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A PLEASANT STAY AT ONE'S DESTINATION

Recite this verse on entering any town, city or village.

رب انزيلني منزلاً صبيراً
انتَ خيْر الْمَنْزِلِينَ

Rabbi anzilnee mun zalammubaarakanw wa anta khayrul munzileena.

O my Lord! cause me to disembark a blessed alighting, and You are the best to cause to alight.

(Al-Mu’minum : 29)
ACQUERING CHILDREN

Recite excessively:

رب هب لي من لدك ديرية طيبة إلک
سُئِمُ الدعاء

Rabbi hab lee mil la-dunam thur-riyyatan tayyibah. Innaka samee-'ud du'aa'.

My Lord! grant me from Thee good offspring; surely Thou art the Hearer of prayer.
(Ale-Imran : 38)

AILMENT OF THE HEART

Recite Surah Al-Inshirah and blow on the patient.

الَّذِي انفقت ظهرك ورفعنا ذلك ذكرك فإنا مم العسيرين
لا ترفع أن تتغفر فأنصب ووَلِي رَبِّك فارعَب

Alam nashrah laka sadraka Wawada-na anka wizra kallathee anqada thahraka Warasa-na laka thikrak Fa inna ma'al-'usri yusran Inna ma'al-'usri yusran Faitha faraghta fan sab Wa ilaa rabbika farghab.

Have We not expanded for you your breast, And taken off from you your burden, Which pressed heavily upon your back, And exalted for you your esteem? Surely with difficulty is ease. With difficulty is surely ease. So when you are free, nominate. And make your Lord your exclusive object.
(Al-Inshirah)
ANY SICKNESS
Read and blow on the patient.

Wa nunaz-zilu minal qur'aani maa huwa shifaa-un wa rahmatul lil mu'mineen.
And We reveal of the Quran that which is a healing and a mercy to the believers.

(Al-Isra : 82)

ASSURED ACCEPTANCE
OF DU'AAS
Say thrice before making any du'aa.

Laa i-laa-ha il-laa an-ta sub-haa-na-ka in-nee kun-tu mi-nazh zhaa-limeen.
There is no god but Thou, glory be to Thee; surely I am of those who make themselves to suffer loss.

(Al-Anbiya : 87)
AVOIDING OR REMOVING CALAMITY

Say excessively if fearing any calamity or when a calamity has already befallen.

Hasbunal laahu wa ni’mal wakeel.

Allah is sufficient for us and most excellent is the Protector.
(Ale-Imran : 173)

BLADDER PROBLEMS

Say 11 times, blow in water and let the patient drink it. Do this amal for 11 days.


O my servants! who have acted extravagantly against their own souls, do not despair of the mercy of Allah; surely Allah forgives the faults altogether: surely He is the Forgiving the Merciful.
(Az-Zumar : 53)
CATARACT

Recite thrice after every salaah, blow on fingers of both hands and caress both eyes.

Fa ka-shafnaa anka ghi-taa-a-ka fa basarukal yauma hadeed.

Now We have removed from you your veil, so your sight today is sharp.
(Qaf : 22)

CHEST PAIN

Recite 41 times, blow in zamzam and let the patient drink it.

Wa yash-fi su-doo-ra quaw-mim mu-mi-neen.

And (Allah) heal the hearts of a believing people.
(At-Taubah : 14)
Colds and Flu
Recite 11 times and blow on food before eating.

Al ham-du lil-laa-hil la-thee
an-za-la 'a-laa 'ab-di-hil ki-taaba
wa lam yaj'-al la-hoo 'i-wa-jaa.

(All) praise is due to Allah, Who revealed the Book to His servant and did not make in it any crookedness.
(Al-Kahf: 1)

Coughing
Recite 41 times, blow on water and let the patient drink it.

Sa-laam mun qaw-lam mir
Rab-bir ra-heem.

(Peace be on you), a Word from the Lord (Allah), Most Merciful.
(Ya-Seen: 58)
DEAFNESS
Recite 7 times and blow on patient.

Wa i-thaa qu-ri-al Qur'aanu fastami-oo lahooy la aansitooy la'al-lakum turhamoon.
And when the Quran is recited, then listen to it and remain silent, that mercy may be shown to you.
(Al-A'raf : 204)

DEATH ON IMAAN
Say after every salaah.

Rabbana laa tu-zigh qu-loo-banaa ba'da ith ha-daytanaa wa hab lanaa mil la-dun-ka rahmah. Innaka antal wahhaab.
Our Lord! make not our hearts to deviate after Thou hast guided us aright, and grant us from Thee mercy; surely Thou art the most liberal Giver."
(Ale-Imran : 8)
DETECTIVE SPEECH
Recite 21 times after every salaah.

O my Lord! Expand my breast for me, and make my affair easy to me, and loose the knot from my tongue, (that) they may understand my word.
(Ta-Ha : 25, 26, 27, 28)

DEPRESSION
Recite often.

