in a mixture of ingredients 10-16 and boiled till one line of decocation is left. Qiwam of Asul and Qaad Safid is prepared along with the decocation and the Khamira is prepared as usual.
5.44. Khamira-e-Abresham Sada

<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Abresham</td>
<td>150 g</td>
</tr>
<tr>
<td>2</td>
<td>Ghase-Gorxab</td>
<td>10 g</td>
</tr>
<tr>
<td>3</td>
<td>Balgh-e-Rahban</td>
<td>10 g</td>
</tr>
<tr>
<td>4</td>
<td>Badh-ajbhya</td>
<td>10 g</td>
</tr>
<tr>
<td>5</td>
<td>Taluine-e-Rahban</td>
<td>10 g</td>
</tr>
<tr>
<td>6</td>
<td>Ghase-Nukhtar</td>
<td>10 g</td>
</tr>
<tr>
<td>7</td>
<td>Sandal Safid</td>
<td>10 g</td>
</tr>
<tr>
<td>8</td>
<td>Darunaj Aquabi</td>
<td>5 g</td>
</tr>
<tr>
<td>9</td>
<td>Arquse-Gulabi</td>
<td>600 ml</td>
</tr>
<tr>
<td>10</td>
<td>Azb</td>
<td>1 lit</td>
</tr>
<tr>
<td>11</td>
<td>Qand Safid</td>
<td>1 kg</td>
</tr>
<tr>
<td>12</td>
<td>Waraqse-Nukra</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

**Action:**
Mamalise-Qalb.

**Therapeutic Use:**
Khulgh, Karb, Zof-e-Qalb.

**Dose:**
5 to 10 g.

*Note:* Darumusak occurring in the original formula is substituted by Taluine-e-Rahban.

5.45. Khamira-e-Barafsa

<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ghase-Gorxab</td>
<td>150 g</td>
</tr>
<tr>
<td>2</td>
<td>Azb</td>
<td>3 ml</td>
</tr>
<tr>
<td>3</td>
<td>Qand Safid</td>
<td>1 lit</td>
</tr>
</tbody>
</table>

**Action:**
Mamalise-Balgham, Mulayin.

**Therapeutic Use:**
Qalb: Nazda, Sial.

**Dose:**
20 to 40 g.

**Special Method of Preparation:**
Ghase-Gorxab is boiled in 3 lit. of water till 1 lit. of decoction is left. Qalb of Qand Safid is prepared along with the decoction and the Khamira is prepared as usual.
5.46. Khamira-e-Gaozaban-Ambari Jawahirwala

<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Gaozaban</td>
<td>15 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Gul-e-Gaozaban</td>
<td>10 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Kishneez Khushk Muqashshar</td>
<td>10 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Abresham</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Behman Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Sandal Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Tukhm-e-Balango</td>
<td>10 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Tukhm-e-Raihan</td>
<td>10 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Qand Safaid</td>
<td>1.2 kg.</td>
</tr>
<tr>
<td>10.</td>
<td>Waraq-e-Nuqra</td>
<td>5 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Marwareed</td>
<td>5 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Yaqoot</td>
<td>5 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Zahar Mohra</td>
<td>5 g.</td>
</tr>
<tr>
<td>14.</td>
<td>Zumurrud</td>
<td>5 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Ambar Ash-hab</td>
<td>2 g.</td>
</tr>
</tbody>
</table>

**Action:**
Mugawwi-e-Aam.

**Therapeutic Use:**

**Dose:**
3 to 5 g.

**Note:**
1. Faranjmushk occurring in the original formula is substituted by Tukhm-e-Raihan.
2. The original ingredients Waraq-e-Tila and Asal have been deleted from this formula.

**Special Method of Preparation:**
Ingredients 1 to 8 are soaked in 2 litres of water overnight and boiled next morning till 670 ml. of decoction is obtained. Qiwam is prepared with this decoction and Qand Safaid. Fine powder of ingredients 13 to 15 and Waraq-e-Nuqra is added one by one and mixed well and the Khamira is prepared as usual.

5.47. Khamira-e-Gaozaban Sada

<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Gaozaban</td>
<td>50 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Gul-e-Gaozaban</td>
<td>30 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Kishneez</td>
<td>10 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Abresham</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Behman Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Behman Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Sandal Safaid</td>
<td>10 g.</td>
</tr>
</tbody>
</table>
8. Tukhm-e-Balango  . . . . . . 10 g.
9. Tukhm-e-Raihan . . . . . . 10 g.
10. Badranjboya . . . . . . 10 g.
11. Qand Safaid . . . . . . 1-5 kg.

ACTION:
Muqawwi-e-Aam.

THERAPEUTIC USE:

Dose:
5 to 10 g.

Note: 1. The original ingredient Asal has been deleted from this formula.
2. Faranjmushk occurring in the original formula is substituted by Tukhm-e-Raihan.

Special Method of Preparation:
Ingredients 1 to 10 are soaked in 2 lits. of water overnight and 670 ml. of decoction is prepared next morning. Qand Safaid is added to the decoction and boiled to the required consistency. Then Khambra is prepared as usual.

5.48. Khamira-e-Khashkhaash

1. Post-e-Khashkhaash . . . . . . 25 Nos.
2. Qand Safaid . . . . . . 500 g.

ACTION:
Habis, Musakkin.

THERAPEUTIC USE:
Nazla Haad, Zukam.

Dose:
5 to 10 g.

5.49. Khamira-e-Marwareed

1. Marwareed . . . . . . 25 g.
2. Tabasheer . . . . . . 25 g.
3. Sandal Safaid . . . . . . g.
4. Ambar Ash-hab . . . . . . 10 g.
5. Qand Safaid . . . . . . 1-5 kg.
6. Araq-e-Gulab . . . . . . 1 lit.
   OR
   Araq-e-Gaozaban . . . . . . 1 lit.

ACTION:
Muqawwi-e-Aam.
THEORETICAL USE:
Zof-e-Qalb, Zof-e-Asab, Khafqan, Atash-e-Mufir, Zof-e-Dinagh
Dose:
3 to 5 g.

Note: Asab has been deleted from this formula.

5.50. Khambra-e-Sandal Sada

1. Band-e-Sandal Safaid
2. Asab
3. Qand Safaid

Action:
Musakkin, Mubarrid.

THEORETICAL USE:
Khafqan.
Dose:
5 to 10 g.

5.51. Khambra-e-Ustukhuddus

1. Gule-e-Ustukhuddus
2. Maghza-Gilghoza
3. Gule-e-Ginzabry
4. Wazagh-Naqua
5. Aman Ash-Shab
6. Asl OR Qand Safaid

Action:
Manaqi-e-Dinagh, Muqaww-l-e-Asab.

THEORETICAL USE:
Kabir, Laqwa, Nazla, Zukim.
Dose:
10 to 15 g.

Note: Ustukhuddus may be used in place of Gule-e-Ustukhuddus.

5.52. Khambra-e-Yashab

1. Yashab Sada
2. Sada-e-Sadaq
3. Zera-e-Mehru Khatir
4. Tabasheer
5. Asl OR Qand Safaid

Action:
Musakkin, Qabilz, Habis.

THEORETICAL USE:
Khafqan, Is-hal, Sialan-ur-Rahem.

Dose:
5 to 10 g.
5.53. Khamira-e-Zahar Mohra

1. Zahar Mohra 20 g.
2. Gaozaban 20 g.
3. Gul-e-Surkh 20 g.
4. Tabasheer 20 g.
5. Waraq-e-Nuqra 10 g.
6. Raughan-e-Sandal 10 ml.
7. Sharbat-e-Anar Shireen 300 ml.

ACTION:
Muqawwi-e-Qalb.

THERAPEUTIC USE:
Zof-e-Qalb.

DOSE:
5 to 10 g.

5.54. Laooq-e-Abhal

1. Abhal 60 g.
2. Raughan-e-Gul 30 g.
3. Asal OR Qand Safaid 200 g.

ACTION:
Munafis-e-Balgham, Daf-e-Tashanuj.

THERAPEUTIC USE:
Zeeq-un-Nafas.

DOSE:
5 to 10 g.

5.55. Laooq-e-Badam

1. Samagh-e-Arabi 50 g.
2. Kaiteera 50 g.
3. Nishasta-e-Gandum 50 g.
4. Rubb-us-Soos 50 g.
5. Qand Safaid 200 g.
6. Maghz-e-Badam 30 g.
7. Maghz-e-Tukhm-e-Kaddu 30 g.
8. Araq-e-Gulab Q. S.
9. Raughan-e-Badam Q. S.

ACTION:
Munafis-e-Balgham.

THERAPEUTIC USE:
Sual, Khushunat-e-Halaq.

DOSE:
5 to 10 g.

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5.56. Laoq-e-Behidan

1. Behidan 30 g.
2. Aspaghol 30 g.
3. Tukman-e-Khatmi 30 g.
5. Aab-e-Amar Shireen 200 ml.
6. Aab-e-Kudda 200 ml.
8. Qand Safaid 800 g.
10. Katceen 20 g.
11. Meghz-e-Badam Shireen 20 g.
12. Tukman-e-Khashkhaash 20 g.
13. Rabb-us-Soos 10 g.
14. Shaker Teghal 10 g.

**Action:**
Murattib, Mubarrid.

**Therapeutic Use:**
Sual-e-A-abis, Sh.

**Dose:**
5 to 10 g.

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5.57. Laoq-e-Hulbā

1. Baz-e-Katan 100 g.
2. Hulbā 40 g.
3. Meghz-e-Badam 40 g.
4. Katceen 20 g.
5. Aab-e-Soos 20 g.
6. Maghz-e-Chilghoza 20 g.
7. Nishasta-e-Gandum 20 g.
8. Samagh-e-Arabi 20 g.
9. Asal OR Qand Safaid Q.S.

**Action:**
Munaffis-e-Balgham.

**Therapeutic Use:**
Bohat-us-Saut, Zaq-un-Nafas.

**Dose:**
3 to 10 g.
5.58. Laooq-e-Katan

1. Lob-e-Tukhm-e-Katan  . . . . .  .  500 ml.
2. Asal OR Qand Safaid . . . . . .  500 g.
3. Shakar Surkh . . . . . . . . . .  500 g.

**ACTION:**
Musakkin, Mohallil-e-Waram.

**THERAPEUTIC USE:**
Zat-ur-Riya, Sual, Zeeq-un-Nafas.

**DOSE:**
10 to 20 g.

5.59. Laooq-e-Khiyarshambar

1. Sapistan . . . . . . . . . . . .  1.5 kg.
2. Asl-us-Soos . . . . . . . . . .  1.5 kg.
4. Kateera . . . . . . . . . . . .  1 kg.
5. Qand Safaid . . . . . . . . . .  18 kg.

**ACTION:**
Munzij, Mulaiyin, Munaffis-e-Balgham.

**THERAPEUTIC USE:**
Nazla, Zukam, Sual, Qabz.

**DOSE:**
10 to 20 g.

**NOTE:** The title 'Laooq-e-Awaltas' given in the text has been changed to 'Laooq-e-Khiyarshambar'.

5.60. Laooq-e-Nazli

1. Tukhirm-e-Khatmi . . . . . . . .  25 g.
2. Behidana . . . . . . . . . . . .  25 g.
3. Asl-us-Soos . . . . . . . . . .  20 g.
4. Khashkhaash Safaid . . . . . . . . . . .  20 g.
5. Qand Safaid . . . . . . . . . .  500 g.
6. Khashkhaash Siyah . . . . . . . . . . .  20 g.
7. Kateera . . . . . . . . . . . .  15 g.
8. Samagh-e-Arabi . . . . . . . . . .  10 g.
9. Maghz-e-Behidana . . . . . . . . . .  10 g.

**ACTION:**
Munzij, Munaffis-e-Balgham, Musakkin-e-Waram.

**THERAPEUTIC USE:**
Nazla, Sual, Zukam.

**DOSE:**
10 to 15 g.
5.61. Laooq-e-Sapistan

1. Sapistan ..... 100 g.
2. Unnab ..... 50 g.
3. Koknr ..... 20 g.
4. Asl-us-Soos ..... 10 g.
5. Parsiyashan ..... 10 g.
6. Tukhm-e-Khatmi ..... 5 g.
7. Tukhm-e-Khubbazi ..... 5 g.
8. Behidana ..... 5 g.
9. Qand Safaid ..... 1.5 kg.
12. Kateera ..... 5 g.
13. Samagh-e-Arabi ..... 5 g.
14. Rubb-us-Soos ..... 5 g.

ACTION:
Munaffis-e-Balgham, Musakkir-e-Sual.

THERAPEUTIC USE:

DOSE:
10 to 20 g.

5.62. Laooq-e-Shamoon

1. Khashkhaash Safaid ..... 40 g.
2. Samagh-e-Arabi ..... 40 g.
3. Kateera ..... 40 g.
5. Maghz-e-Tukhm-e-Kaddu-Shireen ..... 40 g.
6. Maghz-e-Badam Shireen ..... 40 g.
7. Asl-us-Soos ..... 20 g.
8. Maghz-e-Behidana ..... 20 g.
9. Qand Safaid ..... 400 g.

ACTION:
Mulaiyin.

THERAPEUTIC USE:
Nazla, Zukam.

DOSE:
5 to 10 g.

5.63. Laooq-e-Zeeq-un-Nafas

1. Tukhm-e-Kan ..... 60 g.
2. Maghz-e-Badam Shireen
### 5.64. Luboob-e-Barid

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Shaqaq-ul-Misri</td>
<td>20 g.</td>
</tr>
<tr>
<td>2. Khusyat-us-Salab</td>
<td>20 g.</td>
</tr>
<tr>
<td>3. Maghz-e-Tukhm-e-Tarbuz</td>
<td>30 g.</td>
</tr>
<tr>
<td>5. Maghz-e-Tukhm-e-Khiyarain</td>
<td>30 g.</td>
</tr>
<tr>
<td>7. Kunjad Safaid</td>
<td>30 g.</td>
</tr>
<tr>
<td>8. Tukhm-e-Khashkhaash</td>
<td>30 g.</td>
</tr>
<tr>
<td>9. Asal OR Qand Safaid</td>
<td>200 g.</td>
</tr>
<tr>
<td>10. Turanjabeen</td>
<td>100 g.</td>
</tr>
<tr>
<td>11. Nabat Safaid</td>
<td>150 g.</td>
</tr>
</tbody>
</table>

**Action:**
Mubarrir, Musakkin.

**Therapeutic Use:**

**Dose:**
3 to 5 g.

### Note:
Khiyarain include seeds of Khira and Kakri in equal proportion.

### 5.65. Luboob Kabir

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Khusyat-us-Salab</td>
<td>50 g.</td>
</tr>
<tr>
<td>2. Narjeel Taza</td>
<td>50 g.</td>
</tr>
<tr>
<td>4. Khashkhaash Safaid</td>
<td>50 g.</td>
</tr>
<tr>
<td>5. Maghz-e-Pista</td>
<td>25 g.</td>
</tr>
<tr>
<td>7. Maghz-e-Funduq</td>
<td>25 g.</td>
</tr>
<tr>
<td>No.</td>
<td>Item Description</td>
</tr>
<tr>
<td>-----</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td>8</td>
<td>Habb-uz-Samena</td>
</tr>
<tr>
<td>9</td>
<td>Magh-e-Akhort</td>
</tr>
<tr>
<td>10</td>
<td>Magh-e-Chilhaze</td>
</tr>
<tr>
<td>11</td>
<td>Magh-e-Baladur Khasta</td>
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<tr>
<td>12</td>
<td>Mahdiriyam</td>
</tr>
<tr>
<td>13</td>
<td>Khistanjan</td>
</tr>
<tr>
<td>14</td>
<td>Shuaqul-Misri</td>
</tr>
<tr>
<td>15</td>
<td>Behman Surkh</td>
</tr>
<tr>
<td>16</td>
<td>Behman Safid</td>
</tr>
<tr>
<td>17</td>
<td>Tukhi Surkh</td>
</tr>
<tr>
<td>18</td>
<td>Tukhi Zaid</td>
</tr>
<tr>
<td>19</td>
<td>Zangabeel</td>
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<tr>
<td>20</td>
<td>Kanjal Muqashsha</td>
</tr>
<tr>
<td>21</td>
<td>Darzini</td>
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<td>22</td>
<td>Kharateen Musaffa</td>
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<td>23</td>
<td>Suranjun</td>
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<td>24</td>
<td>Waj-e-Turki</td>
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<td>25</td>
<td>Pudina Khushak</td>
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<td>26</td>
<td>Pancer Maya Shutur Arabi</td>
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<td>27</td>
<td>Zafan</td>
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<td>28</td>
<td>Mustag</td>
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<td>Sumbal-ul-Teeb</td>
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<td>30</td>
<td>Sad Kuli</td>
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<td>31</td>
<td>Qaraful</td>
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<td>Kabdeehin</td>
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<tr>
<td>33</td>
<td>Leaderjan Shireen</td>
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<tr>
<td>34</td>
<td>Daruqaj Aqrabi</td>
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<td>35</td>
<td>Zarembeed</td>
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<td>36</td>
<td>Habib-ul-Qilqil</td>
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<td>37</td>
<td>Tukhm-e-Gazar</td>
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<tr>
<td>38</td>
<td>Tukhm-e-Piyaz</td>
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<tr>
<td>39</td>
<td>Tukhm-e-Turb</td>
</tr>
<tr>
<td>40</td>
<td>Tukhm-e-Shalgham</td>
</tr>
<tr>
<td>41</td>
<td>Tukhm-e-Ispast</td>
</tr>
<tr>
<td>42</td>
<td>Tukhm-e-Konech</td>
</tr>
<tr>
<td>43</td>
<td>Ood Hindi</td>
</tr>
</tbody>
</table>

1Habb-ul-Khidra occurring in the text is substituted by Habb-uz-Samena.
2Habb-e-Zalam is substituted by Magh-e-Baladur Khasta.
3Burada-e-Qazeeb-e-Gao is substituted by Kharateen Musaffa.
4Buzidan is substituted by Waj-e-Turki.
5Tukhm-e-Halyun is substituted by Tukhm-e-Konech.
44. Jauzuwa 10 g.
45. Bisbasa 10 g.
46. Usina 10 g.
47. Filfi Daraz 10 g.
48. Ambur Ash-hab 6 g.
49. Mushk 2 g.
50. Warna-e-Tila 30 Nos.
51. Warna-e-Nuqra 50 Nos.
52. Asal OR Qand Safaid. 2-75 Kg.

**ACTION:**
Muqawwi-e-Umumi, Muqawwi-e-Bah, Mughaliz-e-Mani.

**THERAPEUTIC USE:**
Zof-e-Bah, Zof-e-Asab, Ohiyat-e-Mani, Zof-e-Qales, Zof-e-Kufya,

**DOSE:**
5 to 10 g.

5.66. Lahoob Sagheer

1. Maghz-e-Badam 10 g.
2. Maghz-e-Akhrot 10 g.
3. Habb-us-Samena 10 g.
4. Maghz-e-Chilghoza 10 g.
5. Maghz-e-Baladur Khasta 10 g.
6. Maghz-e-Funduq 10 g.
7. Maghz-e-Pista 10 g.
8. Narjeel Taza 10 g.
10. Khaskhaash Safaid 10 g.
11. Tudri Zard 10 g.
12. Tudri Surkh 10 g.
13. Kunjad Muqashshar 10 g.
14. Behman Surkh 10 g.
15. Behman Safaid 10 g.
16. Qirfa 10 g.
17. Zanjabeel 10 g.
18. Filfi Daraz 10 g.
19. Aaqerqatim 10 g.
20. Kabuchoini 10 g.
21. Saqaq-ul-Misri 10 g.
22. Khiljan 10 g.

1Habb-ul-Khizra is substituted by Habb-us-Samena.
2Maghz-e-Habb-uz-Zalam is substituted by Maghz-e-Baladur Khasta.
### 5.67. Majoon-e-Aarad Khurma

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Samaghre-Arabi</td>
</tr>
<tr>
<td>2.</td>
<td>A.rad-e-Khurma</td>
</tr>
<tr>
<td>3.</td>
<td>Simgbasa Khushk</td>
</tr>
<tr>
<td>4.</td>
<td>Satawar</td>
</tr>
<tr>
<td>5.</td>
<td>Maghz-e-Badam</td>
</tr>
<tr>
<td>6.</td>
<td>Maghz-e-Chilghoz</td>
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<td>7.</td>
<td>Maghz-e-Fenduq</td>
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<td>8.</td>
<td>Maghz-e-Pambadna</td>
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<tr>
<td>9.</td>
<td>Bisabasa</td>
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<tr>
<td>10.</td>
<td>Qaranfu</td>
</tr>
<tr>
<td>11.</td>
<td>Jauzbuwa</td>
</tr>
<tr>
<td>12.</td>
<td>Asal OR Qand Safaid</td>
</tr>
</tbody>
</table>

**ACTION:**
Mujmawi-e-Bah, Müghalliez-Mani, Müwallid-e-Mani.

**THERAPEUTIC USE:**

**DOSAGE:**
5 to 10 g.

---

### 5.68. Majoon-e-Antaki

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Anisoon</td>
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<tr>
<td>2.</td>
<td>Gul-e-Surkh</td>
</tr>
<tr>
<td>3.</td>
<td>Gul-e-Banafsha</td>
</tr>
<tr>
<td>4.</td>
<td>Ood Hindi</td>
</tr>
<tr>
<td>5.</td>
<td>Sibr</td>
</tr>
<tr>
<td>6.</td>
<td>Ghariqoon</td>
</tr>
</tbody>
</table>

---

*Tukhm-e-Halyun is substituted by Tukhm-e-Konch.
Turunjabeen is substituted by Satawar.*
7. Kababchini  . . . . . . 40 g.
8. Mur Makki  . . . . . . 30 g.
9. Zafran  . . . . . . 30 g.
10. Hilteet  . . . . . . 30 g.
11. Sirkka  . . . . . . 500 ml.
12. Asal OR Qand Safaid  . . . . . . 5 kg.

**ACTION:**
Muqawwi-e-Dimagh, Muqawwi-e-Meda.

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

5.69. Majoon-e-Aqrab

1. Kaknaj  . . . . . . 60 g.
2. Jund Bedastar  . . . . . . 50 g.
3. Juntiyana  . . . . . . 50 g.
4. Aqrab Mohraq  . . . . . . 30 g.
5. Filfil Safaid  . . . . . . 30 g.
6. Filfil Siyah  . . . . . . 30 g.
7. Zanjabeel  . . . . . . 10 g.
8. Asal OR Qand Safaid  . . . . . . 800 g.

**ACTION:**
Mufattit-e-Hasat, Mudirr-e-Baul.

**THERAPEUTIC USE:**
Hasat-e-Kulya, Hasat-e-Masana.

**DOSE:**
1 to 3 g.

5.70. Majoon-e-Asal-e-Baladur

1. Asal-e’Baladur  . . . . . . 1 kg.
2. Sheer-e’Gao  . . . . . . 20 lit.
3. Raughan-e-Kunjad  . . . . . . 750 g.

**ACTION:**
Moharrik-e-Bah, Muqawwi-e-Asab.

**THERAPEUTIC USE:**
Zof-e-Bah, Zof-e-Asab.

**DOSE:**
3 to 5 g

**Note:** The title Majoon-e-Baladur has been changed to Majoon-e-A

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<table>
<thead>
<tr>
<th></th>
<th>5.71. Majoon-e-Azarafi</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Azraafi Mudabbir</td>
<td>30 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Kaye-e-Gaazabah</td>
<td>30 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Usukbuddus</td>
<td>15 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Kareen</td>
<td>15 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Narjed</td>
<td>15 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Maghze-Chilghoza</td>
<td>15 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Dana Heel Khurd</td>
<td>10 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Zangabul</td>
<td>10 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Shaqaq-ul-Misri</td>
<td>10 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Sandal Safid</td>
<td>10 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Aami's</td>
<td>10 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Halela Siyah</td>
<td>10 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Ood Hindi</td>
<td>5 g.</td>
</tr>
<tr>
<td>14.</td>
<td>Qaranful</td>
<td>5 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Asal OR Qand Safid</td>
<td>550 g.</td>
</tr>
</tbody>
</table>

**ACTION:**
- Muqawwi-e-Asab.

**THERAPEUTIC USE:**

**DOSE:**
- 3 to 5 g.

<table>
<thead>
<tr>
<th></th>
<th>5.72. Majoon-e-Baladur</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Kanjdi</td>
<td>30 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Maghze-Tukhm-e-Baladur</td>
<td>30 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Maghze-Badam</td>
<td>30 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Maghze-Chilghoza</td>
<td>30 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Asgand</td>
<td>30 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Aaagarqaha</td>
<td>50 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Khulanjan</td>
<td>30 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Bisbasa</td>
<td>30 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Jauzbwa</td>
<td>20 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Zanjabwil</td>
<td>20 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Salab Misri</td>
<td>15 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Fif Hil Daraz</td>
<td>15 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Mastagi</td>
<td>15 g.</td>
</tr>
<tr>
<td>14.</td>
<td>Tukhm-e-Halima</td>
<td>10 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Tukhm-e-Gazar</td>
<td>16 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Tukhm-e-Aujra</td>
<td>10 g.</td>
</tr>
<tr>
<td>17.</td>
<td>Tukhm-e-Konch</td>
<td>10 g.</td>
</tr>
</tbody>
</table>
18. Zairan .......................... 10 g.
19. Samandar Sokh .................. 5 g.
20. Qand Safaid ....................... 375 g.
21. Asal ............................... 1 kg.

ACTION:
Muqawwi-e-Asab, Muqawwi-e-Dimagh.

THERAPEUTIC USE:
Zof-e-Asab, Nisyan.

Dose:
5 to 10 g.

NOTE: Mushk has been deleted from this formula.

5.73. Majoone-Bandkushad

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talmakhana</td>
<td>50 g.</td>
</tr>
<tr>
<td>Mughas</td>
<td>50 g.</td>
</tr>
<tr>
<td>Tukhm-e-Uiangan</td>
<td>50 g.</td>
</tr>
<tr>
<td>Maghz-e-Tukhm-e-Konch</td>
<td>50 g.</td>
</tr>
<tr>
<td>Musli Siyah</td>
<td>30 g.</td>
</tr>
<tr>
<td>Musli Safaid</td>
<td>30 g.</td>
</tr>
<tr>
<td>Beejband Surkh</td>
<td>30 g.</td>
</tr>
<tr>
<td>Beejband Siyah</td>
<td>30 g.</td>
</tr>
<tr>
<td>Safab Misri</td>
<td>30 g.</td>
</tr>
<tr>
<td>Shaqalqul-Misri</td>
<td>20 g.</td>
</tr>
<tr>
<td>Saleekha</td>
<td>10 g.</td>
</tr>
<tr>
<td>Bisbasa</td>
<td>10 g.</td>
</tr>
<tr>
<td>Zanjabeel</td>
<td>10 g.</td>
</tr>
<tr>
<td>Mocharas</td>
<td>10 g.</td>
</tr>
<tr>
<td>Jauzbuwa</td>
<td>10 g.</td>
</tr>
<tr>
<td>Filfil Daraz</td>
<td>5 g.</td>
</tr>
<tr>
<td>Sheere-e-Mosh</td>
<td>5-5 kg.</td>
</tr>
<tr>
<td>Asal OR Qand Safaid</td>
<td>2-25 kg.</td>
</tr>
</tbody>
</table>

ACTION:
Moharrak-e-Bah.

THERAPEUTIC USE:
Zof-e-Bah.

Dose:
5 to 10 g.

5.74. Majoone-Chobchinin

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chobchinin</td>
<td>250 g.</td>
</tr>
<tr>
<td>Khusyut-us-Salab</td>
<td>50 g.</td>
</tr>
<tr>
<td>Khulujjan</td>
<td>40 g.</td>
</tr>
<tr>
<td>Gul-e-Gaozaban</td>
<td>25 g.</td>
</tr>
<tr>
<td></td>
<td>Item</td>
</tr>
<tr>
<td>---</td>
<td>--------------------------------------------------------</td>
</tr>
<tr>
<td>5</td>
<td>Behman Safaid</td>
</tr>
<tr>
<td>6</td>
<td>Behman Surkh</td>
</tr>
<tr>
<td>7</td>
<td>Shaqaq-ul-Misri</td>
</tr>
<tr>
<td>8</td>
<td>Abresham</td>
</tr>
<tr>
<td>9</td>
<td>Mughas</td>
</tr>
<tr>
<td>10</td>
<td>Jadwar</td>
</tr>
<tr>
<td>11</td>
<td>Asal OR Qand Safaid</td>
</tr>
</tbody>
</table>

**ACTION:**
Musaffi-e-Dam.

**THERAPEUTIC USE:**
Falij, Waj-ul-Mafasil, Hikka, Jarab.

**Dose:**
5 to 10 g.

**NOTE:** Waraq-e-Tila has been deleted from this formula.

---

<table>
<thead>
<tr>
<th></th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Sumdu-ul-Teeb</td>
<td>10 g.</td>
</tr>
<tr>
<td>2</td>
<td>Mastagi</td>
<td>10 g.</td>
</tr>
<tr>
<td>3</td>
<td>Zafran</td>
<td>10 g.</td>
</tr>
<tr>
<td>4</td>
<td>Tabashcer</td>
<td>10 g.</td>
</tr>
<tr>
<td>5</td>
<td>Darchini</td>
<td>10 g.</td>
</tr>
<tr>
<td>6</td>
<td>Izkhar</td>
<td>70 g.</td>
</tr>
<tr>
<td>7</td>
<td>Asarooon</td>
<td>10 g.</td>
</tr>
<tr>
<td>8</td>
<td>Qust Shireen</td>
<td>10 g.</td>
</tr>
<tr>
<td>9</td>
<td>Gul-e-Ghafis</td>
<td>10 g.</td>
</tr>
<tr>
<td>10</td>
<td>Tukhm-e-Kasoos</td>
<td>10 g.</td>
</tr>
<tr>
<td>11</td>
<td>Majeech</td>
<td>10 g.</td>
</tr>
<tr>
<td>12</td>
<td>Luk Maghsool</td>
<td>10 g.</td>
</tr>
<tr>
<td>13</td>
<td>Tukhm-e-Kasni</td>
<td>10 g.</td>
</tr>
<tr>
<td>14</td>
<td>Tukhm-e-Karafs</td>
<td>10 g.</td>
</tr>
<tr>
<td>15</td>
<td>Zarawand Taweel</td>
<td>10 g.</td>
</tr>
<tr>
<td>16</td>
<td>Habb-e-Balsan</td>
<td>10 g.</td>
</tr>
<tr>
<td>17</td>
<td>Ood Hindi</td>
<td>10 g.</td>
</tr>
<tr>
<td>18</td>
<td>Qaranful</td>
<td>10 g.</td>
</tr>
<tr>
<td>19</td>
<td>Hoel Khurd</td>
<td>10 g.</td>
</tr>
<tr>
<td>20</td>
<td>Waraq-e-Gul-e-Surkh</td>
<td>200 g.</td>
</tr>
<tr>
<td>21</td>
<td>Asal OR Qand Safaid</td>
<td>600 g.</td>
</tr>
</tbody>
</table>

**ACTION:**

**THERAPEUTIC USE:**

**Dose:**
5 to 10 g.
5.76. Majoon-e-Falasifa

1. Mawcez Munaqqa 450 g.
2. Zanjabeel 150 g.
3. Filfil Siyah 150 g.
4. Filfil Daraz 150 g.
5. Darchini 150 g.
6. Aamla 150 g.
7. Post-e-Balela 150 g.
8. Sheetraj Hindi 150 g.
9. Zarawand Madahraj 150 g.
10. Salab Misri 150 g.
11. Maghz-e-Chilghoza 150 g.
13. Maghz-e-Narjeel 150 g.
14. Tukhm-e-Babuna 75 g.
15. Asal OR Qand Safaid 7 kg.

**Action:**

**Therapeutic Use:**
- Salas-ul-Baul, Zof-e-Hazm, Zof-e-Ishfeta, Nisyan, Zof-e-Bah,

**Dose:**
- 5 to 10 g.

5.77. Majoon-e-Shalaksair

1. Maghz-e-Badam 15 g.
2. Maghz-e-Fanduq 15 g.
3. Maghz-e-Chilghoza 15 g.
4. Maghz-e-Akbrot 15 g.
5. Maghz-e-Tukhm-e-Kaddu 15 g.
7. Afyun 15 g.
8. Barg-e-Qinnab 15 g.
9. Jauzbuwa 10 g.
10. Bisbasa 10 g.
11. Amber Ash-hab 2 g.
12. Qand Safaid 300 g.

**Action:**
- Mukhaddir, Musakkin-e-Alam.

**Therapeutic Use:**

**Dose:**
- 250 to 500 mg.

**Note:** Mushk has been deleted from this formula.
5.78. Majoon-e-Fanjnosh

1. Khabs-ul-Hadeed Mudabbar . . . . . . . . 80 g.
2. Post-c-Halela Kabli . . . . . . . . . . . . . 120 g.
3. Halela Siyah . . . . . . . . . . . . . . . . . . 120 g.
4. Post-c-Halela Zard . . . . . . . . . . . . . 120 g.
5. Aamla . . . . . . . . . . . . . . . . . . . . . . . . . . . 120 g.
6. Post-c-Balela . . . . . . . . . . . . . . . . . . 120 g.
7. Kalonji . . . . . . . . . . . . . . . . . . . . . . . . . . 20 g.
8. Mastagi . . . . . . . . . . . . . . . . . . . . . . . . . . . 20 g.
9. Ood Hindi . . . . . . . . . . . . . . . . . . . . . . . . . . 20 g.
10. Jauzbuwa . . . . . . . . . . . . . . . . . . . . . . . . . . 10 g.
11. Qaranful . . . . . . . . . . . . . . . . . . . . . . . . . . 10 g.
12. Zanjabeel . . . . . . . . . . . . . . . . . . . . . . . . . . 10 g.
13. Darchini . . . . . . . . . . . . . . . . . . . . . . . . . . 10 g.
14. Asal OR Qand S. faid . . . . . . . . . . . . . 2.5 kg.

ACTION:
Hazim, Musawwi-e-Moda.

THERAPEUTIC USE:

DOSE:
4 to 10 g.

5.79. Majoon-e-Fotnaji

1. Filiil Siyah . . . . . . . . . . . . . . . . . . . . . . . 70 g.
2. Hasha . . . . . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
3. Pudina Kohi . . . . . . . . . . . . . . . . . . . . . . . 50 g.
4. Tukhm-e-Karafs . . . . . . . . . . . . . . . . . . . . . 50 g.
5. Babuna . . . . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
6. Kasham . . . . . . . . . . . . . . . . . . . . . . . . . . . 70 g.
7. Pudina Nahri . . . . . . . . . . . . . . . . . . . . . . . 40 g.
8. Tukhm-e-Karafs-e-Kohi . . . . . . . . . . . . . . . . 40 g.
9. Khardal Saffaid . . . . . . . . . . . . . . . . . . . . . . 40 g.
10. Asal OR Qand Saffaid . . . . . . . . . . . . . . . . 1.5 kg.

ACTION:

THERAPEUTIC USE:
Hummiyat-e-Muzmina.

DOSE:
5 to 10 g.
### 5.86. Majoon-e-Hajr-ul-Yahood

<table>
<thead>
<tr>
<th>Nr.</th>
<th>Name of Medicine</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Hajr-ul-Yahood</td>
<td>100 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Kaknaj</td>
<td>10 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Asaroon</td>
<td>10 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Maghza-Tukhm-e-Kharbuza</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Tukhm-e-Gazer</td>
<td>10 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Tukhm-e-Karafs</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Maghza-Tukhm-e-Qurtum</td>
<td>10 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Anisoon</td>
<td>10 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Maghza-Tukhm-e-Tarbuz</td>
<td>10 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Maghza-Tukhm-e-Kaddu Shireen</td>
<td>10 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Maghza-Tukhm-e-Khiyar Daraz</td>
<td>10 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Asal OR Qand Safaid</td>
<td>600 g.</td>
</tr>
</tbody>
</table>

**Action:**

**Therapeutic Use:**
Hasat-e-Kulya, Hirqaat-ul-Baul, Qillat-e-Baul, Hasat-e-Masana.

**Dose:**
5 to 10 g.

### 5.87. Majoon-e-Humaat Ambari Alwi Khani

<table>
<thead>
<tr>
<th>Nr.</th>
<th>Name of Medicine</th>
<th>Quantity</th>
</tr>
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<tbody>
<tr>
<td>1.</td>
<td>Ambar Ash-shab</td>
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</tr>
<tr>
<td>2.</td>
<td>Tukhm-e-Khurfa</td>
<td>25 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Maghza-Tukhm-e-Petha</td>
<td>25 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Marwared</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Kahraba</td>
<td>10 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Basud Mohraq</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Sandal Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Sandal Safad</td>
<td>10 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Tabasheer</td>
<td>10 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Mazu</td>
<td>10 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Darum-i Aqrabi</td>
<td>10 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Qod-e-Saleeb</td>
<td>10 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Abresham</td>
<td>10 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Gile-Armani</td>
<td>10 g.</td>
</tr>
<tr>
<td>17.</td>
<td>Waraq-e-Nuqra</td>
<td>20 N.</td>
</tr>
<tr>
<td>18.</td>
<td>Waraq-e-Tila</td>
<td>20 N.</td>
</tr>
<tr>
<td>19.</td>
<td>Asal</td>
<td>200 g.</td>
</tr>
<tr>
<td>20.</td>
<td>Qand Safaid</td>
<td>500 g.</td>
</tr>
</tbody>
</table>

---

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ACTION:
Muqawwi-e-Rahem.

THERAPEUTIC USE:
Zof-e-Rahem, Adat-e-Isqat.

DOSE:
5 to 10 g.

5.82. Majoon-e-Ispan Sokhtani

1. Ispan Sokhtani . . . . . . . . 30 g.
2. Bisbasa . . . . . . . . . . . . 30 g.
3. Jauzbuwa . . . . . . . . . . . . 30 g.
4. Qaranful . . . . . . . . . . . . 30 g.
5. Darchini . . . . . . . . . . . . 30 g.
6. Kunjad Siyah Muqashshar . . . . . . . 40 g.
7. Asal OR Qand Safaid . . . . . . 600 g.