Those who believe and whose hearts are set at rest by the remembrance of Allah; now surely by Allah's remembrance are the hearts set at rest.
(Ar-Ra'ad : 28)
DIARRHOEA
Read 1000 times, blow on water and let the patient drink for 7 days.

In-nal laa-ha ma-al la-thee-nat ta-qau wal la-thee-na hum muh-si-noon.

Surely Allah is with those who guard (against evil) and those who do good (to others).
(An-Nahl : 128)

DISEASE OF THE SPLEEN
Read this aayah on paper & rub the portion where the spleen is situated.

Innallaaha yum sikussamaawaati wa-larda an tazoola wala in zaalata in amsakahuma min ahadim mim ba’dihi innahu kaana haleeman ghafooran.

Surely Allah upholds the heavens and the earth lest they come to naught; and if they should come to naught, there is none who can uphold them after Him; surely He is the Forbearing, the Forgiving.
(Fatir : 41)
DISOBEDIENT CHILD
Keeping in mind the child's name, say after every salaah:

وَأَصِلِّي لِي فِي دُراَيْتِي
لِيُقْبِلْ إِلَيْكَ وَلَا
مِنَ الْمُسَلِّمِينَ

Wa 'as-lih lee fee thur-riy-ya-tee. In-nee tub-tu i-layka wa in-nee minal muslimeen.

And do good to me in respect of my offspring; surely I turn to Thee, and surely I am of those who submit.

(Al-Ahzaf : 15)

DISPELLING BAD THOUGHTS & SUSPICION
Recite this du'aa excessively.

র্ব অুমান বিক মিন হমাজ আই আই িলিও বিক আই আই িলিও

Rabbi a-'oo-thu bika min ha-mazaa-tish sha-yaa-teen. Wa a-'oo-thu bika rabbi an yah-dhu-roon.

O my Lord! I seek refuge in Thee from the evil suggestions of the Shaitans; And I seek refuge in Thee! O my Lord! from their presence.

(Al-mu'minun : 97,98)
DOG ATTACK

When fearing a dog attack, say 11 times.

وكلبهم بأس طراعيه بالوصيد

Wa kal-bu-hum baa-si-tun thi-raa-ay-hi bil wa-seed.

And their dog stretching forth his two legs on the threshold.

(Al-Kahf : 18)

EASING ONE'S TASK OR BURDEN

Recite once after every salaah

الله خليف الله عنكم وعلم أن فيكم ضعفاء فإن يكن تكنكم ساجنة صابرة
بعليها ما تنين وإن يكن تكنكم ألف يغليبوا
الفين يذين الله والله مع الصبرين

Al-aana khaf-fafal laahu ankum wa 'alima anna feekum dha'afa. Fa in yakum minkum mi-a-tun saabiratun yaghliboo mi-a-tain. Wa in yakum minkum alfun yaghliboo alfaini bi-ith-nil-laah.
Wal laahu ma-as-saabireen.

Now has Allah lightened Your burden for He knows that there is weakness in you. So if there be of you, a hundred steadfast, they shall overcome two hundred and if there be of you a thousand they shall overcome two thousand by Allah's will. And Allah is with the steadfast.

(Al-Anfal : 66)
**EASY CHILDBIRTH**
Recite once at the time of labour and blow on the woman.

أَوَلَمْ يَرَ الَّذِينَ كَفَرُوا أَنَّ السَّمَوَاتُ وَالْأَرْضُ كَانَا تَأْرِيقًا فَتَقَفَّضُوهُمَا، وَجَعَلْنَا صَنْبَ الْمَآءِ كَلِّ شَيْءٍ مَّا كُلِّ شَيْءٍ لَا يُؤْمِنُونَ

A-fa-laa yu'minoon.

Do not those who disbelieve see that the heavens and the earth were closed up, but We have opened them; and We have made of water everything living, will they not then believe?
*(Al-Anbiya : 30)*

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**ECZEMA**
Recite 21 times daily for 41 days in the morning and evening, blow on water and drink it.

فَقَلَسْنَا السَّمَوَاتَ ثُمَّ أَنْشَأْنَاهَا، حَلَقْنَا أَخْرَى فَنَبَارَكَ اللَّهُ أَحْسَنَ الخُلُقِينَ

Fa ka-sow-nal i-zhaa-ma lah-maa.
Thum-ma an-sha'-naa-hu khal-qan 'aa-khar.

Then We clothed the bones with flesh, then We caused it to grow into another creation, so blessed be Allah, the best of the creators.
*(Al-Mumineen : 14)*
**EVIL EYE**

Recite this

وَإِنْ يَيْكَادُ الَّذِينَ كَفَرُوا الْيَبْلُقُونَ
بِأَبْصَارِهِمْ لَنَا سُبْحَانَ اللَّهِ الْكَرِيمُ
يَقُولُونَ إِنَّهُ لِنَجِنَّهُ
وَمَا هُوَ إِلَّا ذَكَرٌ لِلْعَالَمِينَ

Wa iyyakaadul latheena kafaroo layuz liqoo naka biabsaarihim lamma sami 'oo ththikra wa yaqooloona innahu lamajnoonun. Wa ma huwa illa thikrul lil’aalameena.

And those who disbelieve would almost smite you with their eyes when they hear the reminder, and they say: Most surely he is mad. And it is naught but a reminder to the nations.

(Al-Qalam : 51-52)

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**EXCESSIVE BLEEDING IN MENSTRUATION**

Recite Soorah Kauthar 303 times daily, blow on rain water and drink.

إِنَّا أَعْطَيْنَاهُ الكُوُتُرَ
فَصَيْلٌ لَّثْيِكَ وَأَنْحَرَ
إِنَّ شَيْئَانَكَ هُوَ الأَبْتَرَ

Innaa a’taynaakal kauthar. Fa salli lilirabbika wanhar. Inna shaa-ni-a-ka huwal abtar.

Surely We have given you Kausar. Therefore pray to your Lord and make a sacrifice. Surely your enemy is the one who shall be without posterity,

(Al-Kauthar)
EXCESSIVE HUNGER
One who feels hungry even after having meals, should say this verse 11 times, blow in water and drink before meals.

And in the heaven is your sustenance and what you are threatened with.
(Adh-Dhariyaat : 22)

Wa fis sa-maa-i riz-qu-kum
wa maa too-'a-doon.

EXCESSIVE THIRST
Read 7 times, blow in water and drink it.

And We send down water from the cloud according to a measure, then We cause it to settle in the earth,
(Al-Muminun : 18)

Wa anzal-naa mi-nas sa-maa-i
maa-an bi qa-da-rin
fa as-kan-naa-hu fil ardh.

وَإِنَّنَا مِنَ السَّمَاوَاتِ مَا أَكُونَ
يُقَدِّرُ بِفَاسِكَتِهِ فِي الأَرْضِ

wa anzal-naa mi-nas sa-maa-i
maa-an bi qa-da-rin
fa as-kan-naa-hu fil ardh.
EXCESSIVE URINATION
Read 41 times, blow on sugar.
Patient to lick it and use it for
sweetening food and drink.

Wa an-zal-naa mi-nas sa-maa'i maa'am
bi qa-da-rin fa as-kan-naa-hu fil ardh.
Wa 'in-naa 'a-laa tha-haa-bim bi-hee
la qaa-diroon.

And We send down water from the cloud
according to a measure, then We cause it to
settle in the earth, and most surely We are
able to carry it away.
(Al-Muminoon : 18)

EYE PAIN
Recite 41 times between Sunnat &
& Farz of Fajr & blow on eyes.

Bis-mil-laah-ir-rah-maa-nir-ra-heem.
Alhamdu lillahi rabbil 'aalameen. Arrahmani rraheem.
Maliki yawmi ddeen. Iyyaka na'buddu waiyyaka nast'a'een.
Lhindassiratal mustaqeeema. Sirat allathheena an'amta
'alaayhim ghayril maghdoobi 'alaayhim wala ddaalleen.
FEVER
Recite, and blow on the patient.

Innala theenattaqaw itha massahum taaifum minash shaytaani tathakkaroo faitha hum mubsiroon.

Surely those who guard (against evil), when a visitation from the Shaitan afflicts them they become mindful, then they see.
(Al-Araf : 201)

FOR A SPECIFIC PAIN
Recite 7 times in the morning & evening then blow on hands and passes them all over body.

Bismillahi rrahmani rraheem.
Alhamdu lillaahil lathee khalqas samaawaati walarda waja’ala ththulumaaati wannoora thummal latheena kafaroo birabbihim ya’diloon.

In the name of Allah, the Beneficent, the Merciful.
All praise is due to Allah, Who created the heavens and the earth and made the darkness and the light; yet those who disbelieve set up equals with their Lord.
(Al-Anaam : 1)
FOR PLENTY OF RIZQ
Repeat at least 7 times after every salaah.

FORGETFULNESS
Recite 11 times before going to bed.

Qul-lil laa-humma maa-likal mulki tu’t-il mulka
man ta-shaa’ wa tan-zi-ul mul-ka mim-man ta-shaa’
wA tu-iz-zu man ta-shaa’ wa tu-thil-lu man ta-shaa.
Bi ya-di-kal khair. Innaka a-laa kulli shay-in qadeer.
Too-li-jul lay-la fin na-haari wa too-li-jun na-haa-ra
fil layli wa tukh-ri-jul hay-ya mi-nal may-yi-ti wa
tukh-ri-jul may-yita mi-nal hayyi wa tar-zu-qu
man ta-shaa-u bi-ghay-ri-hisaab.
(Ale-Imran : 26-27)

Sub-haa-na-ka laa il-ma la-naa il-laa
maa al-lam-ta-aaa. In-na-ka
an-tal a-lee-mul ha-keem.