ACTION:
Musakkin-e-Asab.

THERAPEUTIC USE:

DOSE:
5 to 10 g.

5.83. Majoon-e-Jalali

1. Qirfa . . . . . . . . . . . . . . 140 g.
2. Sumbul-ut-Teeb . . . . . . . . 140 g.
3. Qaranful . . . . . . . . . . . . 140 g.
4. Darchini . . . . . . . . . . . . 140 g.
5. Heel Khurd . . . . . . . . . . 140 g.
6. Anisoon . . . . . . . . . . . . 90 g.
7. Tukhm-e-Karafs . . . . . . . . 90 g.
8. Zeera Siyah Mudabbar Biryani . . . . . . . . . . . 45 g.
9. Mastagi . . . . . . . . . . . . 45 g.
10. Pudina . . . . . . . . . . . . 45 g.
11. Filfil Siyah . . . . . . . . . . 180 g.
12. Asal OR Qand Safaid . . . . . . 2.5 kg.

ACTION:

THERAPEUTIC USE:

DOSE:
5 to 10 g.
5.84. Majoon-e-Jalinoos Lalui

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Anissoon</td>
<td>210 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Behman Safaid</td>
<td>210 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Marwareed</td>
<td>90 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Buseid</td>
<td>90 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Izkhar</td>
<td>45 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Sad Kufi</td>
<td>45 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Mayeen Kalan</td>
<td>45 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Salekha</td>
<td>45 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Darchini</td>
<td>45 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Asaroon</td>
<td>45 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Mastagi</td>
<td>45 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Kakuaj</td>
<td>70 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Bakh-e-Lablab</td>
<td>70 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Kateera</td>
<td>35 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Asal OR Qand Safaid</td>
<td>3.5 kg.</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Asab, Muqawwi-e-Kabid.

**Therapeutic Use:**
Zof-e-Asab, Zof-e-Kabid

**Dose:**
5 to 10 g.

5.85. Majoon-e-Jograj Gugal

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Muqil</td>
<td>750 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Post-e-Halela Kabli</td>
<td>170 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Post-e-Balela</td>
<td>170 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Aamla</td>
<td>170 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Waj-e-Turki</td>
<td>15 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Baharangi</td>
<td>15 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Atees</td>
<td>15 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Kutki</td>
<td>15 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Filal Daraz</td>
<td>15 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Maror Phali</td>
<td>15 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Baobarang</td>
<td>15 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Inderjao Talkh</td>
<td>15 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Tukhm-e-Sambhalu</td>
<td>15 g.</td>
</tr>
<tr>
<td>14.</td>
<td>Zeera Safaid</td>
<td>15 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Zeera Siysh</td>
<td>15 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Tukhm-e-Karafs</td>
<td>15 g.</td>
</tr>
</tbody>
</table>

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30

17. Mulli... 15 g.
18. Peepal Chab 15 g.
19. Shahraj Hindi 15 g.
20. Gilli Moya 15 g.
22. Qand Safaid 2.4 kg.
23. Raughan Zard . Q.S.
24. Raughan-e-Sarson Q.S.

ACTION:
Mugawwi-e-Asab, Mulaiyin, Mohallil-e-Waram.

THERAPEUTIC USE:

DOSAGE:
5 to 10 g.

Note: Qand Safaid has been added in this formula.

Special Method of Preparation:
Hilteet is fried in Raughan Zard, Tukhm-e-Karafs is soaked in Raughan-e-Sarson and Muqil is boiled with 3 litres of water till a suspension is formed. Qiwaam is prepared with the suspension of Muqil and Majoon is then prepared.

5.86. Majoon-e-Juntiyana

1. Juntiyana 50 g.
2. Filiil Siyah 50 g.
3. Qust Shireen 45 g.
4. Sazaj Hindi 45 g.
5. Sumbal-ut-Teeb 45 g.
6. Rewand Chini 45 g.
7. Asal OR Qand Safaid 850 g.

ACTION:
Mohallil-e-Waram, Mufatreh Sudad.

THERAPEUTIC USE:

DOSAGE:
5 to 10 g.
### 5.27. Waqas-e-Thalasr

<table>
<thead>
<tr>
<th>Item</th>
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</thead>
<tbody>
<tr>
<td>Filfil Siyah</td>
<td>30 g</td>
</tr>
<tr>
<td>Filfil Daraz</td>
<td>30 g</td>
</tr>
<tr>
<td>Filfil Meyo</td>
<td>30 g</td>
</tr>
<tr>
<td>Zanjubeeli</td>
<td>30 g</td>
</tr>
<tr>
<td>Namak Hindi Surkh</td>
<td>30 g</td>
</tr>
<tr>
<td>Namak Hindi Siyah</td>
<td>30 g</td>
</tr>
<tr>
<td>Namak-e-Indrani</td>
<td>30 g</td>
</tr>
<tr>
<td>Namak-e-Tabarzad</td>
<td>30 g</td>
</tr>
<tr>
<td>Namak-e-Sambhar</td>
<td>30 g</td>
</tr>
<tr>
<td>Inderjao Shicine</td>
<td>30 g</td>
</tr>
<tr>
<td>Sheetraj Hindi</td>
<td>30 g</td>
</tr>
<tr>
<td>Sad Kufi</td>
<td>30 g</td>
</tr>
<tr>
<td>Heel Khuri</td>
<td>30 g</td>
</tr>
<tr>
<td>Qirfa</td>
<td>30 g</td>
</tr>
<tr>
<td>Qaranful</td>
<td>30 g</td>
</tr>
<tr>
<td>Satar</td>
<td>30 g</td>
</tr>
<tr>
<td>Baobarang</td>
<td>30 g</td>
</tr>
<tr>
<td>Kalonji</td>
<td>30 g</td>
</tr>
<tr>
<td>Habb-ul-Neel</td>
<td>30 g</td>
</tr>
<tr>
<td>Zeera Siyah</td>
<td>30 g</td>
</tr>
<tr>
<td>Saaj Hindi</td>
<td>30 g</td>
</tr>
<tr>
<td>Tukhm-e-Karafs</td>
<td>30 g</td>
</tr>
<tr>
<td>Kishnecz Khushk</td>
<td>30 g</td>
</tr>
<tr>
<td>Halela Siyah</td>
<td>30 g</td>
</tr>
<tr>
<td>Post-e-Halela</td>
<td>30 g</td>
</tr>
<tr>
<td>Aamla</td>
<td>30 g</td>
</tr>
<tr>
<td>Maghz-e-Phoos-e-Khiyamshir</td>
<td>30 g</td>
</tr>
<tr>
<td>Turbud Safaid</td>
<td>30 g</td>
</tr>
<tr>
<td>Maweez Munajqa</td>
<td>30 g</td>
</tr>
<tr>
<td>Sheer-e-Aamla</td>
<td>30 g</td>
</tr>
<tr>
<td>Qand Safaid</td>
<td>30 g</td>
</tr>
<tr>
<td>Raughan-e-Kunjad</td>
<td>30 g</td>
</tr>
</tbody>
</table>

**Action:**
Mohillike-Waram, Mudir-e-Paul, Mu'attah Sudder.

**Therapeutic Use:**
Istisqa, Humma, Zeeq-up-Nafas, Qulani, Ikhienaqur-Rahem.

**Dose:**
5 to 10 g.

**Special Method of Preparation:**
Maweez Munajqa and Aamla is boiled in 9.5 litres of water to obtain 3.5 litres of decoction. To it 5 kg. of Qand Safaid and 800 g. of Raughan-e-Kunjad is added and boiled till the required consistency is obtained. It is then added with Maghz-e-Phoos-e-Khiyamshir and mixed well. Thereafter, the Majoon is prepared as usual.

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### 5.38. Major-e-Khabs-ul-Hafeez

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Takhm-e-Kummaaz Biryana</td>
<td>10 g</td>
</tr>
<tr>
<td>2</td>
<td>Habba-ul-Asr Biryana</td>
<td>10 g</td>
</tr>
<tr>
<td>3</td>
<td>Poz-e-Kalela Zard Biryana</td>
<td>10 g</td>
</tr>
<tr>
<td>4</td>
<td>Aamla Biryana</td>
<td>10 g</td>
</tr>
<tr>
<td>5</td>
<td>Poz-e-Bekh-e-Anjabar</td>
<td>10 g</td>
</tr>
<tr>
<td>6</td>
<td>Mlela Siya</td>
<td>10 g</td>
</tr>
<tr>
<td>7</td>
<td>Bart</td>
<td>10 g</td>
</tr>
<tr>
<td>8</td>
<td>Kahruba</td>
<td>10 g</td>
</tr>
<tr>
<td>9</td>
<td>Khabs-ul-Hafeez Mudabbar</td>
<td>30 g</td>
</tr>
<tr>
<td>10</td>
<td>Rubb-e-Seb Shireen</td>
<td>100 g</td>
</tr>
<tr>
<td>11</td>
<td>Sharbat-e-Belti</td>
<td>150 g</td>
</tr>
<tr>
<td>12</td>
<td>Asal OR Qand Safaid</td>
<td>150 g</td>
</tr>
</tbody>
</table>

**Action:**
Muqawwi-e-Kabid, Habis, Qebiz, Muwallid-e-Dam.

**Therapeutic Uses:**
Nazf-ul-Dam, Bewasse Darma, Is-hal, Zof-e-Kabid, Su-ul-Qiny, Faqr-ud-Dam.

**Dosage:**
5 to 10 g.

### 5.39. Major-e-Khadar

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ood Hindi</td>
<td>1 g</td>
</tr>
<tr>
<td>2</td>
<td>Qaranjul</td>
<td>1.5 g</td>
</tr>
<tr>
<td>3</td>
<td>Zarambad</td>
<td>1.5 g</td>
</tr>
<tr>
<td>4</td>
<td>Zafran</td>
<td>1.5 g</td>
</tr>
<tr>
<td>5</td>
<td>Mastag</td>
<td>2 g</td>
</tr>
<tr>
<td>6</td>
<td>Buzidan</td>
<td>2 g</td>
</tr>
<tr>
<td>7</td>
<td>Sheegaq-ul-Misri</td>
<td>2 g</td>
</tr>
<tr>
<td>8</td>
<td>Khulanjan</td>
<td>2 g</td>
</tr>
<tr>
<td>9</td>
<td>Behman Safaid</td>
<td>2 g</td>
</tr>
<tr>
<td>10</td>
<td>Behman Surkh</td>
<td>2 g</td>
</tr>
<tr>
<td>11</td>
<td>Gaozaban</td>
<td>2 g</td>
</tr>
<tr>
<td>12</td>
<td>Barg-e-Badranjboya</td>
<td>2 g</td>
</tr>
<tr>
<td>13</td>
<td>Sumbul-ut-Teeb</td>
<td>2 g</td>
</tr>
<tr>
<td>14</td>
<td>Usna</td>
<td>2 g</td>
</tr>
<tr>
<td>15</td>
<td>Bisbasa</td>
<td>2 g</td>
</tr>
<tr>
<td>16</td>
<td>Qust Shireen</td>
<td>2 g</td>
</tr>
<tr>
<td>17</td>
<td>Dana Heel Khurd</td>
<td>2 g</td>
</tr>
<tr>
<td>18</td>
<td>Barg-e-Faratu Musk</td>
<td>2 g</td>
</tr>
<tr>
<td>19</td>
<td>Sad Kufi</td>
<td>2 g</td>
</tr>
<tr>
<td>20</td>
<td>Ood-e-Saleeb</td>
<td>3 g</td>
</tr>
<tr>
<td>No.</td>
<td>Item</td>
<td>Quantity</td>
</tr>
<tr>
<td>-----</td>
<td>-------------------------------------------</td>
<td>----------</td>
</tr>
<tr>
<td>21</td>
<td>Darchini</td>
<td>3 g.</td>
</tr>
<tr>
<td>22</td>
<td>Salab Misri</td>
<td>3 g.</td>
</tr>
<tr>
<td>23</td>
<td>Suranjana Shireen</td>
<td>4 g.</td>
</tr>
<tr>
<td>24</td>
<td>Hafeza Kabii</td>
<td>4 g.</td>
</tr>
<tr>
<td>25</td>
<td>Tukhm-e-Khashkhaash</td>
<td>4 g.</td>
</tr>
<tr>
<td>26</td>
<td>Filfil Daraz</td>
<td>7 g.</td>
</tr>
<tr>
<td>27</td>
<td>Filfil Siyah</td>
<td>7 g.</td>
</tr>
<tr>
<td>28</td>
<td>Darunaj Aqrabi</td>
<td>7 g.</td>
</tr>
<tr>
<td>29</td>
<td>Inderjaa Shireen</td>
<td>7 g.</td>
</tr>
<tr>
<td>30</td>
<td>Pudina Khushk</td>
<td>7 g.</td>
</tr>
<tr>
<td>31</td>
<td>Asarooon</td>
<td>7 g.</td>
</tr>
<tr>
<td>32</td>
<td>Ustukhaddus</td>
<td>7 g.</td>
</tr>
<tr>
<td>33</td>
<td>Sazaj Hindi</td>
<td>7 g.</td>
</tr>
<tr>
<td>34</td>
<td>Saleckha</td>
<td>7 g.</td>
</tr>
<tr>
<td>35</td>
<td>Asal OR Qand Safaid</td>
<td>300 g.</td>
</tr>
</tbody>
</table>

**ACTION:**

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

*Note: Mushk has been deleted from this formula.*

---

**S.90. Majoon-e-Kandur**

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mastagi</td>
<td>100 g.</td>
</tr>
<tr>
<td>2</td>
<td>Kundur</td>
<td>100 g.</td>
</tr>
<tr>
<td>3</td>
<td>Baoot</td>
<td>100 g.</td>
</tr>
<tr>
<td>4</td>
<td>Gulnar Farsi</td>
<td>100 g.</td>
</tr>
<tr>
<td>5</td>
<td>Kalonji</td>
<td>100 g.</td>
</tr>
<tr>
<td>6</td>
<td>Kishneez Khushk</td>
<td>100 g.</td>
</tr>
<tr>
<td>7</td>
<td>Zeera Siyah Mudabbar</td>
<td>50 g.</td>
</tr>
<tr>
<td>8</td>
<td>Nankhwah</td>
<td>50 g.</td>
</tr>
<tr>
<td>9</td>
<td>Post-e-Balela</td>
<td>50 g.</td>
</tr>
<tr>
<td>10</td>
<td>Hafeza Zard</td>
<td>50 g.</td>
</tr>
<tr>
<td>11</td>
<td>Hafeza Siyah</td>
<td>50 g.</td>
</tr>
<tr>
<td>12</td>
<td>Aandra</td>
<td>50 g.</td>
</tr>
<tr>
<td>13</td>
<td>Asal OR Qand Safaid</td>
<td>25 kg.</td>
</tr>
</tbody>
</table>

**ACTION:**
Hablas, Muqawwi-e-Asab.

---

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**THERAPEUTIC USE:**

**Dose:**
3 to 10 g.

### 5.01, Majoon-e-Lana

<table>
<thead>
<tr>
<th>No.</th>
<th>Name</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Agamul Vaishkher</td>
<td>20 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Must Saala</td>
<td>10 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Zalb-e-Saalani</td>
<td>10 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Darajin</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Wail Dzan</td>
<td>10 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Jumsha</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Bisham</td>
<td>10 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Mastagi</td>
<td>10 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Sad Kull</td>
<td>10 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Zanjabeel</td>
<td>10 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Qaranful</td>
<td>10 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Asma</td>
<td>10 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Sumbat-in-Toch</td>
<td>10 g.</td>
</tr>
<tr>
<td>14.</td>
<td>Peal Khurs</td>
<td>10 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Narkhavan</td>
<td>10 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Burlyan</td>
<td>10 g.</td>
</tr>
<tr>
<td>17.</td>
<td>Hufar</td>
<td>10 g.</td>
</tr>
<tr>
<td>18.</td>
<td>Sandai Salim</td>
<td>10 g.</td>
</tr>
<tr>
<td>19.</td>
<td>Chor-e-Sialan</td>
<td>10 g.</td>
</tr>
<tr>
<td>20.</td>
<td>Agar</td>
<td>10 g.</td>
</tr>
<tr>
<td>21.</td>
<td>Asal O.K. Qam-Saalia</td>
<td>500 g.</td>
</tr>
</tbody>
</table>

**ADDITIONAL:**
Mazavvi-e-Asab.

**THERAPEUTIC USE:**

**Dose:**
3 to 10 g.

### 5.02, Majoon-e-Muslum-e-Bau'i

<table>
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<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Asla</td>
<td>15 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Vilhan</td>
<td>15 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Khulefain</td>
<td>15 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Sandai Shal</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Sandai Shal</td>
<td>10 g.</td>
</tr>
<tr>
<td>No.</td>
<td>Item</td>
<td>Quantity</td>
</tr>
<tr>
<td>-----</td>
<td>-----------------------</td>
<td>----------</td>
</tr>
<tr>
<td>1</td>
<td>Mastagi</td>
<td>20 g.</td>
</tr>
<tr>
<td>2</td>
<td>Ilaq-ul-Bussa</td>
<td>30 g.</td>
</tr>
<tr>
<td>3</td>
<td>Kateera</td>
<td>60 g.</td>
</tr>
<tr>
<td>4</td>
<td>Tabasheer</td>
<td>60 g.</td>
</tr>
<tr>
<td>5</td>
<td>Heel Khurd</td>
<td>60 g.</td>
</tr>
<tr>
<td>6</td>
<td>Darchini</td>
<td>60 g.</td>
</tr>
<tr>
<td>7</td>
<td>Samagh-e-Arabi</td>
<td>60 g.</td>
</tr>
<tr>
<td>8</td>
<td>Nishasta-e-Gandum</td>
<td>60 g.</td>
</tr>
<tr>
<td>9</td>
<td>Salab Misri</td>
<td>60 g.</td>
</tr>
<tr>
<td>10</td>
<td>Maghz-e-Chilghoza</td>
<td>120 g.</td>
</tr>
<tr>
<td>11</td>
<td>Narjeel</td>
<td>200 g.</td>
</tr>
<tr>
<td>12</td>
<td>Maghz-e-Badam</td>
<td>240 g.</td>
</tr>
<tr>
<td>13</td>
<td>Asal OR Qand Safaid</td>
<td>2.5 kg.</td>
</tr>
</tbody>
</table>

**ACTION:**
Mughalliz-e-Mani.

**THERAPEUTIC USE:**
Surat-e-Inzal, Jiyar.

**Dose:**
5 to 10 g.

---

**Note:** Julab is a syrup which is prepared of Sugar or Asal with Araq-e-Gulab.
ACTION:
Muqawwi-e-Meda, Muqawwi-e-Asab.
Therapeutic use:
Dose:
5 to 10 g.

5.95. Majoone-Mundi

1. Post-e-Halela Zard . . . . . . . . . . 20 g.
2. Halela Kabli . . . . . . . . . . . . . . . . 20 g.
3. Balela . . . . . . . . . . . . . . . . . . . . . . 20 g.
4. Aamla . . . . . . . . . . . . . . . . . . . . . . 20 g.
5. Halela Siyah . . . . . . . . . . . . . . . . . . . 20 g.
6. Kishneez Khushk . . . . . . . . . . . . . . . . . . 20 g.
7. Shatara . . . . . . . . . . . . . . . . . . . . . . 20 g.
8. Asi-us-Soos . . . . . . . . . . . . . . . . . . . . . 20 g.
9. Gul-e-Mundi . . . . . . . . . . . . . . . . . . . . . . 160 g.
10. Qand Safaid . . . . . . . . . . . . . . . . . . . . . . 1 kg.

ACTION:
Musaffi-e-Dam.
Therapeutic use:
Fasad-ud-Dam, Ramad.
Dose:
10 to 15 g.

5.96. Majoone-Muqil

1. Post-e-Halela Kabli . . . . . . . . . . . . . 10 g.
2. Post-e-Balela . . . . . . . . . . . . . . . . . . . 10 g.
3. Aamla . . . . . . . . . . . . . . . . . . . . . . . . 10 g.
4. Dana Heel Khurd . . . . . . . . . . . . . . . . . . . 10 g.
5. Badiyan . . . . . . . . . . . . . . . . . . . . . . . . 10 g.
6. Nankhwah . . . . . . . . . . . . . . . . . . . . . . . . 5 g.
7. Sazaj Hindi . . . . . . . . . . . . . . . . . . . . . . . . 5 g.
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8. Narmushik . . . . . . . . . . . 5 g.
9. Zanjabeel . . . . . . . . . . . 5 g.
10. Satar Farsi . . . . . . . . . . . 5 g.
11. Waj-e-Turki . . . . . . . . . . . 5 g.
12. Filfil Daraz . . . . . . . . . . . 5 g.
13. Musjil . . . . . . . . . . . 85 g.
14. Asal OR Qand Safaid . . . . . . 350 g.

ACTION:

THERAPEUTIC USE:
Qabz, Waram-e-Quloon, Bawaseer Amiya.

Dose:
5 to 10 g.

5.97. Majoon Muqawwi-e-Rahem

1. Mochras . . . . . . . . . . . 10 g.
2. Fufat . . . . . . . . . . . 10 g.
3. Tabasheer . . . . . . . . . . . 10 g.
4. Nishasta-e-Gandum . . . . . . 10 g.
5. Gul-e-Makhtoom . . . . . . . 10 g.
6. Gul-e-Surkh . . . . . . . . . . . 10 g.
7. Muzy . . . . . . . . . . . 10 g.
8. Habb-ul-Aas . . . . . . . . . . . 10 g.
9. Post-e-Halela Zard . . . . . . 10 g.
10. Post-e-Balela . . . . . . . . . 10 g.
11. Aminia . . . . . . . . . . . 10 g.
12. Musli Siyah . . . . . . . . . . . 10 g.
13. Musli Safaid . . . . . . . . . . . 10 g.
14. Post-e-Anar . . . . . . . . . . . 15 g.
15. Aab-e-Behi Taza . . . . . . . 50 ml.
16. Aab-e-Anar Turs . . . . . . . 50 ml.
17. Nabat Saffaid . . . . . . . . . 210 g.
18. Asal OR Qand Safaid . . . . . . 210 g.

ACTION:
Muwallid-e-Dam, Muqawwi-e-Rahem.

THERAPEUTIC USE:

Dose:
5 to 10 g.

5.98. Majoon Musafli-e-Khoon

1. Post-e-Bekh-e-Neem . . . . . . 25 g.
2. Post-e-Shakh-e-Anjeer Dashti . . . . . . 25 g.

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<table>
<thead>
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<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Post-e-Halela Kabli</td>
<td>50 g.</td>
</tr>
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<td>2.</td>
<td>Post-e-Balela</td>
<td>50 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Aamla</td>
<td>50 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Halela Siyah</td>
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<td>5.</td>
<td>Turbud</td>
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<tr>
<td>7.</td>
<td>Afismoon</td>
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</tr>
<tr>
<td>8.</td>
<td>Ustukhuddus</td>
<td>25 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Asal OR Qand Safaid</td>
<td>600 g.</td>
</tr>
</tbody>
</table>

**ACTION:**
Musaffi-e-Dam, Muqawwi-e-Asab.

**THERAPEUTIC USE:**
Malikhultiya, Qulanj, Ikhtinaq-ur-Rahem.

**Dose:**
5 to 10 g.

---

<table>
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<th>Quantity</th>
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<tr>
<td>2.</td>
<td>Nankhwah</td>
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</tr>
<tr>
<td>3.</td>
<td>Zufa Khushik</td>
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</tr>
<tr>
<td>4.</td>
<td>Tulina</td>
<td>35 g.</td>
</tr>
<tr>
<td>No.</td>
<td>Item</td>
<td>Dose</td>
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<td>--------------------</td>
<td>------------</td>
</tr>
<tr>
<td>5</td>
<td>Zeera Siyah</td>
<td>35 g.</td>
</tr>
<tr>
<td>6</td>
<td>Waj-e-Turki</td>
<td>25 g.</td>
</tr>
<tr>
<td>7</td>
<td>Bisbasa</td>
<td>25 g.</td>
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<tr>
<td>8</td>
<td>Badiyan</td>
<td>25 g.</td>
</tr>
<tr>
<td>9</td>
<td>Zanjabeel</td>
<td>25 g.</td>
</tr>
<tr>
<td>10</td>
<td>Jauzbuwa</td>
<td>25 g.</td>
</tr>
<tr>
<td>11</td>
<td>Karafs</td>
<td>25 g.</td>
</tr>
<tr>
<td>12</td>
<td>Hasha</td>
<td>15 g.</td>
</tr>
<tr>
<td>13</td>
<td>Asal OR Qand Safaid</td>
<td>1.125 kg.</td>
</tr>
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**ACTION:**
Kasir-e-Riyah, Hazim.

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

### 5.101. Majoon-e-Piyaz

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<td>1</td>
<td>Tudri Surkh</td>
<td>35 g.</td>
</tr>
<tr>
<td>2</td>
<td>Tudri Safaid</td>
<td>35 g.</td>
</tr>
<tr>
<td>3</td>
<td>Salab Msirī</td>
<td>35 g.</td>
</tr>
<tr>
<td>4</td>
<td>Behman Surkh</td>
<td>35 g.</td>
</tr>
<tr>
<td>5</td>
<td>Behman Safaid</td>
<td>35 g.</td>
</tr>
<tr>
<td>6</td>
<td>Zanjabeel</td>
<td>35 g.</td>
</tr>
<tr>
<td>7</td>
<td>Tukhm-e-Piyaz</td>
<td>35 g.</td>
</tr>
<tr>
<td>8</td>
<td>Tukhm-e-Turh</td>
<td>35 g.</td>
</tr>
<tr>
<td>9</td>
<td>Tukhm-e-Gandana</td>
<td>35 g.</td>
</tr>
<tr>
<td>10</td>
<td>Tukhm-e-Shalgham</td>
<td>35 g.</td>
</tr>
<tr>
<td>11</td>
<td>Talmakhana</td>
<td>35 g.</td>
</tr>
<tr>
<td>12</td>
<td>Musli Safaid</td>
<td>35 g.</td>
</tr>
<tr>
<td>13</td>
<td>Musli Siyah</td>
<td>45 g.</td>
</tr>
<tr>
<td>14</td>
<td>Aab-e-Piyaz Safaid</td>
<td>5-5 lit.</td>
</tr>
<tr>
<td>15</td>
<td>Asal OR Qand Safaid</td>
<td>1.5 kg.</td>
</tr>
</tbody>
</table>

**ACTION:**
Maqrwwi-e-Bah, Mumsik.

**THERAPEUTIC USE:**
Zof-e-Bah, Jiryan, Surat-e-Inzal.

**DOSE:**
5 to 10 g.
5.102. Majoon-e-Rahul Montaazan

1. Jauzbuwa ........ 45 g.
2. Kateera ........ 43 g.
3. Irsâ ........ 45 g.
4. Barg-e-Gaozaban ....... 5 g.
5. Khusyat-uz-Salab ....... 5 g.
6. Tukhm-e-Gazar ....... 120 g.
7. Narjheel ....... 120 g.
8. Darchini ....... 120 g.
9. Habb-e-Sanobar ....... 120 g.
10. Shaqaq-ul-Misri ....... 210 g.
11. Sheera-e-Tukhm-e-Khashkhaash ....... 300 g.
12. Joshanda-e-Post-e-Khashkhaash ....... 600 g.
13. Asal OR Qand Safaid ....... 5 kg.
15. Aab-e-Gazar ....... 2 li.

Action:
Daf-e-Tashannuj.

Therapeutic Use:

Dose:
5 to 10 g.

Note: Mushk has been deleted from this formula.

5.103. Majoon-e-Salah

1. Salab Misri ....... 100 g.
2. Shaqaq-ul-Misri ....... 60 g.
3. Aaqargarha ....... 20 g.
4. Khulanjan ....... 20 g.
5. Samandar Sokh ....... 20 g.
6. Maghz-e-Baladur ....... 20 g.
7. Asgand ....... 20 g.
8. Kunjad ....... 20 g.
10. Tukhm-e-Gazar ....... 20 g.
11. Filfil Daraz ....... 10 g.
12. Mastagi ....... 10 g.
13. Tukhm-e-Haleoon ....... 16 g.
14. Jauzbuwa ....... 10 g.
15. Zanjabeel ....... 16 g.
16. Behman Surkh ....... 10 g.
17. Behman Safaid ....... 10 g.
<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>18</td>
<td>Tudri Surkh</td>
<td>10 g</td>
</tr>
<tr>
<td>19</td>
<td>Tudri Zard</td>
<td>10 g</td>
</tr>
<tr>
<td>20</td>
<td>Bisbasa</td>
<td>5 g</td>
</tr>
<tr>
<td>21</td>
<td>Zefran</td>
<td>5 g</td>
</tr>
<tr>
<td>22</td>
<td>Asal OR Qand Safaid</td>
<td>1.5 kg</td>
</tr>
</tbody>
</table>

**ACTION:**
Muqawwi-e-Bah, Mughalliz-e-Mani.

**THERAPEUTIC USE:**
Zof-e-Bah, Riqqat-e-Mani.

**Dose:**
5 to 10 g.

---

<table>
<thead>
<tr>
<th>5.104. Majoone-Sangdana Murgh</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Gul-e-Surkh</td>
</tr>
<tr>
<td>2. Post-e-Sangdana Murgh</td>
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<tr>
<td>3. Tabasheer</td>
</tr>
<tr>
<td>4. Behman Safaid</td>
</tr>
<tr>
<td>5. Behman Surkh</td>
</tr>
<tr>
<td>6. Sandal Surkh</td>
</tr>
<tr>
<td>7. Sandal Safaid</td>
</tr>
<tr>
<td>8. Satar Farsi</td>
</tr>
<tr>
<td>9. Kishneez Khushk Biryan</td>
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<tr>
<td>10. Habb-ul-Aas</td>
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<td>11. Pudina Khushk</td>
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<tr>
<td>12. Post-e-Berun-e-Pista</td>
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<td>13. Post-e-Turanj</td>
</tr>
<tr>
<td>14. Post-e-Halela Zard</td>
</tr>
<tr>
<td>15. Asal OR Qand Safaid</td>
</tr>
</tbody>
</table>

**ACTION:**
Muqawwi-e-Meda, Muqawwi-e-Kabid.

**THERAPEUTIC USE:**

**Dose:**
5 to 10 g.

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<table>
<thead>
<tr>
<th>5.105. Majoone-Seeer Aliy Khani</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Seeer Taza</td>
</tr>
<tr>
<td>2. Gul-e-Gaazaban</td>
</tr>
<tr>
<td>3. Bedranjboyu</td>
</tr>
<tr>
<td>4. Bisfayej</td>
</tr>
<tr>
<td>5. Halela Siyah</td>
</tr>
<tr>
<td>6. Post-e-Halela Kabli</td>
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<tr>
<td>7. Inab-us-Salab</td>
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</tbody>
</table>
8. Sheer-e-Gao  
9. Raughan Zard  
10. Asal OR Qand Safaid  
11. Zanjabeel  
12. Filfil Siyah  
13. Filfil Safaid  
14. Filfil Daraz  
15. Qaranful  
16. Saleekha  
17. Kababchini  
18. Khulanjan  
19. Behman Surkh  
20. Behman Safaid  
21. Shaqaq-ul-Misri  
22. Gul-e-Babuna  
23. Marzanjosh  
24. Ambar Ash-hab  
25. Zafran  

**ACTION:**
Muqawwi-e-Asab.

**THEORETICAL USE:**
Tasammum, Falij, Laqwa, Rasha.

**Dose:**
5 to 10 g.

**Special Method of Preparation:**
Ingredients 2-7 are boiled in 3 litres of water to obtain 1 litre of decoction. Seer Taza is then boiled with this decoction till it gets soft. Then Sheer-e-Gao is added and boiled till the decoction evaporates. To it Raughan Zard is added and boiled for some time, Asal or Qand Safaid is then added and brought to the required consistency to prepare the Majoon as usual.

### 5.106. Majoon-e-Sohag South

1. Zanjabeel  
2. Raughan Zard  
3. Sheer-e-Gao  
4. Qand Safaid  
5. Maghz-e-Tukhm-e-Kharbuza  
6. Maghz-e-Habb-us-Samena  
7. Nishasta-e-Gandum  
8. Asgand  
9. Musli Safaid  
10. Mocharas  
11. Samagh-e-Arabi

1 kg.
500 g.
1 kg.
25 g.
25 g.
25 g.
7.5 g.
25 g.
25 g.
25 g.
25 g.
25 g.
5 g.
5 g.
| 12. | Satawar | 20 g. |
| 13. | Sazaj Hindi | 15 g. |
| 14. | Sandal Saffaid | 15 g. |
| 15. | Saleekha | 15 g. |
| 17. | Khar-e-Khasak | 10 g. |
| 18. | Filfil Daraz | 10 g. |
| 19. | Filfil Siyah | 10 g. |
| 20. | Sumbul-ut-Teeb | 10 g. |
| 21. | Sad Kuf | 10 g. |
| 22. | Maghz-e-Tukhm-e-Koneh | 10 g. |
| 23. | Samagh-e-Dhak | 10 g. |

**ACTION:**
Muqawwi-e-Rahem, Habis, Daf-e-Taffun.

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

### 5.107. Majoon-e-Suparipak

| 1. | Khurma Khushk | 500 g. |
| 2. | Fufal | 250 g. |
| 3. | Majeeth | 125 g. |
| 5. | Maghz-e-Badam Shireen Biryan | 500 g. |
| 7. | Samagh-e-Arabi Biryan | 250 g. |
| 8. | Aarad-e-Moong | 125 g. |
| 9. | Raughan Zard | 1 kg. |
| 10. | Qand Safaid | 3 kg. |
| 11. | Khar-e-Khasak Khurd | 500 g. |
| 12. | Samagh-e-Dhak | 250 g. |
| 14. | Salab Misri | 55 g. |
| 15. | Darchini | 55 g. |
| 16. | Qaranful | 55 g. |
| 17. | Heel Khurd | 55 g. |
| 18. | Zanjabeel | 55 g. |
| 19. | Jauzbuwa | 25 g. |
| 20. | Gul-e-Supari | 15 g. |
### 5.108. Majoon-e-Suranjan

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<td>Sana</td>
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<td>Zanjabeel</td>
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<tr>
<td>Zeera Siyah</td>
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<tr>
<td>Filfil Daraz</td>
<td>100 g.</td>
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<tr>
<td>Asaroon</td>
<td>100 g.</td>
</tr>
<tr>
<td>Asal OR Qand Safaid</td>
<td>3.5 kg.</td>
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**Action:** Mohallil-e-Waram, Mulaiyin.

**Therapeutic Use:** Waj-ul-Mafasil, Niqras, Waram-e-Mafasil.

**Dose:** 5 to 10 g.

### 5.109. Majoon-e-Talkin

<table>
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<td>Sibr Zard</td>
<td>140 g.</td>
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<tr>
<td>Asaroon</td>
<td>45 g.</td>
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<tr>
<td>Taj</td>
<td>45 g.</td>
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<tr>
<td>Saqmonia</td>
<td>45 g.</td>
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<td>Mastagi</td>
<td>30 g.</td>
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<tr>
<td>Ood-e-Balsan</td>
<td>20 g.</td>
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<tr>
<td>Farfiyun</td>
<td>20 g.</td>
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<tr>
<td>Filfil Siyah</td>
<td>20 g.</td>
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<tr>
<td>Filfil Safaid</td>
<td>20 g.</td>
</tr>
<tr>
<td>Filfil Daraz</td>
<td>20 g.</td>
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<tr>
<td>Juntiyana</td>
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<tr>
<td>Habb-ul-Neel</td>
<td>20 g.</td>
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<td>Izkhar</td>
<td>20 g.</td>
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<td>Hamama</td>
<td>20 g.</td>
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**Action:** Qabiz, Muqawwi-e-Rahem.

**Therapeutic Use:** Sallan-ur-Rahem, Uqr, Surat-e-Inzal.

**Dose:** 10 to 15 g.

**Note:** Mushk has been deleted from this formula.

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16. Rewand Chini . . . . . . . . . . 20 g.
17. Asal OR Qand Safaid . . . . . . 2.5 kg.

**ACTION:**
Muqawwi-e-Dimagh, Munaffis-e-Balgham.

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

### 5.110. Majoon-e-Talkh Deedani

1. Mur Makki . . . . . . . . . . . . . 1 kg.
2. Qand Safaid . . . . . . . . . . . . . 3 kg.

**ACTION:**

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

**Note:** Deedani has been suffixed to the title of the formula.

### 5.111. Majoon-e-Teewaj

1. Teewaj-e-Khatai . . . . . . . . . . . . . 1 kg.
2. Bekh-e-Anjabar . . . . . . . . . . . . . 240 g.
3. Tabasheer . . . . . . . . . . . . . . . . . 240 g.
4. Damm-ul-Akhwain . . . . . . . . . . . . 240 g.
5. Gil-e-Armani . . . . . . . . . . . . . . . 240 g.
6. Kateera . . . . . . . . . . . . . . . . . . 240 g.
7. Gul-e-Nilofar . . . . . . . . . . . . . . . 240 g.
8. Qand Safaid . . . . . . . . . . . . . . . 7.5 kg.

**ACTION:**
Habis, Qabiz.

**THERAPEUTIC USE:**
Is-hal-e-Muzmin, Bawaseer Damiya, Zaheer-e-Damwi, Ruaf.

**DOSE:**
5 to 10 g.

### 5.112. Majoon-e-Ushba

1. Sana . . . . . . . . . . . . . . . . . 80 g.
2. Sandal Surakh . . . . . . . . . . . . . 60 g.
3. Sandal Safaid . . . . . . . . . . . . . 60 g.
4. Chobchini . . . . . . . . . . . . . . . 60 g.
5. Gul-e-Surkh . . . . . . . . . . . . . . . 60 g.
6. Darchini . . . . . . . . . . . . . . . . . 40 g.

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<table>
<thead>
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<td>8.</td>
<td>Gaozaban</td>
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<td>9.</td>
<td>Aftimoon</td>
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<td>10.</td>
<td>Bisfayej</td>
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<td>11.</td>
<td>Ushba</td>
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<td>12.</td>
<td>Post-e-Balela</td>
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<tr>
<td>13.</td>
<td>Sumbul-ut-Teeb</td>
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</tr>
<tr>
<td>14.</td>
<td>Halela Siyah</td>
<td>15 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Post-e-Halela Zard</td>
<td>10 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Asal OR Qand Safaid</td>
<td>2 kg.</td>
</tr>
</tbody>
</table>

**ACTION:** Mulaiyin.

**THERAPEUTIC USE:** Jarab, Waj-ul-Mafasil, Hikka.

**Dose:**

5 to 10 g.

---

5.113. **Majoone-Zabeeb**

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Maweez Munaqqa</td>
<td>500 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Halela Kabli</td>
<td>30 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Halela Zard</td>
<td>30 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Balela</td>
<td>30 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Aamla</td>
<td>30 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Ustukhuddus</td>
<td>15 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Ood-e-Saleet</td>
<td>15 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Aaqarqarza</td>
<td></td>
</tr>
</tbody>
</table>

**ACTION:** Mufatteh Sudad.

**THERAPEUTIC USE:** Sara.

**Dose:**

5 to 10 g.

---

5.114. **Mufarreh Barid**

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Tukhm-e-Kahu</td>
<td>60 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Maghiz-e-Tukhm-e-Kharbuza</td>
<td>60 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Maghiz-e-Tukhm-e-Kaddu</td>
<td>60 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Maghiz-e-Tukhm-e-Khiyar</td>
<td>60 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Tukhm-e-Khurfa</td>
<td>60 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Gaozaban</td>
<td>40 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Sandal Safaid</td>
<td>40 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Tabasheer</td>
<td></td>
</tr>
<tr>
<td>Item</td>
<td>Quantity</td>
<td></td>
</tr>
<tr>
<td>------</td>
<td>----------</td>
<td></td>
</tr>
<tr>
<td>9. Marwareed</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>10. Busud Sokha</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>11. Kahruba</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>12. Sartan Nahri Mohraq</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>13. Abresham</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>14. Kafoor</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>15. Sandal Surkh</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>16. Heel Khurd</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>17. Gul-e-Surkh</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>18. Ood Hindi</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>19. Darunaj Aqrabi</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>20. Zarambad</td>
<td>20 g.</td>
<td></td>
</tr>
<tr>
<td>22. Zafran</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>23. Mushk</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>24. Ambar Ash-hab</td>
<td>5 g.</td>
<td></td>
</tr>
<tr>
<td>25. Murabba-e-Seb</td>
<td>1-20 kg.</td>
<td></td>
</tr>
<tr>
<td>26. Aab-e-Anar</td>
<td>75 ml.</td>
<td></td>
</tr>
<tr>
<td>27. Murabba-e-Behi</td>
<td>1-20 kg.</td>
<td></td>
</tr>
<tr>
<td>28. Asal OR Qand Safaid</td>
<td>2.5 kg.</td>
<td></td>
</tr>
</tbody>
</table>

**ACTION:**
Muqawwi-e-Asab.

**Therapeutic use:**
Zof-e-Qalb, Zof-e-Asab, Khafqan.

**Dose:**
5 to 10 g.

Note: Mushk may be deleted in this formula.

**Special Method of Preparation:**
Decoction of Abresham is prepared and added to the Qiwam of Asal or Qand Safaid of the required consistency to make the above preparation.

---

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Gul-e-Surkh</td>
<td>25 g.</td>
</tr>
<tr>
<td>2. Tukhm-e-Kahu</td>
<td>15 g.</td>
</tr>
<tr>
<td>5. Maghz-e-Tukhm-e-Khiyarain</td>
<td>15 g.</td>
</tr>
<tr>
<td>6. Tukhm-e-Khurfa</td>
<td>15 g.</td>
</tr>
<tr>
<td>7. Sandal Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>8. Sandal Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>9. Heel Khurd</td>
<td>10 g.</td>
</tr>
<tr>
<td>10. Tabasheer</td>
<td>10 g.</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>No.</th>
<th>Item Name</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.</td>
<td>Ood Hindi</td>
<td>10 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Darunaj Aqrabi</td>
<td>10 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Zarambad</td>
<td>10 g.</td>
</tr>
<tr>
<td>14.</td>
<td>Behman Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Waraq-e-Nuqra</td>
<td>10 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Marwared</td>
<td>5 g.</td>
</tr>
<tr>
<td>17.</td>
<td>Busud</td>
<td>5 g.</td>
</tr>
<tr>
<td>18.</td>
<td>Sartan Sokhta</td>
<td>5 g.</td>
</tr>
<tr>
<td>19.</td>
<td>Kahrua</td>
<td>5 g.</td>
</tr>
<tr>
<td>20.</td>
<td>Abresham</td>
<td>5 g.</td>
</tr>
<tr>
<td>21.</td>
<td>Gaozaban</td>
<td>5 g.</td>
</tr>
<tr>
<td>22.</td>
<td>Zafran</td>
<td>2.5 g.</td>
</tr>
<tr>
<td>23.</td>
<td>Ambar Ash-hab</td>
<td>1.5 g.</td>
</tr>
</tbody>
</table>

**ACTION:**
- Muqawwi-e-Aam, Daf-e-Tap.

**THERAPEUTIC USE:**

**DOSE:**
- 5 to 10 g.

---

**5.116. Mufarreh Barid Qawi**

<table>
<thead>
<tr>
<th>No.</th>
<th>Item Name</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Tukhm-e-Khurfa</td>
<td>20 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Gul-e-Gaozaban</td>
<td>10 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Tabasheer</td>
<td>10 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Gul-e-Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Sandal Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Kishneez Khushk</td>
<td>10 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Maghz-e-Tukhm-e-Kaddu</td>
<td>10 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Marwared</td>
<td>5 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Kahrua</td>
<td>5 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Ambar Ash-hab</td>
<td>1 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Waraq-e-Nuqra</td>
<td>1 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Rubb-e-Seb Shireen</td>
<td>100 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Qand Safaid</td>
<td>600 g.</td>
</tr>
</tbody>
</table>

**ACTION:**
- Muqawwi-e-Qalb, Mufarreh, Mubarrid.

**THERAPEUTIC USE:**
- Khafqan, Zof-e-Qalb.
**Dose:**
5 to 10 g.

Note: 1. Qawi has been suffixed to the title of the formula.
2. Waraq-e-Tila has been deleted from the formula.

5.117. Mufarreh Motadil

1. Maghz-e-Tukhm-e-Kaddu Shireen ..... 50 g.
2. Ood Hindi ..... 30 g.
3. Tukhm-e-Kasni ..... 30 g.
4. Sandal Safaid ..... 30 g.
5. Sandal Surkh ..... 30 g.
6. Kishneez Khushk Muqashshar ..... 20 g.
7. Tabasheer ..... 20 g.
8. Tukhm-e-Khashkhaash ..... 20 g.
9. Abresham ..... 20 g.
10. Gul-e-Gaozaban ..... 20 g.
11. Marwareed ..... 15 g.
13. Kahruba ..... 15 g.
14. Sazaj Hindi ..... 10 g.
15. Darunaj Aqrabi ..... 10 g.
16. Aftimoon ..... 10 g.
17. Gul-e-Surkh ..... 10 g.
18. Zarambad ..... 10 g.
19. Tukhm-e-Faranjmushk ..... 10 g.
20. Badiyan ..... 10 g.
22. Gil-e-Armani ..... 10 g.
23. Gii-e-Makhtoom ..... 10 g.
24. Zafraan ..... 10 g.
25. Ambar Ash-hab ..... 10 g.
26. Turanjabeen ..... 100 g.
27. Sharbat-e-Seb ..... 100 ml.
28. Sharbat-e-Behi ..... 100 ml.
31. Qand Safaid ..... 1 kg.

**Action:**
Musakkin, Muqawwi-e-Qalb, Kasir-e-Riyah.

Therapeutic Use:
Nafkh-e-Shikam, Zof-e-Qalb.

Dose:
5 to 10 g.
### 5.118. Mufarreh Sosambari

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Zarambad</td>
<td>50 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Darunaj Aqrabi</td>
<td>50 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Behman Surkh</td>
<td>50 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Behman Safaid</td>
<td>50 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Badranjboya</td>
<td>50 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Faranjmushk</td>
<td>40 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Waj-e-Turki</td>
<td>25 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Ood Hindi</td>
<td>25 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Pudina Khushk</td>
<td>10 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Sosambar</td>
<td>10 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Darchini</td>
<td>10 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Kunajad</td>
<td>10 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Jatubawa</td>
<td>10 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Kahruba</td>
<td>10 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Zafaran</td>
<td>10 g.</td>
</tr>
<tr>
<td>17.</td>
<td>Yaqoot</td>
<td>5 g.</td>
</tr>
<tr>
<td>18.</td>
<td>Bisbasa</td>
<td>5 g.</td>
</tr>
<tr>
<td>19.</td>
<td>Aab-e-Seb Shireen</td>
<td>75 ml.</td>
</tr>
<tr>
<td>20.</td>
<td>Aab-e-Marzanjosh</td>
<td>75 ml.</td>
</tr>
<tr>
<td>21.</td>
<td>Aab-e-Gaozaban</td>
<td>75 ml.</td>
</tr>
<tr>
<td>22.</td>
<td>Asal OR Qand Safaid</td>
<td>350 g.</td>
</tr>
<tr>
<td>24.</td>
<td>Raughan-e-Banafsha</td>
<td>125 ml.</td>
</tr>
<tr>
<td>25.</td>
<td>Raughan-e-Badam</td>
<td>125 ml.</td>
</tr>
<tr>
<td>26.</td>
<td>Araq-e-Gulab</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

**Action:**

**Therapeutic Use:**

**Dose:**
5 to 10 g.

**Special Method of Preparation:**

Ingredients 15 to 17 are ground in Araq-e-Gulab. Ingredients 1 to 13 and 18 are soaked in ingredients 19 to 21 for 24 hours. The soaked ingredients are filtered and mixed with the mixture of the ingredients 22 and 23 and boiled till the water evaporates completely. It is now added with the ingredients 24 and 25 and boiled again to the required consistency to make the above preparation.
### 5.119. Mufarreh Yaqooti Barid

<table>
<thead>
<tr>
<th>No.</th>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Yaqoot Surkh</td>
<td>3 g.</td>
</tr>
<tr>
<td>2.</td>
<td>Lal</td>
<td>3 g.</td>
</tr>
<tr>
<td>3.</td>
<td>Yashab</td>
<td>3 g.</td>
</tr>
<tr>
<td>4.</td>
<td>Busud</td>
<td>1 g.</td>
</tr>
<tr>
<td>5.</td>
<td>Marwareed</td>
<td>5 g.</td>
</tr>
<tr>
<td>6.</td>
<td>Badranjboya</td>
<td>5 g.</td>
</tr>
<tr>
<td>7.</td>
<td>Gaozaban</td>
<td>5 g.</td>
</tr>
<tr>
<td>8.</td>
<td>Tukhm-e-Faranjmeshk</td>
<td>5 g.</td>
</tr>
<tr>
<td>9.</td>
<td>Zafran</td>
<td>5 g.</td>
</tr>
<tr>
<td>10.</td>
<td>Amla</td>
<td>5 g.</td>
</tr>
<tr>
<td>11.</td>
<td>Tukhm-e-Kahu</td>
<td>5 g.</td>
</tr>
<tr>
<td>12.</td>
<td>Behman Safaid</td>
<td>5 g.</td>
</tr>
<tr>
<td>13.</td>
<td>Behman Surkh</td>
<td>5 g.</td>
</tr>
<tr>
<td>14.</td>
<td>Tukhm-e-Khurfa</td>
<td>5 g.</td>
</tr>
<tr>
<td>15.</td>
<td>Gil-e-Armani</td>
<td>1 g.</td>
</tr>
<tr>
<td>16.</td>
<td>Habb-ul-Aas</td>
<td>1 g.</td>
</tr>
<tr>
<td>17.</td>
<td>Mayeen Kalan</td>
<td>1 g.</td>
</tr>
<tr>
<td>18.</td>
<td>Gulnar Farsi</td>
<td>1 g.</td>
</tr>
<tr>
<td>19.</td>
<td>Guleh-Banafsha</td>
<td>1 g.</td>
</tr>
<tr>
<td>20.</td>
<td>Sandal Surkh</td>
<td>15 g.</td>
</tr>
<tr>
<td>21.</td>
<td>Sandal Safaid</td>
<td>15 g.</td>
</tr>
<tr>
<td>22.</td>
<td>Zarishk</td>
<td>30 g.</td>
</tr>
<tr>
<td>23.</td>
<td>Waraq-e-Nuqta</td>
<td>3 g.</td>
</tr>
<tr>
<td>24.</td>
<td>Ambar Ash-hab</td>
<td>1 g.</td>
</tr>
<tr>
<td>25.</td>
<td>Kafoor</td>
<td>3 g.</td>
</tr>
<tr>
<td>26.</td>
<td>Tabasheer</td>
<td>7 g.</td>
</tr>
<tr>
<td>27.</td>
<td>Tukhm-e-Kasni</td>
<td>10 g.</td>
</tr>
<tr>
<td>29.</td>
<td>Sharbat-e-Seb Shireen</td>
<td>50 ml.</td>
</tr>
<tr>
<td>31.</td>
<td>Araq-e-Kasni</td>
<td>120 ml.</td>
</tr>
<tr>
<td>32.</td>
<td>Asal OR Qand Safaid</td>
<td>325 g.</td>
</tr>
<tr>
<td>33.</td>
<td>Araq-e-Bedmushk</td>
<td>50 ml.</td>
</tr>
</tbody>
</table>

**ACTION:**
Muqawwi-e-Qalb.

**THERAPEUTIC USE:**
Zof-e-Qalb, Naqahat.

**DOSE:**
3 to 5 g.

**Note:** Waraq-e-Tila and Mushk have been deleted from the formula.
<table>
<thead>
<tr>
<th></th>
<th>Item Description</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Gul-e-Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>2</td>
<td>Darunaj Aqrabi</td>
<td>10 g.</td>
</tr>
<tr>
<td>3</td>
<td>Ood Hindi</td>
<td>10 g.</td>
</tr>
<tr>
<td>4</td>
<td>Sandal Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>5</td>
<td>Tukhm-e-Gaozaban</td>
<td>7 g.</td>
</tr>
<tr>
<td>6</td>
<td>Maghz-e-Tukhm-e-Khiyar</td>
<td>7 g.</td>
</tr>
<tr>
<td>7</td>
<td>Tabasheer</td>
<td>7 g.</td>
</tr>
<tr>
<td>8</td>
<td>Tukhm-e-Raihan</td>
<td>7 g.</td>
</tr>
<tr>
<td>9</td>
<td>Tukhm-e-Khurfa Muqashshar</td>
<td>7 g.</td>
</tr>
<tr>
<td>10</td>
<td>Zarishk</td>
<td>7 g.</td>
</tr>
<tr>
<td>11</td>
<td>Azfarut-Teeb</td>
<td>7 g.</td>
</tr>
<tr>
<td>12</td>
<td>Maghz-e-Tukhm-e-Kaddu</td>
<td>7 g.</td>
</tr>
<tr>
<td>13</td>
<td>Ushna</td>
<td>7 g.</td>
</tr>
<tr>
<td>14</td>
<td>Zarambad</td>
<td>7 g.</td>
</tr>
<tr>
<td>15</td>
<td>Behman Safaid</td>
<td>7 g.</td>
</tr>
<tr>
<td>16</td>
<td>Post-e-Utraj</td>
<td>7 g.</td>
</tr>
<tr>
<td>17</td>
<td>Abresham</td>
<td>7 g.</td>
</tr>
<tr>
<td>18</td>
<td>Darchini</td>
<td>7 g.</td>
</tr>
<tr>
<td>19</td>
<td>Mastagi</td>
<td>7 g.</td>
</tr>
<tr>
<td>20</td>
<td>Gaozaban</td>
<td>7 g.</td>
</tr>
<tr>
<td>21</td>
<td>Zafran</td>
<td>7 g.</td>
</tr>
<tr>
<td>22</td>
<td>Kehruba</td>
<td>7 g.</td>
</tr>
<tr>
<td>23</td>
<td>Busud</td>
<td>7 g.</td>
</tr>
<tr>
<td>24</td>
<td>Marwareed</td>
<td>7 g.</td>
</tr>
<tr>
<td>25</td>
<td>Yaqoot</td>
<td>4 g.</td>
</tr>
<tr>
<td>26</td>
<td>Lal</td>
<td>4 g.</td>
</tr>
<tr>
<td>27</td>
<td>Bedranjboya</td>
<td>4 g.</td>
</tr>
<tr>
<td>28</td>
<td>Ambar Ash-hab</td>
<td>3 g.</td>
</tr>
<tr>
<td>29</td>
<td>Heel Kalan</td>
<td>3 g.</td>
</tr>
<tr>
<td>30</td>
<td>Waraq-e-Tila</td>
<td>3 g.</td>
</tr>
<tr>
<td>31</td>
<td>Waraq-e-Nuqra</td>
<td>3 g.</td>
</tr>
<tr>
<td>32</td>
<td>Kafoor</td>
<td>3 g.</td>
</tr>
<tr>
<td>33</td>
<td>Gil-e-Makhtoom</td>
<td>3 g.</td>
</tr>
<tr>
<td>34</td>
<td>Kishnez Khushk</td>
<td>3 g.</td>
</tr>
<tr>
<td>35</td>
<td>Lajward Meghsool</td>
<td>3 g.</td>
</tr>
<tr>
<td>36</td>
<td>Gil-e-Armani</td>
<td>3 g.</td>
</tr>
<tr>
<td>37</td>
<td>Sumbul-ut-Teeb</td>
<td>3 g.</td>
</tr>
<tr>
<td>38</td>
<td>Narmushk</td>
<td>3 g.</td>
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<tr>
<td>39</td>
<td>Mushk</td>
<td>2 g.</td>
</tr>
<tr>
<td>40</td>
<td>Sharbat-e-Hummez</td>
<td>300 ml.</td>
</tr>
</tbody>
</table>
41. Asal OR Qand Safaid . . . . . . 500 g.
   **ACTION:**
   Muqawwi-e-Aam.
   **THERAPEUTIC USE:**
   **DOSE:**
   5 to 10 g.

   **Note:** Waraq-e-Tila and Mushk may be deleted from this formula.
   *Faranjmushk occurring in the original text has been substituted by Tukhm-e-Raihan.*

5.121. Sabadaritoos

1. Sibr Zard . . . . . . . . . . . . . . . . . . 110 g.
2. Ghariqoon . . . . . . . . . . . . . . . . . . 145 g.
3. Zafran . . . . . . . . . . . . . . . . . . 20 g.
4. Derchini . . . . . . . . . . . . . . . . . . 20 g.
5. Waj-e-Turki . . . . . . . . . . . . . . . . . 20 g.
6. Mastagi . . . . . . . . . . . . . . . . . . 20 g.
7. Raughan-e-Balsan . . . . . . . . . . . . . . 20 g.
8. Rewand Chini . . . . . . . . . . . . . . . . 10 g.
9. Ood-e-Balsan . . . . . . . . . . . . . . . . 15 g.
10. Farfiyun . . . . . . . . . . . . . . . . . . 15 g.
11. Filfil Siyah . . . . . . . . . . . . . . . . 15 g.
12. Filfil Safaid . . . . . . . . . . . . . . . . 15 g.
13. Filfil Daraz . . . . . . . . . . . . . . . . 15 g.
14. Mur Mekki . . . . . . . . . . . . . . . . . 15 g.
15. Juntiyana . . . . . . . . . . . . . . . . . 15 g.
16. Habb-e-Balsan . . . . . . . . . . . . . . . 15 g.
17. Fuq the-Izkh)r . . . . . . . . . . . . . . . 15 g.
18. Hamama . . . . . . . . . . . . . . . . . . 15 g.
19. Mundi . . . . . . . . . . . . . . . . . . . 15 g.
20. Qust Shireen . . . . . . . . . . . . . . . . 15 g.
21. Aftimoon . . . . . . . . . . . . . . . . . . 15 g.
22. Asaroon . . . . . . . . . . . . . . . . . . 55 g.
23. Saleekha . . . . . . . . . . . . . . . . . . 55 g.
24. Saqmonia . . . . . . . . . . . . . . . . . . 55 g.
25. Sumbul-ut-Teeb . . . . . . . . . . . . . . 25 g.
26. Asal OR Qand Safaid . . . . . . . . . . . 2.2 kg.
   **ACTION:**
   Mus-hil.
154

THERAPEUTIC USE:

DOSE:
3 to 5 g.

5.122. Tiryaq-e-Afayee

1. Sibr Zard . . . . . . . . . . . . 10 g.
2. Mur Makki . . . . . . . . . . . . 5 g.
3. Zafaran . . . . . . . . . . . . . 5 g.

ACTION:
Daf-e-Sumoom, Man-e-Asarat-e-Waba.

THERAPEUTIC USE:

DOSE:
1 to 2 g.

5.123. Tiryaq-e-Arba

1. Juntiyana . . . . . . . . . . . . 1 part
2. Zarawand Taweeel . . . . . . 1 part
3. Habb-ul-Ghar . . . . . . . . . . 1 part
4. Mur Makki . . . . . . . . . . . . 1 part
5. Asal OR Qand Safaid . . . . . . Q.S.

ACTION:

THERAPEUTIC USE:
Tasammum, Tashanuj, Qulanj, Usr-e-Wiladat, Tasaddud-e-Urooq, Istisqa.

DOSE:
3 to 5 g.

5.124. Tiryaq-e-Nazla

1. Khushkhush Safid . . . . . . . . . 80 g.
2. Keknur . . . . . . . . . . . . . . 60 g.
3. Saz-e-Banji . . . . . . . . . . . . 60 g.
4. Tukhm-e-Kahu . . . . . . . . . . . 40 g.
5. Kishnez Khushk . . . . . . . . . . 20 g.
6. Habb-ul-A.s . . . . . . . . . . . . 20 g.
7. Gula-e-Gauzaban . . . . . . . . . 20 g.
8. Ustukhuddar . . . . . . . . . . . . 10 g.
9. qand Safidi . . . . . . . . . . . . 1 kg
10. Gula-e-Surkh . . . . . . . . . . . . 10 g.

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11. Kishneez Khushk 10 g.
12. Rub-us-Soos 10 g.
15. Kateera 10 g.
16. Mur Makki 10 g.

**Action:**
Musakkin-e-Sual.

**Therapeutic Use:**
Nazla, Zukam, Sual, Suda.

**Dose:**
5 to 10 g.

**Note:** Decoction of ingredients 1 to 8 is made and mixed with Qand Safaid and boiled to the required consistency. Then it is mixed well with the fine powder of ingredients 10-16.

### 5.125. Tiryaq-e-Samania

1. Mur Makki 30 g.
2. Habb-ul-Ghaar 30 g.
3. Juntiyana 30 g.
4. Qust 30 g.
5. Filfil Siyah 30 g.
6. Taj 30 g.
7. Zafran 10 g.
8. Darchini 10 g.
9. Qand Safaid 600 g.

**Action:**
Daf-e-Sumoom, Muqawwi-e-Asab.

**Therapeutic Use:**
Falij, Laqwa, Rasha, Sara, Laza.

**Dose:**
3 to 5 g.
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<td>6.1.</td>
<td>Marham-e-Aahak</td>
<td>161</td>
<td>I.A.</td>
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<td>Marham-e-Ajeeb</td>
<td>161</td>
<td>Q.Q.</td>
<td></td>
<td>514</td>
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<tr>
<td>6.3.</td>
<td>Marham-e-Basaliqoon</td>
<td>161</td>
<td>Q.E.</td>
<td></td>
<td>141</td>
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<td>6.4.</td>
<td>Marham-e-Dakhilyun</td>
<td>162</td>
<td>B.K.</td>
<td>II</td>
<td>172</td>
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<td>Marham-e-Ejaz</td>
<td>162</td>
<td>Q.Q.</td>
<td></td>
<td>515</td>
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<td>6.6.</td>
<td>Marham Gulabi</td>
<td>163</td>
<td>Q.S.</td>
<td>II</td>
<td>170</td>
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<td>6.7.</td>
<td>Marham-e-Jadwar</td>
<td>163</td>
<td>Q.A.</td>
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<td>6.8.</td>
<td>Marham Kafoori</td>
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<td>I.A.</td>
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<td>6.9.</td>
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<td>B.K.</td>
<td>II</td>
<td>172</td>
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<td>6.10.</td>
<td>Marham-e-Kharish</td>
<td>165</td>
<td>Q.A.</td>
<td></td>
<td>377</td>
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<td>6.11.</td>
<td>Marham-e-Quba</td>
<td>165</td>
<td>Q.A.A.</td>
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<td>698</td>
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<td>6.13.</td>
<td>Marham-e-Raskapoor</td>
<td>166</td>
<td>R.A.</td>
<td>II</td>
<td>63</td>
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<tr>
<td>6.15.</td>
<td>Marham-e-Ushaq</td>
<td>166</td>
<td>Q.E.</td>
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<td>140</td>
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<td>B</td>
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<td>6.17.</td>
<td>Qairooti-e-Aarad Karsana</td>
<td>167</td>
<td>Q.Sh.</td>
<td>II</td>
<td>149</td>
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<td>6.18.</td>
<td>Qairooti Bazr-e-Katan</td>
<td>167</td>
<td>Q.S.</td>
<td>II</td>
<td>150</td>
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<td>6.20.</td>
<td>Qairooti-e-Musakkin</td>
<td>168</td>
<td>Q.A.A.</td>
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<td>6.22.</td>
<td>Zimad-e-Jalinoocs</td>
<td>169</td>
<td>B.K.</td>
<td>II</td>
<td>119</td>
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<tr>
<td>6.25.</td>
<td>Zimad-e-Mohallil</td>
<td>170</td>
<td>Q.S.</td>
<td>II</td>
<td>130</td>
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<tr>
<td>6.27.</td>
<td>Zimad-e-Sumbul-ut-Teeb</td>
<td>171</td>
<td>B.K.</td>
<td>II</td>
<td>121</td>
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<td>Zimad-e-Tehal</td>
<td>172</td>
<td>B.K.</td>
<td>II</td>
<td>121</td>
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</table>
MARHAM

Definition:

Marham (Ointment) is a semi-solid compound prepared in a base, like Mom (Wax), Raughan (Oil) or other Shahmi (Fatty) ingredient. Preparations like Qairooti and Zimad are included in this category.

Method of Preparation:

The prescribed oil is heated and Wax or Fat (Charby) is dissolved and thoroughly mixed in it. Fine powder of drugs are added, stirred well and allowed to cool till it forms a soft and semi-solid mass.

For preparing Qairooti and Zimad, refer to the chapter “General Methods of Preparation”.

General Precautions:

(1) Ingredient drugs should be finely powdered before mixing in the base. The powdering of drugs should strictly be done as given in the heading ‘Daq-wa-Sahaq’ in the chapter “General Methods of Preparation”.

(2) Continuous stirring of the ingredient drugs after mixing in the base should be scrupulously followed.

(3) Excessive boiling should be avoided as it hardens the Marham.

Characteristics:

(1) Marham or any of its allied preparations are mostly light brown, brown, dark brown or black in colour.

(2) Marham should always be opaque in transparency.

Preservation:

Marham and any of its allied preparations should always be preserved in airtight, clean and dry glass or porcelain containers and stored in cool and dry place.
### 6.1. Marham-e-Aahak

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aahak Aab Naraseeda Maghsol</td>
<td>10 g.</td>
</tr>
<tr>
<td>Mom Zard</td>
<td>5 g.</td>
</tr>
<tr>
<td>Raughan-e-Gul</td>
<td>75 ml.</td>
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</tbody>
</table>

**Action:**
Musakkin, Mudammil.

**Therapeutic Use:**
Haraq, Salq.

**Dose:** Q. S.

For external use.

### 6.2. Marham-e-Ajeeb

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>Ilak-ul-Anbat</td>
<td>50 g.</td>
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<tr>
<td>Khakistar-e-Sanobat</td>
<td>35 g.</td>
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<tr>
<td>Zarawand Taweel</td>
<td>35 g.</td>
</tr>
<tr>
<td>Kundur</td>
<td>35 g.</td>
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<tr>
<td>Ushaq</td>
<td>25 g.</td>
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<tr>
<td>Tobal-e-Aahan</td>
<td>25 g.</td>
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<tr>
<td>Tobal-e-Miss</td>
<td>25 g.</td>
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<tr>
<td>Maritarikh</td>
<td>10 g.</td>
</tr>
<tr>
<td>Jasaeeer</td>
<td>10 g.</td>
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<tr>
<td>Sirka Naishakar</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

**Action:**
Mudammil.

**Therapeutic Use:**
Qurooh-e-Muzmina.

**Dose:** Q. S.

For external use.

### 6.3. Marham-e-Basaliqoon

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Raughan-e-SarsOn</td>
<td>200 ml.</td>
</tr>
<tr>
<td>Mom Zard</td>
<td>100 g.</td>
</tr>
<tr>
<td>Behroza</td>
<td>20 g.</td>
</tr>
<tr>
<td>Rasal Safaid</td>
<td>40 g.</td>
</tr>
<tr>
<td>Shubb-e-Yamani B'ryan</td>
<td>10 g.</td>
</tr>
<tr>
<td>Mastagi</td>
<td>10 g.</td>
</tr>
</tbody>
</table>

**Action:**
Mudammil.

**Therapeutic Use:**
Qurooh.

**Dose:** Q. S.

For external use.
6.4. Mar&am-e-Dakhilyun

1. Raughan-e-Zaitoon . . . . . . . . . 120 g.
2. Murdar Sang . . . . . . . . . . . . . . . 60 g.
3. Tukhm-e-Khatmi . . . . . . . . . . . 20 g.
4. Tukhm-e-Mako . . . . . . . . . . . . 20 g.
5. Tukhm-e-Katan . . . . . . . . . . . . 20 g.
6. Aspaghhol . . . . . . . . . . . . . . . 20 g.
7. Tukhm-e-Hulba . . . . . . . . . . . 20 g
8. Mom Zard . . . . . . . . . . . . . . Q.S.

ACTION:
Mohallil-e-Warain.

THERAPEUTIC USE:

Dose: Q.S.

For external use.

Special Method of Preparation:
Ingredients 3—7 are soaked in water for 12 hours and rubbed vigorously between the palms and strained. Then fine powder of Murdar Sang is boiled with Raughan-e-Zaitoon and Mom Zard and stirred continuously. Thereafter, ingredients 1 and 2 are mixed with the strained portion of ingredients 3—7 and heated till the water completely evaporates.

6.5. Marham-e-Ejaz

1. Kath Safaid . . . . . . . . . . . . . . . 60 g.
2. Raal Safaid . . . . . . . . . . . . . . . 60 g.
3. Raughan-e-Kunjad . . . . . . . . . 60 ml.
4. Aab . . . . . . . . . . . . . . . . . . 60 ml.
5. Shihb-e-Yamani . . . . . . . . . . . 15 g.
6. Tutiya Sabz . . . . . . . . . . . . . . 15 g.

ACTION:
Daf-e-Taffun, Mudammil.

THERAPEUTIC USE:
Nasoor, Qurooh-e-Muzmina, Qurooh-e-Mutaffina.

Dose: Q.S.

For external use.

Special Method of Preparation:
Ingredients 3 and 4 are mixed and the fine powder of all the remaining ingredients is added to it in a Kansa Vessel and rubbed with palms.
6.6. Marham Gulabi

1. Kafoor .......................... 60 g.
2. Kath Safaid ...................... 30 g.
3. Kamila ............................ 30 g.
4. Murdar Sang ...................... 30 g.
5. Mom Zard ........................ 180 g
6. Chobchini ........................ 30 g.
7. Damm-ul-Akhwain ............... 30 g.
8. Raal Safaid ...................... 30 g.
9. Seemab ........................... 30 g.
10. Safaida Kashghari .............. 30 g.
11. Sendur ........................... 30 g.
12. Shingraf ........................ 30 g.
13. Shibb-e-Yamani Biryan ....... 30 g.
15. Raughan Zard ................... 1 kg.

Action:
Daf-e-Taffun, Mudammil, Musakkin.

Therapeutic use:
Qurrooh, Busoor, Haraq, Salq.

Dose: Q. S.

For external use.

Note: Seemab is mixed last in the Marham and stirred well.

6.7. Marham-e-Jadwar

1. Jadwar ........................... 25 g.
2. Behroza ........................... 20 g.
3. Zard Chob ........................ 40 g.
4. Deodar ............................ 40 g.
5. Ast-us-Soos ....................... 40 g.
7. Dukhan-e-Munjamid ............. 40 g.
   Post-e-Mughljan ................. 80 g.
8. Barg-e-Neem Sabz .............. 80 g.
9. Ratanjot ........................... 80 g.
10. Mom Zard ......................... 80 g.
11. Raughan-e-Kunjad ............. 800 g.

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ACTION:

Therapeutic use:

Dose: Q. S.
For external use.

Note: Barg-e-Qinnab has been deleted from this formula.

Special Method of Preparation:
All the ingredients except Behroza, Mom Zard and Raughan-e-Kunjad are boiled in 3 litres of water and reduced to 1 litre. These drugs are then squeezed well and strained. Mom Zard and Behroza are dissolved in Raughan-e-Kunjad and boiled with the decoction till water evaporates.

6.8. Marham Kafoori

1. Safeda Kashghari . . . . . . . . . . 4 parts
2. Raughan Zard . . . . . . . . . . 4 parts
3. Mom Safaid . . . . . . . . . . 4 parts
4. Safaid-e-Zaiza-e-Murgh . . . . . . . . . . . . . . 4 parts
5. Kafoor . . . . . . . . . . . . . . 1 part

ACTION:
Mubarrid, Daf-e-Taffun.

Therapeutic use:
Shiqq-ul-Meqad, Hikka, Jarab.

Dose: Q. S.
For external use.

6.9. Marham-e-Khanazeer

1. Raal . . . . . . . . . . . . . . . 25 g.
2. Ratanjot . . . . . . . . . . . . . . . . . . 25 g.
3. Tutiya-e-Kabud . . . . . . . . . . . . . 20 g.
4. Murdar Sang . . . . . . . . . . . . . . . . . . 20 g.
5. Mom Zard . . . . . . . . . . . . . . . . . . 100 g.
6. Raughan-e-Kunjad . . . . . . . . . . . . . . 200 g.

ACTION:
Mohallil-e-Waram.

Therapeutic use:
Khanazeer.

Dose: Q. S.
For external use.
6.10. Marham-e-Kharish

1. Barg-e-Hina Khushk 100 g
2. Seemab 20 g.
3. Kibreet 20 g.
4. Tufiyia-e-Kabud 5 g.
5. Raughan Zard 200 g.

**ACTION:**
Mubarrid, Qatil-e-Jaraseem.

**THERAPEUTIC USE:**
Jarab, Hikka.

**Dose:** Q. S.

For external use.

*Note:* Kibreet has been added in this formula.

**Special Method of Preparation:**
Kajli of Seemab and Kibreet is first prepared. This Kajli together with the fine powder of other ingredients is mixed with Raughan Zard and put in an iron pot and stirred with an iron rod for 12 hours on low fire.

6.11. Marham-e-Quba

1. Hak-ul-Bum 5 g.
2. Ushaq 5 g.
3. Muqif 5 g.
4. Zarawand Madahraj 5 g.
5. Raughan-e-Gul 20 g.
6. Peeh-e-Buz 20 g.
7. Mom Zard 20 g.

**ACTION:**
Jali.

**THERAPEUTIC USE:**
Quba, Khushuat-e-Jild.

**Dose:** Q. S.

For external use.

6.12. Marham-e-Raal

1. Mom Safaid 20 g.
2. Kafoor 20 g.
3. Raal 20 g.
4. Kath Safaid 20 g.
5. Raughan Zard OR Raughan-e-Kunjad 20 g.

**ACTION:**
Daf-e-Taffun, Mudammil.

**THERAPEUTIC USE:**
Qurooh-e-Aatishak, Nasoor, Qurooh-e-Anaf.

**Dose:** Q. S.

For external use.

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6.13. Marham-e-Raskapoor

1. Raskapoor . . . . . . . . 10 g.
2. Safaida Kashghari . . . . . . 10 g.
3. Dana Heel Khurd . . . . . . 5 g.
4. Kath Safaid . . . . . . . . 5 g.
5. Raughan Zard . . . . . . . . Q. S.

ACTION:
Mudammil, Daf-e-Taffun.

THERAPEUTIC USE:
Qurooh-e-Aatishak, Jarab, Hikka.

DOSE: Q. S.
For external use.


1. Zangar . . . . . . . . . . 100 g.
2. Anzaroot . . . . . . . . . . 50 g.
3. Ushaq . . . . . . . . . . 50 g.
4. Sirka-e-Angoor . . . . . . Q. S.
5. Asal . . . . . . . . . .  Q. S.

ACTION:

THERAPEUTIC USE:
Nasoor, Lahm-e-Zayed.

DOSE: Q. S.
For external use.

6.15. Marham-e-Ushaq

1. Raughan-e-Sarashf . . . . . . 40 g.
2. Mom Zard . . . . . . . . . . 10 g.
3. Ushaq . . . . . . . . . . 5 g.
4. Muqil . . . . . . . . . . 5 g.
5. Khardal . . . . . . . . . . 5 g.
6. Zubd-ul-Bahr . . . . . . . . 5 g.
7. Zarawand Taweel . . . . . . 5 g.
8. Kibreet . . . . . . . . . . 5 g.
9. Gul-e-Khatmi . . . . . . . . 10 g.
10. Barg-e-Khatmi . . . . . . . . 10 g.

ACTION:
Mohallil-e-Waram, Mudammil.

THERAPEUTIC USE:
Salabat-e-Azlat, Khanazeer, Nasoor.

DOSE: Q. S.
For external use.
6.16. Marham-e-Zangar

1. Raughan-e-Gul
2. Zangar
3. Behroza

**Action:**
Akkal.

**Therapeutic use:**

**Dose:** Q. S.
For external use.

Note: Behroza has been added to this formula.