Glory be to Thee! we have no knowledge but
that which Thou hast taught us; surely Thou
art the Knowing, the Wise.
(Al-Baqarah : 32)
FULFILMENT OF DEBTS
Say excessively morning and evening.

In-naka ’a-laa kulli shay-in qadeer.

Say: O Allah, Master of the Kingdom! Thou givest the kingdom to whomsoever Thou pleasest and takest away the kingdom from whomsoever Thou pleasest, and Thou exaltest whom Thou pleasest and abasest whom Thou pleasest in Thine hand is the good; surety, Thou hast power over all things.
(Ale-Imran : 26)

GALL BLADDER PROBLEMS
Recite 11 times, blow in water and drink it.

Ar-rah-maa-nu ’a-lal ’ar-shis ta-waa.
The Beneficent Allah is firm in power.
(Taha : 5)
GONORRHEA
Recite 7 times after every salaah.

Bis-mil-laa-hir rah-maa-nir ra-heel.
Laa i-laa-ha il-laa-hu-war
raph-maa-nir ra-heel.

In the name of Allah, the Beneficent,
the Merciful.
There is no god but He; He is the
Beneficent, the Merciful.
(Al-Baqarah : 163)

HEADACHES
Recite 7 times and blow on
the patient

Innaa a’taynaakal kauthar. Fa salli
lirabbika wanhar. Inna shaa-ni-a-ka
huwal abtar.

Surely We have given you Kausar. Therefore
pray to your Lord and make a sacrifice.
Surely your enemy is the one who shall
be without posterity.
(Al-Kauthar)
IMPROVING THE MEMORY
Recite everyday after Fardh Salaah for strengthening the memory and progressing in knowledge.

O my Lord! Expand my breast for me and make my affair easy to me, and loose the knot from my tongue, (that) they may understand my word.

(Ta-Ha : 25-28)

INDIGESTION
Say 7 times, blow on a little salt and lick it.

Wa bil haq-qi an-zal-naa-hu wa bil haq-qi na-zal.
Wa maa ar-sal-naa-ka il-laa mu-bash-shi-ranw wa na-thee-raa.

And with truth have We revealed it, and with truth did it come.

(Al Isra : 105)
And We have not sent you but as a giver of good news and as a Warner.

(Al-Furqan : 56)
INSOMNIA
(INABILITY TO SLEEP)
Say 11 times before retiring to bed.

ءَلَّلَيْنِ مَلَكَتُهُ، يُصَلُّونَ عَلَى
الْبَيْتِ يَبِيعُهَا الأَنفُسُ أَمْتُها أَصْلُوا عَلَيْهَا
وْسَلَّمْوا تَسْلِيمًا

In-nal laa-ha wa ma-laa-i-ka-ta-hoo
yu-sal-loo-na alan na-biya. Yaa ay-yu-hal
la-thee-na aa-ma-noo sal-loo a-lay-hi wa
sal-li-moo tas-lee-maa.

Surely Allah and His angels bless the Prophet;
O you who believe! call for (Divine) blessings
on him and salute him with a (becoming)
salutation.

(Al-Ahzab : 56)

INSUFFICIENCY OF MOTHER'S MILK
The mother to recite 21 times, blow on
water and drink for 21 days.

وَأَوْحَيْنَا إِلَى أُمِّ مُوسَى آنَ أَرْضًا عَفْوًا
قَيَّدَ أَخْفَفْت
عَلَيْهِ قَالِبًا فِي الْبَيْتِ وَلَا تَخَافَيَ وَلَا تَحْزَرْيَ إِنَّا
رَأَذُوْهُ الْبَيْتِ وَجَعَلْنَا مِنْ السَّرِّيِّرِينَ

Wa 'aw-hay-naa 'i-laa um-mi moo-saa an ar-
dhi-'eeh. Fa 'i-thaa khif-ti a-lay-hi fa al-qee-hi
fil yamm. Wa-laa ta-khaa-fee wa-laa tah-za-nee.
In-naa raad-doo-hu'i-lay-ki wa jaa-'i-loo-hu
mi-nal mur-sa-leen.

And We revealed to Musa's mother, saying:
Give him suck, then when you fear for him,
cast him into the river and do not fear nor
grieve; surely We will bring him back to you
and make him one of the messengers.

(Al-Qasas : 7)
INTERCESSION OF RASOOLULLAH
Recite after every salaah.

La-qad jaa-a-kum rasoolum min an-fu-sikum a-zeezun
alayhi maa anit-tum ha-ree-sun a-lay kum bil
mu'-mineena ra'-oo-fur ra-heem. Fa-in ta-wal-low fa-qul
has-bi-yal laahu laa-i-laaha il-laah hoo. 'alayhi
tawak-kaltu wa huwa rabbul 'ar-shil 'a-zeem.