6.17. Qairooti-e-Aarad-e-Karsana

1. Aarad-e-Karsana
2. Tukhm-e-Hulba
3. Kalonji
4. Asl-us-Soos
5. Aaqarqarha
6. Mom Zard
7. Raughan-e-Gul

**Action:**
Mohailil-e-Waram.

**Therapeutic use:**

**Dose:** Q. S.
For external use.

6.18. Qairooti Bazr-e-Katan

1. Mom Zard
2. Raughan-e-Chameli
3. Gul-e-Banafsha
4. Babuna
5. Tukhm-e-Khatmi
6. Tukhm-e-Baqla
7. Tukhm-e-Katan

**Action:**
Mohailil-e-Waram, Musakkin.

**Therapeutic use:**

**Dose:** Q. S.
For external use.
6.19. Qairoot-e-Mohallis

1. Gul-e-Banafsha  · · · · · · · · · 10 g.
2. Gul-e-Khatmi  · · · · · · · · · 10 g.
3. Tukhm-e-Katan  · · · · · · · · · 10 g.
4. Aab  · · · · · · · · 500 g.
5. Raughan-e-Gul  · · · · · · · · · 40 g.
6. Mom Zard  · · · · · · · · · 40 g.

ACTION:
Mohallis-e-Waram, Musakkin.

THERAPEUTIC USE:
Waram, Zat-ul-Jaab.

DOSE: Q. S.
For external use.

Special Method of Preparation:
Ingredients 1-3 are soaked in Aab overnight and decoction is prepared. Qairooti is prepared as usual.

6.20. Qairoot-e-Musakkin

1. Mom Zard  · · · · · · · · · 100 g.
2. Raughan-e-Gul  · · · · · · · · · 150 ml.
3. Aab-e-Barg-e-Khurfa  · · · · · · · · · 100 ml.
4. Aab-e-Kaddu  · · · · · · · · · 100 ml.
5. Aab-e-Khiyar  · · · · · · · · · 100 ml.
6. Araq-e-Gulab  · · · · · · · · · 100 ml.
7. Sandal Safaid  · · · · · · · · · 10 g.
8. Kafoor  · · · · · · · · · 10 g.

ACTION:
Mubarrid, Musakkin.

THERAPEUTIC USE:
Hararat-e-Qalb.

DOSE: Q. S.
For external use.


1. Mughas  · · · · · · · · · 120 g.
2. Aamba Haldi  · · · · · · · · · 120 g.
3. Sibr Zard  · · · · · · · · · 120 g.
4. Lodh Pathani  · · · · · · · · · 60 g.
5. Habb-ur-Rashad  · · · · · · · · · 30 g.

ACTION:
Mohallis-e-Waram, Musakkin.
Therapeutic use: Zarba-o-Saqta, Waram.
Dose: Q. S.
For external use.

Method of Application:
Zimad (powder form) before use is mixed with Aab-e-Barg-e-Sambhalu and applied luke warm on the affected parts.

6.22. Zimad-e-Jalinoos
1. Zanjabeel .... 20 g.
2. Jacsheer .... 20 g.
3. Sibr .... 30 g.
4. Behroza .... 30 g.
5. Mastagi .... 30 g.
6. Raughan-e-Sosan .... 30 g.
7. Mom Zard .... 60 g.

ACTION:
Murkhi.

Dose: Q. S.
For external use.

Note: Ilak-ul-Anbat has been substituted by Mastagi in this formula.

6.23. Zimad-e-Khanazeer
1. Katan .... 20 g.
2. Sibr Zard .... 20 g.
3. Mur Makki .... 20 g.
4. Nankhwah .... 20 g.
5. Irsa' .... 20 g.
6. Zarawan Madahraj .... 10 g.
7. Filfil Siyah .... 10 g.
8. Filfil Moya .... 10 g.
9. Hulba .... 5 g.
10. Chiraita .... 10 g.
11. Ushaq .... 10 g.
12. Muqil .... 10 g.
13. Raal Safaid .... 10 g.
14. Hiteet .... 10 g.
15. Qust .... 10 g.
16. Farfiyun .... 10 g.
17. Behroza .... 10 g.
**ACTION:**
Mohallil-e-Waram.

**THERAPEUTIC USE:**
Khanazeer.

**DOSE:** Q. S.
For external use.

### 6.24. Zimad-e-Kibreet

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<td>2</td>
<td>Muqil</td>
<td>30 g.</td>
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<td>3</td>
<td>Ushaq</td>
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<td>4</td>
<td>Sakbeenaj</td>
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<tr>
<td>5</td>
<td>Turmus Shami</td>
<td>30 g.</td>
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<td>6</td>
<td>Tukhm-e-Hulba</td>
<td>30 g.</td>
</tr>
<tr>
<td>7</td>
<td>Ispand</td>
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<tr>
<td>8</td>
<td>Tukhm-e-Katan</td>
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<td>9</td>
<td>Ikleel-ul-Malik</td>
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<td>Barg-e-Sudah</td>
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<td>Kibreet</td>
<td>15 g.</td>
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<td>12</td>
<td>Sirka Naishakar</td>
<td>Q. S.</td>
</tr>
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**ACTION:**
Mohallil-e-Waram.

**THERAPEUTIC USE:**
Salabat-e-Tehal.

**DOSE:** Q. S.
For external use.

**Special Method of Preparation:**

Ingredients 1-4 are soaked in sufficient quantity of Sirka Naishakar for 24 hours. They are then pounded in an iron mortar. Fine powder of other ingredients is added and ground again for uniform mixing.

### 6.25. Zimad-e-Mohallil

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<td>Asgand Nagori</td>
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<td>Mako</td>
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<td>5</td>
<td>Tukhm-e-Khatmi</td>
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<td>6</td>
<td>Rewand Chini</td>
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<td>7</td>
<td>Muqil</td>
<td>250 g.</td>
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</table>

**ACTION:**
Mohallil-e-Waram, Musakkin.
**Therapeutic Use:**

Waram, Waj-ul-Mafasil.

**Dose:** Q. S.

For external use.

**Method of Application:**

Zimad (powder form) is mixed either in Aab-e-Mako Sabz, Aab-e-Sambhalu, Zulal-e-Maghz-e-Floos-e-Khiyarshambar or water and applied luke warm on the affected parts.

<table>
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<tr>
<td>1. Rasaut</td>
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<td>8. Sirka-e-Angoor</td>
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**Action:**

Mubarrid, Musakkin.

**Therapeutic Use:**

Sarsam Haad.

**Dose:** Q. S.

For external use.

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<tr>
<th>6.27. Zimad-e-Sumbul-ut-Teeb</th>
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<td>7. Nankhwah</td>
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<td>8. Asaroon</td>
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<tr>
<td>9. Mastagi</td>
</tr>
<tr>
<td>10. Aab-e-Badiyan</td>
</tr>
</tbody>
</table>

**Action:**

Mohallil-e-Waram.

**Therapeutic Use:**

Waram-e-Ahsha.

**Dose:** Q. S.

For external use.
6.28. Zimad-e-Tehal

2. Ushaq ........... 10 g.
3. Pudina Khushk ....... 5 g.
4. Bura-e-Armani ...... 5 g.

**ACTION:**
Mofaillil-e-Waram.

**THERAPEUTIC USE:**

**DOSE:** Q. S.
For external use.

**Method of Application:**
Zimad is mixed with Aab-e-Barg-e-Mako Sabz and applied on the Spleen region.

6.29. Zimad-e-Waram-e-Pistan

1. Mom Safaid .......... 100 g.
2. Loab-e-Khatmi ...... 100 ml.
3. Loab-e-Behidana .... 100 ml.
4. Loab-e-Aşapaghhol ... 100 ml.
5. Raughan-e-Gul ...... 150 ml.

**ACTION:**
Mofaillil-e-Waram.

**THERAPEUTIC USE:**
Waram-e-Pistan Haad.

**DOSE:** Q. S.
For external use.


1. Aarad-e-Jao ........ 10 g.
2. Mako Khushk ...... 10 g.
3. Gil-e-Armani ....... 10 g.
4. Rasaut ........... 10 g.
5. Sandal Safaid ....... 10 g.

**ACTION:**
Mofaillil-e-Waram, Rade.

**THERAPEUTIC USE:**
Waram-e-Usayain.

**DOSE:** Q. S.
For external use.

**Method of Application:**
Zimad (powder form) is applied with Aab-e-Kishne Sabz and Sirka Naishakar on the affected parts.

1. Babuna . . . . . . . . . . . . 40 g.
2. Ikleel-ul-Malik . . . . . . . . . . 40 g.
3. Qaisoom . . . . . . . . . . . . 40 g.
4. Gul-e-Khatmi . . . . . . . . . . 25 g.
5. Gul-e-Banafsha . . . . . . . . . . 25 g.
6. Gul-e-Surkh . . . . . . . . . . . . 15 g.

ACTION:
Mohallil-e-Waram.

THERAPEUTIC USE:
Waram-e-Unsayain.

DOSE: Q. S.
For external use.

Note: The word Muzmin has been suffixed to the title of this formula.

Method of Application:
Zimad (powder form) is applied with Loab-e-Katan.
SECTION VII

MURABBAJAT AND GULQAND
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<td>Q. E.</td>
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MURABBAJAT

Definition:

Murabbajat are those medicinal preparations where different fruits or any vegetable form (boiled, peeled or unpeeled) are preserved in specially made Sugar or Honey base (Qiwam). Murabba-e-Aamla (Chebulic Myrobalan Murabba), Murabba-e-Aam (Mango Murabba), Murabba-e-Gazar (Carrot Murabba), Murabba-e-Petha (White Gourd Melon Murabba), Murabba-e-Seb (Apple Murabba), etc., are common examples.

Gulqand are the medicinal preparations similar to those of Murabbajat. In this case only the petals of the flowers are preserved in Sugar or Honey base. Gulqand-e-Gulab is the commonest example of these preparations.

Method of Preparation:

For the detailed method of preparation of Murabbajat and Gulqand refer to the heading Murabbajat and Gulqand in the chapter “General Methods of Preparation”.

General Precautions:

1. For preparing Murabbajat and Gulqand, the Qiwam (base) should be of the required consistency and should be made according to the methods given under the head Qiwam in the chapter “General Methods of Preparation”.

2. Fruits of the finest quality and required grades should always be used.

3. For preparing Gulqand, the use of flower petals should strictly be done according to the specification.

Characteristics:

1. Murabbajat are always prepared with the fruits and vegetable origin, fruits and have their own taste, flavour, colour and consistency of the base.

2. Gulqand are always prepared with petals of the flowers and have their own taste, flavour, colour and consistency of the base.

Preservation:

1. Murabbajat and Gulqand are always preserved in dry and clean glass jars or porcelain containers and stored in hygienic conditions in clean and dry places.

2. Murabbajat and Gulqand should be preserved only for one season.
7.1. Murabba-e-Aamla

1. Aamla... 1 kg.
2. Qand Safaid... Q.S.

**Action:**
Qabiz, Muwallid-e-Dam, Muqawwi-e-Asab.

**Therapeutic Use:**

**Dose:**
20 to 30 g.

7.2. Murabba-e-Anannas

1. Anannas... 1 kg.
2. Qand Safaid... Q.S.

**Action:**
Mufarreh, Musakkin.

**Therapeutic Use:**
Zof-e-Qalb, Khafqan.

**Dose:**
20 to 30 g.

7.3. Murabba-e-Behi

1. Behi... 1 kg.
2. Qand Safaid... Q.S.

**Action:**
Mufarreh, Muqawwi-e-Qalb, Muqawwi-e-Dimagh.

**Therapeutic Use:**

**Dose:**
20 to 30 g.

7.4. Murabba-e-Belgiri

1. Belgiri... 1 kg.
2. Qand Safaid... Q.S.

**Action:**
Qabiz.

**Therapeutic Use:**
Zaheer, Is-hal.

**Dose:**
20 to 30 g.
7.5. Murabba-e-Gazar

1. Gazar Taza . . . . . . . 1 kg.
2. Qand Safaid . . . . . . . Q. S.

Action:
Muwallid-o-Dam, Mufarreh, Musakkin.

Therapeutic use:

Dose:
20 to 30 g.

7.6. Murabba-e-Halela

1. Halda Zard . . . . . . . 1 kg.
2. Qand Safaid . . . . . . . Q. S.

Action:

Therapeutic use:

Dose:
10 to 20 g.

7.7. Murabba-e-Seb

1. Seb Taza . . . . . . . 1 kg.
2. Qand Safaid . . . . . . . Q. S.

Action:
Mufarreh, Musakkin.

Therapeutic use:

Dose:
20 to 30 g.

7.8. Murabba-e-Waj

1. Waj-e-Turki . . . . . . . 1 kg.
2. Asal OR Qand Safaid . . . . . Q. S.

Action:
Mufatteh Sudad, Muqawwi-e-Asab.

Therapeutic use:
Falij, Laqwa, Sara, Waj-ul-Meda, Qulanj, Zaheer.

Dose:
5 to 10 g.

7.9. Murabba-e-Zanjabeel

1. Zanjabeel Taza . . . . . . . 1 kg.
2. Qand Safaid . . . . . . . Q. S.

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ACTION:
Kasir-e-Riyoh, Muqawwi-e-Kulya, Munaffis-e-Balgham.

THERAPEUTIC USE:

DOSE:
5 to 10 g.

7.10. Galqand-e-Amaltas

1. Gul-e-Khiyarshambar . . . . . . 1 kg.
2. Qand Safaid . . . . . . . . . . 3 kg

ACTION:
Mulaiyin.

THERAPEUTIC USE:
Qabz.

DOSE:
20 to 30 g.

7.11. Galqand-e-Gulab

1. Waraq-e-Gul-e-Surkh Taza . . . . . . 1 kg.
2. Qand Safaid . . . . . . . . . . 3 kg

ACTION:
Mulaiyin, Muqawwi-e-Meda, Muqawwi-e-Dimagh, Muqawwi-e-Kabid, Mufarreh.

THERAPEUTIC USE:

DOSE:
10 to 30 g.

7.12. Galqand-e-Gurhal

1. Gul-e-Gurhal . . . . . . . . . . 2 kg.
2. Aab-e-Lemnu Kaghzi OR Aab-e-Anar Turshe.

3. Qand Safaid . . . . . . . . . . 6 kg.

ACTION:
Mufarreh, Musakkin, Muwallid-e-Dam, Da'e-Safra.

THERAPEUTIC USE:
Khafqan, Zof-e-Badan, Fasad-ud-Dam.

DOSE:
10 to 30 g.

7.13. Galqand-e-Hina

1. Gul-e-Hina Taza . . . . . . . . . . 1 kg.
2. Asal OR Qand Safaid . . . . . . . . . . 3 kg.
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**ACTION:**
Musaffi-e-Dam.

**THERAPEUTIC USE:**
Fasad-ud-Dam.

**DOSE:**
10 to 20 g.


1. Gul-e-Khashkhaash Taza . . . . . . 1 kg.
2. Qand Safaid . . . . . . 3 kg.

**ACTION:**
Qabiz, Musakkin-e-Sual.

**THERAPEUTIC USE:**
Is-hal, Nazla, Sual.

**DOSE:**
10 to 15 g.

7.15. **Gulqand-e-Neem**

1. Gul-e-Neem . . . . . . . . . . . . . . . . . . 1 kg.
2. Qand Safaid . . . . . . . . . . . . . . . . . . 3 kg.

**ACTION:**
Musaffi-e-Dam, Mufatleh Sudad.

**THERAPEUTIC USE:**
Fasad-ud-Dam.

**DOSE:**
10 to 15 g.

7.16. **Gulqand-e-Sewti**

1. Gul-e-Sewti Taza . . . . . . . . . . . . . . . . . . 1 kg.
2. Qand Safaid . . . . . . . . . . . . . . . . . . 3 kg.
3. Araq-e-Bodnushk . . . . . . . . . . . . . . . . . . Q. S.

**ACTION:**
Mufarreh, Musakkin.

**THERAPEUTIC USE:**
Zof-e-Qalb, Khatqan.

**DOSE:**
10 to 20 g.
SECTION VIII

RAUGHANIYAT
## RAUGHANIYAT

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RAUGHANIYAT

Definition:

Raughan (oil) is a medium which is used in different forms. It is used for making the medicine, as medicine itself, as one of the ingredients in a particular formula or as a medicated oil by mixing with other drugs of plant, animal or mineral origin. It is mostly used as a base (as in the case of ointment) and is generally obtained from plant sources. Oil can be extracted from different parts of the plant, viz., Maghziyat (Kernels of the fruits), Roots, Leaves, Flowers, Seeds and so on. Tita is an allied form of Raughaniyat and is included in this section.

On the basis of its use, method of extraction and preparation, it is broadly classified into two main categories:

1. Oil extracted from plant sources for use—Extracted oils.
2. Oil made out of mixing with other medicinal drugs (plant, animal or mineral) for use—Medicated oils.

Method of Preparation:

Extraction of oil from plant sources is generally done by the methods given in the Unani texts. But because of the increasing demand and large scale preparation of Unani drugs, manufacturers are now extracting oil by adopting modern technologies.

Now-a-days oil is mostly extracted and obtained by Mechanical Processes viz., (i) Cold Expelling Process, (ii) Steam Distillation or Solvent Process. Oil from Kernels (Maghziyat), Tukhm-e-Sarashf (Mustard Seeds), Tukhm-e-Til (Sesame Seeds), etc., are mostly obtained by Cold Expelling Process, while oils from Cloves, Cinnamon and Anise fruits are obtained by Steam Distillation Process.

For details of extracting and preparing medicated oils refer to Kasheedgi-e-Raughaniyat and Adviyat-e-Raughaniyat in the chapter “General Methods of Preparation”.

General Precautions:

(1) Extraction of the oils from plant sources, preparation of the medicated oils, crushing of the ingredient drugs and their mixing should strictly be done according to the methods given in the chapter “General Methods of Preparation”.
(2) For the preparation of medicated oil from animal and mineral origin drugs, the methodology given under the chapter “General Methods of Preparation” should strictly be followed.

**Characteristics:**

(1) Extracted and medicated oils should always be of the required consistency, flavour, colour and tests as given in the Unani texts.

**Preservation:**

(1) Extracted or medicated oils can be preserved for one to two years.

(2) Raughaniyat (Extracted and Medicated oils) should be preserved in clean and dry glass jar containers under hygienic conditions in cool and dry place.
8.1. Raughat-e-Aamla

1. Aab-e-Aamla Taza\(^1\) . . . . . . \ 1 \text{ lit.}
2. Barg-e-Murad . . . . . . \ 125 \text{ g.}
3. Post-e-Bekh-e-Sanobar\(^2\) . . . . . . \ 125 \text{ g.}
4. Raughan-e-Kunjad . . . . . . \ 3.75 \text{ lit.}

\textbf{ACTION}:
- Muqawwi-e-Shar, Musawwid-e-Shar.

\textbf{THERAPEUTIC USE}:
- Intesar-e-Shar.

\textbf{DOSE}:
- Q. S.

For external use.

8.2. Raughan-e-Aqrab

1. Rewand Chini . . . . . . \ 50 \text{ g.}
2. Sad Kufi . . . . . . \ 50 \text{ g.}
3. Jantiyana . . . . . . \ 50 \text{ g.}
4. Post-e-Bekh-e-Kabar . . . . . . \ 50 \text{ g.}
5. Raughan-e-Badam Talkh . . . . . . \ 650 \text{ g.}
6. Aqrab . . . . . . \ 15 \text{ Nos.}

\textbf{ACTION}:
- Mufattit-e-Hasat, Mujaffif.

\textbf{THERAPEUTIC USE}:
- Hasat-e-Masana, Hasat-e-Kulya, Bawaseer.\(^3\)

\textbf{DOSE}:
- 3 to 5 drops.

\textbf{Special Method of Preparation}:

Ingredients 1-4 are ground to fine powder and mixed with ingredient No. 5, kept in a bottle and exposed to Sun for 8-10 days. Thereafter, ingredient No. 5 (Raughan-e-Badam Talkh) is decanted in a bottle and is again kept with 15 living Aqrab (Scorpions) in Sun for 8-10 days. Thereafter, the oil is again decanted and stored for use.

8.3. Raugban-e-Azaraki

1. Afyun. . . . . . . \ 50 \text{ g.}
2. Sheer-e-Gao . . . . . . \ 1.5 \text{ lit.}
3. Azaraki . . . . . . \ 125 \text{ g.}
4. Raughan-e-Kunjad . . . . . . \ 750 \text{ g.}

1 Aab-e-Aamla Taza has been substituted for Aamla Taza.
2 Barg-e-Hina can be used in place of Post-e-Bekh-e-Sanobar.
3 Used externally for Bawaseer.

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ACTION:
Mohallil-e-Waram, Musakkin-e-Alam.

THERAPEUTIC USE:
Waj-ul-Mafasil.

Dose: Q. S.
For external use.

8.4. Raughan-e-Bahma Sada

1. Guj-e-Bahma . . . . . . . . 100 g.
2. Raughan-e-Kunjad . . . . . . . 300 g.

ACTION:

THERAPEUTIC USE:

Dose: Q. S.
For external use.

Special Method of Preparation:
Both the ingredients are kept in a bottle and exposed to Sun for 40 days. Thereafter, the oil is decanted and preserved for use.

8.5. Raughan-e-Bahuma Qawi

1. Sumbul-ut-Teeb . . . . . . . . 25 g.
2. Bisbesa . . . . . . . . . . . . . . 25 g.
3. Heel Khurd . . . . . . . . . . . . . 25 g.
4. Hamama . . . . . . . . . . . . . . 25 g.
5. Tukhm-e-Katan . . . . . . . . . . 25 g.
6. Ikteel-ul-Malik . . . . . . . . . . 25 g.
7. Babuna . . . . . . . . . . . . . . 100 g.
8. Aab . . . . . . . . . . . . . . . . . 3 lit.
9. Raughan-e-Kunjad . . . . . . . . . 250 g.

ACTION:

THERAPEUTIC USE:
Waj-ul-Mafasil.

Dose: Q. S.
For external use.

Note: Qawi has been suffixed to the title of this formula.
8.6. Raughan-e-Badam Shireen

1. Maghze-e-Badam Shireen  . . . .  Q.S.

ACTION:
Murattab, Mulaiyin.

THERAPEUTIC USE:
Sahar, Yubs-e-Jild, Yubs-e-Dimagh, Qabz.

Dose:
5 to 10 ml.

Note: For Sahar and Yubs-e-Jild it is used externally.

Special Method of Preparation:
Raughan-e-Badam Shireen is obtained by Cold Expelling Process from Maghze-e-Badam Shireen.

8.7. Raughan-e-Baiza-e-Murgh


ACTION:
Moharrik, Muqawwi-e-Asab.

THERAPEUTIC USE:

Dose:
5 to 10 drops.

Note: For Da-us-Salab and Zof-e-Asab-e-Qazeeb it is used externally.

Special Method of Preparation:
To extract the oil from Zardi-e-Baiza-e-Murgh, it is heated in a copper tray kept in a slanting position and pressed with a spoon till the oil is completely extracted. The collected oil from the tray is called Raughan-e-Baiza-e-Murgh.

8.8. Raughan-e-Baladur

1. Sambul-at-Teeb  . . . . .  .  .  .  25 g.
2. Jauzbua  . . . . .  .  .  .  .  25 g.
3. Filfil Siyah  . . . . .  .  .  .  .  25 g.
4. Saleekha  . . . . .  .  .  .  .  25 g.
5. Sheetrak  . . . . .  .  .  .  .  25 g.
6. Filfil Moya  . . . . .  .  .  .  .  25 g.
7. Aamba Haldi  . . . . .  .  .  .  .  25 g.
8. Filfil Daraz  . . . . .  .  .  .  .  25 g.
9. Mainphal  . . . . .  .  .  .  .  25 g.
10. Baladur  . . . . .  .  .  .  .  25 g.
11. Badiyan  . . . . .  .  .  .  .  25 g.
12. Qusi Talkh  . . . . . . . . . 25 g.
13. Narkachur  . . . . . . . . . 25 g.
14. Aab  . . . . . . . . . . . 1·5 lit.
15. Sheer-e-Gao  . . . . . . . . 1 lit.
16. Raughan-e-Kunjad  . . . . . . . 1·25 lit.

ACTION :
Muqawi-e-Asab, Musakkin.

THEORETIC USE :
Falij, Laqwa, Istirka.

Dose : Q. S.
For external use.

8.9. Raughan-e-Banafsha

1. Gul-e-Banafsha  . . . . . . . . . 20 g.
2. Raughan-e-Kunjad  . . . . . . . . . 100 g.

ACTION :
Musakkin, Murattib.

THEORETIC USE :
Suda, Sahar, Salabat-e-Mafasii.

Dose : Q. S.
For external use.

8.10. Raughan-e-Bedanjeer

1. Maghz-e-Tukhm-e-Bedanjeer  . . . . . . . Q. S.

ACTION :
Mohalil-e-Waram, Mulaiyin.

THEORETIC USE :
Waj-ul-Mafasii, Qabz, Qulanj.

Dose :
25 to 50 ml.

Note: The drug is used externally in Waj-ul-Mafasii.

Special Method of Preparation :
Raughan-e-Bedanjeer is obtained by Cold Expelling Process from Maghz-e-Tukhm-e-Bedanjeer

8.11. Raughan-e-Chahar Barg

1. Barg-e-Januzmasil  . . . . . . . . . 25 g.
2. Barg-e-Madar  . . . . . . . . . . . 25 g.
3. Barg-e-Bedanjeer  . . . . . . . . . . . 25 g.
4. Barg-e-Thuhaer  . . . . . . . . . . . 25 g.
5. Raughan-e-Kunjad  . . . . . . . . . . . 800 g.
ACTION:
Mohallil-e-Waram, Musakkin-e-Alam.

THERAPEUTIC USE:

DOSE: Q. S.
For external use.

8.12. Raughan-e-Darchini

1. Darchini . . . . . . . . . . . . . Q.S.

ACTION:
Moharrik-e-Asab, Mohallil-e-Waram, Moharrik-e-Bah.

THERAPEUTIC USE:

DOSE:
2 to 5 drops.

NOTE: For Aqrab Gazeedgi, Waj-ul-Fafasil and Suda it is used externally.

Method of Application:
1. A drop may be applied on the site of Scorpion sting.
2. Massage of this oil alone or with suitable vehicle relieves Waj-ul-
Mafasil, Suda, etc.

Special Method of Preparation:
Raughan-e-Darchini is obtained by Steam Distillation Process from
Darchini.

8.13. Raughan-e-Gul

1. Gul-e-Surkh Taza 1 kg.
2. Raughan-e-Kunjad Muqashshar 5 kg.

ACTION:
Mohallil-e-Waram, Mubarrid, Mulaiyin.

THERAPEUTIC USE:
Waram-e-Mafasil Haad, Suda-e-Muzmin, Qabz.

DOSE:
10 to 20 ml.

NOTE: For Waram-e-Mafasil Haad and Suda-e-Muzmin it is used
externally.

Special Method of Preparation:
Both the ingredients are mixed together and exposed to Sun for 40
days.

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1. Aab-e-Barg-e-Aak .... 1 kg.
2. Aab-e-Barg-e-Bakayin .... 1 kg.
3. Aab-e-Barg-e-Bedanjeer .... 1 kg.
4. Aab-e-Barg-e-Dhatura .... 1 kg.
5. Aab-e-Barg-e-Sambhalu .... 1 kg.
6. Aab-e-Barg-e-Sahjana .... 1 kg.
7. Aab-e-Barg-e-Thuhar .... 1 kg.
8. Raughan-e-Kunjad .... 6 kg.

ACTION:
Muqawwi-p-Asab, Musakkio-e-Alam.

THERAPEUTIC USE:
Laqwa, Falij, Waj-ul-Mafasil.

DOSE: Q.S.

For external use.

Method of Application:
Raughan-e-Haft Barg is applied luke warm and massaged on the affected parts.

8.15. Raughan-e-Heel Khurd

1. Dana Heel Khurd .... Q.S.

ACTION:

THERAPEUTIC USE:

DOSE:
3 to 5 drops.

Note: For Waj-ul-Asnan it is used externally.

Special Method of Preparation:
Raughan-e-Heel Khurd is obtained by Steam Distillation from Dana Heel Khurd.

8.16. Raughan-e-Ispand

1. Ispand Sokhtani .... 300 g.
2. Zanjabeel .... 75 g.
3. Aab .... 500 ml.
4. Raughan-e-Kunjad .... 1 kg.
5. Jauzbuwa .... 10 Nos.

ACTION:
Muqawwi-e-Asab.
Therapeutic use:
Rasha, Tashannuj.
Dose: Q. S.
For external use.

8.17. Raughan-e-Jauzbuwa

1. Jauzbuwa . . . . . . . Q.S.

Action:
Musakkin.

Therapeutic use:
Waj-ul-Mafasil.
Dose: Q. S.
For external use.

Special Method of Preparation:
Raughan-e-Jauzbuwa is obtained by Steam Distillation Process from Jauzbuwa.

8.18. Raughan-e-Jauz Hindi

1. Jauz Hindi . . . . . . . 10 g.
2. Naushadar . . . . . . . 10 g.
3. Shaqaq-un-Noman . . . . 10 g.
4. Nuhas Mohraq . . . . . 10 g.

Action:
Musakkin-e-Alam.

Therapeutic use:
Waj-ul-Mafasil.
Dose: Q. S.
For external use.

8.19. Raughan-e-Jauzmasil

1. Raughan-e-Kunjad . . . . . . 650 g.
2. Aab-e-Barg-e-Jauzmasil . . . . . 5 lit.
3. Beesh . . . . . . . 20 g.
4. Jauzbuwa . . . . . . . 40 g.
5. Zanjabeel Khushk . . . . . . 40 g.

Action:
Muqawwi-e-Asab.

Therapeutic use:
Laqwa, Falij.
Dose: Q. S.
For external use.

8.20. Raughan-e-Kaddu Shireen

1. Aab-e-Kaddu-e-Daraz Taza . . . . 4 lit.
2. Raughan-e-Kunjad . . . . . . 1 kg.
ACTION:
Murattib, Munawwim.

THERAPEUTIC USE:
Sahar, Sarsam, Malikhuliya.
Dose: Q. S.
For external use.

8.21. Raughan-e-Kahu
1. Sheera-e-Tukhm-e-Kahu . 100 ml.
2. Raughan-e-Kunjad OR Raughan-e-Badam 50 ml.

ACTION:
Musakkin, Murattib, Munawwim.

THERAPEUTIC USE:
Sahar, Sara, Malikhuliya.
Dose: Q. S.
For external u.c.

8.22. Raughan-e-Khashkhaash
1. Tukhm-e-Khashkhaash . Q.S.

ACTION:
Musakkin, Mubarrid.

THERAPEUTIC USE:
Sahar.
Dose: Q. S.
For external use.

Special Method of Preparation:
Raughan-e-Khashkhaash is obtained by Cold Expelling Process from Tukhm-e-Khashkhaash.

8.23. Raughan-e-Luboob-e-Saba
1. Maghz-e-Akhrot . 1 kg.
2. Maghz-e-Badam . 1 kg.
3. Maghz-e-Chilghoza . 1 kg.
4. Maghz-e-Funduq . 1 kg.
5. Maghz-e-Tukhm-e-Kaddu . 1 kg.
6. Maghz-e-Pista . 1 kg.

ACTION:
Murattib.

THERAPEUTIC USE:
Sahar.
Dose: Q. S.
For external use.
8.24. Raughan-e-Luboob-e-Saba Barid

1. Maghze-Badam . . . . . . 1 kg.
2. Maghze-Tukhm-e-Badrang . . . . . . 1 kg.
3. Maghze-Tukhm-e-Kaddu . . . . . . 1 kg.
4. Tukhm-e-Kahu . . . . . . 1 kg.
5. Maghze-Tukhm-e-Khiyaraan . . . . . . 1 kg.
6. Khashkhaash Safaid . . . . . . 1 kg.
7. Kunjad Muqashshar . . . . . . 1 kg.

**ACTION:**
Mubarrid, Murattib.

**THERAPEUTIC USE:**
Sahar, Suda.

**DOSE:** Q. S.
For external use.

8.25. Raughan-e-Maghz-e-Tukhm-e-Kaddu

1. Maghze-Tukhm-e-Kaddu . . . . . . Q.S.

**ACTION:**
Murattib, Munawwim.

**THERAPEUTIC USE:**
Sahar, Sarsam Haad.

**DOSE:** Q. S.
For external use.

Special Method of Preparation:
The Raughan is obtained from the seeds of Kaddu by Cold Expelling Process.

8.26. Raughan-e-Malkangani

1. Malkangani . . . . . . Q.S.

**ACTION:**
Muqawwi-e-Asab.

**THERAPEUTIC USE:**

**DOSE:** Q. S.
For external use.

Special Method of Preparation:
Raughan-e-Malkangani is obtained by Cold Expelling Process from Malkangani.
8.27. Raughan-e-Mom

1. Mom Zard . . . . . . . . . . . 1 kg.
2. Namak-e-Shor . . . . . . . . . 3 kg.

**Action:**
Moharrik, Musakkin-e-Alam.

**Therapeutic Use:**
Falij, Laqwa, Waj-ul-Asab.

**Dose:** Q. S.
For external use.

**Method of Application:**
The drug is applied luke warm on the affected parts and bandaged if necessary.

**Special Method of Preparation:**
Raughan-e-Mom is obtained by Distillation Process.

8.28. Raughan-e-Qaranful

1. Qaranful . . . . . . . . . . . Q.S.

**Action:**

**Therapeutic Use:**

**Dose:**
1 to 3 drops.

**Note:** For Waj-ul-Asnan and Zof-e-Bah, the drug is used externally.

**Special Method of Preparation:**
Raughan-e-Qaranful is obtained by Steam Distillation Process from Qaranful.

8.29. Raughan-e-Qut

1. Qust . . . . . . . . . . . 120 g.
2. FilliSiyah . . . . . . . . . 120 g.
3. Aaqarqarha . . . . . . . . 120 g.
4. Farfiyun OR Sheer-e-Danda Thuhar . . . . 120 g.
5. Jund Bedastar . . . . . . . 20 g.
6. Raughan-e-Nargis OR Raughan-e-Kunjad . . . 250 g.

**Action:**
Muqawwi-e-Asab.

**Therapeutic Use:**
Falij.

**Dose:** Q. S.
For external use.

**Method of Application:**
The drug is massaged on the affected parts.
8.30. Raughan-e-Sanan

1. Asl-us-Soos . . . . . . . . . . 400 g.
2. Ratanjh  . . . . . . . . . . 400 g.
3. Post-e-Mughil  . . . . . . . . . . 400 g.
4. Zard Chob . . . . . . . . . . 400 g.
5. Deodar . . . . . . . . . . 400 g.
6. Raughan-e-Katan OR Raughan-e-Pambadana . . . . 600 g.

ACTION:
Mudammil, Mohallil-e-Waram.

THERAPEUTIC USE:
Qurooh, Zarba-o-Saqta.

Dose: Q. S.
For external use.

8.31. Raughan-e-Sandal

1. Sandal . . . . . . . . . . Q.S.

ACTION:
Daf-e-Taffun, Mubarrid.

THERAPEUTIC USE:

Dose:
5 to 10 drops.

Special Method of Preparation:
Raughan-e-Sandal is obtained by Steam Distillation Process of Sandal.

8.32. Raughan-e-Seer

1. Aaqarqarha . . . . . . . . . . 30 g.
2. Farfiyun . . . . . . . . . . 30 g.
3. Filfil Siyah . . . . . . . . . . 10 g.
4. Barg-e-Sudab . . . . . . . . . . 10 g.
5. Seer Taza . . . . . . . . . . 40 g.
6. Raughan-e-Zaitoon . . . . . . . 90 ml.

ACTION:
Moharrik-e-Asab, Mohallil-e-Waram.

THERAPEUTIC USE:

Dose: Q. S.
For external use.

Method of Application:
The drug is applied luke warm on the affected parts.

Special Method of Preparation:
All the ingredients are put in Raughan-e-Zaitoon and boiled. It is then allowed to cool and decanted.
8.33. Raughan-e-Sudab

1. Aab-e-Sudab Taza ........................................... 150 ml.
2. Raughan-e-Kunjad ........................................... 100 g.
3. Khardal ......................................................... 10 g.
4. Habb-ul-Rashad .............................................. 10 g.
5. Aaqrqarha ....................................................... 10 g.

ACTION:
Musakkin-e-Alam.

THERAPEUTIC USE:

DOSE: Q.S.

For external use.

8.34. Raughan-e-Suranjan

1. Suranjan ....................................................... 50 g.
2. Aab-e-Karafs ................................................ 50 g.
3. Chiraita ......................................................... 25 g.
4. Raughan-e-Zaitoon .......................................... 150 g.

ACTION:
Mohallil-e-Waram, Musakkin-e-Alam.

THERAPEUTIC USE:

DOSE: Q.S.

For external use.

Special Method of Preparation:
Suranjan and Chiraita are bruised and soaked in water for 24 hours and then decoction is prepared. This decoction is added with Aab-e-Karafs and Raughan-e-Zaitoon and boiled till all the water evaporates.

8.35. Raughan-e-Surkh

1. Majeeth ......................................................... 200 g.
2. Saleekha ....................................................... 80 g.
3. Kaifal ......................................................... 80 g.
4. Charcla ....................................................... 80 g.
5. Sad Kufi ...................................................... 80 g.
6. Waj-e-Turki ................................................ 80 g.
7. Qaranful ...................................................... 80 g.
8. Narkachoor .................................................. 80 g.
9. Raughan-e-Kunjad ........................................ 150 g.
10. Raughan-e-Sarashf ........................................ 150 g.
11. Aab-e-Aahak ............................................... Q.S.
ACTION:
Mohallil-e-Waram.

THERAPEUTIC USE:

Dose: Q. S.
For external use.

**Special Method of Preparation:**
Decoction of the ingredients 1-8 is prepared in Aab-e-Aahak. Then this decoction is boiled with Raughan-e-Kunjad and Raughan-e-Sarasht till the water evaporates.

8.36. Raughan-e-Turb

1. Aab-e-Turb . . . . . . . 400 ml.
2. Raughan-e-Kunjad OR Raughan-e-Gul . . 100 g.

ACTION:
Musakkin-e-Alam.

THERAPEUTIC USE:
Waj-ul-Uza.

Dose: Q. S.
For external use.

**Special Method of Preparation:**
Ingredients 1 and 2 above are mixed and boiled till the water evaporates completely. It is decanted when cool.

8.37. Raughan-e-Zaitoon

1. Takhm-e-Zaitoon . . . . . . Q.S.

ACTION:
Mulaityin, Muqawwi-e-Aam.

THERAPEUTIC USE:
Falij, Waj-ul-Mafasil, Iqr-un-Nisa, Qurooh, Qabz, Qurooh-e-Meqad.

Dose:
6 to 10 g.

Note: For Falij, Waj-ul-Mafasil, Iqr-un-Nisa and Qurooh, it is used externally.

**Special Method of Preparation:**
Raughan-e-Zaitoon is obtained by Cold Expelling Process from the ripe seeds of Zaitoon.

8.38. Raughan-e-Zift

1. Zift Roomi . . . . . . . 50 g.
2. Mastagi . . . . . . . . . 50 g.
3. Raughan-e-Kunjad . . . . . . . 250 g.
ACTION:
Muqawwi-e-Asab.

THERAPEUTIC USE:
Zof-e-Asab.

Dose: Q.S.

For external use

8.39. Tila-e-Jund

1. Filfil Siyah . . . . . . . . 5 g.
2. Jund Bedastar . . . . . . . 5 g.
3. Hilette . . . . . . . . . 5 g.
4. Maghaz-e-Pambadana . . . . 7 g.
5. Raughan-e-Chameii . . . . Q.S.

ACTION:
Muqawwi-e-Asab.

THERAPEUTIC USE:

Dose: Q.S.

For local application

Note: 1. The title Tila-e-Mushkwala is changed to Tila-e-Jund.
2. Mushk has been deleted from the formula.

8.40. Tila-e-Majlooq

1. Kharateen Musaffa . . . . . . 12 g.
2. Beesh Mudabbar . . . . . . 12 g.
3. Aamba Haldi . . . . . . . . 12 g.
4. Shingraf . . . . . . . . . 3 g.
5. Samm-ul-Far . . . . . . . . 2 g.
6. Maska . . . . . . . . . 24 g.
7. Sheer-e-Thuhar Seh-dhara . . . . Q.S.
8. Aab-e-Piyaz . . . . . . . . Q.S.

ACTION:
Moharrik-e-Asab.

THERAPEUTIC USE:
Naqayas-e-Jalaq.

Dose: Q.S.

For local application.

Special Method of Preparation:
A strip of cloth about 50 cm. long and 10 cm. wide is soaked and
dried by turn in ingredients 7, 8 & 9 respectively. Fine powder of
ingredients 1 to 5 is mixed with ingredient 6 to form a paste which is
uniformly spread over the strip of cloth. This cloth is hung on an iron
hook and burnt. The oil oozing out of it, is collected in a vessel placed
below.
8.41. Tila-e-Mubahhi

1. Post-e-Bekh-e-Madar ....... 50 g
2. Burada-e-Azaraqi ....... 25 g
3. Post-e-Bekh-e-Kaner Safaid ...... 100 g
4. Aab-e-Zahra-e-Gao ...... Q.S
5. Araq-e-Chob-e-Keora ...... Q.S

**ACTION:**
Muqawwi-e-Asab.

**THERAPEUTIC USE:**

**Dose:** Q. S.
For local application

8.42. Tila-e-Mulazziz

1. Aaqarqarha ...... 10 g
2. Tankar ...... 10 g
3. Kaloor ...... 10 g
4. Asal ...... 10 g

**ACTION:**
Moharrik-e-Asab.

**THERAPEUTIC USE:**
Kami-e-Lazzat.

**Dose:** Q. S.
For local application

**Method of Application:**
The finely powdered ingredients are mixed in Aab-e-Koknar and applied locally.

8.43. Tila-e-Mumsik

1. Masti-e-Ghok ...... 10 g
2. Azaraqi ...... 10 g
3. Samundar Sokh ...... 10 g
4. Filfil Daraz ...... 10 g
5. Bekh-e-Kaner Safaid ...... 10 g
6. Kafe-e-Darya ...... 10 g
7. Aab-e-Koknar ...... Q.S

**ACTION:**
Mumsik.

**THERAPEUTIC USE:**
Surat-e-Inzal.

**Dose:** Q. S.
For local application

**Method of Application:**
The finely powdered ingredients are mixed in Aab-e-Koknar and applied locally.
8.44. Tila-e-Musakkin

1. Maghaz-e-Tukhm-e-Bakayin  . . . . 10 g.  
2. Maghaz-e-Tukhm-e-Neem  . . . . 10 g. 
3. Rasaut  . . . . 10 g. 

**ACTION:**
Mukhaddir, Musakkin.  
**THERAPEUTIC USE:**
Nawaseer.  
**DOSE:** Q. S.  
For local application

**Method of Application:**
The fine powder of all the ingredients is mixed with water and applied locally.

8.45. Tila-e-Surkh

1. Shingraf  . . . . . . 20 g.  
2. Habb-us-Salateen  . . . . . . 20 g.  
3. Mom Safaid  . . . . . . 40 g.  
4. Maska  . . . . . . 120 g.  
5. Samm-ul-Far  . . . . . . 3 g.  

**ACTION:**
Moharrrek-e-Asab.  
**THERAPEUTIC USE:**
**DOSE:** Q. S.  
For local application.

**Special Method of Preparation:**
Ingredients 1, 2 & 5 are ground to fine powder. Mom is dissolved in Maska on low fire and ground in a Kharal together with the powder of the other ingredients.
SECTION IX

SAIYYALAT
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Definition:

1. Saiyyalat are those medicinal preparations where the drugs of plant, animal and mineral origin are used in liquid forms which are broadly classified as (i) Araq (Distillate) (ii) Qutur (Eye Drops) and (iii) Sharbat (Syrup).

Various processes are adopted depending on the type and nature of the liquid preparations.

2. (i) Araqiyat are those liquid preparations which are made by using the drugs of plant, animal and mineral origin by the process of distillation involving the steps of evaporation and condensation.

(ii) Qutur are those liquid preparations which are used as Eye Drops. These Eye Drops are made either by dissolving the prescribed drugs in any of the specified Araq (Distillate) or merely by extracting the juice of any prescribed drug given in the respective formulae.

(iii) Sharbat are those medicinal preparations which are made either by preparing the decoction from the plant, animal and mineral origin drugs or by taking juice of the fruits from different plants and mixed with Sugar and boiled to the required consistency.

Method of Preparation:

For details of making all the above three types of Saiyyalat refer the headings (i) Preparation of Araq, (ii) Preparation of Qutur and (iii) Preparation of Sharbat under the chapter “General Methods of Preparation.”

General Precautions:

Precautions given under the heading Preparation of Araq, Qutur and Sharbat in the chapter “General Methods of Preparation” should be followed.

Characteristics:

(i) Araqiyat are mostly crystal clear in transparency.

(ii) Qutur are thin in consistency if made by dissolving in distillates and thick in consistency when extracted directly from the drugs.
(iii) Sharbat are sweet in taste and thicker than Araq and Qutur in their consistency. They are always made in Sugar base after mixing the juices of the fruits or the decoctions made of the ingredient drugs.

Preservation:

(i) All the three types of Saiyyalat are preserved in clean, dry glass bottles or any other specified container under hygienic conditions in a cool and dry place.

(ii) These Saiyyalat can be preserved and used for one year.
9.1. Araq-e-Afsanteen

1. Afsanteen : 250 g.
2. Aab : 4 lit.

ACTION:
Mohallil-e-Waram, Mufatteh Sudad.

THERAPEUTIC USE:

Dose:
50 to 100 ml.

9.2. Araq Ajeeb

1. Kafoor : 20 g.
2. Jauhar-e-Pudina : 20 g.

ACTION:
Kasir-e-Riyah, Musakkin-e- Alam.

THERAPEUTIC USE:

Dose:
2 to 5 drops.

Note: for Laza-e-Hashrat, Shaqiqa and Suda the drug is used externally.

Special Method of Preparation:
All the three ingredients are kept in a glass-stoppered bottle till they liquify.

9.3 Araq-e-Ajwayin

1. Ajwayin : 1 kg.
2. Aab : 12 lit.

ACTION:
Hazim, Kasir-e-Riyah

THERAPEUTIC USE:

Dose:
50 to 100 ml.
### 9.4. Araq-e-Ambar

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<td>2.</td>
<td>Ambar</td>
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<td>3.</td>
<td>Maslagi</td>
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<td>4.</td>
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<td>5.</td>
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<td>6.</td>
<td>Qirfa</td>
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<td>32.</td>
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<td>35.</td>
<td>Araq-e-Gaozaban</td>
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<td>36.</td>
<td>Araq-e-Badranbhoya</td>
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**Action:**

Muqawwi-e-Umumi.
Therapeutic use:
Dose:
30 to 60 ml.

Note 1 & 2: Anisoon and Buzidan have been substituted by Badiyan Khurd and Gul-e-Sewti respectively in this formula.

9.5. Araq-e-Aswad Barid

1. Qand Siyah . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 32.5 kg.
2. Post-e-Mughilan . . . . . . . . . . . . . . . . . . . . . . . . 4 kg.
3. Aab . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Q. S.
4. Sandal Saffaid . . . . . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
5. Kishmeez Khushk . . . . . . . . . . . . . . . . . . . . . . . . . . 50 g.
6. Gul-e-Nilofar . . . . . . . . . . . . . . . . . . . . . . . . . . . . 100 g.
7. Post-e-Balela . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 250 g.
8. Aamla . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 250 g.
9. Gul-e-Gaozaban . . . . . . . . . . . . . . . . . . . . . . . . . . 275 g.
10. Tukhm-e-Kahu . . . . . . . . . . . . . . . . . . . . . . . . . . . 275 g.
11. Maghz-e-Tukhm-e-Kadou . . . . . . . . . . . . . . . . . . . . . . . 500 g.
12. Tukhm-e-Kasni . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 550 g.
13. Tukhum-e-Khurfa . . . . . . . . . . . . . . . . . . . . . . . . . . 550 g.
14. Maghz-e-Tukhm-e-Khiyarain . . . . . . . . . . . . . . . . . . . . 550 g.
15. Post-e-Halela Kabli . . . . . . . . . . . . . . . . . . . . . . . . . 700 g.
16. Qintab . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 700 g.
17. Bed Sada . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 700 g.
18. Gul-e-Bahar . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 700 g.
19. Gul-e-Surkh . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 5.5 kg.
20. Ambar . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 5 g.

Action:
Mufarreh, Musakkin.
Therapeutic use:
Malikhuliya, Miraq, Khafqan.
Dose:
25 to 50 ml.

Special Method of Preparation:
To extract the Araq a large earthen or wooden vessel is filled with 2/3 of water along with the ingredients No. 1 and 2 and the vessel is sealed. The whole vessel is now placed in a large pit in the ground and covered all round with cowdung cakes till the fermentation is completed. The Araq is then extracted as usual.
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9.6. Araq-e-Badiyan

1. Badiyan .......... 1 part
2. Aab .............. 20 parts

ACTION:
Hazim, Mudir-e-Baul.

THERAPEUTIC USE :

DOSE:
60 to 120 ml.

9.7. Araq-e-Bed Mushk

1. Gul-e-Bed Mushk .... 11 part
2. Aab .............. 20 parts

ACTION:
Muqawwi-e-Qalb.

THERAPEUTIC USE :
Khafqan.

DOSE:
60 to 120 ml.


1. Barg-e-Bed Sada .... 250 g.
2. Aab .............. 6 lit.

ACTION:
Musakkin, Muqawwi-e-Qalb, Murattib.

THERAPEUTIC USE :
Khafqan, Zof-e-Qalb, Diq.

DOSE:
50 to 100 ml.

9.9. Araq-e-Chobchini

1. Chobchini .......... 5 kg.
2. Darchini .......... 4 kg.
3. Heel Khurd ......... 500 g.
4. Kababchini ......... 500 g.
5. Qaranful .......... 500 g.
7. Bisbasa .......... 500 g.
8. Sad Kufi .......... 500 g.
9. Ood Gharqi ........ 500 g.
10. Behman Surkh ...... 500 g.
11. Behman Safaid .... 500 g.
12. Zarambad .... 500 g.
13. Badranjboya .... 500 g.
14. Khulanjan .... 500 g.
15. Sumbul-ut-Teeb .... 500 g.
16. Ushna .... 500 g.
17. Barg-e-Gaozaban .... 500 g.
18. Sandal Safaid .... 500 g.
19. Darunaj Aqrabi .... 500 g.
20. Khusyaz-us-Salab .... 500 g.
21. Mastagi .... 500 g.
22. Irsa .... 500 g.
23. Qand Safaid .... 10 kg.
24. Mawez Munaqqa .... 5 kg.
25. Asal .... 5 kg.
26. Qand Siyah .... 30 kg.
27. Post-e-Mughilan .... 10 kg.
29. Zafran .... 125 g.
30. Aab .... Q.S.

ACTION:
Muqawwi-e-Umumi, Mufarreh.

THERAPEUTIC USE:
Zof-e-Umumi, Malikhuliya, Miraq.

Dose:
50 to 100 ml.

NOTE: Ingredients Ambar Ash-hab and Mushk given in the text have been deleted.

9.10. Araq-e-Gaozaban

1. Barg-e-Gaozaban .... 1 part
2. Aab .... 24 parts

ACTION:
Muqawwi-e-Aam.

THERAPEUTIC USE:

Dose:
60 to 120 ml.

9.11. Araq-e-Gulab

1. Gul-e-Surkh Taza .... 1 part
2. Aab .... 20 parts

ACTION:
Muqawwi-e-Qalb, Mohallil-e-Waram, Mubarrid.
**Therapeutic Use:**

**Dose:**
60 to 120 ml.

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**Note:** For Ramad it is used externally.

### 9.12 Araq-e-Heel Khurd

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**Action:**
Mujawwi-e-Qalb, Mufarreh, Qabiz, Kasir-e-Riyah, Daf-e-Taffun.

**Therapeutic Use:**
Zof-e-Qalb, is-hal, Haiza, Natkh-e-Shikam.

**Dose:**
30 to 50 ml.

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**Note:** The word Khurd has been suffixed to the title.

### 9.13 Araq-e-Juzam

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27. Post-e-harberi 500 g.
28. Dana Heel Khurd 500 g.
29. Gul-e-Gaozaban 250 g.
30. Amal 250 g.
31. Bahar Naranj 250 g.
32. Chirmite 250 g.
33. Chouchini 250 g.
34. Buruck-e-Shisham 250 g.
35. Kishmez Khushk 250 g.
36. Post-e-Sangtare 250 g.
37. Post-e-Halela Zard 125 g.
38. Halela Siyah 125 g.
39. Ushba 125 g.
40. Tukhm-e-Khiyairain 125 g.
41. Aftimoon 125 g.
42. Bishayej 60 g.
43. Sumbul-ut-Tecb 60 g.
44. Tukhm-e-Khurfa 60 g.
45. Dana Heel Kalan 60 g.
46. Sad Kufi 50 g.
47. Jadwar 35 g.
48. Sazaj Hindi 35 g.
49. Barg-e-Tambol 200 leaves
50. Zafran 6 g.
51. Mushik 1 g.
52. Aab  Q.S.

**ACTION:**
Musaffi-e-Dam.

**THERAPEUTIC USE:**
Juzam, Bars, Jarab, Qurooh.

**DOSE:**
50 to 100 ml.


1. Tukhm-e-Kasni 250 g.
2. Aab 5 lit.

**ACTION:**
Mohallil-e-Waram, Musakkin.

**THERAPEUTIC USE:**

**DOSE:**
75 to 150 ml.

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9.15. Araq-e-Keora

1. Gul-e-Keora ... 1 part
2. Aab ... 20 parts

ACTION:
Muqawwi-e-Qalb, Mufarreh.
THERAPEUTIC USE:
Zof-e-Qalb, Karb, Khafqan.
Dose:
30 to 60 ml.


1. Mako Khushk ... 1 part
2. Aab ... 20 parts

ACTION:
Mohallil-e-Waram, Muqawwi-e-Kabid.
THERAPEUTIC USE:
Dose:
60 to 120 ml.

9.17. Araq-e-Mundi

1. Mundi ... 250 g.
2. Aab ... 6 lit.

ACTION:
Musaffi-e-Dam, Muqawwi-e-Basar.
THERAPEUTIC USE:
Fasad-ud-Dam, Zof-e-Basarat
Dose:
75 to 100 ml.


1. Barg-e-Neem ... 100 g.
2. Post-e-Neem ... 100 g.
3. Post-e-Bakayin ... 100 g.
4. Barg-e-Bakayin ... 100 g.
5. Post-e-Kachnal ... 100 g.
6. Post-e-Mulsari ... 100 g.
7. Dudhi Khurd ... 100 g.
8. Barg-e-Bhangra Siyah ... 100 g.
9. Shakh-e-Barg-e-Jawansa ... 100 g.
Post-e-Gular ... 100 g.
11. Barg-e-Hina . . . . . . . . 100 g.
12. Mundi . . . . . . . . . . . . . 100 g.
13. Shahtara . . . . . . . . . . 100 g.
14. Sarphuka . . . . . . . . . . 100 g.
15. Dhamaya . . . . . . . . . . 100 g.
16. Chob-e-Bijasar . . . . . . 100 g.
17. Gul-e-Nilofar . . . . . . . . 100 g.
18. Burada-e-Sandal Surkh . . . . 100 g.
20. Gul-e-Surkh . . . . . . . . . . 100 g.
21. Kishmeez Khushk . . . . . . 100 g.
22. Tukhm-e-Kasni . . . . . . . . 100 g.
23. Beikh-e-Kasni . . . . . . . . . 100 g.
24. Majeeth . . . . . . . . . . . . . 100 g.
25. Barg-e-Bed Sada . . . . . . 100 g.
26. Burada-e-Chob-e-Sheesham . . . . 100 g.
27. Aab . . . . . . . . . . . . . . . . . 20 lit.

**ACTION:**
Musaffi-e-Dam, Daf-e-Taffun.

**THERAPEUTIC USE:**
Busoor, Damameel, Jarab, Hikka, Bahaq Abyaz, Bahaq Aswad.

**DOSE:**
60 to 120 ml.

**Note:** Total quantity of Araq to be extracted should not exceed 10 litres.

9.19. Araq-e-Nama

1. Pudina Khushk . . . . . . . . . 1 part
2. Aab . . . . . . . . . . . . . . . . . 20 parts

**ACTION:**
Kasir-e-Riyah.

**THERAPEUTIC USE:**

**DOSE:**
60 to 120 ml.

9.20. Qutur-e-Ramad Qawi

1. Phitkari . . . . . . . . . . . . . 60 g.
2. Afyun . . . . . . . . . . . . . . . . . 10 g.
3. Araq-e-Gulab . . . . . . . . . . . 1200 ml.

**ACTION:**
Musakkin-e-Alam, Mohallil-e-Waram, Habis-ud-Dam.

**THERAPEUTIC USE:**
Ramad.

For Ophthalmic use.

**Note:** All the ingredients are mixed in a bottle and then filtered.
9.21. Sikanjabeen Buzoori Motadil

1. Sambul-ut-Teeb ........ 250 g.
2. Tukhm-e-Kasni ....... 75 g.
3. Badiyan ..... 75 g.
4. Tukkum-e-Karafs . . . . 75 g.
5. Sirka Naishakar ...... 250 g.
6. Aab .... 4.5 lit.
7. Qand Safaid .... 3 kg.

ACTION:

THERAPEUTIC USE:

Dose:
25 to 50 ml.

Special Method of Preparation:
Ingredients 1 to 4 are soaked in 5 & 6 for 24 hours and boiled. The decoction is then strained and mixed with Qand Safaid and again boiled to the required consistency to obtain the syrup.

9.22. Sikanjabeen Lemani

1. Sirka Naishakar ,

2. Araq-e-Gulab 

3. Aab-e-Lenu Kaghzi 

4. Qand Safaid 

ACTION:
Muqawwi-e-Kabid.

THERAPEUTIC USE:
Ghasiyan, Qai, Su-e-Hazam.

Dose:
25 to 50 ml.

9.23. Sikarsjabeea Nanaee

1. Pudina Khushk .... 75 g.
2. Sirka Naishakar ..... 400 ml.
3. Qand Safaid .... 1 kg.

ACTION:
Daf-e-Safra, Hazim.

THERAPEUTIC USE:
Yarqan Suddi, Ghasiyan, Qai, Su-e-Hazm, Haiza, Zarb.

Dose:
25 to 50 ml.
9.24, Sikanjabeen Sada

1. Sirka Naishakar . . . . . . 1.6 lit.
2. Qand Safaid . . . . . . 1 kg.

**ACTION:**
Daf-e-Tap, Daf-e-Safra.

**THERAPEUTIC USE:**
Humma Safrawi, Ghasiyan, Zof-e-Hazm, Qai, Yarqan Suddi.

**DOSE:**
25 to 50 ml.

9.25, Sharbat-e-Anar Shireen

1. Aab-e-Ahar Shireen . . . . . . 1 part
2. Qand Safaid . . . . . . 1 part

**ACTION:**
Mubarrid.

**THERAPEUTIC USE:**
Ghasiyan, Atash-e-Mufrit.

**DOSE:**
25 to 50 ml.

9.26, Sharbat-e-Anjabar

1. Post-e-Bekh-e-Anjabar . . . . . . 35 g.
2. Kharnob Shami . . . . . . 25 g.
3. Burada-e-Sandal Surkh . . . . . . 10 g.
4. Burada-e-Sandal Safaid . . . . . . 10 g.
5. Habb-ul-Aas . . . . . . 10 g.
6. Aab-e-Aahan Tab . . . . . . Q. S.
7. Qand Safaid . . . . . . 500 g.

**ACTION:**
Habis-ud-Dam.

**THERAPEUTIC USE:**
Nafs-ud-Dam, Sahaj-e-Ama, Is-hal-e-Damwi, Nazf-ud-Dam.
Kasrat-e-Tams.

**DOSE:**
25 to 50 ml.

**Note:** The water which is obtained by immersing a red hot iron rod, is called Aab-e-Aahan Tab.

**Special Method of Preparation:**
Ingredients 1 to 5 are soaked in Aab-e-Aahan Tab for 24 hours and decoction is prepared. After filtration, Qand Safaid is added to this decoction and boiled again to bring it to the required consistency.
9.27. Sharbat-e-Banafsha

1. Gul-e-Banafsha ........ 125 g.
2. Qand Safaid ........ 1 kg.

**ACTION:**
Munzij, Mulaiyin.

**THERAPEUTIC USE:**
Humma, Nazla, Sual, Qabz.

**DOSE:**
25 to 50 ml.

9.28. Sharbat Buzoori Motadil

1. Bekh-e-Kasni ........ 100 g.
2. Bekh-e-Badiyan ........ 50 g.
3. Tukhm-e-Kasni ........ 50 g.
4. Tukhm-e-Khiyarza ........ 50 g.
5. Tukhm-e-Khiyar ........ 50 g.
6. Tukhm-e-Kharbuza ........ 50 g.
7. Khar-e-Khasak Khurd ........ 50 g.
8. Aab ........ Q. S.
9. Qand Safaid ........ 500 g.

**ACTION:**

**THERAPEUTIC USE:**

**DOSE:**
25 to 50 ml.

**NOTE:** Khar-e-Khasak Khurd, which is not included in the text has been added in this formula.

9.29. Sharbat-e-Deemar

1. Post-e-Bekh-e-Kasni ........ 170 g.
2. Tukhm-e-Kasoos ........ 160 g.
3. Tukhm-e-Kasni ........ 85 g.
5. Rewand Chini ........ 60 g.
7. Gaozaban ........ 45 g.
8. Aab ........ Q. S.
9. Qand Safaid ........ 1.2 kg.

**ACTION:**
Mudirr-e-Baul, Mufatteh Sudad.

**THERAPEUTIC USE:**
Dose:
20 to 40 ml.

**Note:** Fine powder of Rewand Chini is added to the Sharbat in the end.

9.30. Sharbat-e-Ejaz

1. Barg-e-Arusa . . . . . . . . . . . 500 g.
2. Unnab . . . . . . . . . . . 50 g.
3. Sapistan . . . . . . . . . . . 50 g.
4. Asl-us-Soes . . . . . . . . . 25 g.
5. Tukhm-e-Khatmi . . . . . . . . . 25 g.
6. Tukhm-e-Khubbazi . . . . . . . . . 25 g.
7. Gul-e-Nilofar . . . . . . . . . . 25 g.
8. Gul-e-Banafsha . . . . . . . . . . 25 g.
9. Behidana . . . . . . . . . . . 20 g.
10. Aab . . . . . . . . . . . Q. S.
11. Kateera . . . . . . . . . . . 10 g.
12. Samagh-e-Arabi . . . . . . . . . 10 g.
13. Qand Safaid . . . . . . . . . . 1 kg.

**Action:**
Munaffis-e-Balgham, Musakkin-e-Sual

**Therapeutic use:**
Sual, Nazla, Zukam

**Dose:**
20 to 40 ml.

**Note:** Fine powder of Kateera and Samagh-e-Arabi is added to this Sharbat in the end.

**Special Method of Preparation:**
Decoction of ingredients 1 to 9 is prepared first and then Sharbat is made by mixing this decoction and Qand Safaid.

9.31. Sharbat-e-Khashkhaash

1. Koknar . . . . . . . . . . . 1 kg.
2. Aab . . . . . . . . . . . Q. S.
3. Qand Safaid . . . . . . . . . . 2 kg.

**Action:**
Musakkin-e-Sual, Qabiz.

**Therapeutic use:**
Sahar, Nazla, Sual, Is-hal, Zaheer.

**Dose:**
20 to 40 ml.

9.32. Sharbat-e-Nilofar

1. Gul-e-Nilofar . . . . . . . . . . 125 g.
2. Aab . . . . . . . . . . . Q. S.
3. Qand Safaid . . . . . . . . . . 1 kg.

**Action:**
Mufarrehe, Muqawwi-e-Qalb.
**Therapeutic Use:**
Atash-e-Mufrit, Zof-e-Qalb.

**Dose:**
25 to 50 ml.

9.33. Sharbat-e-Sadar

1. Barg-e-Arusa ........................................ 240 g.
2. Unnaab ............................................. 240 g.
3. Guoza ban ........................................... 180 g.
4. Tukhm-e-Katan ....................................... 170 g.
5. Badian ............................................... 170 g.
6. Nankhwah ............................................ 170 g.
7. Koknab ............................................... 150 g.
9. Sapiaston ............................................ 125 g.
10. Tukhm-e-Khatmi ...................................... 125 g.
11. Abrisham ........................................... 125 g.
12. Asl-us-Seos ......................................... 125 g.
13. Parsiyoshan ......................................... 125 g.
15. Qand Safaid .......................................... Q.S.

**Action:**
Munzij, Munafis-e-Balgham.

**Therapeutic Use:**
Sual, Zeeq-un-Nafas, Nazla Muzmin,Sil.

**Dose:**
20 to 40 ml.

9.34. Sharbat-e-Toot Siyah

1. Aab-e-Toot Siyah ..................................... 1 lit.
2. Qand Safaid .......................................... 1.5 kg.

**Action:**
Mohallil-e-waraiu, Mulattif.

**Therapeutic Use:**

**Dose:**
20 to 40 ml.

9.35. Sharbat-e-Unnab

1. Unnab ................................................ 500 g.
2. Aab .................................................. Q.S.
3. Qand Safaid ......................................... 1.5 kg.

**Action:**
Munafis, Musakkin.

**Therapeutic Use:**
Sual.

**Dose:**
20 to 60 ml.
SECTION X

SUFOOF
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<td>Sufoof-e-Hazim</td>
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<td>10.15</td>
<td>Sufoof-e-Hazim Kalan</td>
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<td>10.16</td>
<td>Sufoof-e-Itrijulab</td>
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<td>10.17</td>
<td>Sufoof-e-Khardal</td>
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<td>B.K.</td>
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<td>Sufoof-e-Kishneeze</td>
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<td>10.19</td>
<td>Sufoof-e-Lajward</td>
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<td>10.20</td>
<td>Sufoof-e-Masik-ul-Baul</td>
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<td>10.21</td>
<td>Sufoof-e-Mujliyasa</td>
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<td>B.K.</td>
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<td>Sufoof-e-Mohazzil</td>
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<td>10.23</td>
<td>Sufoof-e-Moya</td>
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<td>Sufoof-e-Mudirr-e-Haiz</td>
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<td>B.K.</td>
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<td>Sufoof-e-Mulaiyin</td>
<td>240</td>
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<td>2</td>
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<td>10.26</td>
<td>Sufoof-e-Musammim</td>
<td>240</td>
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<td>10.27</td>
<td>Sufoof-e-Mus-hil</td>
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<td>Q.S.</td>
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<tr>
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<td>Sufoof-e-Nana</td>
<td>241</td>
<td>I.A.</td>
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<td>10.29</td>
<td>Sufoof-e-Qaranful</td>
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<td>10.30</td>
<td>Sufoof-e-Sailan</td>
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<td>B.K.</td>
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<td>10.31</td>
<td>Sufoof-e-Satt-e-Gilo</td>
<td>242</td>
<td>Q.S.</td>
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<td>10.32</td>
<td>Sufoof-e-Satt-e-Gilo Sartani</td>
<td>242</td>
<td>Q.A.</td>
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<td>10.33</td>
<td>Sufoof-e-Suranjan</td>
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<td>Q.A.</td>
</tr>
<tr>
<td>10.34</td>
<td>Sufoof-e-Surkh</td>
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<td>B.K.</td>
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<tr>
<td>10.35</td>
<td>Sufoof-e-Suranjan Zafrani</td>
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<td>Q.A.A.</td>
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<tr>
<td>10.36</td>
<td>Sufoof-e-Suzak</td>
<td>244</td>
<td>B.K.</td>
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<tr>
<td>10.37</td>
<td>Sufoof-e-Suzak Qawi</td>
<td>244</td>
<td>Q.A.A.</td>
</tr>
<tr>
<td>10.38</td>
<td>Sufoof-e-Tabkheer</td>
<td>245</td>
<td>B.K.</td>
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<tr>
<td>10.39</td>
<td>Sufoof-e-Teen</td>
<td>245</td>
<td>B.K.</td>
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<tr>
<td>10.40</td>
<td>Sufoof-e-Tehal</td>
<td>246</td>
<td>Q.E.</td>
</tr>
<tr>
<td>10.41</td>
<td>Sufoof-e-Tehal Naushadri</td>
<td>246</td>
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<td>10.42</td>
<td>Sufoof-e-Ziabetus Sada</td>
<td>247</td>
<td>Q.A.A.</td>
</tr>
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<td>10.43</td>
<td>Sufoof-e-Ziabetus Dulabi</td>
<td>247</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

D

| 10.45| Sunoon-e-Ahmar                         | 248  | Q.A.A.|      | 409  |
| 10.46| Sunoon-e-Chobchini                     | 248  | B.K.  | II   | 105  |
| 10.47| Sunoon-e-Missi                         | 248  | I.A.  |      | 89   |
| 10.48| Sunoon-e-Mujalli                       | 249  | B.K.  | II   | 106  |
| 10.49| Sunoon-e-Mukhrije-Rutubat             | 249  | Q.S.  | II   | 99   |
| 10.50| Sunoon-e-Muluk                         | 249  | Q.S.  | II   | 100  |
| 10.51| Sunoon-e-Mustahkam Dandan              | 250  | Q.S.  | II   | 105  |
| 10.52| Sunoon-e-Tambaku                       | 250  | B.K.  | II   | 97   |
| 10.53| Sunoon-e-Zard                          | 250  | I.A.  |      | 87   |

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| 10.54| Zuroor-e-Qula Abyaz                     | 250  | Q.A.A.|      | 386  |
| 10.55| Zuroor-e-Anzaroot                       | 251  | I.A.  |      | 57   |
| 10.56| Zuroor-e-Asiqoolan                     | 251  | Q.A.A.|      | 391  |
| 10.57| Zuroor-e-Gaozaban                      | 251  | B.K.  | II   | 81   |
| 10.58| Zuroor-e-Kath                          | 252  | B.K.  | II   | 81   |
| 10.59| Zuroor-e-Murdar Sang                   | 252  | B.K.  | II   | 81   |
| 10.60| Zuroor-e-Qula                          | 252  | U.P. M.|     | 175  |
SUFOOF

Definition:
Sufoof are the fine powder forms of medicinal preparations made of plant, animal and mineral origin drugs.

Method of Preparation:
For preparing Sufoof (Powder Drugs) different methodologies given under the heading “Daq-wa-Sahaq” in the chapter “General Methods of Preparation” may be seen.

General Precautions:
The precautions given for powdering different kinds of drugs under the heading “Daq-wa-Sahaq” in the chapter “General Methods of Preparation” may be seen.

Characteristics:
(1) Sufoof are the finest forms of powdered drugs.
(2) Fineness or coarseness of the powders is judged by putting it between the fingers.

Preservation:
(1) Sufoof are generally preserved in dry, clean and air-tight glass containers under hygienic conditions in cool and dry places.
(2) Sufoof having ingredients like Shora, Naushadar, etc. are always preserved in air-tight glass containers.
(3) Sufoof containing Salt or Halelajat are not preserved in tin or metallic containers.
(4) When Maghziyat are ingredients in Sufoof they should be used within six months.
(5) Sufoof retain their potency for one year.

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### 10.1. Iyarij-e-Faiqra

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mastagi</td>
<td>1 part</td>
</tr>
<tr>
<td>2</td>
<td>Darchini</td>
<td>1 part</td>
</tr>
<tr>
<td>3</td>
<td>Asaron</td>
<td>1 part</td>
</tr>
<tr>
<td>4</td>
<td>Sumbul-ut-Teeb</td>
<td>1 part</td>
</tr>
<tr>
<td>5</td>
<td>Habb-e-Balsa</td>
<td>1 part</td>
</tr>
<tr>
<td>6</td>
<td>Zafran</td>
<td>1 part</td>
</tr>
<tr>
<td>7</td>
<td>Ood-e-Balsan</td>
<td>1 part</td>
</tr>
<tr>
<td>8</td>
<td>Saleekha</td>
<td>1 part</td>
</tr>
<tr>
<td>9</td>
<td>Sibr Zard</td>
<td>16 parts</td>
</tr>
</tbody>
</table>

**Action:**
Mus-hil.

**Therapeutic Use:**
Waj-ul-Mafasil, Qulanj, Laqwa, Falij.

**Dose:**
3 to 5 g.

### 10.2. Iyarij-e-Loghaziya

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Shahm-e-Hanzal</td>
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</tr>
<tr>
<td>2</td>
<td>Isqel Mushwi</td>
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</tr>
<tr>
<td>3</td>
<td>Ghariqoon</td>
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<tr>
<td>4</td>
<td>Saqmonia</td>
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</tr>
<tr>
<td>5</td>
<td>Kharbaq Siyah</td>
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</tr>
<tr>
<td>6</td>
<td>Ushaq</td>
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</tr>
<tr>
<td>7</td>
<td>Usqurdiyun</td>
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</tr>
<tr>
<td>8</td>
<td>Affimoon</td>
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</tr>
<tr>
<td>9</td>
<td>Kamazariyus</td>
<td>15 g.</td>
</tr>
<tr>
<td>10</td>
<td>Sibr</td>
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</tr>
<tr>
<td>11</td>
<td>Muqil</td>
<td>15 g.</td>
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<tr>
<td>12</td>
<td>Hasha</td>
<td>10 g.</td>
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<tr>
<td>13</td>
<td>Heufariqoon</td>
<td>10 g.</td>
</tr>
<tr>
<td>14</td>
<td>Anisoon</td>
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<tr>
<td>15</td>
<td>Sazaj Hindi</td>
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</tr>
<tr>
<td>16</td>
<td>Farasiyun</td>
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<td>Jada</td>
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<tr>
<td>18</td>
<td>Saleekha</td>
<td>10 g.</td>
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<tr>
<td>19</td>
<td>Fitil Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>20</td>
<td>Mur Makki</td>
<td>10 g.</td>
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<tr>
<td>21</td>
<td>Jaosheer</td>
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<td>22</td>
<td>Jund Bedastar</td>
<td>10 g.</td>
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<tr>
<td>23</td>
<td>Sumbul-ut-Teeb</td>
<td>10 g.</td>
</tr>
<tr>
<td>24</td>
<td>Fitrasaliyun</td>
<td>10 g.</td>
</tr>
<tr>
<td>No.</td>
<td>Item</td>
<td>Quantity</td>
</tr>
<tr>
<td>-----</td>
<td>-------------------------------</td>
<td>----------</td>
</tr>
<tr>
<td>25</td>
<td>Zarawand Taweel</td>
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</tr>
<tr>
<td>26</td>
<td>Farfiyun</td>
<td>10 g.</td>
</tr>
<tr>
<td>27</td>
<td>Hamama</td>
<td>10 g.</td>
</tr>
<tr>
<td>28</td>
<td>Zanjabeel</td>
<td>10 g.</td>
</tr>
<tr>
<td>29</td>
<td>Usara-e-Afsanteen</td>
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</tr>
<tr>
<td>30</td>
<td>Juntiya</td>
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</tr>
<tr>
<td>31</td>
<td>Usiikhuddus</td>
<td>10 g.</td>
</tr>
<tr>
<td>32</td>
<td>Asal Or Qand Safaid</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

**Action:**  
Munaqqi.

**Therapeutic Use:**  
Sara, Falij, Laqwa, Da-ul-Feel, Suda, Bars, Juzam, Irq-un-Nise, Niqras, Khanazeer, Waj-ul-Mafasil.