Certainly a Messenger has come to you from among yourselves; grievous to him is your falling into distress, excessively solicitous respecting you; to the believers (he is) compassionate. But if they turn back, say: Allah is sufficient for me, there is no god but He; on Him do I rely, and He is the Lord of mighty power.

(Al-Taubah : 128, 129)

ITCHING OF THE BODY
Recite this.

Fakasawnal ithama lahman thumma
ansha naahu khalqan aakhara
fatabaarikal laahu ahsanul khaaliqeena.

Then We clothed the bones with flesh, then We caused it to grow into another creation, so blessed be Allah, the best of the creators.

(Al-Muminun : 14)
JAUNDICE
Say 101 times, blow in water and let the patient drink it.

Sab-ba-ha lil-laa-hi maa fis sa-maa-waa-ti wa maa fil ardh. Wa hu-wal 'a-zee-zul ha-keem.

KIDNEY PROBLEMS
For kidney pain, recite Soorah Quraish once, blow on food and let patient eat it.

Li-eel-laaf quraysh. Ee-laa-fihim rihlatash shitaa-i was sayf. Fal-ya 'budoo rabba haathal bayt. Al-lathee at-a-mahum min joo. Wa aamanahum min khauf.

(In the name of Allah, the Beneficient, the Merciful.)
For the protection of the Quraish. Their protection during their trading caravans in the winter and the summer. So let them serve the Lord of this House Who feeds them against hunger and gives them security against fear.

(Quraish)
KIDNEY STONES
Recite 21 times, blow in water and drink for a few days.

And He it is Who sends forth the winds bearing good news before His mercy, until, when they bring up a laden cloud, We drive it to a dead land, then We send down water on it, then bring forth with it of fruits of all kinds; thus shall We bring forth the dead that you may be mindful.

(Al-Araaf : 57)

LEPROSY
Recite and blow on the body.

Wa ayyooba ith naadaa rabbahu annee massa niyaddurru wa anta arhamu rraahimeena.

And Ayub, when he cried to his Lord, (saying): Harm has afflicted me, and Thou art the most Merciful of the merciful.

(Al-Ambiya : 83)
LIVER PROBLEMS
For all liver problems recite this aayah daily, blow in water and let the patient drink it.

تَبَارَكُ اسْمُ رَبِّيْكَ ذَي الْجَلَّالِ
وَالْعَكْرُوحٍ

Ta-baa-rah-as-mu raab-bi-ka thil ja-laal-ih wal ik-raam.

Blessed be the name of your Lord, the Lord of Glory and Honor!
(Ar-Rahman : 78)

LOSS OF APPETITE
Recite 41 times, blow on food and feed it to the patient.

هو يُطَعِمُنِي وَيُسِقِّينِ

Hu-wa yut'-i-mu-nee wa yas-qeen.

He gives me to eat and gives me to drink.
(Ash-Shu’ara’ : 79)
MAKING THE RIGHT DECISION WHEN BUYING ANYTHING

Say continuously when viewing the item, merchandise, property etc to be purchased.

Say 341 times, blow in zamzam water and drink daily.

Laa i-laah-ah il-laa-ah an-ta sub-haa-naka in-neek hun-tu mi-nazh zhaa-limeen.

There is no god but Thou, glory be to Thee; surely I am of those who make themselves to suffer loss.

(Al-Baqarah : 68-70)

(Al-Anbiya : 87)
MIGRANE
Recite once and blow on the patient.


Say: 'Who is the Lord of the heavens and the earth?' Say: 'Allah.' Say: 'Do you take then besides Him guardians who do not control any profit or harm for themselves?'

(Ar-Ra'ad : 16)

MISCARRIAGE
If there is fear of miscarriage the verse should be recited.

Allahu ya'lamu ma tahmilu kullu untha wama tagheedul arhaamu wama tazdaadu wakullu shayin 'indahu bimiqdaarin.

Allah knows what every female bears, and that of which the wombs fall short of completion and that in which they increase; and there is a measure with Him of everything.

(Ar-Ra'ad : 8)
MISSING PERSON OR A RUN-AWAY

Perform 2 rak'aat nafl, then say the following 119 times. Finally make du'aa for his/her safe return. Do this for 40 days.

Innaly la tawfiq al-qur'an la raad-dak ilaa ma'aad.

Most surely He Who has made the Quran binding on you will bring you back to the destination.

(Al-Qasas : 85)

NIGHTMARES

Recite before going to bed.

La-humul bushraa fil hayaatid dunyaa wa fil aakhirah. Laa tabdeela likalimaatil laah. Thaaalika huwal fawzul azheem.

They shall have good news in this world's life and in the hereafter; there is no changing the words of Allah; that is the mighty achievement.

(Yunus : 64)
NOOR ON THE FACE

Recite 11 times, his face will shine brightly on the day of Qiyamah.