**Dose:**  
5 to 10 g.

**10.3. Jawahir Mohra**

<table>
<thead>
<tr>
<th>No.</th>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Zahar Mohra</td>
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</tr>
<tr>
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<td>Marwareed</td>
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</tr>
<tr>
<td>3</td>
<td>Busud</td>
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</tr>
<tr>
<td>4</td>
<td>Kahruba</td>
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<tr>
<td>5</td>
<td>Lajward Maghsool</td>
<td>10 g.</td>
</tr>
<tr>
<td>6</td>
<td>Yaqoot Surkh</td>
<td>10 g.</td>
</tr>
<tr>
<td>7</td>
<td>Yaqoot Kabood</td>
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</tr>
<tr>
<td>8</td>
<td>Yaqoot Asfar</td>
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</tr>
<tr>
<td>9</td>
<td>Yashab Sabz</td>
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<tr>
<td>10</td>
<td>Zumurrud</td>
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<tr>
<td>11</td>
<td>Aqeeq Surkh</td>
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<tr>
<td>12</td>
<td>Waraq-e-Nuqra</td>
<td>10 g.</td>
</tr>
<tr>
<td>13</td>
<td>Mastagi</td>
<td>10 g.</td>
</tr>
<tr>
<td>14</td>
<td>Waraq-e-Tila</td>
<td>10 g.</td>
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<tr>
<td>15</td>
<td>Jadwar</td>
<td>5 g.</td>
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<tr>
<td>16</td>
<td>Narjeel Daryaee</td>
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</tr>
<tr>
<td>17</td>
<td>Ambar Ash-hab</td>
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<tr>
<td>18</td>
<td>Momyace</td>
<td>5 g.</td>
</tr>
<tr>
<td>19</td>
<td>Mushk</td>
<td>5 g.</td>
</tr>
<tr>
<td>20</td>
<td>Araq-e-Gulab</td>
<td>Q.S.</td>
</tr>
</tbody>
</table>

**Action:**  
Muqawwi-e-Aam, Musakkin.

**Therapeutic Use:**  
Dose:
60 to 120 mg.

Special Method of Preparation:
Each ingredient is finely powered separately, then mixed together and ground in Araq-e-Gulab for two weeks.

10.4. Sufoof-e-Namak-e-Shaikh-ur-Raees

1. Namak-e-Toam . . . . . . 400 g.
2. Filfil Safa'id . . . . . . 90 g.
3. Naushadar . . . . . . 60 g.
4. Zanjabeel . . . . . . 60 g.
5. Filfil Siyah . . . . . . 60 g.
6. Pudina Khushk . . . . . . 60 g.
7. Tukhm-e-Karafs . . . . . . 35 g.
8. Badiyan Khurd . . . . . . 30 g.
9. Tukhm-e-Jirjir . . . . . . 30 g.
10. Nankhwah . . . . . . 30 g.
11. Sumbul-ut-Teeb . . . . . . 30 g.

Action:
Hazim, Kasir-e-Riyah.

Therapeutic Use:

Dose:
3 to 5 g.

Note: Anisoon has been substituted by Badiyan Khurd in this formula.

10.5. Sufoof-e-Aamla

1. Aamla . . . . . . 10 g.
2. Tabasheer . . . . . . 10 g.
3. Kishneez Khushk . . . . . . 10 g.
4. Naushadar Biryan . . . . . . 10 g.
5. Shora Qalmi . . . . . . 10 g.
6. Mastagi . . . . . . 10 g.
7. Namak-e-Post-e-Kharbuza . . . . . . 10 g.

Action:

Therapeutic Use:

Dose:
3 to 5 g.

Note: The medicine is to be taken with milk.
10.6. Sufoof-ul-AmIah

1. Namak-e-Qinnab . . . . . . . . . 20 g.
2. Namak-e-Nakchikni . . . . . . . . . 20 g.
3. Namak-e-Turb . . . . . . . . . . . . . . 20 g.
4. Namak-e-Pudina . . . . . . . . . . . 20 g.
5. Namak-e-Barg-e-Kataee . . . . . . . 20 g.
6. Satt-e-Ajwayn . . . . . . . . . . . . . 100 mg.

ACTION:
Hazim, Mushabhi, Mudirr-e-Baul.

THERAPEUTIC USE:

DOSE:
500 mg. to 1 g.

10.7. Sufoof-e-Bars

1. Babchi . . . . . . . . . . . . . . . 1 part
2. Chaksu . . . . . . . . . . . . . . . 1 part
3. Anjeer Khushk . . . . . . . . . . . 1 part
4. Tukhm-e-Panwar . . . . . . . . . . 1 part

ACTION:
Musaffi-e-Dama, Mukharrish.

THERAPEUTIC USE:
Bars.

DOSE:
10 to 12 g.

Method of Application:
10 g. of powder is soaked in 50 ml. of water overnight. The infusion is decanted and orally administered in the morning. The sediment is mixed with Sigka Naishakar to prepare a paste and applied on the affected parts which are exposed to the Sun rays.

10.8. Sufoof-e-Chobchini

1. Chobchini . . . . . . . . . . . . . . . 40 g.
2. Sana . . . . . . . . . . . . . . . . . . . . 25 g.
3. Ushba Maghribi . . . . . . . . . . . 20 g.
4. Bisfayef . . . . . . . . . . . . . . . . . . 20 g.
5. Suranjan . . . . . . . . . . . . . . . . . 10 g.
6. Aftimoon . . . . . . . . . . . . . . . . . 10 g.
7. Gul-e-Surkh . . . . . . . . . . . . . . . 10 g.
8. Sandal Safid . . . . . . . . . . . . . . 10 g.

ACTION:
Munaffis-e-Balgham, Daf-e-Safra, Musaffi-e-Dam.

THERAPEUTIC USE:

DOSE:
5 to 10 g.
10.9. Sufoof Chutki

1. Halela Siyah . . . . . . . . . . . . . . . 5 g.
2. Pudina Khushk . . . . . . . . . . . . . . 5 g.
3. Filfil Siyah . . . . . . . . . . . . . . . 5 g.
4. Namak-e-Toam . . . . . . . . . . . . . . 5 g.
5. Narkachoor . . . . . . . . . . . . . . . 5 g.
6. Tankar Biryani . . . . . . . . . . . . . . 5 g.

**Action:**
Muqawwi-e-Meda.

**Therapeutic Use:**
Su-e-Hazm, Is-hal.

**Dose:**
250 to 500 mg.

**Note:** The medicine is mainly recommended for children.

10.10. Sufoof-e-Dama

1. Namak-e-Toam . . . . . . . . . . . . . . 3 g.
2. Aab-e-Zahra-e-Mahi . . . . . . . . . 1 No.
3. Maghz-e-Gheekawar . . . . . . . . . .  Q.S.

**Action:**
Munaffis-e-Balgham.

**Therapeutic Use:**

**Dose:**
75 to 125 mg.

**Note:** The preparation is to be given with Asal.

**Special Method of Preparation:**
All the ingredients are mixed and heated on a low fire to evaporate the moisture. Thereafter, fine powder is prepared.

10.11 Sufoof-e-Habis-ud-Dam

1. Sang-e-Jarahat . . . . . . . . . . . . . . 2 parts
2. Samagh-e-Palas . . . . . . . . . . . . . . 3 parts
3. Mayeen Kalan . . . . . . . . . . . . . . . 1 part
4. Sadaf Sadiq . . . . . . . . . . . . . . . . . 1 part
5. Gil-e-Armani . . . . . . . . . . . . . . . . 1 part
6. Damm-ul-Akhwain . . . . . . . . . . . . . 1 part
7. Qand Saffaid . . . . . . . . . . . . . . . . . 9 parts

**Action:**
Habis-ud-Dam, Qabiz.

**Therapeutic Use:**
Kasrat-e-Tams, Nazf-ud-Dam, Qai-ud-Dam, Is-hal-e-Damwi.

Dose:
3 to 5 g.

Special Method of Preparation:
Sadaf Sadiq is heated red hot, immersed in water, then ground to a fine powder and mixed with other powdered ingredients.


<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Dana Anar</td>
<td>. . . . . . . 100 g.</td>
</tr>
<tr>
<td>2. Zeera Siyah</td>
<td>. . . . . . . 20 g.</td>
</tr>
<tr>
<td>3. Kishneez Khushk</td>
<td>. . . . . . . 20 g.</td>
</tr>
<tr>
<td>4. Sirka Naishakar</td>
<td>. . . . . . . Q.S.</td>
</tr>
<tr>
<td>5. Mayeen Kalan</td>
<td>. . . . . . . 10 g.</td>
</tr>
<tr>
<td>6. Kharnoob</td>
<td>. . . . . . . 10 g.</td>
</tr>
<tr>
<td>7. Gulnar Parsi</td>
<td>. . . . . . . 10 g.</td>
</tr>
<tr>
<td>8. Tukham-o-Karafs</td>
<td>. . . . . . . 10 g.</td>
</tr>
</tbody>
</table>

Action:
Qabiz, Muqawwi-e-Meda, Muqawwi-e-Ama.

Therapeutic Use:

Dose:
3 to 5 g.

Note: Ingredients 2 and 3 are soaked in Sirka Naishakar before use.


<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Hajr-ul-Yahood</td>
<td>. . . . . . . 10 g.</td>
</tr>
<tr>
<td>2. Sang-e-Sar-e-Mahi</td>
<td>. . . . . . . 10 g.</td>
</tr>
<tr>
<td>3. Habb-ul-Qilt</td>
<td>. . . . . . . 10 g.</td>
</tr>
<tr>
<td>4. Namak-e-Turb</td>
<td>. . . . . . . 20 g.</td>
</tr>
</tbody>
</table>

Action:
Mufattit-e-Hasat.

Therapeutic Use:
Hasat-e-Kulya, Hasat-e-Masana.

Dose:
5 to 10 g.


<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Filfil Siyah</td>
<td>. . . . . . . 50 g.</td>
</tr>
<tr>
<td>2. Nankhwah</td>
<td>. . . . . . . 50 g.</td>
</tr>
<tr>
<td>3. Namak-e-Sang</td>
<td>. . . . . . . 50 g.</td>
</tr>
<tr>
<td>4. Jawakhar</td>
<td>. . . . . . . 50 g.</td>
</tr>
<tr>
<td>5. Zeera Safaid</td>
<td>. . . . . . . 50 g.</td>
</tr>
<tr>
<td>6. Badiyan</td>
<td>. . . . . . . 50 g.</td>
</tr>
<tr>
<td>7. Kishneez Khushk</td>
<td>. . . . . . . 50 g.</td>
</tr>
</tbody>
</table>

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8. Aamla .......................... 50 g.
9. Namak Siyah .......................... 50 g.

ACTION:
Hazim, Kasir-e-Riyah, Mushahhi.

THERAPEUTIC USE:

DOSE:
2 to 5 g.

10.15. Sufoof-e-Hazim Kalan

1. Post-e-Halela Zard .......................... 20 g.
2. Post-e-Balela .......................... 20 g.
3. Aamla .......................... 20 g.
4. Badiyan .......................... 20 g.
5. Nankhwah .......................... 20 g.
6. Zeera Safaid .......................... 20 g.
7. Namak-e-Sang .......................... 20 g.
8. Namak Siyah .......................... 20 g.
9. Namak Hindi .......................... 20 g.
10. Jawakhar .......................... 20 g.
11. Tankar Biryan .......................... 10 g.
12. Naushadar .......................... 10 g.
13. Filfil Siyah .......................... 10 g.
14. Dana Heel Khurd .......................... 10 g.
15. Zanjabeel .......................... 10 g.
16. Filfil Daraz .......................... 10 g.

ACTION:
Hazim, Mushahhi, Kasir-e-Riyah.

THERAPEUTIC USE:

DOSE:
2 to 5 g.

Note: The word ‘Kalan’ has been suffixed to the title of the formula.

10.16. Sufoof-e-Indrijulab

1. Shibb-e-Yamani .......................... 1 g.
2. Kababh’ni .......................... 1 g.
3. Dana Heel Khurd .......................... 1 g.
4. Sang-e-Jarahat .......................... 1 g.
5. Shora Qalmi .......................... 500 g.

ACTION:
Daf-e-Taffuan, Mudirr-e-Baul
**10.17. Sufoof-e-Khardal**

1. Tankar Biryani
2. Khardal

**Action:**
Mohallil-e-Waram.

**Therapeutic Use:**
Waram-e-Tehal, Salabat-e-Tehal.

**Dose:**
1 to 2 g.

---

**10.18. Sufoof-e-Kishneez**

1. Kishneez
2. Gil-e-Armani
3. Tabasheer
4. Busud
5. Kahruba
6. Aqaquia
7. Darchini
8. Ood Hindi
9. Gil-e-Makhtoom
10. Zafran

**Action:**
Habis, Musakkain-e-Asab, Mufarreh.

**Therapeutic Use:**
Nazf-ud-Dam, Khafqan, Rasha, Is-hal.

**Dose:**
5 to 10 g.

---

**10.19. Sufoof-e-Lajward**

1. Sana
2. Aftimoon
3. Turbud
4. Post-e-Halela Kabli
5. Post-e-Halela Zard
6. Bisfayej
7. Rewand Chini
8. Gul-e-Surkh
9. Ghariqoon

**Dose:**
50 g.
10. Lajward 30 g.
11. Halela Siyah 20 g.
12. Badranjboya 30 g.
13. Ustuquddus 20 g.

**ACTION:**
Munaqqi, Mufarreh, Mulaiyin.

**THERAPEUTIC USE:**
Malikhuliya.

**Dose:**
5 to 10 g.

### 10.20. Sufoof-e-Masik-ul-Baul

1. Baloot 500 g.
2. Kundur 300 g.
3. Gil-e-Armani 100 g.
4. Samagh-e-Arabi 100 g.
5. Kishneez Khushk Biryani 100 g.
6. Mayeen Kalan 50 g.
7. Gulmar 50 g.

**ACTION:**
Habis, Muqawwi-o-Asab.

**THERAPEUTIC USE:**

**Dose:**
6 to 10 g.

### 10.21. Sufoof-e-Muqiyasa

1. Tukhm-e-Jirjir 80 g.
2. Zeera Siyah Mudabbar 25 g.
3. Tukhm-e-Katan 10 g.
4. Tukhm-e-Gandana 10 g.
5. Halela Siyah 10 g.
6. Mastagi 5 g.

**ACTION:**
Mohallil-e-Waram, Hazim.

**THERAPEUTIC USE:**
Is-hal-e-Muzmin, Zabeer, Sahaj-e-Ama, Bawaseer Damiya.

**Dose:**
5 to 10 g.

**Note:**
1. Tukhm-e-Jirjir is added to the powder of other ingredients in the end and mixed well.
2. Halela Siyah is fried in Raughan Zard before use.
10.22. Sufoof-e-Mohazzil

1. Nankhwah ........................................ 10 g.
2. Tukhm-e-Karafs .................................. 10 g.
3. Sumbul-ut-Teeb .................................. 10 g.
4. Luk Maghsool ...................................... 10 g.
5. Gul-e-Surkh ....................................... 25 g.
6. Marzan Josh ....................................... 25 g.

**Action:**
Mohazzil.

**Therapeutic Use:**
Saman-e-Mufrit

**Dose:**
5 to 10 g.

10.23. Sufoof-e-Moya

1. Zeera Siyah ....................................... 10 g.
2. Bazr-ul-Banj ...................................... 10 g.
3. Tukhm-e-Khashkhaash ............................. 10 g.
4. Anisoon .......................................... 10 g.
5. Tukhm-e-Gandana ................................ 10 g.
6. Tukhm-e-Shibti ................................... 10 g.
7. Tukhm-e-Karafs .................................. 10 g.
8. Abb:al Biryan ..................................... 7 g.
9. Tukhm-e-Jirjir .................................... 7 g.
10. Aspahol Biryan .................................. 7 g.
11. Afyun ............................................ 5 g.

**Action:**
Qabiz.

**Therapeutic Use:**
Ishal-e-Muzmin, Zaheer-e-Muzmin

**Dose:**
1 to 2 g.


1. Rewand Chini .................................... 35 g.
2. Shora Qalmi ...................................... 35 g.
3. Jawakhar ........................................ 30 g.
4. Zeera Safaid ..................................... 15 g.
5. Qand Safaid ...................................... 110 g.

**Action:**
Mudirr-e-Haiz
Therapeutic use:
Ehtebas-e-Tams.
Dose:
5 to 10 g.

10.25. Sufoof-e-Mulaiyin

1. Post-e-Hilela Kabi 10 g.
2. Post-e-Hilela Zard 10 g.
3. Gulg-Surkh 10 g.
4. Sana 10 g.
5. Namak-e-Sang 5 g.

Action:
Mulaiyin

Therapeutic use:
Qabz.
Dose:
5 to 10 g.


1. Behman Surkh 50 g.
2. Zarambad 50 g.
3. Kateera 50 g.
4. Khashkhaash 50 g.
5. Mughas 50 g.

Action:
Musammin.

Therapeutic use:
Huzal-e-Badan.
Dose:
5 to 10 g.

10.27. Sufoof-e-Mushil

1. Zanjabeel 40 g.
2. Sana 40 g.
4. Gulg-Surkh 20 g.
5. Namak Angoori OR Namak Firangi 5 g.

Action:
Mushil.

Therapeutic use:
Qabz.
Dose:
5 to 10 g.
### 10.28. Sufoof-e-Nana

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Nana Khushk</td>
<td>50 g.</td>
</tr>
<tr>
<td>2. Sumaq</td>
<td>25 g.</td>
</tr>
<tr>
<td>3. Namak Siyah</td>
<td>25 g.</td>
</tr>
<tr>
<td>4. Filfil Siyah</td>
<td>10 g.</td>
</tr>
</tbody>
</table>

**ACTION:**

**THERAPEUTIC USE:**

**DOSE:**
5 to 10 g.

### 10.29. Sufoof-e-Qaranful

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Qaranful</td>
<td>10 g.</td>
</tr>
<tr>
<td>2. Heel Khurd</td>
<td>10 g.</td>
</tr>
<tr>
<td>3. Ood Hindi</td>
<td>10 g.</td>
</tr>
<tr>
<td>4. Tigar</td>
<td>10 g.</td>
</tr>
<tr>
<td>5. Darchini</td>
<td>10 g.</td>
</tr>
<tr>
<td>6. Asl-us-Soos</td>
<td>10 g.</td>
</tr>
<tr>
<td>7. Filfil Daraz</td>
<td>10 g.</td>
</tr>
<tr>
<td>8. Sandal Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>9. Zeera Siyah</td>
<td>10 g.</td>
</tr>
<tr>
<td>10. Zeera Safaid</td>
<td>10 g.</td>
</tr>
<tr>
<td>11. Zanjibeb</td>
<td>10 g.</td>
</tr>
<tr>
<td>12. Tesbheer</td>
<td>10 g.</td>
</tr>
<tr>
<td>13. Narmushk</td>
<td>10 g.</td>
</tr>
<tr>
<td>14. Jauzbuwa</td>
<td>10 g.</td>
</tr>
<tr>
<td>15. Kafoor</td>
<td>10 g.</td>
</tr>
<tr>
<td>17. Kankol</td>
<td>10 g.</td>
</tr>
<tr>
<td>18. Khas</td>
<td>10 g.</td>
</tr>
<tr>
<td>19. Sumbul-ut-Teeb</td>
<td>100 g.</td>
</tr>
<tr>
<td>20. Nabat Safaid OR Qand Safaid</td>
<td>100 g.</td>
</tr>
</tbody>
</table>

**ACTION:**

**THERAPEUTIC USE:**
Zof-e-Meda, Qulanj, Zabeer, Suzak.

**DOSE:**
5 to 10 g.
10.30. Sufooof-e-Sailan

1. Gul-e-Dhawa 15 g.
2. Gul-e-Fufal 15 g.
3. Mocharais 15 g.
4. Samagh-e-Mulsari 15 g.
5. Nabat Safaid OR Qand Safaid 60 g.

ACTION:
Habis.

THERAPEUTIC USE:
Sailan-ur-Rahem.

Dose:
3 to 6 g.

10.31. Sufooof-e-Satt-e-Gilo

1. Satt-e-Gilo 50 g.
2. Tabasheer 50 g.
3. Dana Heel Kalan 50 g.
4. Dana Heel Khurd 50 g.
5. Nabat Safaid OR Qand Safaid 50 g.

ACTION:
Daf-e-Humma.

THERAPEUTIC USE:
Humma, Humma-e-Ajamiya

Dose:
3 to 5 g.

10.32. Sufooof-e-Satt-e-Gilo Sartani

1. Tabasheer 20 g.
2. Gul-e-Gaozaban 20 g.
4. Samagh-e-Arabi 10 g.
5. Sartani Nashri Mohraq 10 g.
6. Kokbar 2 g.
7. Dana Heel Khurd 5 g.

ACTION:

THERAPEUTIC USE:
Sil, Diq, Sual, Is-hal.

Dose:
2 to 4 g.

Note: 1. The word ‘Sartani’ has been suffixed to the title of the formula.
2. Tukhm-e-Gaozaban has been substituted by Gul-e-Gaozaban.
10.33. Sufoof-Suranjan

1. Suranjan Shireen .................................................. 25 g
2. Buzidan .............................................................. 25 g
3. Post-e-Halela Zard .................................................. 25 g
4. Maghz-e-Tukhm-e-Tarbuz ......................................... 25 g
5. Maghz-e-Badam ...................................................... 25 g
6. Maghz-e-Tukhm-e-Badranj ......................................... 25 g
7. Maghz-e-Tukhm-e-Khiyar Daraz .................................. 25 g
8. Kishneez Khushk Muqashshar .................................... 25 g
9. Tukhm-e-Khashkhaash .............................................
10. Qand Safaid ......................................................... 225 g

ACTION:
Mulaiyin, Mohallil-e-Waram.
THERAPEUTIC USE:
Waj-ul-Mafasil.
Dose:
2 to 4 g.

10.34. Sufoof-e-Surkh

1. Geru ................................................................. 10 g
2. Shibb-e-Yamani ..................................................... 10 g
3. Nabal Safaid ....................................................... 20 g

ACTION:
Daf-e-Taffun, Mudammil.
THERAPEUTIC USE:
Suzak.
Dose:
3 to 5 g.

10.35. Sufoof-e-Suranjan Zafrani

1. Suranjan Shireen .................................................. 100 g
2. Sana ............................................................... 70 g
3. Post-e-Halela Zard ................................................ 40 g
4. Maghz-e-Badam Muqashshar ..................................... 30 g
5. Zafran ............................................................. 5 g
6. Saqmonia Mushwi .................................................. 10 g
7. Gul-e-Surkh ........................................................ 60 g
8. Qand Safaid ....................................................... 300 g

ACTION:
Mohallil-e-Waram, Mus-bil.
Therapeutic Use:

Dose:
3 to 5 g.

Note: The word ‘Zafrani’ has been suffixed to the title of the formula.

10.36. Sufoof-e-Suzak

1. Mazu Sabz ........................................ 20 g.
2. Kath Safid ........................................... 40 g.
3. Tabesheer ........................................... 10 g.
4. Kushua-e-Murjan ................................. 10 g.
5. Raughan-e-Sandal ...................... 60 ml.

Action:
Dal-e-Taffun.

Therapeutic Use:
Suzak.

Dose:
5 to 10 g.

10.37. Sufoof-e-Suzak Qawi

1. Samagh-e-Darakht-e-Ber ...................... 100 g.
2. Gul-e-Tess ........................................ 100 g.
3. Satt-e-Gibo ........................................ 50 g.
4. Satt-e-Salej ed ................................. 50 g.
5. Rewand Chini ................................ 50 g.
6. Tabesheer ........................................ 50 g.
7. Dafe Hooi Khurd .............................. 40 g.
8. Jawakhar .......................................... 40 g.
9. Shora Qahmi ...................................... 40 g.
10. Na fa Safidi ..................................... 400 g.

Action:
Dal-e-Taffun, Mudirr-e-Baul.

Therapeutic Use:
Suzak.

Dose:
5 to 10 g.

Note: 1. The word ‘Qawi’ has been suffixed to the title of the formula.
2. The original ingredient Luk Maghsool has been replaced by Samagh-e-Darakht-e-Ber.

10.38. Sufoof-e-Tabkheer

1. Badiyan ............................................. 50 g.
2. Kishneez Khushk .................................. 50 g.
3. Dana Hel Khurd ....... 50 g.
4. Tabasheer ....... 50 g.

**ACTION:**
Kasir-e-Riyah.

**THERAPEUTIC USE:**

**DOSE:**
3 to 6 g.

**10.39. Sufoof-e-Teen**

1. Aspaphol ....... 1 part
2. Tukhm-e-Raihan ....... 1 part
3. Tukhm-e-Mako ....... 1 part
4. Nishast-e-Gardum ....... 1 part
5. Samagh-e-Arabi ....... 1 part
6. Gil-e-Armani ....... 1 part
7. Tabasheer ....... 1 part
8. Tukhm-e-Hummaz Biryani ....... 1 part

**ACTION:**
Mudammal, Muzliq.

**THERAPEUTIC USE:**
Is-hal Safrawi, Is-hal-e-Damwi, Zaheer, Qurooh-e-Meda, Qurooh-e-Isna Ashri, Sahaj-e-Ama.

**DOSE:**
5 to 10 g.

**NOTE:** The ingredients Aspaphol, Tukhm-e-Raihan and Tukhm-e-Mako are added to the powder of other ingredients in the end and mixed well.

**10.40. Sufoof-e-Tehal**

2. Namak-e-Sang ....... 70 g.
3. Sajjikhar ....... 70 g.
4. Tankar ....... 70 g.
5. Zard Chob ....... 70 g.
6. Namak Siyah ....... 70 g.
7. Namak-e-Toam ....... 70 g.
8. Jawakhar ....... 70 g.
9. Hilteet ....... 35 g.
10. Raughane-e-Sarashi ....... 35 g.

**ACTION:**
Mohallil-e-Waram.
THERAPEUTIC USE:
Dose:
1 to 2 g.

Special Method of Preparation:
Raughan-e-Sarashf and Sheer-e-Madar are mixed together and then added with fine powder of ingredient Nos. 2-9 to make a paste. The paste is then applied on both the sides of Ba'ig-e-Madar Zard. These leaves are kept in earthen discs one over the other and sealed with Gil-e-Hikmat and subjected to a sufficient fire. When cool, the contents of the discs are removed and powdered.

10.41. Sufoof-e-Tehal Naushadri

1. Naushadari . . . . . . . . . . . . . 50 g.
2. Tankar Biryan . . . . . . . . . . . 50 g.
3. Shora Qalni . . . . . . . . . . . . . 50 g.
4. Filfil Siyah . . . . . . . . . . . . . 50 g.

Action:
Mohallil-e-Waram, Mudirre-Baul.

THERAPEUTIC USE:
Waram-e-Tehal.
Dose:
2 to 3 g.

Note: The word ‘Naushadri’ has been suffixed to the title of the formula.

Method of Administration:
The powder is taken with the pulp of Ghee Kawar.

10.42. Sufoof-e-Ziahetus Sada

1. Sandal Safid . . . . . . . . . . . . . 20 g.
2. Nishasta-e-Gandum . . . . . . . . . . 40 g.
3. Kateera . . . . . . . . . . . . . . . . . . . 40 g.
4. Tukhm-e-Kahu . . . . . . . . . . . . . 40 g.
5. Tukhm-e-Khurfa . . . . . . . . . . . . . 40 g.
6. Gil-e-Armani . . . . . . . . . . . . . . . 50 g.
7. Gulnar Farsi . . . . . . . . . . . . . . . 50 g.
8. Dana-e-Sumaq . . . . . . . . . . . . . . . 50 g.
9. Baloot . . . . . . . . . . . . . . . . . . . . . 50 g.

Action:
Zof-e-Kulya.
The therapeutic use:
Ziabetus Ghair Shakri.
Dose:
5 to 10 g.

10.43. Sufoof-e-Ziabetus Dulabi

1. Post-e-Andruie-Darakhksh-Gulak . . . . 20 g.
2. Gil-e-Armani . . . . . . . . . . 10 g.
3. Gulnar Farsi . . . . . . . . . . 10 g.
4. Dena Akar Shirin . . . . . . . . 10 g.
5. Maghze-Tukhm-e-Anba . . . . . . 10 g.
6. Ayml . . . . . . . . . . . . . . 10 g.
7. Kishroz Khushk . . . . . . . . 10 g.
8. Qand Safid . . . . . . . . . . 10 g.

Action:
Muqawwi-e-Kulya.
Therapeutic use:
Ziabetus Sadiq, Zof-e-Kulya.
Dose:
3 to 6 g.

Note: The word ‘Dulabi’ has been suffixed to the title of the formula.

10.44. Sufoof-e-Ziabetus Qawi

1. Kateera . . . . . . . . . . . . 30 g.
2. Tab.eeheer . . . . . . . . . . 30 g.
3. Gil-e-Armani . . . . . . . . . . 30 g.
4. Gil-e-Makhtoom . . . . . . . . 30 g.
5. Burada-e-Sandal Safid . . . . . . 30 g.
6. Gulnar Farsi . . . . . . . . . . 30 g.
7. Aq.aqia . . . . . . . . . . . . 30 g.
8. Marjan . . . . . . . . . . 30 g.
9. Rubbus-Soos . . . . . . . . . . 30 g.
10. Sazaj Hindi . . . . . . . . . . 30 g.
11. Khar-e-Khus.k Khurd . . . . . . 30 g.
12. Satt-e-Gilo . . . . . . . . . . 30 g.
13. Sakajeet . . . . . . . . . . . . 30 g.
14. Kushtar-e-Qaki . . . . . . . . . . 30 g.
15. Sadaf Sadiq . . . . . . . . . . 30 g.
16. Khoshkhaash Safid . . . . . . 60 g.
17. Maghze-Thukhm-e-Khiyer . . . . . . 60 g.
18. Maghze-Tukhm-e-Kaddu[Shireen . . . . . . 45 g.
19. Maghaz-e-Funduq 45 g.
20. Maghaz-e-Chilghoza 45 g.
21. Mocharas 45 g.
22. Nabat Safaid 45 g.

ACTION:
Habis-e-Baul.

THERAPEUTIC USE:

DOSE:
3 to 5 g.

NOTE: The word ‘Qawi’ has been suffixed to the title of the formula.

10.45. Sunoon-e-Ahmar

1. Geru 90 g.
2. Tutiya 100 g.

ACTION:
Daf-e-Taffun, Mudammil.

THERAPEUTIC USE:
Qula, Qurooii-e-Lissa, Kirm-e-Dandan.

DOSE:
Q. S.

10.46. Sunoon-e-Chobchini

1. Shibb-e-Yamani 200 g.
2. Kath Safaid 300 g.
3. Post-e-Darakht-e-Mulsari 300 g.
4. Tutiya Biryan 200 g.
5. Kashta-e-Faulad 100 g.
6. Hira Kases 100 g.
7. Chobchini 100 g.
8. Post-e-Halela 75 g.
9. Post-e-Anar Tursk 50 g.

ACTION:
Habis, Daf-e-Taffun, Mudammil.

THERAPEUTIC USE:

DOSE:
Q. S.

10.47. Sunoon-e-Mis:

1. Burada-e-Aahan Bareek 1 kg.
2. Mazu Sabz 500 g.
3. Kath Surkh 60 g.
4. Heel Khurd 40 g.
5. Tutiya Sabz . . . . . . . 40 g.
6. Heera Kasees . . . . . . . 10 g.
7. Mastagi . . . . . . . . . . . 10 g.
8. Sona Mukhi . . . . . . . . . . . 4 g.

ACTION:
Qabiz, Habis, Mutayyib-e-Dahan.

THERAPEUTIC USE:
Bakhr-ul-Fam, Lissa-e-Damiya.

Dose:
Q. S.

10.48. Sunoon-e-Mujalli

1. Sifal-e-Chini . . . . . . . . . 100 g.
2. Kafe-Dariya . . . . . . . . . 100 g.
3. Sajikhar . . . . . . . . . . . 100 g.
4. Namak Indrani . . . . . . . . 100 g.
5. Jao Mohraq . . . . . . . . . 70 g.
6. Aaqarqarha . . . . . . . . . 70 g.
7. Qaranful . . . . . . . . . . . 20 g.
8. Kababchini . . . . . . . . . . . 20 g.

ACTION:
Jali.

THERAPEUTIC USE:
Sufrat-e-Asnan.

Dose:
Q. S.

10.49. Sunoon-e-Mukhib-e-Rutubat

1. Aaqarqarha . . . . . . . . . 50 g.
2. Filfil Siyah . . . . . . . . . 50 g.
3. Shibb-e-Yamani . . . . . . . 50 g.

ACTION:
Habis.

THERAPEUTIC USE:
Lissa-e-Damiya.

Dose:
Q. S.

10.50. Sunoon-e-Mulek

1. Mur Makki . . . . . . . . . . . 50 g.
2. Mayeen Khurd . . . . . . . . . 50 g.
3. Abhal . . . . . . . . . . . . . 50 g.
4. Aaqarqarha . . . . . . . . . 50 g.

ACTION:
Musakkin-e-Alam.
**THERAPEUTIC USE:**

**Waj-ul-Asnan, Bakhr-ul-Fam.**

**DOSE:**

**Q. S.**

19.51. Sunoon-e-Mustahkam-e-Dandan

1. Mastagi
2. Namak-e-Sambhar
3. Kath Safaid
4. Filfil Siyah
5. Azraqi Sokhta
6. Shibb-e-Yamani Biryan
7. Tutiya

**ACTION:**

Daf-e-Taffun, Habis.

**THERAPEUTIC USE:**

Bakhr-ul-Fam, Qurooh-e-Lissa, Taharruk-e-Asnan.

**DOSE:**

**Q. S.**

10.52. Sunoon-e-Tambaku

1. Barg-e-Tambaku
2. Filfil Siyah

**ACTION:**


**THERAPEUTIC USE:**


**DOSE:**

**Q. S.**

10.53. Sunoon-e-Zard

1. Post-e-Anar
2. Gulnar Farsi
3. Zard Chob
4. Sumaq
5. Shibb-e-Yamani Biryan
6. Mazu

**ACTION:**


**THERAPEUTIC USE:**


**DOSE:**

**Q. S.**

10.54 Zuroor-e-Qula Abyaz

1. Mameeran
2. Zar-e-Ward

**HAKEEM KHALID**

www.hakeemkhalid.tk

0333 4222129
3. Gul-e-Surkh 30 g.
4. Kahabchini 30 g.
5. Dana Heel Khurd 30 g.

**ACTION:**
Mudammil, Musakkin.

**THERAPEUTIC USE:**
Qula Abyaz.

**Dose:**
Q. S.

10.55. Zuroor-e-Azaroot

1. Nishasta-e-Gandum 30 g.
2. Azaroot 20 g.
3. Safaida Qalai 20 g.

**ACTION:**
Mudammil, Daf-e-Taffun.

**THERAPEUTIC USE:**
Qurooh.

**Dose:**
Q. S.

10.56. Zuroor-e-Asiqoolan

1. Gulnar Farsi 30 g.
2. Kundur 15 g.
3. Mur Makki 12 g.
4. Baloot 10 g.
5. Gul-e-Armanini 5 g.
6. Gul-e-Surkh 5 g.

**ACTION:**
Mohallit-e-Waram.

**THERAPEUTIC USE:**
Sala, Waram-e-Ghudad-e-Limphawi.

**Dose:**
Q. S.

10.57. Zuroor-e-Gaozaban

1. Gaozaban 50 g.
2. Od-e-Balsan 50 g.
3. Jao 50 g.
4. Kishnetz 50 g.

**ACTION:**
Daf-e-Taffun.

**THERAPEUTIC USE:**
Qula Abyaz.

**Dose:**
Q. S.

**Note:** All the ingredients are burnt and ground into fine powder.
10.58. Zuroor-e-Kath

1. Zar-e-Ward
2. Kath Safaid
3. Kababchini
4. Dana Heel Khurd
5. Tabasheer

**ACTION:**
Mudammil.

**THERAPEUTIC USE:**
Qula.

**DOSAGE:**
Q. S.

10.59. Zuroor-e-Murdar Sang

1. Shadnaj Maghsool
2. Sibr
3. Murdar Sang
4. Post-e-Kaddu Sokhta

**ACTION:**
Daif-e-Taffun, Mudammil.

**THERAPEUTIC USE:**
Qurooh-e-Aatishak.

**DOSAGE:**
Q. S.

10.60. Zuroor-e-Qula

1. Gul-e-Surkh
2. Gulnar Farsi
3. Kath Safaid
4. Dana Heel Khurd
5. Kabab-e-Khandan
6. Tabasheer
7. Kafoor

**ACTION:**

**THERAPEUTIC USE:**
Qula.

**DOSAGE:**
Q. S.

*NOTE:* The original ingredient Asl-us-Soos is substituted by Tabasheer.
(5) LIST OF SINGLE DRUGS
(A) DRUGS OF PLANT ORIGIN
<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Tibbi/Popular Names with Synonyms</th>
<th>English Names</th>
<th>Botanical Names</th>
<th>Family</th>
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<tbody>
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<td>Aamba Haldi</td>
<td>Mango Ginger</td>
<td>Curcuma amada Roxb.</td>
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<td>Emblica officinalis Gaerth.</td>
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<td>Anacyclus pyrethrum De.</td>
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<td>Lentil</td>
<td>Lens es ulicata Moench.</td>
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<td>Aftimoon</td>
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<td>Bishop’s Weed</td>
<td>Trachyspermum ammi (Linn.)</td>
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<td>Cassia fistula Linn.</td>
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<td>Mangifera indica Linn.</td>
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<td>Angoor</td>
<td>Grape</td>
<td>Vitis vinifera Linn.</td>
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<td>Anjeer, Anjra (Khusak Dashti)</td>
<td>Dried Fig</td>
<td>Ficus Carica Linn.</td>
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<td>Anjabar</td>
<td>Bistort, Adderwort, Snake Weed</td>
<td>Polygonum bistorta Linn.</td>
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<td>Anise, Aniseed</td>
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<td>Asanaja (Kikar, Babul, Mughilan)</td>
<td>Acacia</td>
<td>Acacia arabica Willd.</td>
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<td>Adhatoda vasica Nees.</td>
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<td>Aserbacea, Hazelwort</td>
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<td>Asagand</td>
<td>Withania Root, Winter Cherry</td>
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<td>Asphalol</td>
<td>Ispaghul, Spogel Seeds</td>
<td>Plantago ovata L.</td>
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<td>Astus-Soos</td>
<td>Liquorice</td>
<td>Glycyrrhiza glabra Linn.</td>
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<td>Monk's Hood, Aconite</td>
<td>Aconitum heterophyllum Wall.</td>
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<td>Azrangi (Kuchla)</td>
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<td>Styrchnos nux-vomica Linn.</td>
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<td>Babachi Seeds (Psoralia)</td>
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<td>Bedam (Shireen-o-Talkh)</td>
<td>Almond</td>
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<td>Badiyen (Sevn)</td>
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<td>Foeniculum vulgare Mill.</td>
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<td>Badranjsha (Billotan)</td>
<td>Catmint (Catnip, Catnap), Mountain Balm</td>
<td>I. Melissa parviflora Benth.</td>
<td>Labiatae</td>
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<td>34</td>
<td>Baharangi (Bharangi)</td>
<td>Glory Tree, Blue Flower, Beetle Killer</td>
<td>Clerodendrum serratum Linn.</td>
<td>Verbenaceae</td>
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<td>Bakayin</td>
<td>Persian Lilac, Beed Tree</td>
<td>Melia azedarach Linn.</td>
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<td>36</td>
<td>Baladur (Baltavan)</td>
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<td>Balango (Tukhum-e-Balango)</td>
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<td>Batam</td>
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<td>Balsam (Habb-e-Balsam)</td>
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<td>Banafeh</td>
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<td>Babbarang (Babrang)</td>
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<td>Bavita</td>
<td>Broad Bean, Horse-Bean</td>
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<td>Bahandasif</td>
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<td>Orchis mascula Linn.</td>
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<td>Beef (Maha Zaben, Ates)</td>
<td>Aconite, Monk's Hood</td>
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<td>Chirata (Indian Gentian)</td>
<td>Swertia chirata Buch. Ham.</td>
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<td>Dragon's Blood</td>
<td>Smilax china Linn.</td>
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<td>Dracaena chinnabari Balf.f.</td>
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<td>Darunaj Aqrabi</td>
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<td>Cinnamomum zeylanicum Blume.</td>
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<td>Devdar</td>
<td>Doronicum hookeri Hook.f.</td>
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<td>Dhak (Tesu)</td>
<td>Flame of the Forest, Bastard Teak, Bengal Kino</td>
<td>Cedrus deodara (Roxb) Loud.</td>
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<td>Dhamaya (Dhamsa)</td>
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<td>Butea monosperma (Lam.)</td>
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<td>Datura</td>
<td>Fagonia crassata Linn.</td>
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<td>1. Datura alba Nees.</td>
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<td>II. Datura stramonium Linn.</td>
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<td>14</td>
<td>Farshyun (Farabyun)</td>
<td>Souchina (Worm-seed)</td>
<td>Artemesia hermita Linn.</td>
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<td>Farjamushk (Tukm-e-Farjamushk)</td>
<td>Aoucreiani Asthma Weed</td>
<td>Euphorbia hirta Linn.</td>
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<td>Farasiyan (Farastaran)</td>
<td>Love in Air</td>
<td>Euphorbia resinifera Berg.</td>
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<td>Fifti Daraz</td>
<td>Long Pepper</td>
<td>1. Ocimum basilicum Linn.</td>
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<td>II. Dracaenaeflament malata Linn.</td>
<td>Valeriana officinalis Linn.</td>
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<td>Piper longum Linn.</td>
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<td>Filfil (Safaid/Siyah)</td>
<td>Pepper (Black &amp; White)</td>
<td><em>Piper nigrum</em> Linne.</td>
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<td>Fitrasaliyun (Karafs-e-Kohi)</td>
<td>Parsley</td>
<td><em>Petroselinum crispum</em> Mill. Nym. ex auct. <em>Kow</em></td>
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<td>Fufal (Chalia)</td>
<td>Areca Nut, Betel Nut</td>
<td><em>Areca catechu</em> Linne.</td>
<td><em>Palmae</em></td>
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<td>Funduq</td>
<td>Hazel Nut</td>
<td><em>Corylus avellana</em> Linne.</td>
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<td>Shallot</td>
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<td>Cow's Tongue Plant</td>
<td><em>Allium ascalonicum</em> Linne.</td>
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<td>Carrot</td>
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<td>Ghafis (Gule-Ghafis)</td>
<td>Persian Gentian</td>
<td><em>Datura cocte Linn: Var. Sativa</em> DC.</td>
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<td>Agaricus (Mushroom)</td>
<td><em>Gentiana olivieri</em> Griseb.</td>
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<td>Aloe plant</td>
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<td>Moon Creeper, Bile Killer</td>
<td><em>Aloe barbadensis</em> Linne.</td>
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<td>Gulan (Gulnar (First))</td>
<td>Pome grannae (Male Variety)</td>
<td><em>Tithonia cordifolia</em> (Willd) Miers.</td>
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<td>Orange Tree</td>
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<td>Button Tree</td>
<td><em>Citrus reticulata</em> Blanco.</td>
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<td>Gule-e-Ghul</td>
<td>China Rose, Shoe Flower</td>
<td><em>Anogeissus latifolia</em> Wall.</td>
<td><em>Combretaceae</em></td>
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<td>Gule-e-Surkh (Ward, Gulab)</td>
<td>Rose</td>
<td><em>Hibiscus rosa-sinensis</em> Linne.</td>
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<td><em>Rosa damascena</em> Mill.</td>
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<td>Cluster Fig</td>
<td><em>Ficus racemosa</em> Linn.</td>
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<td>Gunnar Buti</td>
<td>Small Indian Ipecac</td>
<td><em>Gymnema sylvestre</em> R. Br.</td>
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<td>Habb-o-Sanahor</td>
<td>Pine</td>
<td><em>Cephalis ipecacuanha</em> (Brot.) A. Rich.</td>
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<td>Habb-ul-Aas (Murad)</td>
<td>Myrtle</td>
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<td>Laurel</td>
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<td>Habb-ul-Neel (Kaladana)</td>
<td>Jadigo, Pharbitis Nil</td>
<td><em>Laurus nobilis</em> Linn.</td>
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<td>Croton</td>
<td><em>Cardiospermum halicacabum</em> Linn.</td>
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<td>Buchanan's Mango</td>
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<td>Halcha (Siyah, Zard, Kabuli)</td>
<td>Chobulic Myrobalan, (black, yellow, brown)</td>
<td><em>Lepidium sativum</em> Linn.</td>
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<td>Halym</td>
<td>Asparagus</td>
<td><em>Croton tigium</em> Linn.</td>
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<td>Celosynt</td>
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<td>Thyme</td>
<td><em>Anacardiaceae</em></td>
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<td>Heel Kalan</td>
<td>Greater Cardamom, Wild Cardamom</td>
<td><em>Terminalia chebula</em> Reitz.</td>
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<td>Heel Khurd</td>
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<td><em>Ferula foetida</em> Regel.</td>
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<td><em>Syn. Lawsonia alba</em> Linn.</td>
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<td>Sorrel</td>
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<td>White Sweet Lotus</td>
<td><em>Rumex vesicarius</em> Linn.</td>
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<td>Hake-ul-Aubot</td>
<td>Pistachio</td>
<td>I. <em>Melilotus alba</em> Desv.</td>
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<td>Hake-ul-Butam</td>
<td>Terpentine Tree</td>
<td>II. <em>Trigonella uncata</em> Boiss.</td>
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<td>Hake-ul-Salab (Mahor)</td>
<td>Night Shade</td>
<td>III. <em>Astragalus homosus</em> Linn.</td>
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<td>Hadam-um Shira</td>
<td>Dyer’s Oleander, Blue Dying Roseberry</td>
<td><em>Pistacia vera</em> Linn.</td>
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<td>Genesee Bark (Kurdi)</td>
<td><em>Pinus longifolia</em> Roxb.</td>
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<td>Iris</td>
<td><em>Solanum nigrum</em> Linn.</td>
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<td>131</td>
<td>Isquand</td>
<td>Wild Rue, Garden Rue</td>
<td><em>Wrightia tinctoria</em> R. Br.</td>
<td><em>Apocynaceae</em></td>
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<td>132</td>
<td>Isquand</td>
<td>Clover, Trefoil Berseem</td>
<td><em>Helenium antidysenterica</em> Wall.</td>
<td><em>Apocynaceae</em></td>
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<td>Squill</td>
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<td>Izkhar</td>
<td>Lemon Grass</td>
<td>11. <em>Ruta graveolens</em> Linn.</td>
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<td>Delphinium</td>
<td><em>Trifolium alexandrium</em> Linn.</td>
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<td>1. <em>Cynodonagone jwaramose</em> Schult.</td>
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<td><em>Ipomoea purga</em> Hayne</td>
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<td>Black Plum</td>
<td><em>Syzygium cumini</em> (Linn.) <em>seeds</em></td>
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<td><em>Hordeum vulgare</em> Linn.</td>
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<td>Camel's Thorn</td>
<td><em>Alhagi pseudalhagi</em> (Bieb.) Desv.</td>
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<td>Jharberi</td>
<td>Seeds Jujube, Woody</td>
<td><em>Zizyphus xyloph</em> Willd.</td>
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<td>Jirjir</td>
<td>Rocket plant</td>
<td><em>Alhagi candelone</em> Fisch.</td>
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<td>Kababchini (Kankol)</td>
<td>Cubleb</td>
<td><em>Bracea sativa</em> Mill.</td>
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<td>Toothache plant</td>
<td><em>Nasturtium officinale</em> R. Br.</td>
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<td>Kachnal (Kachnar)</td>
<td>Mountain Ebony</td>
<td><em>Zanthoxylum alatum</em> Roxb.</td>
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<td>Pumpkin, Musk Melon</td>
<td><em>Capparis spinosa</em> Linn.</td>
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<td>Bottle Gourd</td>
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<td><em>Lagenaria siceraria</em> Standl.</td>
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<td>Khallaq</td>
<td>White Cherry, Night Shade</td>
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<td><em>Physalis alkekengi</em> Linn.</td>
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<td>Diplocaulus hederaceus Jaccq.</td>
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<td>Kalonji (Kamazarius)</td>
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<td>Mallotus philippinensis Mucl-Arig.</td>
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<td>Nerium indicum Linn.</td>
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<td>Phyllanthus acidus-patensis Linn.</td>
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<td>Apium graveolens Linn.</td>
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**Notes:**
- Acanthus arabicus Linn.
- Musa paradisiaca Linn.
- Pandanus tectorius Linn.
- Tabebuia roseoalba Linn.
- Helianthus annuus Linn.
- Cucumis melo Linn.
- Brassica nigra (Linn.) Hook
- Ceratonia silique Linn.
- Vetiveria Zizanioides (L.) Nash.
- Papaver somnifera Linn.
- Althea officinalis Linn.
- Manilkara kauki Dub.
- Cucumis sativus Linn.
- Malva sylvestris Linn.
- Alpinia galanga Linn.
- Portulaca oleracea Linn.
- Phoenix dactylifera Linn.
- Vitex vinifera Linn.
- Coriandrum sativum Linn.
- Mucuna pruriens Hook.
- Dolichos biflorus Linn.
- Boswellia serrata Roxb.
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**Note:** The table lists plant species and their families.
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<td>Asparagus racemosus Willd.</td>
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<td>Iris ensata Thunb.</td>
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<td>287 Sazaj Hindi</td>
<td>Indian Cassia Lignea</td>
<td>Cinnamomum tamala Nees &amp; Eberm</td>
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<td>Apple</td>
<td>Malus sylvestris Mill.</td>
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<td>289 Seer(Lahsan)</td>
<td>Garlic</td>
<td>Allium sativum Linn.</td>
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<td>290 Sewti</td>
<td>White Rose</td>
<td>Rosa alba Linn.</td>
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<td>Fumitory</td>
<td>Fumaria parviflora Lam.</td>
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<td>Sisso Plant</td>
<td>Dalbergia sissoo Roxb.</td>
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<td>Anethum sova Kurz.</td>
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<td>Aloe Plant</td>
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<td>Water Chest Nut</td>
<td>Trapa bispinosa Roxb.</td>
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<td>Singhara Nut</td>
<td>Ocimum basilicum Linn.</td>
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<td>301 Subab (Bang-e-Sudab)</td>
<td>Garden Rue</td>
<td>Rhus coriaria Linn.</td>
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<td>302 Sumaq</td>
<td>Sumach, Japan Wax Tree</td>
<td>Nardostachys jatamansi Dc.</td>
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<td>303 Sumbal-ut-Teeb</td>
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<td>Colchicum luteum Baker.</td>
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<td>Bambu Manna</td>
<td>Bambusa bambos Druce.</td>
<td>Gramineae</td>
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<td>Tagar</td>
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<td><strong>Valeriana wallichii</strong> De.</td>
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<td>Talma khana</td>
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<td><strong>Euryale ferox</strong> Salisb.</td>
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<td>Tamar Hindi</td>
<td>Tamarind</td>
<td><strong>Tamarind indica</strong> Linn.</td>
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<td>Tobacco</td>
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<td>Betel Leaf</td>
<td><strong>Piper betle</strong> Linn.</td>
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<td>Toot Siyeh</td>
<td>Black Malberry</td>
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<td>Well Flower (Red, White)</td>
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<td>Turanj</td>
<td>Citron</td>
<td><strong>Cheiranthus cheiri</strong> Linn.</td>
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<td>Turanjabeen</td>
<td>Camel Thorn</td>
<td><strong>Mathiola incana</strong> R. Br.</td>
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<td>Turbud</td>
<td>Turpeth</td>
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<td>Turmus</td>
<td>Lupin</td>
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<td>Umah</td>
<td>Jujube</td>
<td><strong>Syn. Allagi camelorum</strong> Fisch.</td>
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<td>Duara Revind</td>
<td>Rhubarb, Rheum</td>
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<td>Dorema ammoniacum D. Don.</td>
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<td>Ushba Maghrabi</td>
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<td>Acorus calamus Linn.</td>
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<td>Saffron</td>
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<td>Olive</td>
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<td>Turmeric</td>
<td>Curcuma longa Linn.</td>
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<td>Hyssop</td>
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(B) DRUGS OF ANIMAL ORIGIN
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<td>Pheritima spp.</td>
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<td>Bees Wax (Yellow)</td>
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<td>Musk, Moschus</td>
<td>Moschus moschiferus Linn.</td>
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<td>Rennet of Arabian Camel</td>
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<td>Goat’s Fat</td>
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<td><strong>26</strong></td>
<td>Raughan Zard</td>
<td>Ghee (Pure)</td>
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<td>Regnadi (Sanak-e-Saida)</td>
<td>Skink, A Sand Fish</td>
<td>Mabuya carinata Schneid</td>
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<td>Pearl Shells (Real, Large)</td>
<td>Pinctada margaritifera Linn.</td>
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<td>Conch, Chank (Shell of Gastropods)</td>
<td>Turbinella rapa</td>
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<td>Gizzard of the Cock Hen</td>
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<td>Sang-e-Sar-e-Mahi</td>
<td>Stone of the heads of fish (Otoliths from fishes)</td>
<td>Silicate of Lime</td>
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<td>Sartan</td>
<td>Crab</td>
<td>Sceilla serrata</td>
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<td>Shakar Teghal</td>
<td>Honey dew found on certain trees, Tegal Fly’s Cocoon</td>
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<td><strong>34</strong></td>
<td>Shakh-e-Gauzan (Qaran-ul-Aaiyal)</td>
<td>Stag’s Horn</td>
<td>Cervus elephus</td>
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<td>Sheer-e-Gao</td>
<td>Cow’s Milk</td>
<td>C. equinus</td>
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<td><strong>36</strong></td>
<td>Sheer-e-Mesh</td>
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<td>Zahra-e-Gao</td>
<td>Cow’s Gall Bladder</td>
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<td><strong>38</strong></td>
<td>Zahra-e-Mahi</td>
<td>Fish’s Gall Bladder</td>
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DRUGS OF MINERAL ORIGIN
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<th>English/Mineralogical Names</th>
<th>Chemical Composition</th>
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<td>Lime, Lime Stone</td>
<td>Calcium Carbonate</td>
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<td>Mica (Black, White), Biotite</td>
<td>Silicate of Almina with Magnesia</td>
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<td>Aqeeq</td>
<td>Agate</td>
<td>Silica, Silicon Dioxide</td>
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<td>Aqeeq Surkh</td>
<td>Red Agate</td>
<td>Silica</td>
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<td>Aqleemiya (Zahbi, Fizzi)</td>
<td>An Ore-Scum or Dross of Gold and Silver</td>
<td>Iron Sulphide</td>
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<td>Asfidaj</td>
<td>A compound of Zinc Oxide, Tin and Lead</td>
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<td>Bura Armani (Gil-e-Armani)</td>
<td>Armenian Bole, Bole Armeniac, Red Sol</td>
<td>Aluminium Silicate, Silicate of Almina, Magnesia and Iron Oxide</td>
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<td>Per Chloride of Mercury</td>
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<td>Turquoise</td>
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<td>Gypsum</td>
<td>Hydrated Calcium Sulphate</td>
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<td>Geru (Teen-e-Rumi)</td>
<td>Red Ochre, Red Earth, Ruđda, Bole Rubra</td>
<td>Silicate of Almina and Iron Oxide</td>
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<td>Clay from Daghistan (A mountain region)</td>
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</tbody>
</table>

*This drug is also called Marqasheena (Zahbi, Sona Mukhi, Fizzi, Rupa Mukhi). Other identifications given to this are Chalcopryites (Copper-pyrites), Marcacite and Iron-pyrites.

**It is also identified as Safaid (White Lead, Basic Lead Carbonate).
<table>
<thead>
<tr>
<th>No.</th>
<th>Location</th>
<th>Mineral/Resource</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>Gil-e-Makhlooom (Gil, Multani Mitti)</td>
<td>Marl, Sealing Clay</td>
<td>Silicate of Alumina, Oxide of Iron</td>
</tr>
<tr>
<td>17</td>
<td>Haji-ul-Yahood (Sang-e-Yahood)</td>
<td>Fossil Enchinite, Lapis Judaeus</td>
<td>Silicate of Lime</td>
</tr>
<tr>
<td>18</td>
<td>Hartal Tabei (Zirnak-e-Qirmiz), Lal Hari (Zirnak-e-Surkh), Manseel</td>
<td>Realgar, Red Orpiment, Red Arsenic</td>
<td>Arsenic (mono, disulphide)</td>
</tr>
<tr>
<td>19</td>
<td>Hartal Wargi (Zirnak-e-Zerd)</td>
<td>Orpiment, Yellow Orpiment</td>
<td>Arsenic Trisulphide</td>
</tr>
<tr>
<td>21</td>
<td>Jast</td>
<td>Zinc</td>
<td>…</td>
</tr>
<tr>
<td>22</td>
<td>Jawakhar</td>
<td>Salt of Tartar, Parli Ash, Potash</td>
<td>Potassium Carbonate (Impure)</td>
</tr>
<tr>
<td>23</td>
<td>Khabs-ul-Hadsu (Zang-e-Ashur)</td>
<td>Iron Rust, Impure Oxide of Iron, Magnetite, Magnetic Iron Oxide</td>
<td>Iron Oxide (Ferric/Ferrous Oxide)</td>
</tr>
<tr>
<td>24</td>
<td>Kibreet (Gandlak)</td>
<td>Sulphur</td>
<td>…</td>
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<td>25</td>
<td>Lajward</td>
<td>Lapis Lazuli</td>
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<td>26</td>
<td>Maneesa</td>
<td>…</td>
<td>…</td>
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<tr>
<td>27</td>
<td>Marqasheesh</td>
<td>See the identification for Aqteemia</td>
<td>…</td>
</tr>
<tr>
<td>28</td>
<td>Momyae (Salsij, Zift Roomi)</td>
<td>Mineral Pitch, Asphaltum, Bitumen</td>
<td>…</td>
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<tr>
<td>29</td>
<td>Murdar Sang</td>
<td>Massicot, Litharge</td>
<td>Monoxide of Lead</td>
</tr>
<tr>
<td>30</td>
<td>Namak Hindi</td>
<td>Indian Salt</td>
<td>…</td>
</tr>
<tr>
<td>31</td>
<td>Namak-e-Sambhar</td>
<td>Salt from Sambhar Lake</td>
<td>…</td>
</tr>
<tr>
<td>32</td>
<td>Namak-e-Sang</td>
<td>Rock Salt</td>
<td>Sodium Chloride</td>
</tr>
</tbody>
</table>
33 Namak-e-Shor (Shora, Shora Qalmi)
34 Namak Siyah
35 Namak-e-Toam
36 Nuhas Mohraq
37 Nuqra (Chandi, Fizza)
38 Naushadar
39 Phitkari (Shibb-e-Yamani)
40 Qalai
41 Raskapor
42 Safaida Arzeez
43 Safaida Kashghari
44 Sajji (Sajji Khar)
45 Samm-ul-Far (Marg-e-Mosha)
46 Sang-e-Basri
47 Sang-e-Jarahat
48 Seemah (Para)
49 Sendur

Salt Petre, Salt Marsh
Black Salt, Sanchal Salt
Common Salt, Table Salt
Copper (burnt)
Silver, Argentum
Sal Ammoniac
Alum
Tin, Stanum
Calomel

Flowers of Zinc

Washing Soda, Sal Soda, Dhobi's Earth
Arsenic
Calamine
Soap, Stone, Tale, Steatites
Mercury
Minium, Red Lead, Vermilion

Lentil shaped stone, Nummulite
Cinnabar
China Clay
Lead, Plumbum

(i) Black Antimony, Kermus Mineral
(ii) Lead (Galena), Lead Ore

Potassium Nitrate (pure)
Sodium Sulphate mixed with Sodium Chloride.
Sodium Chloride

Ammonium Chloride

Sub-Chloride of Mercury
Tin-Oxide
Zinc-Oxide
Sodium-Carbonate (impure)
White Oxide of Arsenic
Zinc Carbonate
Hydrated Magnesium Silicate

1. Red Oxide of Lead
2. Red Oxide of Mercury (Mercuric Oxide)

Compound of Mercury and Sulphur

(i) Antimony Sulphide
(ii) Lead Sulphide
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>55</td>
<td>Tankar (Suhaga)</td>
<td>Borax</td>
<td>Sodium Borate (Decahydrate)</td>
<td></td>
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<tr>
<td>56</td>
<td>Tilah (Zahab, Sona)</td>
<td>Gold</td>
<td></td>
<td></td>
</tr>
<tr>
<td>57</td>
<td>Tobal Nahas (Misa)</td>
<td>Blue dust, Copper fillings or chips</td>
<td>Copper Sulphate</td>
<td></td>
</tr>
<tr>
<td>58</td>
<td>Tutiya (Kabood)</td>
<td>Blue Vizriol</td>
<td>Copper Sulphate</td>
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<tr>
<td>59</td>
<td>Yaqoot Asfar (Zand)</td>
<td>Topaz</td>
<td>Silicate of Alumina</td>
<td></td>
</tr>
<tr>
<td>60</td>
<td>Yaqoot Surkh (Lal)</td>
<td>Ruby, Red Carbonium</td>
<td></td>
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</tr>
<tr>
<td>61</td>
<td>Yashab Sabz (Kabood)</td>
<td>Green Jasper</td>
<td></td>
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</tr>
<tr>
<td>62</td>
<td>Zahar Mohra (Hajr-us-sam, Pad Zahar Madani, Hajar-ul-Bahar)</td>
<td>Beaver Stone, Mineral Stone, Serpentine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>63</td>
<td>Zangar</td>
<td>Rust</td>
<td></td>
<td></td>
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<tr>
<td>64</td>
<td>Zuhd-ul-Bahr (Kah-e-Darye, Samandar Jhaq)</td>
<td>Foam of the Sea</td>
<td></td>
<td></td>
</tr>
<tr>
<td>65</td>
<td>Zumurrud</td>
<td>Emerald</td>
<td></td>
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</tbody>
</table>
(i) CLASSICAL WEIGHTS AND MEASURES AND THEIR METRIC EQUIVALENTS
### METRIC EQUIVALENTS OF UNIT CLASSICAL WEIGHTS

The following table of metric equivalents of weights and measures used in Unani Classics have been approved by the Unani Pharmacopoeia Committee in consultation with Indian Standard Institution.

<table>
<thead>
<tr>
<th>Unit</th>
<th>Metric Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Chawal</td>
<td>=15 mg.</td>
</tr>
<tr>
<td>1 Ratti</td>
<td>=125 mg.</td>
</tr>
<tr>
<td>1 Dang</td>
<td>=500 mg.</td>
</tr>
<tr>
<td>1 Masha</td>
<td>=1 g.</td>
</tr>
<tr>
<td>1 Dirham</td>
<td>=3·5 g.</td>
</tr>
<tr>
<td>1 Misqal</td>
<td>=4·5 g.</td>
</tr>
<tr>
<td>1 Tola</td>
<td>=12 g.</td>
</tr>
<tr>
<td>1 Dam</td>
<td>=21 g.</td>
</tr>
<tr>
<td>1 Chhatak</td>
<td>=60 g.</td>
</tr>
<tr>
<td>1 Pao</td>
<td>=240 g.</td>
</tr>
<tr>
<td>1 Ser</td>
<td>=960 g.</td>
</tr>
<tr>
<td>1 Man Taksiri</td>
<td>=2900 g. (2 kg. and 900 g.)</td>
</tr>
</tbody>
</table>

In case of liquids, the metric equivalents would be the corresponding litre and milli-litre.
(ii) GLOSSARY OF UNANI TECHNICAL TERMS WITH THEIR MODERN EQUIVALENTS

A. Action-wise
B. Disease-wise
### A. ACTION-WISE

<table>
<thead>
<tr>
<th>St. No.</th>
<th>Unani terms</th>
<th>Modern Equivalents</th>
<th>Explanatory</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Akkat</td>
<td>Corrosive</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Daf-e-Humuzat</td>
<td>Antacid</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Daf-e-Kirm-e-Ama</td>
<td>Anthelmintic, Vermifuge</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Daf-e-Qai</td>
<td>Antiemetic</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Daf-e-Safra</td>
<td>Antibilious</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Daf-e-Sumoom</td>
<td>Antidote</td>
<td></td>
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<tr>
<td>7</td>
<td>Daf-e-Taffin</td>
<td>Antiseptic</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Daf-e-Tap (Dafe Humma)</td>
<td>Antipyretic</td>
<td></td>
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<tr>
<td>9</td>
<td>Daf-e-Tashannuj</td>
<td>Antispasmodic, Anticonvulsive</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Daf-e-Ziabelus</td>
<td>Antidiabetic</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Habis</td>
<td>Retentive</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Habis-e-Baul</td>
<td>Antidiuretic</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Habis-ud-Dam</td>
<td>Styptic</td>
<td></td>
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<td>14</td>
<td>Hazim</td>
<td>Digestive</td>
<td></td>
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<tr>
<td>15</td>
<td>Jali</td>
<td>Detergent</td>
<td></td>
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<tr>
<td>16</td>
<td>Jazib</td>
<td>Absorbefacient</td>
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<td>17</td>
<td>Kaar-e-Riyah</td>
<td>Carminative</td>
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<td>18</td>
<td>Kawi</td>
<td>Caustic</td>
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<td>19</td>
<td>Man-e-Asrat-e-Waba</td>
<td>Anticeptic</td>
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<td>20</td>
<td>Meaddil</td>
<td>Alterative</td>
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<td>21</td>
<td>Moarriq</td>
<td>Diaphoretic</td>
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<td>22</td>
<td>Mohallil-e-Waram</td>
<td>Anti-inflammatory</td>
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<td>23</td>
<td>Moharrik</td>
<td>Stimulant</td>
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<td>24</td>
<td>Moharrik-e-Asab</td>
<td></td>
<td>Nerve Stimulant</td>
</tr>
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<td>25</td>
<td>Moharrik-e-Bah</td>
<td></td>
<td>Sex Stimulant</td>
</tr>
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<td>26</td>
<td>Moharrik-e-Kabid</td>
<td></td>
<td>Liver Stimulant</td>
</tr>
<tr>
<td>27</td>
<td>Moharrik-e-Qalb</td>
<td></td>
<td>Heart Stimulant</td>
</tr>
<tr>
<td>28. Moharrik-e-Rutabat-e-Meda</td>
<td>Stimulant to gastric secretions</td>
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<td>-------------------------------</td>
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<tr>
<td>29. Mohazzil</td>
<td>Thinning specially due to loss of fat.</td>
<td></td>
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<tr>
<td>30. Mubarrid</td>
<td>Frigorific</td>
<td></td>
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<tr>
<td>31. Mudammil</td>
<td>Cicatrizant</td>
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<tr>
<td>32. Mudirr-e-Baul</td>
<td>Diuretic</td>
<td></td>
<td></td>
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<tr>
<td>33. Mudirr-e-Haiz (Mudirr-e-Tams)</td>
<td>Emmenagogue</td>
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<tr>
<td>34. Mufarreeh</td>
<td>Exhilarant</td>
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<tr>
<td>35. Mufatteh Sudad</td>
<td>Deobstruent</td>
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<td>36. Mufattit-e-Hasat</td>
<td>Lithotriptic</td>
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<td>37. Mugharri</td>
<td>Agglutinant</td>
<td></td>
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<tr>
<td>38. Mughaliz-e-Mani</td>
<td>Inaspissant to Semen</td>
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<tr>
<td>39. Mujaffif</td>
<td>Desiccant, Siccative</td>
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<td>40. Mukhaddir</td>
<td>Anaesthetic</td>
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<td>41. Mukharrish</td>
<td>Pruritic</td>
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<td>42. Mukhrij-e-Loab-e-Dahan</td>
<td>Sialogogue</td>
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<td>43. Mukaiyin</td>
<td>Laxative, Aperient</td>
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<td>44. Mulattif</td>
<td>Demulcent</td>
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<td>45. Mumsik</td>
<td>Retentive</td>
<td></td>
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<td>46. Munaffis-e-Bilgham</td>
<td>Expectorant</td>
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<tr>
<td>47. Munaqi-e-Dimagh</td>
<td>Drugs clearing bad humour from the brain.</td>
<td></td>
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<tr>
<td>48. Munawwim</td>
<td>Hypnotic, Narcotic</td>
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<tr>
<td>49. Munzij</td>
<td>Coctive, Concoctive, Maturative</td>
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<tr>
<td>50. Muqawwi-e-Aam</td>
<td>General Health improving (General Tonic)</td>
<td></td>
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<tr>
<td>51. Muqawwi-e-Ama</td>
<td>Strength giving to intestine (Intestinal Tonic)</td>
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<tr>
<td>52. Muqawwi-e-Asab</td>
<td>Nerve strengthening (Nervine Tonic)</td>
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<tr>
<td>53.</td>
<td>Muqawwi-e-Aza-e-Raeesa.</td>
<td>Strength giving to principal organs like Brain, Heart and Liver (Tonic for Principal Organs)</td>
<td></td>
</tr>
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<td>54.</td>
<td>Muqawwi-e-Basar</td>
<td>—</td>
<td>—</td>
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<tr>
<td>55.</td>
<td>Muqawwi-e-Bah</td>
<td>Aphrodisiac</td>
<td>—</td>
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<tr>
<td>56.</td>
<td>Muqawwi-e-Dimagh</td>
<td>—</td>
<td>Brain strengthening (Brain Tonic)</td>
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<tr>
<td>57.</td>
<td>Muqawwi-e-Kabid</td>
<td>—</td>
<td>Liver strengthening (Liver Tonic)</td>
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<tr>
<td>58.</td>
<td>Muqawwi-e-Kulya</td>
<td>—</td>
<td>Kidney strengthening (Renal Tonic)</td>
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<tr>
<td>59.</td>
<td>Muqawwi-e-Masana</td>
<td>—</td>
<td>Strength giving to Urinary, Bladder (Vesicular Tonic)</td>
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<tr>
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<td>Muqawwi-e-Meda</td>
<td>Stomachic</td>
<td>—</td>
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<tr>
<td>61.</td>
<td>Muqawwi-e-Qalb</td>
<td>—</td>
<td>Heart strengthening (Cardiac Tonic)</td>
</tr>
<tr>
<td>62.</td>
<td>Muqawwi-e-Rahem</td>
<td>—</td>
<td>Uterus strengthening (Uterine Tonic)</td>
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<tr>
<td>63.</td>
<td>Muqawwi-e-Shar</td>
<td>—</td>
<td>Hair strengthening (Hair Tonic)</td>
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<tr>
<td>64.</td>
<td>Murattib</td>
<td>Humectant</td>
<td>—</td>
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<tr>
<td>65.</td>
<td>Murkhi</td>
<td>Relaxant</td>
<td>—</td>
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<td>66.</td>
<td>Musaffi-e-Dam</td>
<td>—</td>
<td>Blood Purifier</td>
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<td>67.</td>
<td>Musakkin</td>
<td>Sedative</td>
<td>Soothing or Sedating</td>
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<tr>
<td>68.</td>
<td>Musakkin-e-Alam</td>
<td>Analgesic</td>
<td>—</td>
</tr>
<tr>
<td>69.</td>
<td>Musakkin-e-Asab</td>
<td>—</td>
<td>Nerve Sedating</td>
</tr>
<tr>
<td>70.</td>
<td>Musakkin-e-Sual</td>
<td>—</td>
<td>Cough relieving, Soothing</td>
</tr>
<tr>
<td>71.</td>
<td>Musammin</td>
<td>Adipogenous</td>
<td>Fat producing</td>
</tr>
<tr>
<td>72.</td>
<td>Musammin-e-Badan</td>
<td>—</td>
<td>Adipogenous for whole of the Body</td>
</tr>
<tr>
<td>73.</td>
<td>Musawwi-e-Shar</td>
<td>—</td>
<td>To blacken hair</td>
</tr>
<tr>
<td>74.</td>
<td>Mushahhi</td>
<td>Appetizer</td>
<td>—</td>
</tr>
<tr>
<td>75.</td>
<td>Mus-hil</td>
<td>Purgative, Cathartic</td>
<td>—</td>
</tr>
<tr>
<td>76.</td>
<td>Mutayyib-e-Dahan</td>
<td>Fragrant</td>
<td>Mouth fragrating</td>
</tr>
<tr>
<td>77.</td>
<td>Muwallid-e-Dam</td>
<td>Haematogenic</td>
<td>—</td>
</tr>
<tr>
<td>78.</td>
<td>Muwallid-e-Mani</td>
<td>Spermatogenic</td>
<td>—</td>
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<tr>
<td>79.</td>
<td>Muzliq</td>
<td>Lubricant</td>
<td>—</td>
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<tr>
<td>80.</td>
<td>Qabiz</td>
<td>Constipative</td>
<td>—</td>
</tr>
<tr>
<td></td>
<td>Description</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>81.</td>
<td>Qabiz-e-Azlat</td>
<td></td>
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<tr>
<td>82.</td>
<td>Qat-e-Lahme-Zayed</td>
<td></td>
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<td>83.</td>
<td>Qatil-e-Jaraseem</td>
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<tr>
<td>84.</td>
<td>Qatil-e-Deedan-e-Ama.</td>
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<tr>
<td>85.</td>
<td>Rade</td>
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<tbody>
<tr>
<td>81</td>
<td></td>
<td>Astringent,</td>
<td></td>
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Calcium deficiency

Colic due to obstruction

Giddiness

Intestinal Abrasion

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A. PROCESS

1. DAQ-WA-SAHQAQ (POUNDING AND GRINDING)

In the preparation of many compound formulations, single drugs are used in the form of coarse or fine powder. The process of powdering, by pounding or grinding, is called Daq-wa-Sahaq (Kootna-aur-Peesna).

Drugs are generally powdered in a mortar and pestle, made of stone, iron, wood, porcelain, or glass. Sometimes, they are rubbed on a sil-batta (flat grinding stone). Some drugs are pounded only in an iron or stone mortar. In large-scale manufacture of drugs, pulverizing machines are now used.

(i) Powdering of hard drugs

Tough, hard, or fibrous drugs are first dried in shade, sun, or over low fire to evaporate their moisture contents and pounded in an iron mortar. Initially, gentle pounding is employed to avoid drug pieces being scattered outside the mortar. When the drugs are initially broken into small pieces by gentle pounding, vigorous pounding is then employed until they are finely powdered. The powder is sieved through sieves of the prescribed meshes. The coarse particles left in the sieve are again pounded and resieved. The remaining pieces of drugs which can no longer be pounded are ground on a sil-batta with a little water to form a fine paste which is then dried and ground to powder form in a porcelain or glass mortar.

(ii) Powdering of Nuts and Dry Fruits

Kernels of Nuts and Dry fruits are ground only on a sil-batta or in a Kharal. The powder of these drugs is not sieved.

(iii) Powdering of precious stones and minerals

Precious stones and minerals are first ground in an iron mortar or Kharal of hard stone and then sieved through sieves of 100 Mesh. The sieved powder is put in the same mortar or Kharal and ground with Araq-e-Gulab for three hours till the Araq is completely absorbed. The powder is then test between the fingers for its fineness. If coarseness is still felt, more Araq-e-Gulab is added and ground till the coarseness disappears. The fine powder is then sieved through a piece of fine muslin cloth.
(iv) Powdering of Mushk, Ambar, etc.

Drugs like Mushk, Ambar, Jund Bedastar, etc., are ground either dried or with a suitable Araq or Raughan and then used as required in the respective formula.

(v) Powdering of Zafran, Kafoo, etc.

Drugs like Zafran, Kafoo are ground only in a dry mortar (Kharal), with slow and light movements of the pestle to avoid sticking of the drug with the mortar. It is also ground with a few drops of alcohol. Lastly, these drugs are added to the powder of other drugs and mixed well in a mortar.

(vi) Powdering of Toxic drugs

Poisonous or Toxic drugs are first purified or detoxicated (mudabbar) and then ground to fine powder. Kuchla (Nux-Vomica), besides being toxic (poisonous), is also very hard and difficult to powder. It is, therefore, ground immediately when it is soft. In case it gets hard on drying, it is powdered by frying in Raughan Zard or any other suitable oil by which the drug is crisped.

(vii) Powdering of Abresham

Silk Cocoons (Abresham) are cut into small pieces and roasted in an iron pan over low fire, care being taken to ensure that they are not burnt. It is then ground in a mortar and pestle to fine powder form.

(viii) Powdering of moist and resinous drugs

Drugs like Afyun, Ushaq, Muqil, Anardana, Narjeel Daryaee, etc., are first dried over a low fire to evaporate the moisture content, care being taken to ensure that they are not burnt. They are then powdered.

(ix) Powdering of Khurma Khushk

In case of Khurma Khushk (Dry Date) the seeds are first removed and then dried over a low fire in a frying pan before powdering. In some formulations, Choharas (Khurma Khushk) are soaked in the prescribed liquors. In such cases they are ground on sil-batta, with a little water to form a fine paste and then mixed with other drugs coming in the respective formula.