Innahu huwa albarru alrraheemu.

Surely He is the Benign, the Merciful.
(At-Tur : 28)

PAIN IN THE THIGHS

Read this aayah, blow in water and drink it.

Wa- i-thaa sa-‘a-la-ka ‘i- baa-dee an-nee fa in-nee qa-reeb. U-jee-bu da’-wa-tad daa’i i-thaa da’-aan.

And when My servants ask you concerning Me, then surely I am very near; I answer the prayer of the supplicant when he calls on Me.

(Al-Baqarah : 186)
PAINFUL FINGERS AND TOES
Recite 300 times, blow on sesame seed oil and massage fingers and toes.

کَلْيُصَدَّعُونَ عَنْهَا
وُلَكَ يُنْزِفُونَ

Laa yu-sad-da’oo-na an-haa
wa laa yun-zi-foon.

They shall not be affected with headache thereby, nor shall they get exhausted.
(Al-Waqi’ah : 19)

PALPITATIONS
Recite 21 times, after Fajr, blow in water and drink for 21 days.

رَبَّنَا لا تُزِعْ قَلْبِنَا بَعْدَ اذْ هَذَا يَتَّبَعْنَا وَهَبْ لَنَا مِنْ لَدَّيْكَ رَحْمَةً إِنَّكَ أَنتَ الْوَهْبَابُ

Rabbanaa laa tu-zigh qu-loo-banaa ba’da ith ha-daytanaa wa hab lanaa mil la-dun-ka rahmah.
Innaka antal wahhaab.

Our Lord! make not our hearts to deviate after You has guided us aright, and grant us from The mercy; surely You are the most liberal Giver.”
(Ale-Imran : 8)
PARDON FROM ALLAH
Recite this du’a once after every fardh salaah.

Rabbana thalamna anfusana wa illam taghfir lana watar hamna lanakoonanna minal khaasireen.

Our Lord! We have been unjust to ourselves, and if You forgive us not, and have (not) mercy on us, we shall certainly be of the losers.
(Al-A’raf : 23)

PIETY IN THE FAMILY
Recite after every salaah.

Rabbana hab lana min azwajina wathurriyyaatina qurrata a’yuninw waj’alna lilmuttaqeena imaman.

O our Lord! grant us in our wives and our offspring the joy of our eyes, and make us guides to those who guard (against evil).
(Al-Furqan : 74)
PILES
Recite this aayah and blow on the arm for a few days.

لا يَرْوَنَ فِيهَا شَمسًا وَلَا نَهْرٍيرًا

Laa ya-row-na fee-haa sham-sanw wa-laa zam-ha-ree-raq.

They shall find therein neither (the severe heat of) the sun nor intense cold.
(Al-Insan : 13)

PLEASING THE HUSBAND
Recite once, blow on anything sweet and feed it to the husband.

وَمَنْ الْمَكْسِرِينَ مِنْ يَتَبَخَّذُونَ مَنْ دُوَىٰ اللَّهُ أَنْدَأْ


And there are some among men who take for themselves objects of worship besides Allah, whom they love as they love Allah, and those who believe are stronger in love for Allah and O. that those who are unjust had seen, when they see the chastisement, that the power is wholly Allah's and that Allah is severe in requiting (evil).
(Al-Baqarah : 165)
PROGRESS AND PROTECTION OF BUSINESS
Repeat Aayatul Kursee and blow on merchandise daily.

(PROGRESS AND PROTECTION OF BUSINESS)

PROTECTING CHILDREN AGAINST INFANTILE DISEASE
Recite this ayaah and blow on the child.

Innee tawakkaltu 'alallaahi rabbee warabbikum ma min da aabbatin illa huwa aakhithum binasiyihi inna rabbee 'ala siratim mustaqeem.

Surely I rely on Allah, my Lord and your Lord; there is no living creature but He holds it by its forelock; surely my Lord is on the right path.

(Al-Baqarah : 255)

(Hud : 56)
PROTECTION AGAINST EVIL MEN AND JINN

Recite of the Ayatul Kursi once after every Salaah.

Pa-ta-sa dhuul a'laa khu laa yubiddha pasu haa. Qima 'ala-keet alam daa laa yubadda ayyuhal a'di. Pa-ta-sa dhuul a'laa khu laa yubiddha pasu haa. Qima 'ala-keet alam daa laa yubadda ayyuhal a'di.

Allahu la ilaha illa huwal hayyul qayyoomu la takhuthulh sinatunwwala nawmun lahu ma fissamaawaaati wama fil ard man thallathee yashfa'-u' 'indahu illa bi ithnihi ya'lamu ma bayna aydeehim wama khalfahum wala yuheetoona bishayy imnin 'ilmihi illa bima sha aa wasi a' kursiyyu hussamaawaaati walaranda wala yaooduhu hifthuhuma wahuwal a'liyyul a'theem.
(Al-Baqarah : 255)

PROTECTION FROM AN OPPRESSOR

Say in his presence (softly).