(x) Powdering of Mastagi

Mastagi is powdered in a porcelain mortar by slow and light motion. It is also dissolved in any oil over a low fire and added to the other drugs in the formula.
(xi) Powdering of Abrak

The layers of Abrak are first separated by pounding in an iron mortar. The small pieces of Abrak are kept in a bag of thick cloth along with small pebbles, Cowrie shells, Date seeds or Dhan (Paddy) and tied. The bag is then dipped in hot water and rubbed vigorously with both hands. Small particles of Abrak are then squeezed out of the bag. The process of dipping the bag in hot water and rubbing is repeated till all the particles of Abrak are squeezed out of the bag. The particles of Abrak are allowed to settle down at the bottom of the vessel and the water is decanted. The Abrak particles are removed and then allowed to dry. The dry particles are called Abrak Mahloob.

(xii) Powdering of Tukhm-e-Imli

Tukhm-e-Imli is soaked in water for four to five days. The brownish outer covering (testa) of the seeds is removed and the seeds are ground to powder. The outer covering can also be removed by roasting the seeds.

(xiii) Powdering of Sang-e-Surma

Sang-e-Surma is ground in a mortar and pestle (Kharal). The process of powdering is continued till the shine of the particles disappears and the powder is tested between the fingers for its fineness. If it is still coarse then the process is repeated till the highest degree of fineness is obtained. Similarly, all other drugs which are to be applied in the eyes are ground to the highest degree of fineness for which it is sieved through a piece of silk cloth to obtain the finest quality of Surma.

EHRAQ-E-ADVITYAH (BURNING)

Ehraq is the process by which drugs are burnt to the charring stage but not reduced to ash. Drugs which undergo this process are suffixed with the term “Mohraq” or “Sokhta,” for example, Sartan Mohraq, Busud Sokhta, Aqrab Sokhta, etc. This process is undertaken to evaporate all the moisture content and to make the drug completely dry as indicated in respective formulae.

(i) Busud Sokhta

Busud is broken into small pieces and kept between a pair of shallow earthen discs. The edges of the discs are sealed with layers of cloth and pasted with Gil-e-Multani. The discs are heated in fire of cow dung cakes or charcoal for a specific period. Afterwards, discs are removed, allowed to cool and opened. This way the drug inside the discs gets charred.
(ii) Sartan Sokhta or Sartan Mohraq

Fully grown Crabs (Sartan) after removing their appendages and viscera are washed thoroughly with saline water. Then they are kept in an earthen pot and sealed with clay and dried. Then they are subjected to required heat over a low fire till charred.

(iii) Aqrab Sokhta

Aqrab (Scorpions) after removing the poisonous sac and the appendages are kept in an earthen pot and sealed with clay. The pot is then kept in fire of cowdung cakes for a specified period. Thereafter, the pot is removed and allowed to cool. The charred scorpions are removed by breaking the pot.

3. GHASL-E-ADVVIYAH (PURIFICATION OF DRUGS)

In order to prepare the drugs of moderate properties and action the drugs of plant, animal and mineral origin are washed with special method. This special method of washing is called Ghasl-e-Advviyah. The drugs which undergo this process are suffixed with the term Maghsool (washed) in the respective formulae. A few of the drugs which are processed by this method are described below.

(i) Aahak (Choona)

Aahak (edible lime) is soaked in a large quantity of water, stirred well and allowed to settle down at the bottom. After settling down of the particles of Choona the water is decanted. Fresh water is again added to the sediment and stirred well. The process of addition of water to fine particles of Choona and decantation is repeated 7 to 8 times and the fine particles of the Choona are collected in the end. The product thus obtained is called Choona Maghsool or Aahak Maghsool.

(ii) Hajjrat

Precious stones, like Shadnaf Ads, Lajward, etc., are used after they are purified. The stone is ground to fine powder. Sufficient quantity of water is then added to the powder, stirred and allowed to settle down. The finer particles of the stone still suspended in the water will come out when decanted. The coarse particles will settle down at the bottom. These coarse particles are removed and ground till all the particles pass through the process of decantation. The decanted water is left undisturbed so that the finest particles are settled down at the bottom. Water is then removed and the particles when dried are finely powdered.

The drugs treated by the above method are called "Maghsool" viz. Shadnaf Ads Maghsool, Sang-e-Surma Maghsool and Lajward Maghsool.
(iii) Raughan Zard or Ghee

Ghee is taken in a tin-coated metallic plate or Kansa (a metallic alloy) plate and water is poured over it. The Ghee is then rubbed with the hands for five minutes and the watery part is decanted. This process is repeated many times as indicated in the particular formula to obtain the Raughan Zard Maghsool.

(iv) Luk

First of all the visible impurities are removed from Luk. 30 gms. of Luk is finely powdered and ground in the decoction prepared by 15 gms. each of Rewand Chini and Izkhar Makki. The mixture is sieved through a piece of clean fine cloth, and when the fine particles of Luk settle down in the decoction, it is then decanted and the fine particles of Luk are washed with water and dried to obtain the Luk Maghsool.

4. KASHEEDGI-E-RAUGHANIYAT

On a small scale the extraction of oil from the plant drugs is mostly done on the lines given in the Unani texts. Some of the important methods of extraction given in the books are described here.

(i) Maghziyat and Tukhm (Kernels and Seeds)

(a) For extracting the oils, first of all, these drugs are crushed into small pieces and boiled with water till the oily contents from them get separated. Thereafter, the water is cooled by which the oil floats on the surface of the water. The oil is then decanted and preserved for use.

(b) Sometimes the Kernels (Maghziyat) after crushing are also mixed with small quantity of Sugar-candy and heated to extract the oil for use.

(c) In some cases the Kernels are crushed, as in the first case, mixed with Sugar-candy and then heated on charcoal fire in a tin-coated vessel. Afterwards, the vessel is kept in a slanting position and the mixture is pressed with a big spoon or a ladle (Kadcha) to squeeze out the oil. This way the oily contents slowly trickle out in a corner of the vessel. This process is repeated several times till the extraction is completed.

5. NEEM-KOB-KARNA (BRUISING)

Neem-kob-Karna is the process by which hard and fibrous drugs (roots, stems, seeds, etc.) are crushed to small pieces in
an iron mortar and softened in order to obtain the maximum efficacy, when used in the preparation made by the process of decoction or infusions. The word “Neem Kofta” is suffixed to the name of the drug in the recipe/formula which has to undergo this process.

6. TADBIR-E-ADVAYAH (DETOXIFICATION OF DRUGS)

Some of the plant, animal and mineral origin drugs are naturally toxic in their properties and actions. Therefore, these drugs before making the medicines are detoxicated or purified in order to enhance their therapeutic action and reduce their toxicity. The process of detoxification or purification of the drug is called Tadbir-e-Advayah and the drugs which undergo this process are suffixed with the term “Musaffir”. Different processes of detoxification and purification are employed for different drugs. Details of these processes for a few important drugs are described below. These should be referred along with the process prescribed in the original texts.

(i) Afyun and Rasaut

Afyun or Rasaut is cut into small pieces and soaked in Araq-e-Gulab for 24 hours. It is then stirred well and sieved through a clean piece of fine cloth into a big cylindrical glass jar and the sediments are allowed to settle down. The liquid is then decanted into another vessel without disturbing the sediment and boiled till it becomes a thick mass. The purified Afyun or Rasaut is called Afyun or Rasaut Musaffir.

(ii) Anzaroot

Anzaroot powder is mixed with Mother’s milk or Donkey’s milk to form a paste. The paste is smeared over a piece of Jhao wood (Tamarix wood) and dried directly over a charcoal fire.

(iii) Bhilawan

After removing the cap (thalamus) of the Bhilawan fruits, the juicy contents (Asal-e-Bhilawan) are squeezed out completely with the help of a red hot tongs. Thereafter, Bhilawan fruits are boiled in fresh water at least for three times. Lastly, the fruits are boiled in milk, washed with water and dried. Precaution must be taken not to touch the juice with hands as the juice is toxic.

(iv) Habb-us-Salateen (Jamalgota)

25 grams of the kernels of Jamalgota is tied in a cloth bag and boiled in one litre of Cow’s milk giving sufficient time till
the milk becomes dense. When cooled, the kernels are taken out
from the bag and the embryo part (pitta) of the seeds is removed
to obtain Jamalgota Mudabbar.

(v) Chaksu

Chaksu is kept in a cloth bag and tied from the mouth. It
is then soaked in a vessel of water containing Badiyan (Fennel)
equal to half the weight of Chaksu or Barg-e-Neem Taza (fresh
Neem leaves) equal in weight of Chaksu. The water is boiled
for half an hour and then the cloth bag is removed and allowed
to cool. Chaksu is then removed from the bag and rubbed between
the palms to remove the outer coverings to get Chaksu Mudabbar.

(vi) Azaraqi

70 grams of Azaraqi is buried in Peeli Matti (yellow clay)
and water is poured over it daily for ten days. The Azaraqi is
then removed and washed. The outer covering (testa) is peeled
off with knife and the cotyledons of Azaraqi are separated after
removing the embryo part (pitta). Only the healthy Azaraqi is
sorted out for use. It is then washed with hot water and tied
in a clean cloth bag. The bag is immersed in a vessel containing
two litres of milk. The milk is then boiled till it evaporates, care
being taken that the bag does not touch the bottom of the
vessel. Thereafter, Azaraqi is removed from the bag and washed
with water to obtain Azaraqi Mudabbar.

(vii) Kibreet (Gandhak)

One part of Gandhak Amlasar and two parts of Raughan
Zard (Ghee) are taken in a kadcha (ladle) and kept on a low
fire. When Gandhak is melted, four parts of the milk is added.
This process is repeated at least three times changing the fresh
Ghee and Milk each time to obtain Gandhak Mudabbar.

(viii) Samm-ul-Far (Sankhiya)

Fine powder of Sankhiya is immersed in sufficient quantity
of fresh Aab-e-Lemu (Lemon Juice) and ground in a mortar of
china clay or glass till the juice is completely absorbed. This
process is repeated seven times to obtain Samm-ul-Far or Sankhiya
Mudabbar.

(ix) Shingraf

Shingraf is ground with fresh Aab-e-Lemu (Lemon Juice)
till it is absorbed and a fine powder is obtained. This process
is repeated three times to obtain Shingraf Mudabbar.
(x) **Seemab**

There are three following methods of purifying Seemab:

(a) Seemab is ground with half burnt brick pieces for 12 hours. It is then washed with water and Seemab is separated. The whole process is repeated three times.

(b) Seemab is kept in a four layered thick cloth bag (50 count) and squeezed out by pressing with hands. This process is repeated till the blackish tinge of Seemab is completely disappeared.

(c) Seemab is ground with Turmeric powder as long as the powder does not change its original colour. The resultant product is called Seemab Mudabbar.

(xi) **Khabs-ul-Hadeed**

(a) Small pieces of Khabs-ul-Hadeed are heated red hot in Charcoal fire and then immersed in Aab-e-Tirphala or Sirka Naishakar (Sugarcane Vinegar) by holding each piece with a tongs. The whole process is repeated seven times.

(b) In this process Khabs-ul-Hadeed is ground to powder form and kept immersed in Sirka Naishakar (Sugarcane Vinegar) or Sharab-e-Angoori (Brandy). The level of either of the two should be 5 cms. above the level of the powder. After 14 days, the Sirka Naishakar or Sharab-e-Angoori is decanted, the powder is dried and fried in Raughan-e-Badam.

(xii) **Beesh (Bachuk or Meetha Telia)**

30 gms. of Beesh is cut into small pieces, tied in a bag of clean fine cloth and dipped in a vessel containing milk so that the bag is completely immersed without touching the bottom. When the milk is completely evaporated, the pieces of Beesh are removed and washed well with water to obtain Beesh Mudabbar.

(xiii) **Hartal**

Juice of 5 kg. of Petha (White Gourd Melon) is taken and kept in a vessel. Sixty grams of Hartal (small pieces) is put in clean, soft cloth bag and immersed in Petha juice without touching the bottom of the vessel and boiled. When the Petha juice is completely evaporated the Hartal pieces are removed and washed with water thoroughly to obtain purified Hartal or Hartal Mudabbar.
(xiv) Sang-e-Surma

There are four following methods of purifying Sang-e-Surma:

(a) A piece of Sang-e-Surma is covered with the goat's fat and kept on a low fire till all the fat is completely burnt into tumes. The piece of Sang-e-Surma is then removed from the fire with a tongs and immersed in Araq-e-Gulab or ice water. The whole process is repeated three times.

(b) A piece of Sang-e-Surma is immersed in Araq-e-Gulab or Araq-e-Badiyan and heated till the Araq evaporates. This process is repeated seven times.

(c) Sang-e-Surma is immersed in Aab-e-Triphala and boiled for 12 hours.

(d) Sang-e-Surma is kept immersed in rain water (Aab-e-Baran) for 21 days.

(xv) Ajwayin, Zeera and other seeds of hot and dry temperaments

Either of the above drugs are soaked in Sirka Naishakar (Sugarcane Vinegar) for 72 hours. The level of sugarcane vinegar in the container should be 5 cms. above the level of the drug. The drug is then removed and allowed to dry and then roasted over a low fire before use. Besides purifying, Sirka Naishakar (Sugarcane Vinegar) also enhances the efficacy of the drug.

7. TAHMIZ-O-BIRYAN-E-ADVIYAH (ROASTING OR PAR-CHING)

(a) Tahmiz (Roasting or Parching with a medium)

Tahmiz is a process in which the drugs like Chana (Gram), Jau (Barley), etc., are roasted with some medium e.g., when Chana or Jau is roasted with sand till they get swelled.

(b) Biryani (Roasting or Parching without medium)

In the process of Biryani, drugs are parched or roasted without any medium e.g., drugs like Shibb-e-Yamani, Tankar, Tootiya-e-Sabz, etc., are directly put over fire in any vessel or frying pan and roasted.

8. TARVIQ-E-ADVIYAH

In this process the juice of the fresh herb is poured in a tin-lined vessel and heated over low fire till a green froth appears on the surface. The juice is then slowly sieved through a piece of fine cloth leaving behind the froth on the surface of the cloth. The watery juice thus obtained is called Aab-e-Murawwaq.
In case of dry herbs, a decoction is first made to which a small quantity of fresh Lemon or Alum powder is added. This will separate the green contents from the decoction. The aqueous portion is decanted and stored.

9. TASFIYAH-E-ADVYAH (CLEANING PROCESS)

Single drugs of plants, mineral and animal origin obtained either from the market or collected from any other source contain dust, dirt and other foreign matters. Before using for manufacture, these foreign matters and impurities are removed by sieving, washing, etc. This process of cleaning is called “Tasfiyah”. Some of the single drugs are cleaned by specific methods. Some of them are described below:

(i) Behroza

A metallic vessel of a suitable size is filled three fourths (3/4) with water and covered with a fine clean cloth and tied firmly. The drug Behroza is spread over the surface of the cloth and the vessel is placed over moderate fire and allowed to boil. After some time the Behroza will start melting into the vessel due to the steam formation leaving the foreign matters (impurities) over the cloth. Thereafter, the water is allowed to cool due to which Behroza settles down at the bottom of the vessel. Lastly, the water from the vessel is decanted and the Behroza thus obtained is allowed to dry in shade. The Behroza obtained by this process is called Behroza Musaffa or Satt-e-Behroza.

(ii) Post-e-Baiza-e-Murg

The shells of Chicken eggs (Post-e-Baiza-e-Murgh) are crushed into small pieces and washed with saline water (Namak-ka-pani) till the inner membrane of the shell is removed. The small pieces are then again washed with clean water and dried.

(iii) Shahed

Honey when freshly collected is generally mixed with bees wax and small pieces of honey comb. To remove these foreign matters (impurities) the Honey is boiled over a low fire, with a little water and after some time the impurities and froth floats on the top. Then vessel is removed from the fire and allowed to cool. After some time the deposited impurities are skillfully skimmed out. The Honey thus obtained is called Shahed Musaffa.

(iv) Kharateen

Living Earth Worms are collected in a vessel containing salted water and kept till the worms extrae out the mud...
 completely and settle down at the bottom. These (unfree earth worms) are removed and washed with fresh water, dried, earth worms) are then pounded in an iron mortar and sieved through a fine mesh for use in medicine.

(v) Salajeet

Salajeet is dissolved in a vessel containing fresh water and stirred well. After some time, impurities like stone particles, settle down at the bottom of the vessel. The dissolved Salajeet is decanted into an earthen pot without disturbing the sediment. The process is repeated in case where some impurities still remain in the solution. The pot is kept in the Sun till the solution becomes a viscous mass. This way the Salajeet Musalma or Satt-e-Salajeet is obtained.

16. TASVEEL-E-ADVITYA (SIEVING)

Sieves of different meshes are used in the process of powdering the drugs. Each sieve has a particular mesh number. The mesh number depends on the number of holes in the mesh in an area of 2.5 sq cm. (1 square inch). If there are 20 holes, the mesh number is 40. If there are 30 holes, the mesh number is 60. For 20 holes, the mesh number is 100. If coarse powder is required then sieve number 40 is used. For fine powders, sieves of highest number are used. Sieve of 100 mesh gives the finest powder. Powders are also sieved through a piece of muslin or thin silk cloth when the highest degree of fineness is required as in the case of preparation of Żurrin.

Joshandas (Decoctions) and Sharbatas (Syrups) are filtered through a piece of clean thick cloth. Joshandas prepared for Sharbatas are filtered through cotton pads to ensure a greater degree of homogeneity and purity of the end product. Uniformly thick layers of cotton wool or double layered flannel cloth is spread over the sieve and the decoction is passed slowly through it. When a small quantity of fluid drug is required to be filtered, than a filter paper or a flannel cloth is used. The pulpy drugs like Mucuna Pruriens, Anjeer, etc., are first cleaned by washing and then soaked in water and boiled till they become a soft mass. They are then removed from the water, allowed to cool, squeezed and the pulp is sieved through a metallic sieve or a piece of cloth.

Taranjanben is first soaked or boiled in water. When dissolved completely the solution is filtered through a piece of clean fine cloth and kept in a vessel to allow the impurities to settle down. The solution is then decanted into another container without disturbing the sediments.

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B. PREPARATION

1. ADVIYATI RAUGHANIYAT (PREPARATION OF MEDICATED OILS)

(1) Fresh Flowers

To make the Medicated oils from the flowers, 4 parts (by weight) of fresh flowers are soaked in 5 parts (by weight) of Sesame oil (Til Oil) in a Glass Jar. The Jar is closed with iron-lid and kept under the Sun for 10 to 40 days as required. Thereafter, the flowers are taken out of the jar and rubbed with hands in the same oil and filtered through a piece of fine cloth. Medicated oils like Raughan-e-Gul, Raughan-e-Batuma etc., are prepared by this method. In preparing Raughan-e-Chameli (Jasmine Oil) the fresh flowers are either soaked in Til Oil (Sesame Oil) or layered alternately with Sesame seeds for a longer period so that the smell of Chameli flowers could be absorbed in the oil or seeds completely.

(2) Fresh Leaves and Roots

To prepare the Medicated Oil from these drugs, first of all the juice is extracted. Afterwards, 3 parts (by weight) of juice is added to 2 parts (by weight) of Til Oil and boiled on a fire till the water gets evaporated completely.

(3) Dry Flowers, Leaves and Roots

In this case 1 part (by weight) of any of the selected drugs is soaked in 4 parts (by volume) of water for 24 hours. Thereafter, the decoction is prepared, filtered and mixed in any of the prescribed oil (half the weight of the decoction) and boiled till the water is evaporated. It is now cooled and the Medicated Oil is filtered through a piece of fine cloth.

(4) Other Dry Drugs

In this case dry drugs are directly boiled in Til Oil, till the colour of the drugs change to blackish-red. The oil is then allowed to cool and filtered through a piece of fine cloth.

(5) Camphor (Kafoor), Saffron (Zafran), etc.

In preparing the Medicated Oil from these drugs, first of all they are powdered finely and dissolved in any of the specified oils already boiled and cooled.

(6) Bir Bahuti (Mutella)

To make the Medicated Oil from the insect Bir Bahuti, the following procedure is followed:
A tin-coated vessel is half filled with water and the mouth is covered with a piece of thin cloth and tied. The cloth should not touch the surface of the water. The powdered insect (Bir Bahuti) is then placed over the cloth and tightly covered with an iron-lid without touching the animal drug. The whole apparatus is then placed over a low fire. The apparatus is also heated from the top by putting the burning charcoal on it. The steam passing through the cloth slowly dissolves the oily contents of the drug and float on the surface of the water. After some time the apparatus is removed from the fire along with the burning charcoal at the top. The lid from the apparatus is removed and allowed to cool. Thereafter, the cloth containing animal drug is also removed and the oily content from the cold water is decanted. Sometimes the insects are also soaked in specified oils to extract Medicated Oils as these insects yield very little or no oil.

(7) **Raughan-e-Baiza-e-Murgh, Raughan-e-Baladur, Raughan-e-Mom and Tila**

The above Raughaniyat (Oils) and Tila (a kind of Medicated Oil used externally for massage) are prepared by special methods by using the apparatus Paial Janadar (specially for Tila). For this following procedure is followed:

1. An Altishi Shishi (Fire Proof Bottle) of a suitable size is taken and filled with the drugs in powdered or tablet form as prescribed in the respective formula (see the precautions given below). The mouth of the bottle is corked with a fine wire-gauze or the horse hair so that when bottle is inverted, the drug should not come out of the bottle thereby allowing only the oily contents to pass through. Afterwards, a big censer pot is taken with a hole in its bottom. The bottle is now inserted inside the hole from its neck and the body remains inside the pot. A china clay bowl is placed below the mouth of the bottle. The pot is filled with cow dung cakes and lit to heat the bottle. With this the contents of the bottle get dissolved and oily part of the drugs slowly drips down in the bowl.

In making the above Medicated Oils the following precautions should be taken:

1. When Oil is one of the ingredients in any of the formulae then the drugs are used in tablet form (as given above). For this the ingredient drugs are finely powdered and mixed thoroughly with the given oil before making the tablet. Rest of the procedure remains the same as given in the procedure under heading 7.
(2) When oil is not the ingredient, the drugs are finely powdered and mixed with water and the tablets are made for use. Rest of the procedure is the same as given above.

(3) When the drugs like Samum-ul-Far or Harital are the ingredients in any of the Medicated Oil then special precaution should be taken to mix them with other drugs.

(4) For making Tila the ingredient drugs are ground to fine powder and then mixed with Oil or Ghee as prescribed.

2. ARAQIYAT (PREPARATION OF ARAQ)

In preparing Araq (Distillate) different methods are employed. They may be prepared on the lines mentioned in the Unani texts or on the basis of modern techniques of Distillation using Distillation Plants, etc. but the basic principle involved in making all these preparations, the ingredient drugs are first soaked in water, boiled, and by way of evaporation the distillate is collected for use. The techniques which are given in Unani texts to make Araq (Distillate) are described below. There are two types of apparatus used for this purpose.

Qura Ambeeq

This apparatus consists of a big metallic pot (Qara) and a specially designed metallic cover (Ambeeq). This metallic cover is hollow from inside and works as a cooler, which is provided with an outlet by means of a plug to change the water when required. The upper surface of this cover is convex and the lower surface is concave. Similarly, the metallic pot (Qara) is also provided with an outlet to pass out the condensed water in the form of Araq (Distillate). To prepare the Araq (Distillate), the ingredient drugs are soaked in water in this pot and covered with the specially designed cover (Ambeeq). Afterwards, the apparatus is sealed with Gil-e-Multani (Clay) and placed over the fire to boil the ingredients inside the apparatus. After some time the vapours are formed and move towards the upper side of the pot and no sooner these vapours come in contact with the lower surface of the cover, having cold water, get condensed and pass through the opening of the pot (Qara) in the form of liquid, collected in a tin-plated vessel placed just below the opening. During the process of Distillation the cover filled with cold water is very often changed to avoid the over-heating of water inside the cover. This liquid form is called Araq (Distillate).
Deg Bhopka

Like the first case, in this apparatus also there are two parts viz., a big metallic pot (Deg) and a specially designed cover (Bhopka). This cover is also double walled but without water to cool. The outer convex surface of this cover is provided with an outlet, which by means of a Bamboo or an elbow shaped metallic tube is tightly connected outside to a tin-coated metallic vessel filled with cold water. The lower (inner) concave surface of the cover is provided with an in-let directly opening inside the big metallic pot (Deg).

At the time of use, ingredient drugs are soaked (like the first case) in water and boiled after putting the whole apparatus on the fire. Before placing the apparatus on fire the pot is covered and sealed with Gilla-Multan (Clay) to airtighten it. After some time of boiling the vapours start moving into the in-let and pass through the outlet into the tin-coated vessel, through Bamboo or elbow shaped metallic tubes. There, by means of condensation in cold water, the vapours transform into a liquid form. This liquid is collected in the form of Araq (Distillate). The cold water inside the tin-coated vessel is often changed in order to avoid over heating of the water till the process is completed.

In this apparatus the Araq (Distillate) is directly cooled after reaching in the cold water present in the vessel outside. The Araqiyat (Distillate) like Araq-e-Gulab, Araq-e-Keora, Araq-e-Bed Mushak, Araq-e-Ilaich, etc., are distilled by this apparatus.

Distillation Plant

As mentioned earlier, the ingredient drugs are also distilled by modern techniques because of the increasing demand of the Unani drugs and their large scale preparations. Therefore, the distillation of these drugs by using Distillation plant is a modern and advanced technique as compared to the methods given in Unani texts (already described). The basic principle involved in either of the methods (old or modern) is the same. In this process of distillation 1 part of any of the ingredient drugs is soaked in 20 parts of water to result 10 parts of the Araq (Distillate) or slightly more as indicated in the respective formula.

For preparing the Araq (Distillate) by any of the above methods sometimes the ingredients like milk, costly drugs like Musk, Ambar, Zafran, soft drugs like Maghziyat (Kernels) and Mucilaginous drugs are used and mixed with other drugs. There-
fore, because of use of different types of drugs and their varying nature, lot of difficulties are faced during the process of distillation which, without precautions, cannot lead to perfect distillation of Araq. For this the following precautions should be taken:

1. When milk is one of the ingredients in a formula it should always be added with other drugs, soaked overnight in water, before distillation.

2. When the drugs like Musk, Amber, Zafaran are the ingredient drugs in a formula then they are suspended after tying in a fine cloth on the mouth of the collecting pot by means of a thread or string. When the distillate trickles out through the outlet, these drugs get dissolved along with the distillate and collected into the pot.

3. When the drugs like Maghlyat are the ingredients then they are always ground with water in a form of paste and added to the drugs in the pot filled with water.

4. When any of the drugs in a formula is mucilaginous like Ganzubin, then distillation is always done on low fire.

5. When the juice of fresh Kasni (Aab-e-Kasni Subz) is one of the ingredients then it is always added to the water in the pot before distillation.

3. HUBOOB-O-AQRAS:

1. Manual Process

Crude drugs are ground into fine powder and passed through No. 100 mesh sieve. The powder is mixed with any rabeta (adhesive) like water, honey, Loab-e-Samagh-e-Arabi, Loab-e-Asnagh, etc. Thus, by prolonged mixing of the two, a lubdi (mass) is made. This lubdi is rolled into sticks of required size and thickness and cut into pieces with a knife. These cut pieces are rounded between the fingers to shape the huboob of required size and weight. Similarly, the aqras are flattened by pressing with fingers. The huboob and aqras thus made are dried in the shade.

2. Mechanical Process

The crude drugs are first ground into fine powder and passed through No. 100 mesh sieve. The powder is then mixed with water or a specified adhesive to make a semi-solid mass and granulated by passing through No. 20 mesh sieve. The granules thus obtained are dried and kept in cooling pans and revolved. To make the pills, little water is sprinkled over the
granules to keep them moist. Later on, these granules in the pan are coated with fine powder of crude drugs by rotating the pan with an interval of one minute to ensure the uniform and smooth coating of the granules and lastly passed through different size of sieves. This process is repeated till the pills of required size are obtained. For preparing tablets the granules are lastly subjected to tabletting machines.

4. KUSHTAJAT (CALX)

Kushtajat are prepared from purified drugs of mineral, metal and animal origin by the process of purification (Ghasi-e-Adviyah), cleaning (Tasiyah) and Detoxification (Tadbir-e-Adviyah). Thereafter, these drugs are generally powdered finely and burned in closed crucibles in pits of different sizes, having varying number of cow dung cakes and different intensity of heat for calcination. These calcined powdered drugs are called Kushtajat (Calx).

5. MURABBAJAT AND GULQAND

As a rule, big matured, clean and good quality fruits are taken for making the Murabbajat. First of all, different kinds of fruits (peeled or unpeeled) are boiled in water and softened. The base of Sugar or Honey of a required consistency is separately made. Thereafter, the boiled fruits are soaked in the base for 24 hours. Next day, if the base is still thinner than the required consistency, it is again boiled till the required consistency is obtained.

In preparing different Murabbajat following points should be taken into account:

(1) In case of Murabba-e-Aam (Mango Murabba) only unripe Mangos (Carrys) are used.

(2) Unpeeled fruits are pricked with Bamboo sticks or Iron Needles to increase the absorbing capacity and to soften the fruits as in case of Aamla Murabba (Emblica Myrobolan Murabba).

Before making the Aamla Murabba the fruits are soaked in Lime water, boiled and dried for some time.

(3) In case of Bel Murabba (Bengal Quince Murabba) only the pulp of the fruits is used.

(4) Murabba-e-Petha (White Gourd Melon Murabba) is made with the pulp only after removing the seeds and the thick rind.
The pulp of the fruits is placed on a clean cloth, tied on the mouth of the water filled vessel. Then the vessel is placed over the fire till the process of evaporation softens the pulp. The required Murabba is thus made by this procedure.

(5) For making the Murabba-e-Gazar (Carrot Murabba), the fruits are cleaned by removing the skin and the pulp.

(6) In case of Mango, Apple, Quince and Pear fruits, the skin is removed before making the Murabba.

(7) In case of Murabba-e-Haala (Chebulic Myrobalan Murabba) if the fruits are dry then they are soaked in water for a few days, boiled and used.

(8) For preparing Murabba-e-Sangtam (Orange Murabba) only the pulp after removing the seeds is used.

(9) In making the Murabba-e-Sandal (Sandal Murabba) the Petha pulp (White Gourd Melon Pulp) is soaked in Sandal water.

GULOAND — Here, instead of fruits only petals of the different flowers are used for different types of Gulqand. To make Gulqand the flower petals are rubbed with Sugar and kept in china clay containers to expose either to Sun or Moon light as specified in the texts. The petals and the flowers should be used according to the specification given in respective formulae of the Formularies.

b. QAIROOTI AND ZIMAD

Qairooti is a kind of Marham and resembles to it in appearance. It is prepared in some way as Marham, while Zimad is a powder preparation and always used in a paste form after mixing in any of the specified oils, water, etc., at the time of use. Both Qairooti and Zimad, like Marham, are used externally.

Marham, Qairooti and Zimad are generally prepared with the drugs having Mohull (Resolving), Dah-e-Usfian (Spurs expelling), Halb (Myrtic) and Ushiz (Astringent) properties.

For making Marham or Qairooti any of the following oils is first heated and then Wax or Fat is dissolved in it. Afterwards, the finely powdered drugs are mixed and stirred well till it forms a soft and semi-solid mass and cooled. These oils are Raughan-e-Sumas, Raughan-e-Zelteen, Raughan-e-Khad, Raughan-e-Badaan, Raughan-e-Gul, Raughan Zard or any other specific oil mentioned in the text.
For making any of the preparations and mixing of the ingredient drugs, the following precautions must be taken:

(1) Gugal, Ganda Behroza and Sabun (Soap) should first be dissolved in oil, containing Wax, before making Marham.

(2) Afyun or White/Yolk of an egg should be mixed in boiled oil after cooling. Boiled Yolk of an egg can also be used in making Marham.

(3) Mucilage/Juice containing drugs should be mixed in oil, containing Wax, and boiled till the moisture content are dried completely and mixed uniformly. It should be cooled to obtain a normal Marham. Excessive boiling should be avoided as it hardens the Marham.

(4) Kafoor (Camphor) or any Volatile oil containing drugs, should always be added in powder form at the last stage of making Marham.

(5) For making Qairooti, the oil should first be heated (as in case of Marham) and mixed with Wax till it gets dissolved and stirred cautiously for a longer period till it is cooled.

(6) Drugs having Mohallil (Resolving) and Daf-e-Taifum (Sepsis expelling) properties should always be finely powdered by sieving through No. 100 mesh Sieves and added during the process of stirring.

7. QIWAM FOR KHAMIRA, LAQQ, ANOSHDAU AND MAJOUN

For making majoon or any of its allied preparations, Qiwam (base) of different consistencies (tar) is generally made, depending on the nature of ingredient drugs to be used in a particular formula. The ingredient drugs in a Qiwam may be used either in powder or liquid form.

The Qiwam (base) is generally made by adding Aab (water), Araq (distillate) or Aab-e-Samar (fruit juices), etc., in any of the bases of purified Honey with Sugar, Candy or Jaggery, etc. and boiled over a low fire till it acquires a required consistency. The bases are generally purified by adding Aab-e-Leem (Lemon juice), Satt-e-Leem (Lemon extract) or Shibb-e-Yamani (Alum) etc., before making the Qiwam. Afterwards, the ingredient drugs
are mixed in Qiwm to prepare Majoon, etc. For making Majoon or any of its preparations the consistency of Qiwm varies, as described below:

(1) Qiwm for Sharbat — One Tar (Consistency).
(2) Qiwm for Majoon — Three Tar (Consistency).
(3) Qiwm for Khamira — Two Tar (Consistency).

For mixing of the ingredient drugs of different origin (plant, animal and mineral) in the Qiwm, following precautions should always be taken:

(i) Plant origin drugs:—Tirphala (Three Myrobalan fruits) before powdering should always be rubbed (charb) with Raughan-e-Badam (Almond oil) or Raughan Zard (Ghee).

(ii) Murabbajat (special preparations of fruits soaked in sugar) when used for making Majoon, etc., should always be ground into paste and then be mixed in Qiwm.

(iii) Maghziyat (Kernels) for making Majoon, etc., should first be ground into powder and then be mixed in small quantities in Qiwm. If the kernel powder is required to be sieved then it should be passed through No. 40 mesh Sieves.

(iv) Sapistan and Behidana should be mixed cautiously as these drugs are mucilaginous in nature and on mixing with Qiwm form a viscous mass.

(v) (a) Aamla (Emblic myrobalan) fruits for making preparation like Anoshdaru are either used fresh or dry. If it is to be used fresh then it is first weighed, boiled in water to make it soft and then fruit pulp is squeezed out after removing the seeds. Then the required quantity of the pulp is mixed in double the quantity of Sugar to make the Qiwm.

(b) If the fruits are dry then it is first cleaned and washed with water to remove the impurities and dust, etc. Thereafter, it is soaked in water or Cow’s milk for 12 hours to remove the acrid (Kasela) taste of the fruit. The pulp thus obtained is again boiled in water and decoction is made for use in Qiwm.

(vi) Floos-e-Khiyar Shamber (Pulp of Drum stick plant, Amaltas) should not be boiled as it loses its property on boiling. It should always be first rubbed with hands and squeezed out through a fine cotton cloth and then be used along with other decoctions for mixing in the Qiwm.
Zalran (Salicorn) and Mushk (Musk) should always be ground with Araq-e-Koora (Screw Pine distillate), Araq-e-Gulab (Rose distillate) or Araq-e-Bad Mushk (Common Willow plant's distillate) before mixing in the Qiwan.

8. QUTUR

For preparing Qutur the ingredient drugs are dissolved in Araq-e-Sharbat (Distillates), already prepared, or only the juice of the required drugs is squeezed and recommended for use.

9. SHARBAT (SYRUP)

Sharbat (Syrup) is made by preparing the decoction or infusion of the ingredient drugs or by taking the juice of the fruit which, thereafter, is mixed with sugar and boiled to a required consistency. The detailed procedure of preparing sharbat is described below:

The decoction or infusion of the ingredient drugs or juice of the fruits is poured into a tin-coated vessel and added with 2½ parts of sugar. Then the vessel is kept on low fire until the required consistency is obtained. To test the consistency of sharbat, it is first pressed between the thumb and finger, or a drop of the mixture is put on the floor. If the drop does not spread on the floor it is considered to be of the required consistency.

In preparing the sharbat of the fruits like Aaloo Bokhara, Zarishk, Unnab, Anjeer, etc., following procedure and precautions are followed.

Any of the above fruits is first thoroughly washed and soaked overnight in water (six times the weight of the fruit). The next morning it is boiled and allowed to cool. The fruit is then rubbed with hands and filtered through a piece of fine cloth. The filtered liquid is kept undisturbed for some time so that the heavier matter settles down at the bottom. Thereafter, the lighter liquid part is decanted into another vessel. To this, a required quantity of sugar is added and boiled on a low fire to the required consistency. It is now filtered again through a piece of fine cloth to obtain the sharbat.

When the Mucilaginous drugs like Loab-e-Behidana and Loab-e-Sapistan, etc., are used as ingredients in a particular sharbat along with other drugs, the Sharbat of the drugs is prepared first and then mixed with the mucilaginous drugs and the boiling is continued till it reaches its required consistency.
(iii) When the drugs like Mushk and Ambar are the ingredients of the formulae then Mushk or Ambar is dissolved in any other specified araq. These are added in the last stage of the Sharbat preparation and mixed thoroughly.

(iv) If Turanjabeen is an ingredient it is dissolved in the decoction of other drugs and strained. The mixture is then decanted and added with sugar (three times the weight of the solution) to make the Sharbat.

(v) To maintain the consistency of Sharbat, Satt-e-Luma or Shibb-e-Yamani is added during the process of boiling.

**Preparation of Sharbat-e-Fawakeh**:

Sharbat-e-Fawakeh is a preparation made of Aab-e-Anar Tursh, Aab-e-Behi Shireen, Aab-e-Anar Tursh, Aab-e-Behi Shireen, Aab-e-Anar Tursh, Aab-e-Zanshk and boiled with 3 kg. of Qand Safaid.
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