So you shall remember what I say to you, and I entrust my affair to Allah, Surely Allah sees the servants.
(Ghafir : 44)
PROTECTION FROM ENEMIES
Read once, blow on the hands and pass them over the entire body.

لا تذكره الأبصرَةَ وهو يذكرك
الأبصرَةَ وهو اللطيف الحبيب.

Laa tud-ri-ku-hul ab-saar, Wa hu-wa yud-ri-kul ab saar.
Wa hu-wal la-tee-ful kha-beer.

Vision comprehends Him not, and He comprehends (all) vision; and He is the Knower of subtleties, the Aware.
(Al-An’aam : 103)

PROTECTION FROM SNakes, SCorpions AND HARMFUL CREATURES
Say morning and evening:

سلام على نور في العليمين
إنا كذلك نجري المحسينين
إبّا من عبادنا المؤمنين

Sa-laam mun ‘a-laa noo-hin fil aa-la-meen.
In-naa ka-thaa-li-ka naj-zil muh-si-neen.
In-na-hoo min ‘i-baa-di-nal mu’mi-neen.

Peace and salutation to Nooh among the nations. Thus do We surely reward the doers of good. Surely he was of Our believing servants.
(Al-Saffat : 79,80,81)
RELEASE FROM IMPRISONMENT

Recite this ayah excessively. It will soon find a way out.

Rabbana akhrijna min haathihil qaryati ththalimi ahlu ha waj 'allana milladunka waliyyawwaj 'allana milladunka naseeran.

Our Lord! cause us to go forth from this town, whose people are oppressors, and give us from a guardian and give us from a helper.

(An-Nisa : 75)

REMOVING GRIEF

Reciting excessively.

Wa lahoo maa sakana fil lay-li wan nahaar. Wa hu-was sa-mee-ul 'a-leem. In-nal laaha yum-sikus sa-maa-waati wal ar-dha an ta-zoo-la.

And to Him belongs whatever dwells in the night and the day; and He is the Hearing, the Knowing. (Al-An'aam : 13)

Surely Allah upholds the heavens and the earth lest they come to naught.

(Al-Fatir : 41)
REPAYMENT OF DEBTS
Recite 7 times after Fajr and seven times after Maghrib.

قُلْ اللَّهُمَّ مَلِكُ الْمُلَكِ توْلِيَ الْمُلَكَ
مَن نَشَأْ فَوَتِّبْ الْمُلَكَ مَن نَشَأْ
وَنَعْزِرْ مَن نَشَأْ وَنَنَزِّلْ مَن نَشَأْ
بِبَيْنِ الْخَيْرِ إِنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Qul il lahumma malikal mulki tuteel mulka man tashau watanzi 'ulmulka mimman tashau watu 'izzu man tashau watuthillu man tashau biyadikal khayru innaka 'ala kulli shayin qadeer.

Say: O Allah, Master of the Kingdom! You givest the kingdom to whomsoever You pleasest and takest away the kingdom from whomsoever You pleasest, and You exaltest whom You pleasest and abasest whom You pleasest in Thin hand is the good; surety, You has power over all things.

(Ale Imran : 26)

RINGWORM
Recite 3 times on a thread & knot it, then tie it on the patient.

فَا أَسْأَبِهَا أَعْصَارَ فِيهِ
تَأْرَ فَأَحَتَرَقْ

Fa a sabahaa i'sarun feehi narun fah taraqat.

A whirlwind with fire in it smites it so it becomes blasted.

(Al-Baqarah : 266)
SAFETY AGAINST BURGLARY, BREAK-INS AND FIRE
Say thrice before going to bed.

وقل الحمد لله الذي لم يختخذه ولدًا قول
تينك لله شيريك في الملك و almrekeen لله وقل
فس الدم والكرمة كليهما

Wa qu-lil ham-du lil-laahil la-thee lam
yat-ta-khith wa-ladan wa lam yakun
lahoo sha-reekun fil mul-ki wa-lam
yakul lahoo waliy-yum mi-nath thul-li
wa kab-bir-hu takbeera.

And say: (All) praise is due to Allah, Who has
not taken a son and Who has not a partner in
the kingdom, and Who has not a helper to
save Him from disgrace; and proclaim
His greatness magnifying (Him).

(Al-Isra': 111)

SAFETY IN JOURNEY
In addition to the masnoon du'aas, say this, too.

نقولوا سبحان الله الذي سمح لنا هذا
وما كتبنا له من صرعن

Subhaanal latthee sak-ha-ra lanaa
haathaa wa maa kunnaa lahoo
muqrineen.

Glory be to Him Who made this subservient
to us and we were not able to do it.

(Al-Zukhruf: 13)
SECURITY AGAINST ALL HARMs

Recite when one fears any injury from any person or animal.

Allahu rabbunna warabbukum lana a’maluna walakum a’malukum la hujjata baynana wabaynakum Allahu yajma’u baynana.

Allah is our Lord and your Lord; we shall have our deeds and you shall have your deeds; no plea need there be (now) between us and you: Allah will gather us together.

(Ash-Shura : 15)

SNAKEBITE AND SCORPION STING

Say immediately after a snakebite and scorpion sting.


It a voice was uttered saying: Blessed is Whoever is in the fire and whatever is about it; and glory be to Allah, the Lord of the worlds;

(An-Naml : 8)
SORE THROAT AND HOARSENESS
Recite 7 times, blow on little salt and apply into the throat.

Wa laa ba-la-ghal hulqoom. Wa an-tum heen-aa-than tan-zhu-roon.

Why is it not then that when it (soul) comes up to the throat, and you at that time look on.
(Al-Waqi’ah : 83-84)

STOMACH-ACHE
Recite 7 times, blow on a little salt and lick it.

Wa laa-hu akh-ra-jaa-kum min bu-too-ni um-ma-haa-ti-kum.

And Allah has brought you forth from the wombs of your mothers.
(Al-Nahl : 78)
STRENGTHENING THE EYESIGHT
Recite after every salaah, blow on the fingers and rub them on the eyes.

Fakashaf na 'anka ghitaa a'ka fabasaru kal yawma hadeedun.
Now We have removed from you your veil, so your sight today is sharp.
(Qaf : 22)

SWEETNESS OF FRUIT
Say before cutting or slicing the fruit.

Fa thabahoooha wa maa kaadoo yaf'a-loon.
So they sacrificed her, though they had not the mind to do (it).
(Al-Baqarah : 71)
TO DRIVE OUT ANTS FROM THE HOUSE

Upon reciting this verse, they will disappear very shortly.

Ya ayyuhan namlud khuloo masaakinakum la yahtimannakum sulaymaanu wa junoodoo wahun la yash 'uroona.

O ants! enter your houses, (that) Sulaiman and his hosts may not crush you while they do not know.

(An-Naml : 18)

TO DRIVE OUT MOSQUITOS, FLEAS ETC.

Recite numerous times, the night will pass without disturbance.

Wama lana alla natawakkala 'alal laahi waqad hadaana subulana walanas biranna 'ala ma aathay tumoona wa 'alal laahi fal yata wakkaliil muta wakkiloona.

And what reason have we that we should not rely on Allah? And He has indeed guided us in our ways; and certainly we would bear with patience your persecution of us; and on Allah should the reliant rely.

(Ibrahim : 12)
TOOTHACHE
After reciting Soorah Faatihah once, recite this verse 7 times, blow on right hand and caress affected areas.

Wa lahoo maa sakana fil layli wan nahaar. Wa huwas samee-ul aleem.

And to Him belongs whatever dwells in the night and the day; and He is the Hearing, the Knowing.
(Al-An’aam : 13)

URINARY TRACT OBSTRUCTION
Recite Soorah Ikhlaas 11 times, blow in water and drink.


Say: He, Allah, is One. Allah is He on Whom all depend. He begets not, nor is He begotten. And none is like Him.
(Al-Ikhlas)
URINE PROBLEMS
Read 101 times daily.

And We have made of water everything living, will they not then believe? (Al-Anbiya : 30)

WEAKNESS OF MEMORY
Recite 7 times and blow on oneself or the patient.

Sa-nuq-ri’u-ka fa laa tan-saa il-laa maa shaa-al-laah.
We will make you recite so you shall not forget except what Allah pleases.
(Al-A’la : 6,7)
WHEN SOMEBODY GOT TERRIFIED

One who is terrified of his enemy or fears the approach of any calamity should recite this verse excessively.

Fallahu khayrun haafithanw wahuwa arhamur raahimeen.

but Allah is the best Keeper, and He is the most Merciful of the merciful ones.
(Yusuf : 64)

WHEN FEARING AN ATTACK FROM AN ANIMAL

Recite this ayaah and blow towards the animal. It won’t attack.

Allahu rabbuna warabbukum lana a’maluna walakum a’malukum la hujjata baynana wabaynakum Allahu yajma’u baynana.

Allah is our Lord and your Lord; we shall have our deeds and you shall have your deeds; no plea need there be (now) between us and you: Allah will gather us together.
(Ash-Shura : 15)
WHEN SOMETHING IS LOST OR MISPLACED
Say (Ya Hafeezhu - O Protector) 119 times, then say 199 times.

Ya bu-nay-yu 'in-na-ha 'in taku mith-qala hab-ba-tim min khar-dalin fa takun fee sakh-ratin aw fis sa-maa-waati aw fil ar-dhi ya 'ti bi-hal laah.

O my son! surely if it is the very weight of the grain of a mustard-seed, even though it is in (the heart of) rock, or (high above) in the heaven or (deep down) in the earth, Allah will bring it (to light).

(Luqman : 16)